Q1. COMMUNITY BENEFIT NARRATIVE REPORTING INSTRUCTIONS

The Maryland Health Services Cost Review Commission (HSCRC or Commission) is required to collect community benefit information from individual hospitals in Maryland and compile into an annual statewide, publicly available report. The Maryland General Assembly updated §19-303 of the Health General Article in the 2020 Legislative Session (HB1169/SB0774), requiring the HSCRC to update the community benefit reporting guidelines to address the growing interest in understanding the types and scope of community benefit activities conducted by Maryland's nonprofit hospitals in relation to community health needs assessments. The reporting is split into two components, a Financial Report and a Narrative Report. This reporting tool serves as the narrative report. In response to the legislation, some of the reporting questions have changed for FY 2021. Detailed reporting instructions are available here: https://bscre.maryland.gov/Panes/init\_0.aspx

In this reporting tool, responses are mandatory unless specifically marked as optional. If you submit a report without responding to each question, your report may be rejected. You would then be required to fill in the missing answers before resubmitting. Questions that require a narrative response have a limit of 20,000 characters. This report need not be completed in one session and can be opened by multiple users.

For technical assistance, contact HCBHelp@hilltop.umbc.edu

#### <sub>Q2.</sub> Section I - General Info Part 1 - Hospital Identification

Q3. Please confirm the information we have on file about your hospital for the fiscal year.

	infor	this mation rect?	
	Yes	No	If no, please provide the correct information here:
The proper name of your hospital is: UM Capitol Region Health	۲	0	
Your hospital's ID is: Laurel - 210055, Prince George's 210003	0	۲	The facility at Laurel is no longer a full service hospital effective January 1, 2019. It is now considered a Free Standing Medical Facility. Laurel Medical Center is now under UM Capital Region's CCN 210003
Your hospital is part of the hospital system called University of Maryland Medical System	۲	0	
The primary Narrative contact at your hospital is Kimberly Davidson and Donna Jacobs	0	۲	sabra.wilson@umm.edu
The primary Narrative contact email address at your hospital is kimberly.davidson@umm.edu; djacobs@umm.edu	0	۲	sabra.wilson@umm.edu
The primary Financial contact at your hospital is UNKNOWN	0	۲	howard.siskind@umm.edu
The primary Financial email at your hospital is ACUNNINGHAM@UMM.EDU	0	۲	howard.siskind@umm.edu

Q4. The next group of questions asks about the area where your hospital directs its community benefit efforts, called the Community Benefit Service Area. You may find these community health statistics useful in preparing your responses.

Q5. Please select the community health statistics that your hospital uses in its community benefit efforts.

✓ Median household income	Race: percent white
Percentage below federal poverty line (FPL)	Race: percent black
Percent uninsured	Ethnicity: percent Hispanic or Latino
Percent with public health insurance	Life expectancy
Percent with Medicaid	Crude death rate
Mean travel time to work	Other
Percent speaking language other than English at home	

Q6. Please describe any other community health statistics that your hospital uses in its community benefit efforts.

To gain a clearer understanding of the current and future health and human services needs among residents, the level of unmet need, and the resources being allocated to health, the Prince George's County Council, acting as the County Board of Health, contracted with the RAND Corporation in 2019 to complete a health and human services needs assessment in its pursuit of a Health in All Policies to approach to policymaking. This assessment builds on the 2009 RAND assessment and other County reports to more deeply examine the drivers of health influencing health outcomes. The findings are based on original analyses of primary and secondary data, as well as synthesis of existing studies, proposed operating budgets, and promising practices from other relevant communities and regions across the country.



#### Q8. Section I - General Info Part 2 - Community Benefit Service Area

Q9. Please select the county or counties located in your hospital's CBSA.

Allegany County	Charles County	✓ Prince George's County
Anne Arundel County	Dorchester County	Queen Anne's County
Baltimore City	Frederick County	Somerset County
Baltimore County	Garrett County	St. Mary's County
Calvert County	Harford County	Talbot County
Caroline County	Howard County	Washington County
Carroll County	C Kent County	Wicomico County
Cecil County	Montgomery County	Worcester County

Q10. Please check all Allegany County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q11. Please check all Anne Arundel County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q12. Please check all Baltimore City ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q13. Please check all Baltimore County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q14. Please check all Calvert County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q15. Please check all Caroline County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q16. Please check all Carroll County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

*Q17.* Please check all Cecil County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q18. Please check all Charles County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q19. Please check all Dorchester County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q20. Please check all Frederick County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q21. Please check all Garrett County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q22. Please check all Harford County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q23. Please check all Howard County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q24. Please check all Kent County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

 $\ensuremath{\textit{Q25.}}$  Please check all Montgomery County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q26. Please check all Prince George's County ZIP codes located in your hospital's CBSA.

20233	20710	20742	20772
20389	20712	20743	20773
20395	20715	<b>2</b> 0744	20774
20588	✓ 20716	20745	20775
20599	20717	20746	20781
20601	20718	20747	20782
20607	20720	20748	20783
20608	20721	20749	20784
20613	20722	<b>2</b> 0750	20785
20616	20724	20752	20790
20623	20725	<b>2</b> 0753	20791
20703	20726	<b>2</b> 0757	20792
20704	20731	20762	20799
20705	20735	20768	20866
20706	<b>2</b> 0737	20769	20903
20707	20738	20770	20904
20708	20740	20771	20912
20709	20741		

Q27. Please check all Queen Anne's County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q28. Please check all Somerset County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q29. Please check all St. Mary's County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q30. Please check all Talbot County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q31. Please check all Washington County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q32. Please check all Wicomico County ZIP codes located in your hospital's CBSA.

Q33. Please check all Worcester County ZIP codes located in your hospital's CBSA.

This question was not displayed to the respondent.

Q34. How did your hospital identify its CBSA?

Based on ZIP codes in your Financial Assistance Policy. Please describe. Patient analysis data was used to identify the top zip codes of patients served who qualify for financial assistance. Based on ZIP codes in your global budget revenue agreement. Please describe. Based on patterns of utilization. Please describe UM Prince George's Hospital Center and UM Laurel Medical Center primary and secondary service areas, based on patient care analyst data. Other. Please describe. The CBSA also includes zip codes/geographic areas where the most vulnerable populations (including but not necessarily limited to medically underserved, low-income, and minority populations) reside, based on the SocioNeeds Index updated for 2019. The 2019 SocioNeeds Index, created by Conduent Healthy Communities Institute, is a measure of socioeconomic need that is correlated with poor health outcomes. The SocioNeeds Index is calculated by Conduent Healthy Communities Institute using data from Claritas.

Q35. Provide a link to your hospital's mission statement.

https://www.umms.org/capital/about/mission-vision-values

Q36. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?

Portions of Prince George's County Maryland border the District of Columbia- wards 7 and 8. Data provided based on Patient Care Analyst indicate portions of the district that border PGC are also included in both our primary and secondary service areas. These zip codes include: 20019, 20020, 20032, 20002.

Q37. Section II - CHNAs and Stakeholder Involvement Part 1 - Timing & Format

Q38. Within the past three fiscal years, has your hospital conducted a CHNA that conforms to IRS requirements?

YesNo

Q39. Please explain why your hospital has not conducted a CHNA that conforms to IRS requirements, as well as your hospital's plan and timeframe for completing a CHNA.

This question was not displayed to the respondent.

Q40. When was your hospital's most recent CHNA completed? (MM/DD/YYYY)

06/1/2019

https://www.umms.org/capital/-/media/files/um-capital/community/community-reports/community-health-assessment-2019.pdf? upd=20210528155139&la=en&hash=A0F9D2C7703A88C0E2CBB5C47E4B2FFEF5E48E34

Q42. Please upload your hospital's most recently completed CHNA.

Community Health Assessment 2019.pdf 8.9MB application/pdf

#### Q43. Section II - CHNAs and Stakeholder Involvement Part 2 - Internal CHNA Partners

Q44. Please use the table below to tell us about the internal partners involved in your most recent CHNA development.

					CHNA A	ctivities					
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist		Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
CB/ Community Health/Population Health Director (facility level)				<b>~</b>	<b>~</b>	<b>~</b>		<b>~</b>			
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist		Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
CB/ Community Health/ Population Health Director (system level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Senior Executives (CEO, CFO, VP, etc.) (facility level)					<b>~</b>						
	N/A - Person or Organization was not Involved			Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Senior Executives (CEO, CFO, VP, etc.) (system level)					<						
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist		Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Board of Directors or Board Committee (facility level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	CHNA	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Board of Directors or Board Committee (system level)	<b>~</b>										
	N/A - Person or Organization was not Involved			Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:

Clinical Leadership (facility level)			<b>Z</b>			•	•	•			
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Clinical Leadership (system level)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Population Health Staff (facility level)				<							
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Population Health Staff (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Community Benefit staff (facility level)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Community Benefit staff (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Physician(s)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Nurse(s)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Social Workers											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Hospital Advisory Board											

	N/A - Person or Organization was not Involved	Position or	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:
Other (specify)											
	N/A - Person or Organization was not Involved	Position or	Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary	Other (explain)	Other - If you selected "Other (explain)," please type your exp below:

Q45. Section II - CHNAs and Stakeholder Involvement Part 3 - Internal HCB Partners

Q46. Please use the table below to tell us about the internal partners involved in your community benefit activities during the fiscal year.

				Activitie	s					
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
					<	<	<	<		
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
					✓	<	<	<		
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
or	Position or	health needs that will be	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	CB	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
	or Organization was not involved N/A - Person or Organization was not involved	or Organization Department does not existOrganization or or Organization or Organization involvedN/A - Position or Department does not existImage: N/A - Person or or organization organization romonumentN/A - Department does not existImage: N/A - Person or organization romonument or organization romonument existN/A - or or Department does not existImage: N/A - Person or organization romonument or organization romonument or or organization romonument existN/A - or or Department does not existImage: N/A - Person or organization romonument or or or organization romonument oes not linvolvedN/A - or<	N/A - Person or Organization InvolvedN/A - Position or dees not existhealth medds that will be targetedN/A - Person or or organization novlvedN/A - Position or Department dees not existSelecting health needs that will be targetedN/A - Person or organization or organization novledN/A - Position or Department dees not position or Department meds that will be targetedN/A - 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Person NIA - Pers</td><td>NA - Person or partization best burgetti was not organization best burgetti instative best burgetti instative i</td><td>NA - Person was not was not involved       NA - existing be was not existing through be was not existing through be was not existing through be was not existing through be was not existing through t</td></b<></br></td>	N/A - Person Organization was not involvedN/A - 	N/A - Person       N/A - Organization or Organization Department was not or observed was not or or Organization Department was not not observed was not or observed was not or observed was not or observed was not or observed was not not observed was not or observed was not or or Organization or Organization Department was not not observed was not	NA - Organization Was not involved       NA - exist       Selecting health ageled       Selecting health supported       Determining the initiatives       Providing to CB evaluate the impact activities       Allocating hudgets for individual         N/A - Person or Organization or Organization involved       NA - exist       Selecting supported       Selecting health argeled       Selecting supported       Determining the supported       Providing the initiatives       Allocating for organization         N/A - Person Organization involved       NA - Position or Organization does not involved       Selecting health argeled       Determining supported       Providing the impact of initiatives       Allocating for organization         N/A - Person Organization Organization or Organization Orofganization NA - Position or Organization NA - Position or Organi	NIA - Person Organization Vasion of Organization Organization Organization Organization Organization Organization Organization Organization Organization Person NIA - Person NIA - Pers	NA - Person or partization best burgetti was not organization best burgetti instative best burgetti instative i	NA - Person was not was not involved       NA - existing be was not existing through be was not existing through be was not existing through be was not existing through be was not existing through t

	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (facility level)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (system level)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (facility level)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (system level)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Physician(s)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Nurse(s)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Social Workers												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:
Hospital Advisory Board	<											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanatio below:
Other (snecify)												
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Oth	er - If you selected "Other (explain)," please type your explanation below:

#### Q47. Section II - CHNAs and Stakeholder Involvement Part 4 - Meaningful Engagement

Q48. Community participation and meaningful engagement is an essential component to changing health system behavior, activating partnerships that improve health outcomes and sustaining community ownership and investment in programs. Please use the table below to tell us about the external partners involved in your most recent CHNA. In the first column, select and describe the external participants. In the second column, select the level of community engagement for each participant. In the third column, select the recommended practices that each stakeholder was engaged in. The Maryland Hospital Association worked with the HSCRC to develop this list of eight recommended practices for engaging patients and communities in the CHNA process.

Refer to the FY 2021 Community Benefit Guidelines for more detail on MHA's recommended practices. Completion of this self-assessment is optional for FY 2021, but will be mandatory for FY 2022.

		Lev	el of Commur	nity Engagemer	nt		Recommended Practices							
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	To work directly with community throughout the process to ensure their concerns and aspirations are	community in each aspect of the decision including the	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	t Evaluate Progress
Other Hospitals Please list the hospitals here: Totally Linking Care Maryland-Doctors Community Hospital, Fort Washington Medical Center, Medstar Southern Maryland Hospital Center,														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Local Health Department Please list the Local Health Departments here: Prince George's County Health														
Department	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	throughout the process to ensure their concerns and aspirations are	- To partner	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	Identify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Local Health Improvement Coalition Please list the LHICs here: Prince George's Healthcare Action		<b>~</b>						<b>~</b>		<b>~</b>				
Coalition	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	Involved - To work directly with community throughout the process to ensure their concerns and aspirations are consistently understood and considered	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Maryland Department of Health									<b>~</b>					
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Other State Agencies Please list the anencies here:														
	Informed - To provide the community & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	Involved - To work directly with community throughout the process to ensure their concerns and aspirations are consistently understood	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the		Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	t Evaluate Progress

Local Govt. Organizations Please list the granizations.here: Totally Linked Care (TLC) Maryland Seventh Judicial Circuit of Maryland, Prince George's Department of Family Services, Division on Aging City of Berwyn Heights City of Brentwood Town of Comar Manor City of Mount Rainier Prince George's Health Department Family Health Services Prince George's Health Department Behavioral Health Prince George's Department of Corrections Maryland Dental Action Coalition Prince George's Department of Social Services MD-National Capital Park and Planning Commission Prince George's County Planning Department Maryland General Assembly Prince George's County Health Connect		۵			۷		2	۵		۷				
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	To work directly with community throughout	community in each aspect of the decision including the development of alternatives &	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	t Evaluate Progress
Faith-Based Organizations	Informed - To		Involved - To work	Collaborated - To partner						<b>~</b>				
	informed - 10 provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	directly with community throughout	with the community in each aspect of the decision including the development of alternatives &	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
School - K-12 Please list the schools here: Prince George's County Public Schools										<				
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	community in each aspect of the decision including the development of	the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
School - Colleges, Universities, Professional Schools Please list the schools here: University of Maryland, UMD School of Public Health, Bowie State University,		<b>~</b>	<											
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Behavioral Health Organizations Please list the organizations here: Prince George's County Health Department														
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	Consulted - To obtain community feedback on analysis, alternatives and/or solutions	to ensure their concerns and aspirations are	<ul> <li>To partner with the</li> </ul>	- To place the decision-	initiated, driven	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	t Evaluate Progress
Social Service Organizations Please list the organizations here: Friends of the Earth Independence Now											<b>~</b>			

	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	to ensure their concerns and aspirations are	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	Delegated - To place the decision- making in the hands of the community	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Post-Acute Care Facilities please list the facilities here:														
	with balanced & objective information to assist them in understanding	community feedback on analysis,	to ensure their concerns and aspirations are	community in each aspect of the decision including the development of alternatives &		Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Community/Neighborhood Organizations Please list the organizations here:														
	with balanced	community feedback on analysis,	to ensure their concerns and aspirations are	community in each aspect of the decision including the development of alternatives &		Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
Consumer/Public Advocacy Organizations Please list the organizations here: Laurel Advocacy and Referral Services, African Women's Cancer Awareness Association, La Clinica del Pueblo, Hope Connections for Cancer Support		✓			✓	•	<	✓	✓		<	<		
	Informed - To provide the community with balanced & objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions	community feedback on	to ensure their concerns and aspirations are consistently understood and	Collaborated - To partner with the community in each aspect of the decision including the development of alternatives & identification of the preferred solution	- To place the decision-	Community- Driven/Led - To support the actions of community initiated, driven and/or led processes	ldentify & Engage Stakeholders	Define the community to be assessed	Collect and analyze the data	Select priority community health issues	Document and communicate results	Plan Implementation Strategies	Implement Improvement Plans	Evaluate Progress
			considered	30101011										
Other If any other people or organizations were involved. Jease list them here: Marys Center, Giant Food, MGM National Harbor, NAMI Prince George's County,Pregnancy Center Konterra Realty, LLC The Bridge center at Adam's House, Langely Park Multi-Service Center CCI Health & Wellness Services Gerald Family Care, PC		•	considered		2			•			V	2		

#### Q49. Section II - CHNAs and Stakeholder Involvement Part 5 - Follow-up

Q50. Has your hospital adopted an implementation strategy following its most recent CHNA, as required by the IRS?

YesNo

Q51. Please enter the date on which the implementation strategy was approved by your hospital's governing body.

6/25/2019

 $\ensuremath{\textit{Q52.}}$  Please provide a link to your hospital's CHNA implementation strategy.

https://www.umms.org/capital/-/media/files/um-capital/community/community-reports/chna-fy2019.pdf? upd=20210528155247&la=en&hash=08F6282B3CE599CB702FE2CAED1006467F682B3E

Q222. Please upload your hospital's CHNA implementation strategy.



Q53. Please explain why your hospital has not adopted an implementation strategy. Please include whether the hospital has a plan and/or a timeframe for an implementation strategy.

This question was not displayed to the respondent.

Q54. Please select the CHNA Priority Area Categories most relevant to your most recent CHNA. The list of categories is based on the Healthy People 2030 objectives available here. This list is not exhaustive. Please select "other" and describe any CHNA Priority Area Categories that are not captured by this list. Select all that apply even if a need was not addressed by a reported initiative.

Health Conditions - Addiction	Health Behaviors - Drug and Alcohol Use	✓ Populations - Women
Health Conditions - Arthritis	Health Behaviors - Emergency Preparedness	Populations - Workforce
Health Conditions - Blood Disorders	Health Behaviors - Family Planning	Settings and Systems - Community
Health Conditions - Cancer	Health Behaviors - Health Communication	✓ Settings and Systems - Environmental Health
Health Conditions - Chronic Kidney Disease	Health Behaviors - Injury Prevention	Settings and Systems - Global Health
Health Conditions - Chronic Pain	Health Behaviors - Nutrition and Healthy Eating	Settings and Systems - Health Care
Health Conditions - Dementias	Health Behaviors - Physical Activity	Settings and Systems - Health Insurance
Health Conditions - Diabetes	Health Behaviors - Preventive Care	Settings and Systems - Health IT
Health Conditions - Foodborne Illness	Health Behaviors - Safe Food Handling	Settings and Systems - Health Policy
Health Conditions - Health Care-Associated Infections	Health Behaviors - Sleep	Settings and Systems - Hospital and Emergency Services
✓ Health Conditions - Heart Disease and Stroke	✔ Health Behaviors - Tobacco Use	✓ Settings and Systems - Housing and Homes
✓ Health Conditions - Infectious Disease	Health Behaviors - Vaccination	Settings and Systems - Public Health Infrastructure
Health Conditions - Mental Health and Mental Disorders	Health Behaviors - Violence Prevention	Settings and Systems - Schools
Health Conditions - Oral Conditions	Populations - Adolescents	Settings and Systems - Transportation
Health Conditions - Osteoporosis	Populations - Children	Settings and Systems - Workplace
✓ Health Conditions - Overweight and Obesity	Populations - Infants	✓ Social Determinants of Health - Economic Stability
Health Conditions - Pregnancy and Childbirth	Populations – LGBT	Social Determinants of Health - Education Access and Quality
Health Conditions - Respiratory Disease	Populations - Men	Social Determinants of Health - Health Care Access and Quality
Health Conditions - Sensory or Communication Disorders	Populations - Older Adults	Social Determinants of Health - Neighborhood and Built Environment
Health Conditions - Sexually Transmitted Infections	Populations - Parents or Caregivers	Social Determinants of Health - Social and Community Context
Health Behaviors - Child and Adolescent Development	Populations - People with Disabilities	Cther (specify) Maternal Health

Q56. (Optional) Please use the box below to provide any other information about your CHNA that you wish to share.

In 2019, UM Capital Region Health completed a joint Community Health Needs Assessment in collaboration with other area hospitals (Doctor's Community Hospital, Fort Washington Medical Center, MedStar Southern Maryland Hospital Center). The joint community health needs assessment process was led by the Prince George's County Health Department. The CHNA stakeholders engaged in a collaborative process to conduct a community health needs assessment process in Prince George's County, Maryland that complies with the CHNA requirements as set forth by the Internal Revenue Code and Public Health Department certification requirements. The process in Prince is involves the collection and analysis of valid data (quantitative) to ascertain residents' health status, identify trends in health problems, as well as the social and economic determinants impacting the health of Prince George's County residents. A written report of the community health needs assessment process and findings was prepared and presented in May of 2019. The report included recommendations and key findings that were not much different than what was found to be the priorities in the 2016 CHNA. Drivers of Poor Health Outcomes include - Social determinants of health drive many of our health dispartites. O Poverty, food insecurity, access to health fuod, affordable housing, employment, lack of educational attainment, inadequate financial resources, access to care, and a disparate built environment result in poore health outcomes o Growth in the county, while benefiting some, may harm others. For example, in just 3 years the income needed for an efficiency rental has grown by over \$13,000, however, the median renter household income has grown by over \$13,000, potentially making affordable housing less attainable for some residents, o Education was a consistent concern for residents and key informants; resident surveys ranked good schools as the third most insportant aspect of a healthy community. There is nable disparity in high school graduation rates, with o

Q57. (Optional) Please attach any files containing information regarding your CHNA that you wish to share.

#### Q58. Section II - CHNAs and Stakeholder Involvement Part 6 - Initiatives

Q59. Please use the questions below to provide details regarding the initiatives to address the CHNA Priority Area Categories selected in the previous question.

For those hospitals completing the *optional* CHNA financial reporting in FY 2021, please ensure that these tie directly to line item initiatives in the financial reporting template.

For those hospitals **not** completing the <u>optional</u> CHNA financial template, please provide this information for as many initiatives as you deem feasible.

#### Please note that hospitals will be required to report on each CHNA-related initiative in FY 2022.

Q163. Please describe the initiative(s) addressing Health Conditions - Addiction.

This question was not displayed to the respondent

Q182. Please describe the initiative(s) addressing Health Conditions - Arthritis.

This question was not displayed to the respondent.

Q183. Please describe the initiative(s) addressing Health Conditions - Blood Disorders.

This question was not displayed to the respondent.

#### Q184. Please describe the initiative(s) addressing Health Conditions - Cancer.

	Health Conditions - Cancer Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q185. Please describe the initiative(s) addressing Health Conditions - Chronic Kidney Disease.

#### Health Conditions - Chronic Kidney Disease Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

 $\ensuremath{\mathcal{Q186}}$  . Please describe the initiative(s) addressing Health Conditions - Chronic Pain.

This question was not displayed to the respondent.

#### Q187. Please describe the initiative(s) addressing Health Conditions - Dementias.

	Health Conditions - Dementias Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q188. Please describe the initiative(s) addressing Health Conditions - Diabetes.

#### Health Conditions - Diabetes Initiative Details Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Initiative Name Initiative A Initiative B Initiative C Initiative D Initiative E Initiative F Initiative G Initiative H Initiative I Initiative J All Other Initiatives

#### Q189. Please describe the initiative(s) addressing Health Conditions - Foodborne Illness.

This question was not displayed to the respondent.

#### Q191. Please describe the initiative(s) addressing Health Conditions - Heart Disease and Stroke.

#### Health Conditions - Heart Disease and Stroke Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

#### Q192. Please describe the initiative(s) addressing Health Conditions - Infectious Disease.

		Health Conditions - Inf	fectious Disease Details	
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	Gilead Sciences Testing Grant	The primary objective for the Gilead focused program is to screen and test patients for HIV and HEPC and link the positives to care as well as provide education for those who are not positive so that they remain negative.	Number of HIV Tests Performed: 3550 Number of HIV Positive Results (identified Through Testing):63 Number of Individuals Testing HIV Positive Linked to Care:19 Number of Hepatitis C (HCV) Ab Tests Performed; 3733 Number of HCV Ab Positive Patients Identified Through Testing; 170 Number of HCV RNA Tests Performed; 168 Number of HCV RNA Positive Patients Identified Through Testing; 79 Number of HCV RNA Positive Patients (identified through testing) Attended First Appointment: 31	Number of HIV Tests Performed Number of HIV Positive Results (Identified Through Testing) Number of Individuals Testing HIV Positive with Diagnosed Acute Infection Number of Individuals Testing HIV Positive Linked to Care Number of Not Tested/Known HIV Positive Individuals Out of Care Number of Not Tested/Known HIV Positive Individuals Out of Care Linked to Medical Care Number of HCV Ab Positive Patients Identified Through Testing Number of HCV RNA Tests Performed Number of HCV RNA Positive Patients Identified Through Testing Number of HCV RNA Positive Patients (Identified through testing) Attended First Appointment Number of Not Tested/Known HCV RNA Positive Individuals Out of Care Linked to HCV Care Hepatitis B Number of HBsAg Tests Performed Number of HBsAg Positive Patients Identified Through Testing Number of HBsAg Positive Patients (Identified through testing) Attended First Appointment
Initiative B	State Rapid HIV Testing Program	The primary objective for the State is to reduce the transmission of HIV and help Marylander's with HIV live longer, healthier lives.		Number of unduplicated clients tested for HIV. Number of HIV tests provided. Number of new HIV diagnoses. Number of HIV test results delivered to the client. Number of newly diagnosed PLWH linked to HIV medical care within 30 days of their HIV diagnoses HUWH not negaged in HIV care linked to HIV medical care. "Number of new HIV diagnoses reported to the LHD for Partner Services according to the protocols and timelines established by the department." Number of pregnant women who do not report being in prenatal care linked to PHPA according to the protocols and timelines established by this award reported to PHPA according to the protocols and timelines established by the department.
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q193. Please describe the initiative(s) addressing Health Conditions - Mental Health and Mental Disorders.

#### Health Conditions - Mental Health and Mental Disorders Initiative Details

	rieatin Conditions - Mental rieatin and Mental Disorders initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q194. Please describe the initiative(s) addressing Health Conditions - Oral Conditions.

	Health Conditions - Oral Conditions Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q195. Please describe the initiative(s) addressing Health Conditions - Osteoporosis.

This question was not displayed to the respondent.

Q196. Please describe the initiative(s) addressing Health Conditions - Overweight and Obesity.

	Health Conditions - Overweight and Obesity Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Health Conditions - Overweight and Obesity Initiative Details

	Health Conditions - Pregnancy and Childbirth Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A	Mama & Baby Bus Program	The Mama & Baby Mobile Unit serves as a healthcare access point for under-insured, uninsured and under-served women and children. The Mama & Baby Mobile Unit provides basic, uncomplicated maternal and child health services through partnerships with local community based organizations, shelters, food pantries, faith institutions, schools and institutions of higher learning.	741 patients seen on mobile unit: 139% received preventive screenings (Flu, Bp,breast exams, birth control, preconception counseling and diabetes) 65% received depression and 67% received domestic violence screenings. 67% received HIV testing 39% received well women exams 74% were referred to insurance services 7% to social service referral services 7 received referrals to dental services 7 received for follow-up visits.	Proportion of uninsured patients who are assisted to apply for insurance. Proportion of patients who are screened for depression screening.
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

#### Q198. Please describe the initiative(s) addressing Health Conditions - Respiratory Disease.

	Health Conditions - Respiratory Disease Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q199. Please describe the initiative(s) addressing Health Conditions - Sensory or Communication Disorders.

This question was not displayed to the respondent.

#### Q200. Please describe the initiative(s) addressing Health Conditions - Sexually Transmitted Infections.

	Health Conditions - Sexually Transmitted Infections Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

This question was not displayed to the respondent.

#### Q202. Please describe the initiative(s) addressing Health Behaviors - Drug and Alcohol Use.

#### Health Behaviors - Drug and Alcohol Use Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q203. Please describe the initiative(s) addressing Health Behaviors - Emergency Preparedness.

This question was not displayed to the respondent.

Q204. Please describe the initiative(s) addressing Health Behaviors - Family Planning.

This question was not displayed to the respondent.

Q205. Please describe the initiative(s) addressing Health Behaviors - Health Communication.

#### Health Behaviors - Health Communication Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Initiative А Initiative B Initiative C Initiative D Initiative E Initiative F Initiative G Initiative H Initiative I Initiative J All Other Initiatives

Q206. Please describe the initiative(s) addressing Health Behaviors - Injury Prevention.

#### 

Initiative I		
Initiative J		
All Other Initiatives		

Q207. Please describe the initiative(s) addressing Health Behaviors - Nutrition and Healthy Eating.

#### Health Behaviors - Nutrition and Healthy Eating Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q208. Please describe the initiative(s) addressing Health Behaviors - Physical Activity.

#### Health Behaviors - Physical Activity Initiative Details

	Health Behaviors - Physical Activity Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

#### Q209. Please describe the initiative(s) addressing Health Behaviors - Preventive Care.

	Health Behaviors - Preventive Care Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

#### Health Rehaviors - Preventive Care Initiative Details

Q210. Please describe the initiative(s) addressing Health Behaviors - Safe Food Handling.

This question was not displayed to the respondent.

Q211. Please describe the initiative(s) addressing Health Behaviors - Sleep.

This question was not displayed to the respondent.

#### Q212. Please describe the initiative(s) addressing Health Behaviors - Tobacco Use.

#### Health Behaviors - Tobacco Use Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Initiative Α Initiative B Initiative C Initiative D Initiative F Initiative F Initiative G Initiative н Initiative I Initiative J All Other Initiatives

Q213. Please describe the initiative(s) addressing Health Behaviors - Vaccination.

This question was not displayed to the respondent.

Q214. Please describe the initiative(s) addressing Health Behaviors - Violence Prevention.

#### Health Behaviors - Violence Prevention Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes •1172 People Reached in the following The objective of DV/SAC is to provide trauma informed medical/forensic examinations, crisis response, and categories: • Case Management for Housing Subsidy-65 • Victim Advocacy for court/hearings/medical -347 • On-site and Crisis Counselor Reports, Phone logs, EMR, therapist logs and staff narrative reports. Initiative Domestic Violence/Sexual Assault therapeutic care to survivors of sexual and domestic violence and exploitation. In addition, DV/SAC provides resources and 24/7 hotline crisis intervention - 339 А Professional Counseling/Therapy-105 Crisis response and accompaniment for medical and/or forensic examinations for education that promote a safer community. domestic and sexual assault victims -366 Initiative B Initiative C Initiative D Initiative E Initiative F Initiative G Initiative н Initiative I Initiative J All Other Initiatives

Q215. Please describe the initiative(s) addressing Populations - Adolescents

This question was not displayed to the respondent.

Q216. Please describe the initiative(s) addressing Populations - Children

This question was not displayed to the respondent.

Q217. Please describe the initiative(s) addressing Populations - Infants.

Initiative Name

Data Used to Measure Outcomes

Initiative A		
Initiative B		
Initiative C		
Initiative D		
Initiative E		
Initiative F		
Initiative G		
Initiative H		
Initiative I		
Initiative J		
All Other Initiatives		

Q218. Please describe the initiative(s) addressing Populations - LGBT.

#### Populations - LGBT Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

 $\ensuremath{\textit{Q219}}$  . Please describe the initiative(s) addressing Populations - Men.

This question was not displayed to the respondent.

Q220. Please describe the initiative(s) addressing Populations - Older Adults.

#### Populations - Older Adults Initiative Details Initiative Name Initiative Goal/Objective Initiative Outcomes to Date Data Used to Measure Outcomes Initiative A Initiative B Initiative C Initiative D Initiative E Initiative F Initiative G Initiative H Initiative I Initiative J All Other Initiatives

Q221. Please describe the initiative(s) addressing Populations - Parents or Caregivers.

This question was not displayed to the respondent.

Q222. Please describe the initiative(s) addressing Populations - People with Disabilities.

Populations - Wom	en Initiative Details
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	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

 $\ensuremath{\textit{Q224}}.$  Please describe the initiative(s) addressing Populations - Workforce.

This question was not displayed to the respondent.

#### Q225. Please describe the initiative(s) addressing Settings and Systems - Community.

	Settings and Systems - Community Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q226. Please describe the initiative(s) addressing Settings and Systems - Environmental Health.

#### Initiative Name Initiative Goal/Objective Initiative Outcomes to Date

Settings and Systems - Environmental Health Initiative Details

Data Used to Measure Outcomes

Initiative A		
Initiative B		
Initiative C		
Initiative D		
Initiative E		
Initiative F		
Initiative G		
Initiative H		
Initiative I		
Initiative J		
All Other Initiatives		

This question was not displayed to the respondent.

#### Q228. Please describe the initiative(s) addressing Settings and Systems - Health Care.

This question was not displayed to the respondent.

#### Q229. Please describe the initiative(s) addressing Settings and Systems - Health Insurance.

#### Settings and Systems - Health Insurance Initiative Details Initiative Goal/Objective Initiative Name Initiative Outcomes to Date Data Used to Measure Outcomes Initiative А Initiative B Initiative C Initiative D Initiative E Initiative F Initiative G Initiative H Initiative I Initiative J All Other Initiatives

Q230. Please describe the initiative(s) addressing Settings and Systems - Health IT.

This question was not displayed to the respondent.

 $\ensuremath{\textit{Q231}}.$  Please describe the initiative(s) addressing Settings and Systems - Health Policy.

This question was not displayed to the respondent.

Q232. Please describe the initiative(s) addressing Settings and Systems - Hospital and Emergency Services.

This question was not displayed to the respondent.

#### Q233. Please describe the initiative(s) addressing Settings and Systems - Housing and Homes.

Q234. Please describe the initiative(s) addressing Settings and Systems - Public Health Infrastructure.

Q235. Please describe the initiative(s) addressing Settings and Systems - Schools.

Q236. Please describe the initiative(s) addressing Settings and Systems - Transportation.

	Settings and Systems - Housing and Homes Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

This question was not displayed to the respondent.

#### Q238. Please describe the initiative(s) addressing Social Determinants of Health - Economic Stability.

#### Social Determinants of Health - Economic Stability Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

#### Q239. Please describe the initiative(s) addressing Social Determinants of Health - Education Access and Quality.

	Social Determinants of Health - Education Access and Quality Initiative Details				
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes	
Initiative A					
Initiative B					
Initiative C					
Initiative D					
Initiative E					
Initiative F					
Initiative G					
Initiative H					
Initiative I					
Initiative J					
All Other Initiatives					

#### Q240. Please describe the initiative(s) addressing Social Determinants of Health - Health Care Access and Quality.

#### Social Determinants of Health - Health Care Access and Quality Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other				

	Social Determinants of Health - Neighborhood and Built Environment Initiative Details				
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes	
Initiative A					
Initiative B					
Initiative C					
Initiative D					
Initiative E					
Initiative F					
Initiative G					
Initiative H					
Initiative I					
Initiative J					
All Other Initiatives					

Q242. Please describe the initiative(s) addressing Social Determinants of Health - Social and Community Context.

#### Social Determinants of Health - Social and Community Context Initiative Details

	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q243. Please describe the initiative(s) addressing other priorities.

	Other Initiative Details			
	Initiative Name	Initiative Goal/Objective	Initiative Outcomes to Date	Data Used to Measure Outcomes
Initiative A				
Initiative B				
Initiative C				
Initiative D				
Initiative E				
Initiative F				
Initiative G				
Initiative H				
Initiative I				
Initiative J				
All Other Initiatives				

Q130. Were all the needs identified in your most recently completed CHNA addressed by an initiative of your hospital?

- ⊖ Yes
- 🔵 No

Health Conditions - Cancer, Health Conditions - Chronic Kidney Disease, Health Conditions -Dementias, Health Conditions - Diabetes, Health Conditions - Heart Disease and Stroke, Health Conditions - Infectious Disease, Health Conditions - Mental Health and Mental Disorders, Health Conditions - Oral Conditions, Health Conditions - Overweight and Obesity, Health Conditions Pregnancy and Childbirth, Health Conditions - Respiratory Disease, Health Conditions - Sexually Transmitted Infections, Health Behaviors - Drug and Alcohol Use, Health Behaviors - Health Communication, Health Behaviors - Injury Prevention, Health Behaviors - Nutrition and Healthy Eating, Health Behaviors - Physical Activity, Health Behaviors - Preventive Care, Health Behaviors -Tobacco Use, Health Behaviors - Violence Prevention, Populations - Infants, Populations – LGBT, Populations - Older Adults, Populations - Women, Settings and Systems - Community, Settings and Systems - Environmental Health, Settings and Systems - Health Insurance, Settings and Systems Housing and Homes, Social Determinants of Health - Economic Stability, Social Determinants of Health - Education Access and Quality, Social Determinants of Health - Health Care Access and Quality, Social Determinants of Health - Neighborhood and Built Environment, Social Determinants of Health - Social and Community Context, Other (specify) **Other: Maternal Health** 

Using the checkboxes below, select the needs that appear in the list above that were NOT addressed by your community benefit initiatives.

Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: ED Wait Times	Injury Prevention
Access to Health Services: Outpatient Services	Lesbian, Gay, Bisexual, and Transgender Health
Adolescent Health	Maternal and Infant Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Nutrition and Weight Status
Behavioral Health, including Mental Health and/or Substance Abuse	Older Adults
Cancer	✓ Oral Health
Children's Health	Physical Activity
Chronic Kidney Disease	Respiratory Diseases
Community Unity	Sexually Transmitted Diseases
Dementias, including Alzheimer's Disease	Sleep Health
Diabetes	Telehealth
Disability and Health	✓ Tobacco Use
Educational and Community-Based Programs	Violence Prevention
C Environmental Health	Vision
Family Planning	Wound Care
Food Safety	Housing & Homelessness
Global Health	Transportation
Health Communication and Health Information Technology	Unemployment & Poverty
Health Literacy	Other Social Determinants of Health
Health-Related Quality of Life & Well-Being	Other (specify)

Q132. Why were these needs unaddressed?

Environmental Health- In Fy21 this institution primarily focused its efforts and resources on the environmental and safety needs of its facilities. Oral Health-The Dental provider for the institution left the organization in FY18. Dental Health-The Dental provider for the institution left the organization in FY18 Housing and Homelessness - Lack of resources to support this effort. Tobacco Use- The smoking cessation program coordinator left the institution in FY21 and due to budgetary constraints, the program was discontinued at that time.

Q244. Please describe the hospital's efforts to track and reduce health disparities in the community it serves.

UM Capital Health uses several excel tracking sheets to record, track, and report all of our community benefit activities. Working collaboratively with departments identified in our Community Health Improvement Plan (CHIP), our tracking sheets record system-wide activities that align with our Community Health Needs Assessment (CHNA) and CHIP priorities. The tracking sheets record information related to programming, education, training, screenings, and health events. Our Community Outreach Manager works with identified department leaders to report monthly and quarterly activity. Additionally, we use survey data to evaluate knowledge increase and behavior change of the participants who are a participant in our healthy eating, active living programs. Furthermore, as part of the National Diabetes Prevention Program (NDPP), we use Maryland's Department of Health (MDH) Workshop Wizard database to record, track and report our DPP participant's information. The Workshop Wizard tracks participants' weight percentage and pounds, physical activity, A1C, demographics such as age, race, family history, and educational background. This information is reported monthly and bi-annually to MDH and the Centers for Disease Control and Prevention (CDC). UM Capital Region is a part of the Regional Partnership Catalyst Grant with a coalition of several other hospitals through the Totally Linking Care in Maryland (TLC-MD), providing investment to support the Statewide Integrated Health Improvement goals Strategy in the expansion of diabetes and behavioral health crisis programs. The new grant will include is atteging health system providers. Such as technical assistance and training around screening management. The use of CRISP patient portals will play critical roles in tracking performance measures and TLC's patient population. Additional performance measures will include : • Persons receiving Maragement and number of Social Determinants of Health (SDOH) that are resolved • Types of SDOH resolved. • Number of persons rece

Q245. If your hospital reported rate support for categories other than Charity Care, Graduate Medical Education, and the Nurse Support Programs in the financial report template, please select the rate supported programs here:

Regional Partnership Catalyst Grant Program

The Medicare Advantage Partnership Grant Program

The COVID-19 Long-Term Care Partnership Grant

The COVID-19 Community Vaccination Program

The Population Health Workforce Support for Disadvantaged Areas Program

Other (Describe)

Q129. If you wish, you may upload a document describing your community benefit initiatives in more detail.

Q60. Section III - CB Administration

Q61. Does your hospital conduct an internal audit of the annual community benefit financial spreadsheet? Select all that apply.

Yes, by the hospital's staff
 Yes, by the hospital system's staff
 Yes, by a third-party auditor
 No

Q246. Please describe the third party audit process used.

Ernest & Young LLP review the CBR after an internal audit by hospital and system staff.

Q62. Does your hospital conduct an internal audit of the community benefit narrative?

$\bigcirc$	Yes
$\bigcirc$	No

Q63. Please describe the community benefit narrative audit process.

The Community Benefit Narrative is prepared by the Director of Community Health and reviewed by the VP of Women's, Infants & Community Health at UM Capital Region Health. The narrative is then submitted to the Chief Financial Officer for review and approval, and the University of Maryland Medical System Senior Vice President of Government, Regulatory and Community Health. In addition, it is also shared and reviewed internally with our Executive Council. The Narrative is then presented to the Board of Directors for review and approval. Once approved by the Board, the Narrative is final and approved for submission. Q64. Does the hospital's board review and approve the annual community benefit financial spreadsheet?



Q65. Please explain:

This question was not displayed to the respondent.

*Q66.* Does the hospital's board review and approve the annual community benefit narrative report?



Q67. Please explain:

This question was not displayed to the respondent.

Q68. Does your hospital include community benefit planning and investments in its internal strategic plan?



Q69. Please describe how community benefit planning and investments are included in your hospital's internal strategic plan.

The University of Maryland Medical System has identified four strategic driving themes: 1.) High-Quality Care 2) Commitment to Community- the unwavering commitment to the health, equity, and wellbeing of our communities and expanding our relationships as anchor institutions in each community we serve 3) Transform Healthcare Delivery and 4) Innovation and Discovery. UM Capital Region Health has identified Five Key strategic goals for FY 2021-2023 that support UMMS Galvanizing themes. These include 1.) Cultural Transformation and Exceptional Quality, Safety and Patient Experience, 2) Leader in Innovation and Integrated Care Delivery; 3) Access to Care and Market-Leading Clinical Program, 4) Engaged Physicians and Employees and 5) Strong Financial Performance. The Community Health Implementation Plan has been integrated into strategic prointy #2; Commitment to Community by demonstrating innovation and integrated care delivery; implementing community health implementation plans and health equity strategy and enhancing and expanding community, academic and public/private partnerships.

Q70. If available, please provide a link to your hospital's strategic plan.

Q133. Do any of the hospital's community benefit operations/activities align with the Statewide Integrated Health Improvement Strategy (SIHIS)? Please select all that apply and describe how your initiatives are targeting each SIHIS goal. More information about SIHIS may be found here.

Diabetes - Reduce the mean BMI for Maryland residents

- Opioid Use Disorder Improve overdose mortality
- Maternal and Child Health Reduce severe maternal morbidity rate
- Maternal and Child Health Decrease asthma-related emergency department visit rates for children aged 2-17

Q134. (Optional) Did your hospital's initiatives during the fiscal year address other state health goals? If so, tell us about them below

Q135. Section IV - Physician Gaps & Subsidies

Q223. Did your hospital report physician gap subsidies on Worksheet 3 of its community benefit financial report for the fiscal year?

NoYes

Q218. As required under HG§19-303, please select all of the gaps in physician availability resulting in a subsidy reported in the Worksheet 3 of financial section of Community Benefit report. Please select "No" for any physician specialty types for which you did not report a subsidy.

	Is there a gap resulting in a subsidy?		What type of subsidy?	
	Yes	No		
Allergy & Immunology	0	۲		
Anesthesiology	۲	$\bigcirc$	Physician recruitment to meet community need	
Cardiology	۲	$\bigcirc$	Physician recruitment to meet community need	
Dermatology	0		· · · · · · · · · · · · · · · · · · ·	
Emergency Medicine	۲	$\bigcirc$	Physician recruitment to meet community need	
Endocrinology, Diabetes & Metabolism	۲	$\circ$	Physician recruitment to meet community need	
amily Practice/General Practice	۲	0	Physician recruitment to meet community need	
Geriatrics	0			
nternal Medicine	۲	$\bigcirc$	Physician recruitment to meet community need	
Medical Genetics	0	۲		
leurological Surgery	0	۲	· · · · · · · · · · · · · · · · · · ·	
leurology	۲	$\circ$	Coverage of emergency department call	
Obstetrics & Gynecology	۲	$\circ$	Physician recruitment to meet community need	
Oncology-Cancer	0	۲		
Dphthamology	۲	$\bigcirc$	Coverage of emergency department call	
Orthopedics	۲	0	Physician recruitment to meet community need	
Dtololaryngology	۲	$\bigcirc$	Physician recruitment to meet community need	
athology	0	۲		
Pediatrics	۲	$\circ$	Physician recruitment to meet community need	
Physical Medicine & Rehabilitation	۲	$\circ$	Physician recruitment to meet community need	
Plastic Surgery	۲	$\circ$	Physician recruitment to meet community need	
Preventive Medicine	0	۲		
Psychiatry	۲	0	Physician recruitment to meet community need	
Radiology		0	Physician recruitment to meet community need	
Surgery		0	Physician recruitment to meet community need	
Jrology		0	Coverage of emergency department call	
Dther. (Describe)	0	۲		

Q219. Please explain how you determined that the services would not otherwise be available to meet patient demand and why each subsidy was needed, including relevant data. Please provide a description for each line-item subsidy listed in Worksheet 3 of the financial report.

Anesthesiology- We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Neurological Surgery- We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Obstetrics & Gynecology - Experiencing challenges with staffing due to resignations, retirements and leave of absences. Have to use locum tenens for additional coverage of high-risk pregnancy patients. Orthopedic - We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Ottololaryngology - We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Ottololaryngology - We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Psychiatry - Ongoing initiative to secure adequate staffing of behavioral health services. Surgery-We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Urology- Experiencing challenges staffing this service line, which has resulted in having to utilize locum tenens physicians. Intensive/Internal Medicine Services to the Community-Ongoing initiatives to enhance primary care services are currently underway. Emergency Medicine-We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Endocrinology-Ongoing initiatives to enhance diabetes management services are currently underway. Family Medicine-Ongoing initiatives to enhance primary care services are currently underway. Neurology - We are a level 2 trauma center and subsidy is needed in order to meet community need and maintain our trauma designation. Endocrinology-Ongoing initiatives to enhance diabetes management services are currently underway. Family Medicine-Ongoing initiatives to enhance primary care services are currently underw

Q139. Please attach any files containing further information and data justifying physician subsidies your hospital.

RAND RRA647-1.pdf 7.5MB application/pdf

Q140. Section VI - Financial Assistance Policy (FAP)

Q141. Upload a copy of your hospital's financial assistance policy.

 $\ensuremath{\textit{Q220}}$  . Provide the link to your hospital's financial assistance policy.

https://www.umms.org/capital/-/media/fi upd=20211019173043	es/umms/patients-and-visitors/financial-assist	stance-policy/english-umms-financial-assistance-policy	-final-101920.pdf?

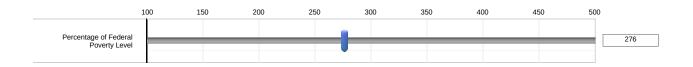
Q147. Has your FAP changed within the last year? If so, please describe the change.

No, the FAP has not changed.

Yes, the FAP has changed. Please describe:

Q143. Maryland hospitals are required under Health General \$19-214.1(b)(2)(i) COMAR 10.37.10.26(A-2)(2)(a)(i) to provide free medically necessary care to patients with family income at or below 200 percent of the federal poverty level (FPL).

Please select the percentage of FPL below which your hospital's FAP offers free care.



Q144. Maryland hospitals are required under COMAR 10.37.10.26(A-2)(2)(a)(ii) to provide reduced-cost, medically necessary care to low-income patients with family income between 200 and 300 percent of the federal poverty level.

Please select the range of the percentage of FPL for which your hospital's FAP offers reduced-cost care.

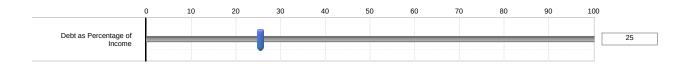


Q145. Maryland hospitals are required under Health General §19-214.1(b)(2)(iii) COMAR 10.37.10.26(A-2)(3) to provide reduced-cost, medically necessary care to patients with family income below 500 percent of the federal poverty level who have a financial hardship. Financial hardship is defined in Health General §19-214.1(a)(2) and COMAR 10.37.10.26(A-2)(1)(b)(i) as a medical debt, incurred by a family over a 12-month period that exceeds 25 percent of family income.

Please select the range of the percentage of FPL for which your hospital's FAP offers reduced-cost care for financial hardship.



Q146. Please select the threshold for the percentage of medical debt that exceeds a household's income and qualifies as financial hardship.



Q221. Per Health General Article \$19-303 (c)(4)(ix), list each tax exemption your hospital claimed in the preceding tax able year (select all that apply)

- Federal corporate income tax
   State corporate income tax
- State sales tax
- Local property tax (real and personal)
- Other (Describe)

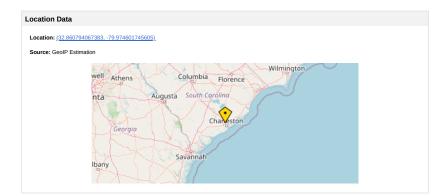
Q151.

#### Attention Hospital Staff! IMPORTANT!

You have reached the end of the questions, but you are not quite finished. Your narrative has not yet been fully submitted. Once you proceed to the next screen using the right arrow button below, you cannot go backward. You cannot change any of your answers if you proceed beyond this screen.

We strongly urge you to contact us at <u>hcbhelp@hilltop.umbc.edu</u> to request a copy of your answers. We will happily send you a pdf copy of your narrative that you can share with your leadership, Board, or other interested parties. If you need to make any corrections or change any of your answers, you can use the Table of Contents feature to navigate to the appropriate section of the narrative.

Once you are fully confident that your answers are final, return to this screen then click the right arrow button below to officially submit your narrative.



## 2019 PRINCE GEORGE'S COUNTY



# **COMMUNITY HEALTH**ASSESSMENT

Prepared by: Prince George's County Health Department Office of Assessment and Planning Health-OAP@co.pg.md.us



### INTRODUCTION

Prince George's County is located in the state of Maryland and is part of the Washington, D.C. metropolitan area. Home to more than 900,000 diverse residents, the county includes urban, suburban, and rural regions. The county, while overall considered affluent, has many communities with higher needs and poor health outcomes.

In 2015, the Prince George's County government and Maryland-National Capital Parks and Planning Commission conducted a special study to develop a Primary Healthcare Strategic Plan<sup>1</sup> in preparation for enhancing the healthcare delivery network. A key recommendation from the plan was to "build collaboration among Prince George's County hospitals", which included conducting a joint community health assessment (CHA) with the Prince George's County Health Department. In 2016, the first inclusive CHA was completed. The hospitals and Health Department agreed to again work collaboratively to update the 2016 CHA in 2019.

#### **CHA Core Team**

**Doctors Community Health System** Fort Washington Medical Center MedStar Southern Maryland Hospital Center **Prince George's County Health Department** Prince George's Healthcare Action Coalition University of Maryland Capital Region Health There are four hospitals located within the county: Doctors Community Hospital; Fort Washington Medical Center, MedStar Southern Maryland Hospital Center; and UM Prince George's Hospital Center. All four hospitals and the Health Department

appointed staff to facilitate the 2019 CHA process. The core team began meeting in September 2018 and included leadership from the Prince George's Healthcare Action Coalition during the data review and prioritization process.

Doctors Community Hospital ۶H **UM Prince George's Hospital Center** Health Department

Headquarters

H

Medical Center

MedStar Southern Maryland **Hospital Center** Fort Washington

<sup>&</sup>lt;sup>1</sup> http://www.pgplanning.org/Resources/Publications/PHSP.htm

## **PROCESS OVERVIEW**

The CHA Process was developed to 1) maximize community input, 2) learn from the community experts, 3) utilize existing data, and 4) ensure a comprehensive prioritization process. Elements of the Mobilizing for Action through Planning and Partnerships  $(MAPP)^2$  process where used in the 2019 CHA to shift data collection towards community perceptions of health and consideration of the local health system. The Core Team developed a shared Vision at the start of the process of

#### "A community focused on health and wellness for all."

The group agreed upon five shared values to provide focus, purpose, and direction for the CHA process:

- Collaboration > Safety  $\geq$
- $\geq$ Equity
- Trust  $\geq$
- Prevention

The Core Team were also asked to consider what they would like the local health system to look like in five to ten years. The emergent themes included:

- all residents to feel safe accessing health-related services (regardless of • immigration status);
- residents will have a better perception of health care in the county;
- better utilization of local services;
- a system that allows residents to access services close to home;
- consideration of needs of all residents. ٠

In summary, the Core Team envisioned "a system that is perceived as available to serve all with quality services".

The Health Department staff led the CHA process in developing the data collection tools and analyzing the results with input from the hospital representatives. The process included:

A community resident survey available in English, Spanish, and French distributed by the hospitals and health department;

<sup>&</sup>lt;sup>2</sup> https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-healthassessment/mapp

- Secondary data analyses that included the county demographics and population description through socioeconomic indicators, and a comprehensive health indicator profile;
- Hospital Service Profiles to detail the residents served by the core team;
- A community expert survey and key informant interviews; and
- A prioritization process that included the Core Team and Prince George's Healthcare Action Coalition leadership.

While the Core Team led the data gathering process, there was recognition that **health is a shared responsibility**. The community data collection strategies and the prioritization process were intentionally developed with this consideration and set the foundation for coordination moving forward.

After initially reviewing the data collection results (the data reviewed is available in the Prioritization Process section), the Core Team determined that the priorities selected in the 2016 CHA should remain the 2019 priorities based on the community and expert input in the process that focused on these areas, the challenges remaining in the county from the population and health indicators, and acknowledgment that it is realistic for such substantial priorities to require more than three years to "move the needle". The 2019 priorities will continue to be:

- the social determinants of health,
- behavioral health,
- obesity and metabolic syndrome, and
- cancer.

The results of this process will guide the health department and hospitals in addressing the health needs of the county. Additionally, the Core Team committed to reconvene to coordinate assets and resources to addresses the priorities and determine opportunities for further collaboration.

## **KEY FINDINGS**

#### **Drivers of Poor Health Outcomes:**

- Social determinants of health drive many of our health disparities.
  - Poverty, food insecurity, access to healthy food, affordable housing, employment, lack of educational attainment, inadequate financial resources, access to care, and a disparate built environment result in poorer health outcomes.
  - Growth in the county, while benefiting some, may harm others. For example, in just 3 years the income needed for an efficiency rental has grown by over \$13,000. However, the median renter household income has grown by only \$3,000, potentially making affordable housing less attainable for some residents.
  - Education was a consistent concern for residents and key informants; resident surveys ranked good schools as the third most important aspect of a healthy community. There is notable disparity in high school graduation rates, with only 66% of Hispanic students graduating compared to 85% and higher for other groups.
  - Resources available in communities with greater needs continue to be perceived as lower quality, such as healthcare and fresh food.
- Access to health insurance through the Affordable Care Act has not helped everyone.
  - Many residents still lack health insurance (some have not enrolled, some are not eligible).
  - Those with health insurance struggle to afford healthcare (such as co-pays, high premiums, and deductibles) and prescriptions, and difficulty accessing care due to transportation challenges.
- Residents lack knowledge of or how to use available resources.
  - The healthcare system is challenging to navigate, and providers and support services need more coordination.
  - There are services available, but they are perceived as underutilized because residents do not know how to locate or use them.

- Low literacy and low health literacy contribute to poor outcomes.
- The county does not have enough healthcare providers to serve the residents.
  - There is a lack of behavioral health providers, dentists, specialists, and primary care providers (also noted in the 2015 Primary Healthcare Strategic Plan for the county<sup>3</sup>). While there has been some growth in providers, it has struggled to keep pace with the population growth and has been unable address deficits.
- There is a perception that the county lacks <u>quality</u> healthcare providers.
  - Surrounding jurisdictions are perceived to have better quality providers; residents with resources are perceived as often traveling outside the county for healthcare needs.
  - There is a lack of culturally competent and bilingual providers.
- Lack of ability to access healthcare providers
  - There are limited transportation options available, and the supply does not meet the need. There is also a lack of transportation for urgent but nonemergency needs that cannot be scheduled in advance.
  - The distribution of providers is uneven in the county; some areas have a high geographic concentration of providers, while other areas have very few or no providers available nearby.
- Disparities in health outcomes are complicated
  - Even though Black, non-Hispanic residents are more likely to be screened for cancer, they still have higher cancer mortality rates. The infant mortality rate for Black, non-Hispanic residents is significantly higher compared to other race/ethnic groups. It is challenging to determine how elements such as stress, culture, structural racism, and implicit bias contribute to health disparities along with the social determinants of health, healthcare access, and healthcare utilization, for example.

<sup>&</sup>lt;sup>3</sup> Primary Healthcare Strategic Plan, 2015, <u>http://www.pgplanning.org/Resources/Publications/PHSP.htm</u>

## Leading Health Challenges

- Chronic conditions such as heart disease, diabetes, and stroke continue to lead in poor outcomes for many county residents.
  - Residents have not adopted behaviors that promote good health, such as healthy eating and active living.
  - An estimated three-fourths of adults and one-third of high school students in the county are obese or overweight.
  - The lack of physical activity and increased obesity is closely related to residents with metabolic syndrome<sup>4</sup>, which increases the risk for heart disease, diabetes, and stroke.
- Behavioral health needs often overlap with other systems and can be exacerbated by other unmet needs such as housing.
  - The hospitals, public safety, and criminal justice system see many residents needing behavioral health services and treatment.
  - The county lacks adequate resources needed to address residents with significant behavioral health issues.
  - Homeless residents often have unmet behavioral health needs, but addressing those needs is not often possible without stable housing.
  - Stigma around behavioral health continues to be an ongoing challenge in the county.
- While the trends for many health issues have improved in the county, we still have significant disparities. For example:
  - **Cancer:** Black residents in the county had higher mortality rates for breast, and prostate cancers, despite having higher screening rates.
  - **HIV:** Prince George's County had the second highest rate of HIV diagnoses in the state in 2017 and had the highest number of actual cases in the state.
  - Substance Use: White, non-Hispanic residents have a drug-related mortality rate nearly three times higher compared to Black, non-Hispanic residents (2015-2017).

<sup>&</sup>lt;sup>4</sup> Metabolic Syndrome is a group of risk factors that raises the risk of heart disease and other health problems such as diabetes and stroke. The risk factors include: a large waist; high triglycerides (fat in the blood); low HDL or "good" cholesterol; high blood pressure, and high blood glucose (sugar). Source: NIH, accessed on 6/1/16, http://www.nhlbi.nih.gov/health/health-topics/topics/ms

 Teen Births: The Hispanic Teen Birth Rate is four times higher than Black, non-Hispanic teens and eleven times higher than White, non-Hispanic teens (2017).

#### Recommendations

- Increase care coordination resources
  - Trained community health workers were recognized as improving health outcomes for residents by navigating services and ensuring residents have the support and knowledge they need.
  - Residents need education about the available resources, and how to utilize and navigate them.
- Increase community-specific outreach and education
  - Similar to the 2016 findings, more outreach and education is needed at a community-level to be culturally sensitive and reach residents.
- More funding and resource for health and support services.
  - Funding is needed to strengthen the health safety net for those unable to access health insurance or unable to afford what is available.
  - There must be a focus on ensuring basic needs are being met for residents experiencing vulnerabilities in order for them to manage their health.
- Attract a culturally-diverse quality healthcare workforce.
  - One in five residents in the county were born outside the U.S. A diverse workforce would potentially help to address the cultural and language barriers experienced by residents.
  - Incentives to attract and academic partnerships to develop a quality workforce are needed to address identified deficits as well as increase provider availability in the county.
- Increased partnerships and collaborative efforts are needed.
  - Current coordinated efforts in the county were recognized as improving outcomes through care coordination and by and addressing systemic issues in the county.

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# **POPULATION** profile

## **POPULATION PROFILE**

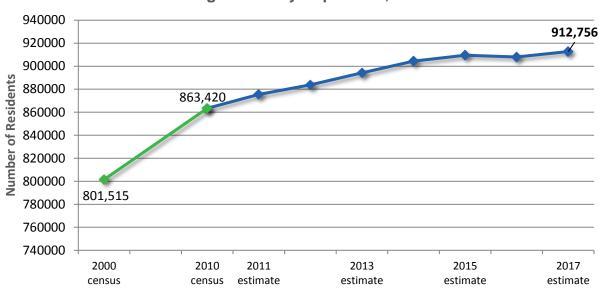
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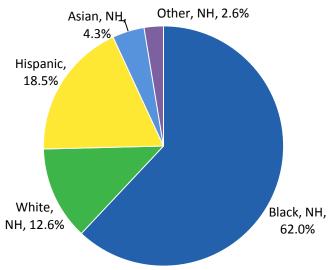
#### **Overall Population**

Prince George's County is the second largest jurisdiction in Maryland. The population of Prince George's County increased by over 110,000 residents since 2000. Between 2010 and 2017, the population increased by nearly 50,000 or 5.7%.



Prince George's County Population, 2000-2017

Data Source: U.S. Census, Annual Population Estimates;



#### Prince George's County by Race and Ethnicity, 2017

The racial and ethnic composition of Prince George's County differs from Maryland and the United States. Black, non-Hispanics represent the majority of residents (62.0%), followed by Hispanics (18.5%). Since 2010, the Hispanic population has grown rapidly by 31.1%. The Asian, non-Hispanic population grew by 11.6% and the Black, non-Hispanic population grew by 3.2%. The White, non-Hispanic population declined by roughly 14,000 residents.

Data Source: 2017 American Community Survey 1-Year Estimates, Table DP05

## Population Demographics, 2017

2017 Estimates	Prince George's	Maryland	United States
Population			
Total Population	912,756	6,052,177	325,719,178
Female	472,979 (52%)	3,116,355 (51%)	165,316,674
Male	439,777 (48%)	2,935,822 (49%)	160,402,504
Race and Hispanic Origin			
Black, NH	566,032 (62%)	1,776,692 (29%)	40,129,593 (12%)
Hispanic (any race)	169,032 (19%)	612,709 (10%)	58,846,134 (18%)
White, NH	115,126 (13%)	3,066,146 (51%)	197,285,202 (61%)
Asian, NH	38,838 (4%)	389,297 (6%)	17,999,846 (6%)
Other, NH	23,721 (2%)	207,333 (3%)	11,458,403 (3%)
Age			
Under 5 Years	59,081 (6%)	363,313 (6%)	19,795,159 (6%)
5-17 Years	144,244 (16%)	983,637 (16%)	53,853,524 (17%)
18-24 Years	90,094 (10%)	537,623 (9%)	30,820,412 (9%)
25-44 Years	256,964 (28%)	1,609,807 (27%)	86,083,640 (26%)
45-64 Years	245,420 (27%)	1,655,211 (27%)	84,350,731 (26%)
65 Years and Over	116,953 (13%)	902,586 (15%)	50,815,712 (16%)
Median Age (years)	37.2	38.7	38.1

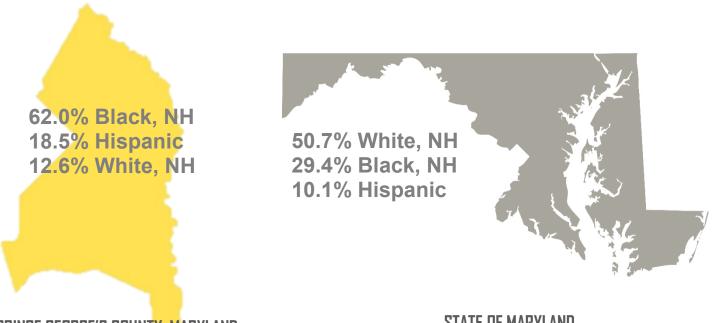
Data Source: 2017 American Community Survey 1-Year Estimates, Table DP05; U.S. Census Population Estimates

#### Prince George's County, Median Age by Race and Ethnicity, 2017

Race and Ethnicity	Median Age (yrs.)
Black	39.3
Hispanic, Any Race	28.7
White, NH	46.2
Asian	39.2

Data Source: 2017 American Community Survey 1-Year Estimates, Table B01002

Overall, the demographics of Prince George's County differ from the state of Maryland. While Maryland has a majority White, non-Hispanic (NH) population, Prince George's County has a majority Black, NH population. Prince George's County also has a higher proportion of Hispanic residents compared to the state.



PRINCE GEORGE'S COUNTY, MARYLAND

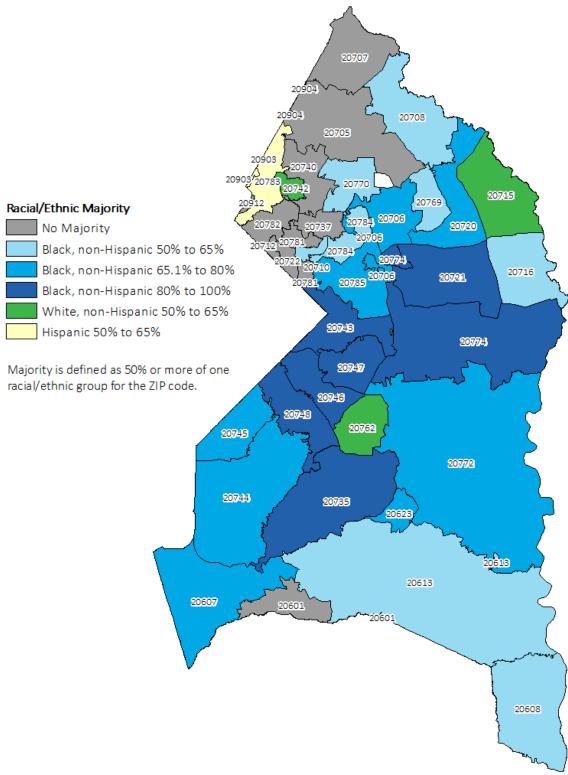
STATE OF MARYLAND

As of 2017, the median age in the county is 37.2 years, an increase of 1.1 years compared to 2014. However, the median age of the state and the United States remains higher than the county (38.7 and 38.1 years respectively). The population of county residents age 65 years and older is increasing: in 2014, 11% of the overall population was over the age of 65; in 2017, the 65 and older age group represents 13% of the population.

However, the median age varies substantially by race and ethnicity in the county. There is a 17.5 year difference between the median age of White, non-Hispanic residents (46.2 years) and Hispanic residents (28.7 years) in Prince George's County.

Reflective of the majority of the overall county population, the majority of ZIP codes in the county have a population of at least 50% Black, non-Hispanic residents. The northern part of the county continues to be more diverse with more ZIP codes with no race/ethnicity majorities.

#### ZIP Codes by Population Racial and Ethnic Majority, Prince George's County, 2013-2017

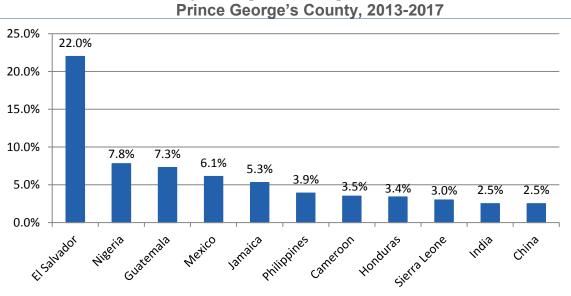


Data Source: 2013-2017 American Community Survey 5-Year Estimates, Table B03002

#### **Foreign Born Residents**

In Prince George's County, 1 out of every 5 residents (22.6%)<sup>1</sup> are born outside the United States. The countries that contribute the most to the foreign-born population include El Salvador, Nigeria, Guatemala, Mexico, and Jamaica: these five countries account for nearly half of the total foreign-born population. Residents born in the African countries of Cameroon and Sierra Leone increased compared to the previous 5-year period.

In 2017, there were over 200,000 foreign-born residents in the County. Of those residents, 45% are naturalized U.S. citizens with a median household income of \$88,036, compared to \$60,269 for the 55% who are not U.S. citizens.

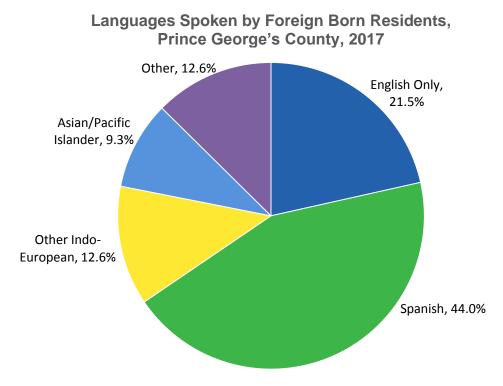


Country of Origin of Foreign-Born Residents, Prince George's County, 2013-2017

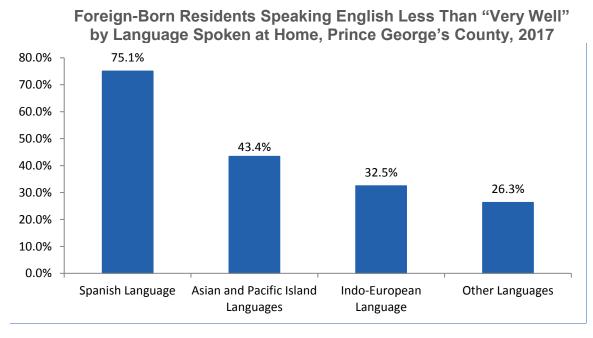
Data Source: 2013-2017 American Community Survey 5-Year Estimates, Table B05006

One in five (21.5%) of foreign-born residents speaks English as their primary language, down from 33.6% in 2014. Of the three-quarters of foreign-born residents speaking a language other than English, 44.5% report speaking English "very well." However, comfort with the English language is not the same for all foreign-born residents. Three out of four Spanish-speaking residents report speaking English less than "very well," substantially higher than residents speaking Asian, Indo-European and other languages.

<sup>&</sup>lt;sup>1</sup> American Community Survey 1-year estimates, 2017, Table S0501



Data Source: 2017 American Community Survey 1-year estimates, Table C16005



Data Source: 2017 American Community Survey 1-year estimates, Table C16005

#### **Poverty**

The proportion of individuals living in poverty in Prince George's County decreased to 8.4% in 2017 from 10.2% in 2014. The proportion of individuals living in poverty is lower in the county compared to Maryland and the U.S, but disparities continue to exist across several sociodemographic factors. One in ten females live in poverty in the county, compared to only 6.9% of males. The proportion of individuals living in poverty decreases with age and higher levels of educational attainment. Eleven percent of children (under 18 years of age) in the county live in poverty as of 2017. Poverty across individuals of different races and ethnicities also varies. About 13% of Hispanic residents in the county live in poverty, compared to 8.4% of White, non-Hispanic and 7.0% of Black, non-Hispanic residents.

Individual Poverty Status in the Past 12 Months,

	Prince Georges County			
			Maryland	U.S.
Indicators	N	% Poverty	% Poverty	% Poverty
Total individuals in poverty	74,902	8.4%	9.3%	13.4%
Male	29,778	6.9%	8.4%	12.2%
Female	45,124	9.7%	10.1%	14.5%
Age				
Under 18 years	22,031	11.0%	12.0%	18.4%
18 to 64 years	45,004	7.8%	8.6%	12.6%
65 years and over	7,867	6.9%	7.9%	9.3%
Race & Ethnicity				
Black	39,460	7.0%	13.3%	23.0%
Hispanic (of any race)	21,501	12.8%	13.1%	19.4%
White, non-Hispanic	8,987	8.4%	6.3%	9.6%
Asian	2,556	6.9%	7.0%	11.1%
Educational Attainment (population 25 years+)				
Less than high school	11,860	14.9%	20.4%	24.7%
High school graduate (or equivalent)	13,667	8.3%	11.6%	13.7%
Some college, associate's degree	9,219	5.3%	7.0%	9.5%
Bachelor's degree and higher	6,919	3.5%	3.2%	4.3%

Prince George's County, 2017

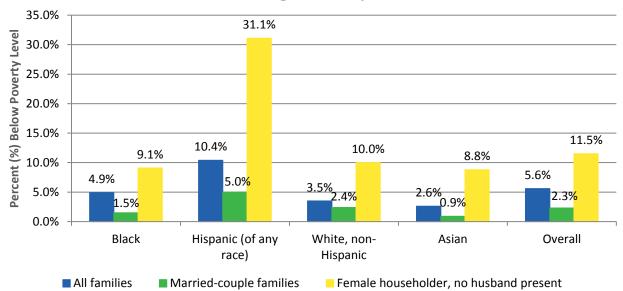
Data Source: American Community Survey 1-Year Estimates, 2017, Table S1701

Poverty status among families in Prince George's County decreased from 7% in 2014 to 5.6% in 2017, lower than both Maryland at 6.2% and the United States at 9.5%. Over one in ten (11.5%) families with only a female head of household lives in poverty in the county, a figure that increases to 17.7% if the household has children under age 18. Almost one-third of Hispanic families with only a female head of household live in poverty in 2017, which is two times higher compared to single female households of other race/ethnicities.

	Prince George's County % Poverty	Maryland % Poverty	United States % Poverty
All families	5.6%	6.2%	9.5%
With related children under 18 years	8.4%	9.2%	15.0%
Married couple families	2.3%	2.6%	4.8%
With related children under 18 years	3.3%	2.8%	6.6%
Families with female householder, no husband present	11.5%	17.4%	26.2%
With related children under 18 years	17.7%	24.5%	35.7%

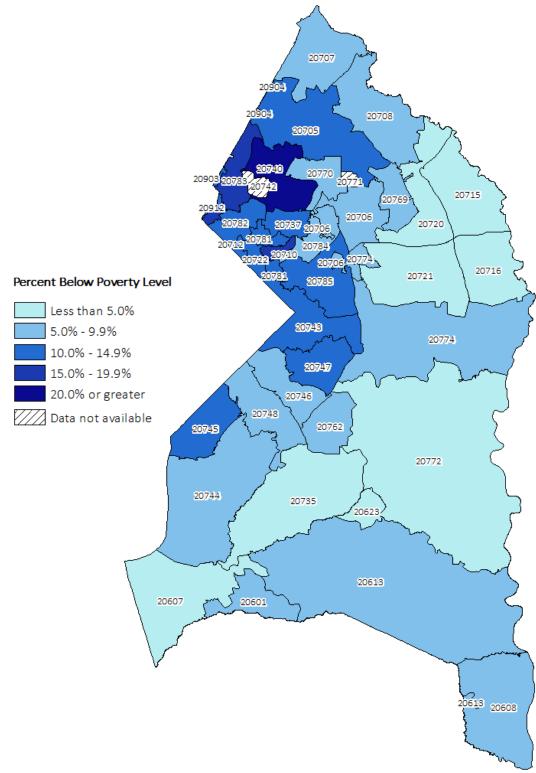
#### Family Poverty Status in the Past 12 Months, 2017

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1702



#### Poverty by Family Status and Race & Ethnicity, Prince George's County, 2017

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1702



#### Percent of Residents Living in Poverty by ZIP Code, Prince George's County, 2013-2017

Data Source: 2013-2017 American Community Survey 5-Year Estimates, Table S1701

### Percent of Residents Living in Poverty by ZIP Code, Prince George's County, 2013 - 2017

ZIP	Area	Poverty Perce	entage
20601	Waldorf		6.0%
20607	Accokeek		3.1%
20608	Aquasco		5.8%
20613	Brandywine		5.2%
20623	Cheltenham		1.6%
20705	Beltsville		10.4%
20706	Lanham		9.4%
20707	Laurel		7.5%
20708	Laurel		7.2%
20710	Bladensburg		19.4%
20712	Mount Rainier		10.7%
20715	Bowie		3.6%
20716	Bowie		4.3%
20720	Bowie		3.2%
20721	Bowie		4.7%
20722	Brentwood		12.6%
20735	Clinton		4.9%
20737	Riverdale		14.8%
20740	College Park		23.5%
20743	Capitol Heights		13.5%
20744	Fort Washington		8.5%
20745	Oxon Hill		11.7%
20746	Suitland		9.5%
20747	District Heights		10.5%
20748	Temple Hills		8.7%
20762	Andrews Air Force Base		5.4%
20769	Glenn Dale		5.6%
20770	Greenbelt		9.3%
20772	Upper Marlboro		4.5%
20774	Upper Marlboro		6.1%
20781	Hyattsville		10.4%
20782	Hyattsville		11.7%
20783	Hyattsville		15.4%
20784	Hyattsville		7.6%
20785	Hyattsville		11.8%
20903	Silver Spring		13.7%
20904	Silver Spring		8.5%
20912	Takoma Park		11.6%

Data Source: U.S. Census Bureau, 2013-2017 American Community Survey 5-Year Estimates, Table DP03

#### Food Stamp/Supplemental Nutrition Assistance Program (SNAP) Benefits

Prince George's County had a lower proportion of households receiving food stamps/ SNAP benefits in 2017 (8.6%) compared to Maryland (10.3%) and the United States (11.7%). Almost 40% of county residents receiving food stamps/SNAP have a disability and 37.9% have at least one person in the household over 60 years of age.

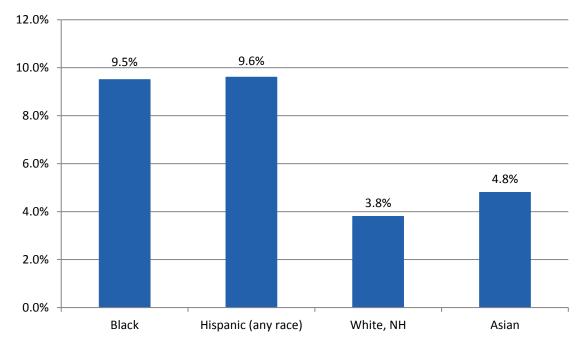
Percent of Household with Food Stamp/SNAP Benefits, 2017

	Prince George's County	Maryland	United States
Households Receiving Food Stamps/SNAP	8.6%	10.3%	11.7%

Data Source: 2017 American Community Survey 1-Year Estimates, Table S2201

Almost one in ten Hispanic (9.6%) and Black, non-Hispanic (9.5%) households received food stamps/SNAP in 2017, twice that of White, non-Hispanic (3.8%) and Asian (4.8%) households. Households receiving food stamps/SNAP across county ZIP codes ranged from 2.4% (Cheltenham) to 24.9% (Bladensburg).

Percent of Households Receiving Food Stamps/SNAP by Race and Ethnicity, Prince George's County, 2017



Data Source: 2017 American Community Survey 1-Year Estimates, Table B22005

_	unty, 2013-2017	
ZIP	Area	Percent of Households on SNAP
20601	Waldorf	6.1%
20607	Accokeek	7.8%
20608	Aquasco	6.6%
20613	Brandywine	4.9%
20623	Cheltenham	2.4%
20705	Beltsville	9.1%
20706	Lanham	10.2%
20707	Laurel	7.6%
20708	Laurel	9.3%
20710	Bladensburg	24.9%
20712	Mount Rainier	15.0%
20715	Bowie	2.6%
20716	Bowie	4.7%
20720	Bowie	3.4%
20721	Bowie	4.3%
20722	Brentwood	14.9%
20735	Clinton	6.9%
20737	Riverdale	18.6%
20740	College Park	7.5%
20743	Capitol Heights	21.2%
20744	Fort Washington	7.2%
20745	Oxon Hill	19.0%
20746	Suitland	14.6%
20747	District Heights	14.6%
20748	Temple Hills	13.8%
20762	Andrews Air Force Base	2.5%
20769	Glenn Dale	10.8%
20770	Greenbelt	9.8%
20772	Upper Marlboro	7.5%
20774	Upper Marlboro	7.0%
20781	Hyattsville	9.8%
20782	Hyattsville	10.1%
20783	Hyattsville	10.5%
20784	Hyattsville	12.8%
20785	Hyattsville	17.0%
20903	Silver Spring	15.4%
20904	Silver Spring	10.1%
20912	Takoma Park	11.3%

Percentage of Households with Food Stamp/SNAP Benefits by ZIP Code, Prince George's County, 2013-2017

Data Source: U.S. Census Bureau, 2013-2017 American Community Survey 5-Year Estimates, Table DP03

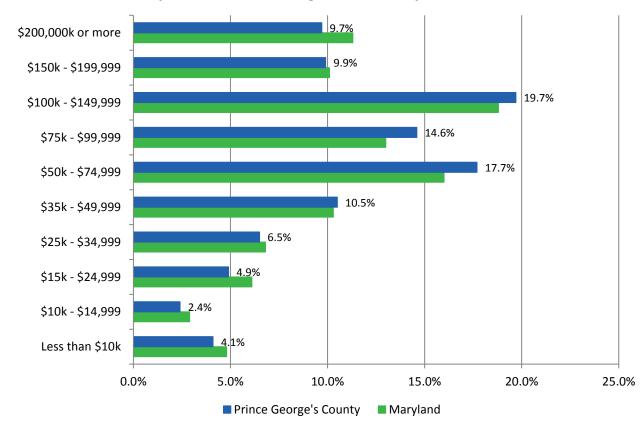
#### Income

The median household income in the County is \$81,240, exceeding both Maryland (\$80,776) and the U.S. (\$60,336). This is a noticeable increase from 2014 with a median household income of \$72,290 for the county. In 2017, almost 40% of county households make more than \$100,000 per year, similar to the state.

	Prince George's County	Maryland	United States
Median household income	\$81,240	\$80,776	\$60,336
Mean household income	\$99,417	\$106,035	\$84,525
Median family income	\$94,069	\$98,393	\$73,891
Mean family income	\$112,461	\$123,678	\$99,114

Income in the Past 12 Months (In 2017 Inflation-Adjusted Dollars)

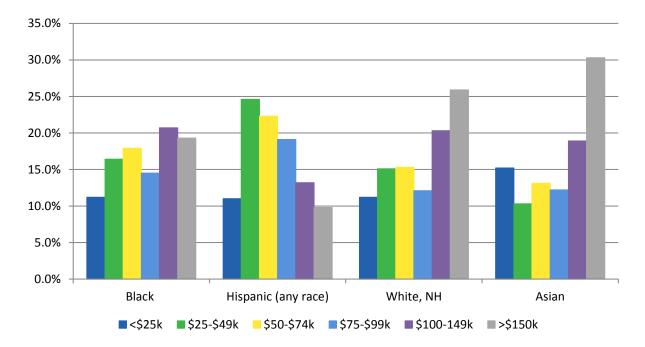
Data Source: 2017 American Community Survey 1-Year Estimates, Table S1901



#### Household Income (In 2017 Inflation-Adjusted Dollars)

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1901

By race, a higher percentage of Asian households earn below \$25,000 (15.2%) but they also comprise the highest percentage earning \$100,000 and more (49.2%). There continues to be an income disparity for Hispanic residents compared to other races and ethnicities: over one-third (35.6%) of Hispanic households earn less than \$50,000 per year.



Household Income (In 2017 Inflation-Adjusted Dollars) by Race and Ethnicity, Prince George's County

Data Source: 2017 American Community Survey 1-Year Estimates, Table B19001

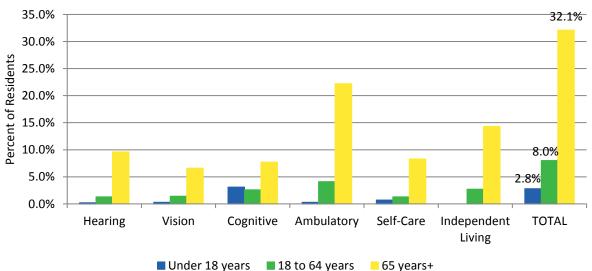
#### **Disability**

The accepted definitions of disability have changed over the past 40 years. In the 1960's and 1970's, a medical definition of disability was generally used, limited primarily to physical impairments. However, as time progressed, definitions expanded to include social and mental impairments as well as independence<sup>2</sup>. In 2017, one in ten Prince George's County residents lives with a disability, lower than the state at 11.1% and the U.S. at 12.7%. One-third of county residents over the age of 65 lives with a disability, the majority with ambulatory disabilities.

	Prince George's	Maryland	U.S.
Indicators	County		
Total individuals in poverty	9.9%	11.1%	12.7%
Male	8.7%	10.6%	12.6%
Female	10.9%	11.5%	12.8%
Age Group			
Under 18 years	2.7%	3.8%	4.2%
18 to 64 years	8.0%	9.0%	10.3%
65 years and over	32.1%	31.2%	34.6%
Race/Ethnicity			
Black	10.4%	12.0%	14.0%
Hispanic (of any race)	4.9%	6.3%	9.0%
White, non-Hispanic	14.4%	12.2%	14.0%
Asian	8.0%	6.6%	7.1%

Percent of Residents with a Disability, 2017

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1810



Percent of Residents by Disability and Age, Prince George's County, 2017

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1810

<sup>&</sup>lt;sup>2</sup> https://www.census.gov/topics/health/disability/about.html

#### **Education**

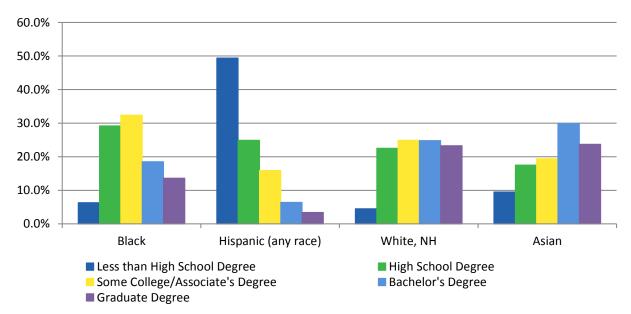
In 2017, about 87% of Prince George's County residents 25 years and older have at least a high school education, up from 85% in 2014 but lower than Maryland (90%) and the U.S. (88%). One-third of county residents have at least a bachelor's degree or higher, similar to the country; however, this lags behind the state where almost 40% have at least a bachelor's degree.

	Prince George's County (n=619,337)	Maryland (n=4,167,604)	United States (n=221,250,083)
Less than 9 <sup>th</sup> Grade	6.5%	4.0%	5.1%
9 <sup>th</sup> to 12 <sup>th</sup> Grade, No Diploma	6.4%	6.1%	6.9%
High School Graduate	26.9%	24.5%	27.1%
Some College, No Degree	21.8%	18.9%	20.4%
Associate's Degree	6.4%	6.8%	8.5%
Bachelor's Degree	18.1%	21.3%	19.7%
Graduate or Professional Degree	14.0%	18.3%	12.3%

Percent of Residents 25 Years and Older by Education, 2017

Data Source: 2017 American Community Survey 1-Year Estimates, Table S1501

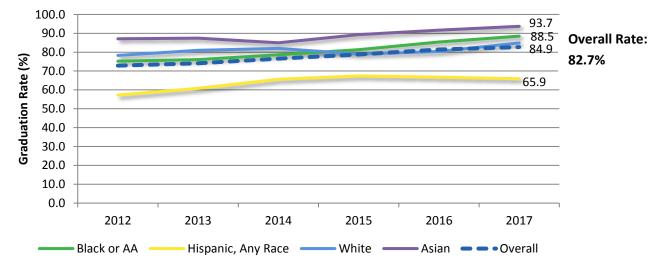




Data Source: 2017 American Community Survey 1-Year Estimates, Table B15002

Education level attainment varies across races and ethnicities in Prince George's County. Almost half of county Hispanic residents 25 years and older do not have a high school degree and less than 10% have at least a bachelor's degree. Conversely, over half of White, non-Hispanic and Asian, non-Hispanic residents 25 years and older have at least a bachelor's degree. Although most Black, non-Hispanics have at least a high school degree, less have at least a bachelor's degree compared to White, NH and Asian, NH residents.

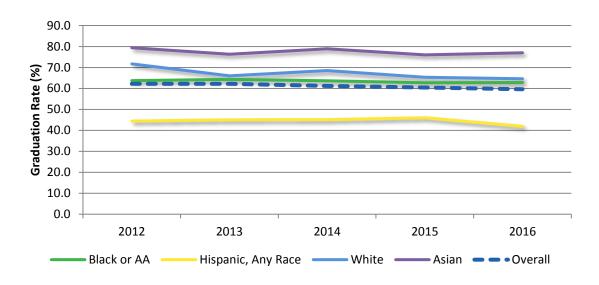
In 2017, the overall rate of graduation in Prince George's County Public Schools was 82.7%. While the overall graduation rate has increased since 2012, Hispanic students are much less likely than other race/ethnicities to complete high school in the County. Overall, the graduation rate in Prince George's County was lower compared to Maryland (87.7%) in 2017.





Data Source: 2012-2017 Maryland Report Card

Nationwide College Enrollment 16 Months Post High School by Race/Ethnicity, Prince George's County Public Schools



Data Source: 2012-2017 Maryland Report Card

Percentage of Residents Without High School or Equivalent Education by ZIP Code, Prince George's County, 2013-2017

ZIP	Area	Percent Without High School or Equivalent
20601	Waldorf	6.9%
20607	Accokeek	4.7%
20608	Aquasco	21.8%
20613	Brandywine	9.0%
20623	Cheltenham	7.1%
20705	Beltsville	16.6%
20706	Lanham	16.6%
20707	Laurel	12.3%
20708	Laurel	12.3%
20710	Bladensburg	23.3%
20712	Mount Rainier	26.4%
20715	Bowie	4.5%
20716	Bowie	5.3%
20720	Bowie	6.1%
20721	Bowie	3.1%
20722	Brentwood	33.8%
20735	Clinton	7.5%
20737	Riverdale	33.5%
20740	College Park	12.0%

20743	Capitol Heights	16.8%
20744	Fort Washington	8.5%
20745	Oxon Hill	16.6%
20746	Suitland	9.9%
20747	District Heights	10.6%
20748	Temple Hills	9.3%
20762	Andrews Air Force Base	3.0%
20769	Glenn Dale	8.0%
20770	Greenbelt	10.7%
20772	Upper Marlboro	6.2%
20774	Upper Marlboro	4.9%
20781	Hyattsville	27.6%
20782	Hyattsville	24.7%
20783	Hyattsville	45.2%
20784	Hyattsville	24.2%
20785	Hyattsville	13.8%
20903	Silver Spring	35.0%
20904	Silver Spring	9.4%
20912	Takoma Park	14.1%

Data Source: U.S. Census Bureau, 2013-2017 American Community Survey 5-Year Estimates, Table S1501

#### **Employment**

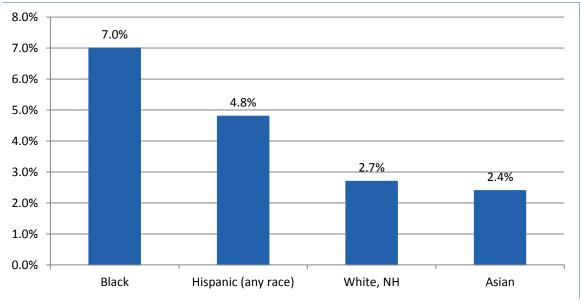
Since 2014, unemployment in Prince George's County has decreased considerably. In 2014, 9.1% of county residents were unemployed. In 2017, 5.9% of county residents were unemployed; however, the rate remains slightly higher than Maryland (5.2%) and the U.S. (5.3%). The county unemployment rate varies by education, disability status, and by race and ethnicity. One-quarter of unemployed individuals live in poverty, and over one in ten unemployed individuals have a disability. In 2017, unemployment was highest among Black residents, and lowest among Asian residents.

	Prince George's County	Maryland	United States
Population 16 years and older	5.9%	5.2%	5.3%
Below Poverty Level	24.4%	20.9%	20.9%
With Any Disability	11.6%	11.5%	11.5%
Educational Attainment (Ages 25-64 Years)			
Less than High School	5.3%	8.6%	8.0%
High School Graduate	6.6%	6.5%	5.7%
Some College or Associate's Degree	5.8%	4.4%	4.3%
Bachelor's Degree or Higher	2.5%	2.4%	2.6%

Unemployment Rate for Residents 16 Years and Older, 2017

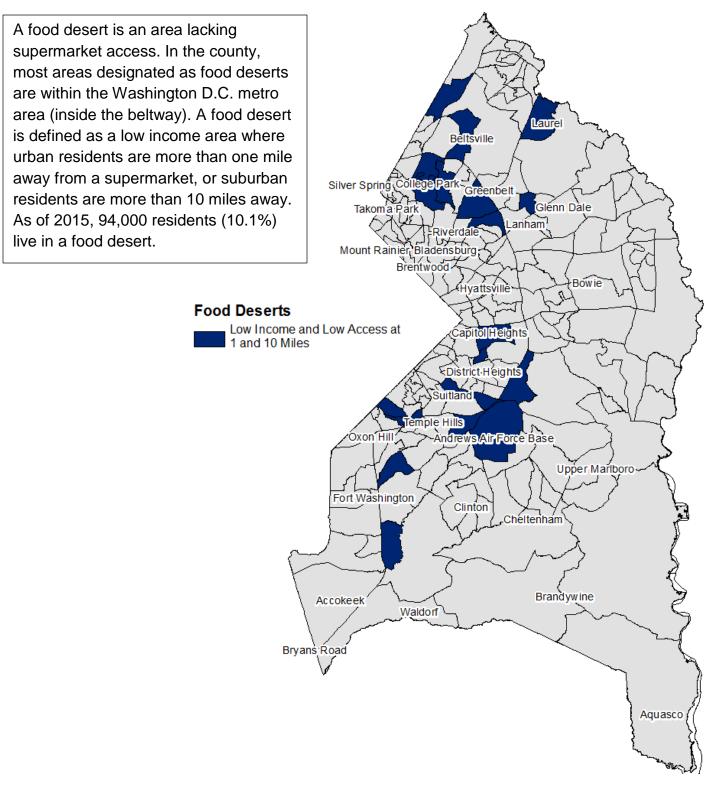
Data Source: 2017 American Community Survey 1-Year Estimates, Table S2301

#### Unemployment Rate, Prince George's County, 2017



Data Source: 2017 American Community Survey 1-Year Estimates, Table S2301

#### **Access to Food**

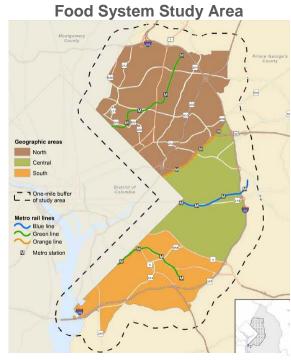


#### Food Deserts, Prince George's County, 2015

Data Source: United States Department of Agriculture, Economic Research Service, 2015 Food Access Research Atlas

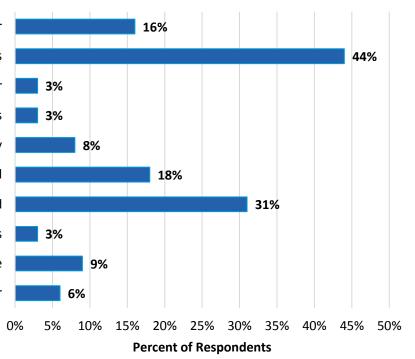
#### Prince George's County Food System Study, 2015

A 2015 food system study of the area of Prince George's County adjacent to Washington, DC, found that many residents had food access challenges related to the quality of local stores and what they carry than the physical access to food outlets. Many residents do not patronize nearby supermarkets but travel elsewhere, even to other jurisdictions, where more variety and better quality food are sold for less".<sup>3</sup> This finding was confirmed by a survey of the local food outlets that indicated small markets had limited healthy food alternative available. The study area was noted to have numerous supermarkets, but that the quality and availability of food even within the same retailer varied.



#### Food Access Challenges

Grocery stores too far Cannot find items at nearby stores Do not have access to a car No public transportation to stores No walkways/ pedestrian safety Too expensive/cannot afford Quality of food not good Lack of culturally appropriate foods Not enough time Other



<sup>&</sup>lt;sup>3</sup> Healthy Food for all Prince George's County, Maryland National Park and Planning Commission, Prince George's County Planning Department, 2015

#### Housing

Housing vacancies decreased to 6.5% in 2017 from 7.1% in 2014; vacancies in the county are lower than both Maryland (9.9%) and the U.S. (12.6%). There are fewer owner-occupied residences in the county (61.9%) compared to the state (66.7%) and the U.S. (63.9%), and about half (48.9%) of those owner-occupied housing units are married couple family households.

	Princ	e George's		Maryland		U.S.
Indicators	Ν	%	Ν	%	N	%
Total Housing Units	332,156		2,449,123		137,407,308	
						Vacancy
Occupied Housing Units	310,730	93.5%	2,207,343	90.1%	120,062,818	87.4%
Vacant Housing Units	21,426	6.5%	241,780	9.9%	17,344,490	12.6%
For Rent	6,555		46,946		2,897,808	
Occupied Housing Units						
Owner-occupied	192,427	61.9%	1,472,500	66.7%	76,684,018	63.9%
Renter-occupied	118,303	38.1%	734,843	33.3%	43,378,800	36.1%
<b>Owner-Occupied Units Hous</b>	Owner-Occupied Units Household Type					
Married couple family	137,201	48.9%	863,626	58.7%	46,121,067	60.1%
Male householder, no wife present	8,652	4.5%	58,632	4.0%	3,179,980	4.1%
Female householder, no husband present	34,399	17.9%	159,388	10.8%	6,856,495	8.9%
Nonfamily household	55,226	28.7%	390,854	26.5%	20,526,476	26.8%
Renter-Occupied Units Hous	ehold Type					
Married couple family	29,547	25.0%	188,671	25.7%	11,726,507	27.0%
Male householder, no wife present	11,849	10.0%	46,067	6.3%	2,706,681	6.2%
Female householder, no husband present	25,447	21.5%	153,446	20.9%	8,040,433	18.5%
Nonfamily household	51,460	43.5%	346,659	47.2%	20,905,179	48.2%
Average Household Size						
Owner-occupied	2.93		2.76		2.72	
Renter-occupied	2.80		2.51		2.51	
Severe Housing Problems*		20%		17%		18%

Housing Characteristics, 2017

\*Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities.

Data Source: 2017 American Community Survey 1-Year Estimates, Tables B25004, S2501, S2502, B25010; 2019 County Health Rankings

#### **Fair Market Rent**

About four in ten occupied housing units in Prince George's County are rentals. Renters in the county have a median income of \$53,774, higher than the state at \$49,902, but much lower than the median household income countywide of \$81,240. Based on the Fair Market Rent values in Prince George's County, the income to afford rent starts as \$60,160 for an efficiency, \$6,386 more than the median renter income.

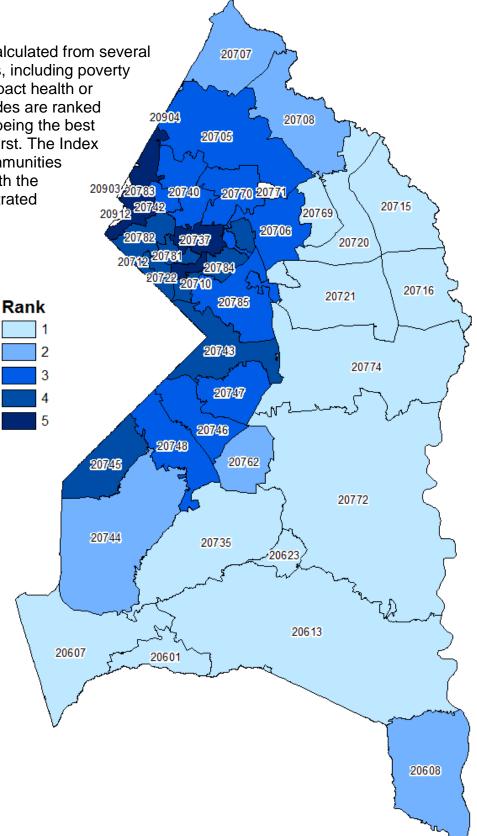
	Drings Coursels Courses	Manuland
	Prince George's County	Maryland Fair Market Rent by Unit
Efficiency	\$1,504	\$1,119
One bedroom	\$1,561	\$1,256
Two bedroom	\$1,793	\$1,510
Three bedroom	\$2,353	\$1,966
Four bedroom	\$2,902	\$2,362
	Income Needed to Afford Fair Market Rent by Unit	
Efficiency	\$60,160	\$44,776
One bedroom	\$62,440	\$50,238
Two bedroom	\$71,720	\$60,406
Three bedroom	\$94,120	\$78,631
Four bedroom	\$116,080	\$94,479
		Income of Renter
Estimated renter median income	\$53,774	\$49,902
Rent affordable for households earning the renter median income	\$1,344	\$1,248

Fair Market Rent, 2018

Data Source: National Low Income Housing Coalition, www.nlihc.org

#### **SocioNeeds Index**

The SocioNeeds Index is calculated from several social and economic factors, including poverty and education, that may impact health or access to care. The ZIP codes are ranked based on the index, with 1 being the best ranking, and 5 being the worst. The Index is calculated by Health Communities Institute<sup>4</sup>. The ZIP codes with the highest ranking are concentrated within the D.C. metro area.



<sup>4</sup> www.pgchealthzone.org



## **HEALTH INDICATORS REPORT**

### Introduction

The following report includes existing health data for Prince George's County, compiled using the most current local, state, and national sources. This report was developed to inform and support a joint Community Health Needs Assessment for the Health Department and area hospitals, and was used as part of the Prioritization Process to determine area of focus for the next three years.

#### Methods

Much of the information in this report is generated through diverse secondary data sources, including: Maryland Health Services Cost Review Commission; Maryland Vital Statistics Annual Reports, Maryland Department of Health's (MDH) Annual Cancer Reports, Behavioral Risk Factor Surveillance System (BRFSS), Centers for Disease Control and Prevention's CDC WONDER Online Database, Centers for Medicare and Medicaid Services, National Vital Statistics Reports, Maryland State Health Improvement Plan (SHIP), and the Prince George's County Health Department data website: www.pgchealthzone.org. Some of the data presented, specifically some birth and death data as well as some emergency room and hospitalization data, were analyzed by the Health Department using data files provided by Maryland MDH. The specific data sources used are listed throughout the report.

When available, state (noted as MD SHIP) and national (noted as HP 2020) comparisons were provided as benchmarks. Most topics were analyzed by gender, race and ethnicity, age group, ZIP Code, and include trends over time to study the burden of health conditions, determinants of health and health disparities.

#### Limitations

While efforts were made to include accurate and current data, data gaps and limitations exist. One major limitation is that Prince George's County residents sometimes seek services in Washington, D.C.; because this is a different jurisdiction the data for these services may be unavailable (such as Emergency Room visits and hospitalizations). Another major limitation is that the diversity of the county is often not captured through traditional race and ethnicity. The county has a large immigrant population, but data specific to this population is often not available related to health issue. Data with small numbers can also be difficult to analyze and interpret and should be viewed carefully.

Also of note, the 2017 methodology for identifying ED visits and inpatient hospitalizations was based on the ICD-10 diagnosis coding system, instituted on October 1, 2015. Unfortunately, mapping between ICD-9 diagnosis codes (in use during the 2016 CHA analyses) and the ICD-10 is not one-to-one; therefore, comparability may be limited between the previous CHA and this publication.

## **Definitions**

**Crude Rate -** The total number of cases or deaths divided by the total population at risk. Crude rate is generally presented as rate per population of 1,000, 10,000 or 100,000. It is not adjusted for the age, race, ethnicity, sex, or other characteristics of a population.

**Age-Adjusted Rate** - A rate that is modified to eliminate the effect of different age distributions in the population over time, or between different populations. It is presented as a rate per population of 1,000, 10,000 or 100,000.

**Frequency** - Often denoted by the symbol "n", frequency is the number of occurrences of an event.

**Health Disparity -** Differences in health outcomes or health determinants that are observed between different populations. The terms health disparities and health inequalities are often used interchangeably.

**Health People 2020 (HP 2020)** – Healthy People 2020 is the nation's goals and objectives to improve citizens' health. HP2020 goals are noted throughout the report as a benchmark.

**Incidence Rate -** A measure of the frequency with which an event, such as a new case of illness, occurs in a population over a period of time.

**Infant Mortality Rate -** Defined as the number of infant deaths per 1,000 live births per year. Infant is defined as being less than one year of age.

**Maryland SHIP (MD SHIP)** – Maryland's State Health Improvement Plan is focused on improving the health of the state; measures for the SHIP areas are included throughout the report as a benchmark.

**Prevalence Rate -** The proportion of persons in a population who have a particular disease or attribute at a specified point in time (point prevalence) or over a specified period of time (period prevalence).

#### **Racial and Ethnic Groups:**

**Black or African American** - A person having origins in any of the black racial groups of Africa.

**Hispanic or Latino** - A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race.

**White -** A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.

**Asian** - A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, Vietnam etc.

**American Indian or Alaska Native** - A person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment.

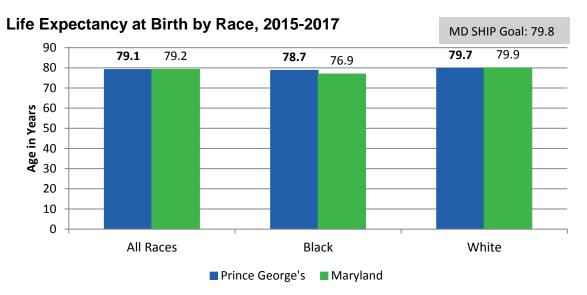
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## **Health Status Indicators**

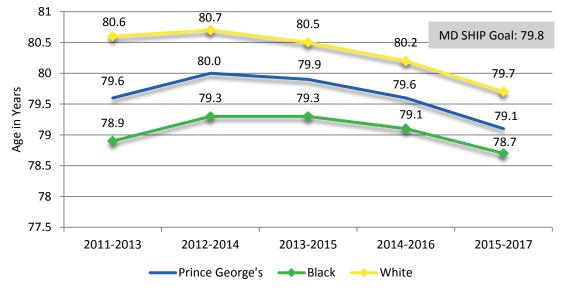
### Life Expectancy

As of 2017, a Prince George's County resident is expected to live 79.1 years, similar to the 79.2 years for any Maryland resident. Although the Maryland SHIP goal of 79.8 years was met in 2014, life expectancy in the county and state has declined. This is also a national trend, with a life expectancy in 2017 of 78.6 years, down from 78.9 years in 2014.



**Data Source**: Mortality in the United States, 2017, Centers for Disease Control and Prevention, National Center for Health Statistics; Maryland Vital Statistics Annual Report 2017, Maryland Department of Health, Vital Statistics Administration





Data Source: Maryland Vital Statistics Annual Report 2013-2017, Maryland Department of Health, Vital Statistics Administration

### **Mortality**

From 2015-2017, 17,825 deaths occurred among Prince George's County residents. Almost half of all deaths in the county were due to heart disease or cancer. The ageadjusted death rate for the county was lower than both Maryland and the United States. However, for the leading causes of death the county's age-adjusted mortality rates are higher than Maryland and the U.S. for heart disease, stroke, diabetes, septicemia, nephritis, homicide, hypertension, and perinatal conditions.

J	Prince G County	-	Age-Adjusted Death Rates per 100,000 Population		Healthy People		
Cause of Death	Number	Percent	Prince George's	Maryland	U.S.	2020 Target	Maryland SHIP Goal
All Causes	17,825	100%	692.1	713.8	731.2		
Heart Disease	4,328	24.3%	168.9	166.0	166.3		166.3
Cancer	4,191	23.5%	154.1	154.3	155.5	161.4	147.4
Stroke	1,005	5.6%	41.6	39.3	41.0	34.8	
Accidents	799	4.5%	29.4	34.1	46.7	36.4	
Diabetes	681	3.8%	26.3	19.4	21.2	66.6	
CLRD*	506	2.8%	20.6	30.4	41.0		
Nephritis	369	2.1%	14.5	12.1	13.2		
Influenza and Pneumonia	350	2.0%	14.5	15.6	14.3		
Septicemia	339	1.9%	13.2	13.0	10.7		
Alzheimer's	330	1.9%	15.3	17.0	30.3		
Homicide	318	1.8%	11.6	10.2	6.0	10.2	9.0
Hypertension	295	1.7%	11.8	8.0	8.7	5.5	
Perinatal Conditions	177	1.0%	6.9	5.0	4.0	3.3	

#### Leading Causes of Death, 2015-2017

\*CLRD=Chronic Lower Respiratory Disease, includes both chronic obstructive pulmonary disease and asthma

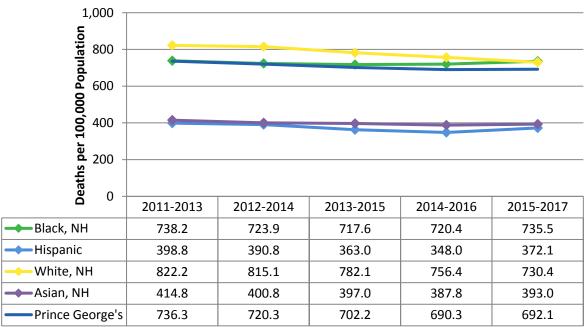
Overall, Black non-Hispanic (NH) male residents have the highest age-adjusted death rate in the county, but lower than in Maryland and the U.S.

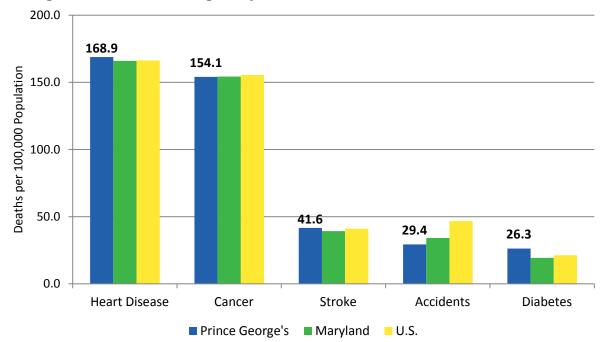
Race and Ethnicity	Prince George's County	Maryland	U.S.
Black, non-Hispanic	735.5	820.7	880.0
Male	905.3	1038.9	1078.2
Female	614.1	664.7	731.0
Hispanic, any race	372.1	334.9	525.2
Male	433.1	380.2	630.8
Female	316.9	291.1	436.2
White, non-Hispanic	730.4	721.1	752.4
Male	862.7	850.1	881.9
Female	615.8	612.4	641.3
Asian, non-Hispanic	393.0	336.3	395.3
Male	495.8	393.3	468.5
Female	321.7	289.2	337.7
All Races and Ethnicities	692.1	713.8	731.2
Male	838.0	853.8	862.8
Female	581.0	600.4	620.4

Age-Adjusted Death Rate per 100,000 by Race, Ethnicity, and Sex, 2015-2017

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

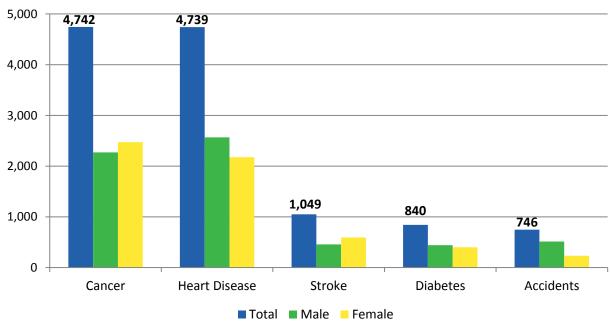
## Age-Adjusted Death Rate per 100,000 for All Causes of Death by Race and Ethnicity, Prince George's County, 2011-2017



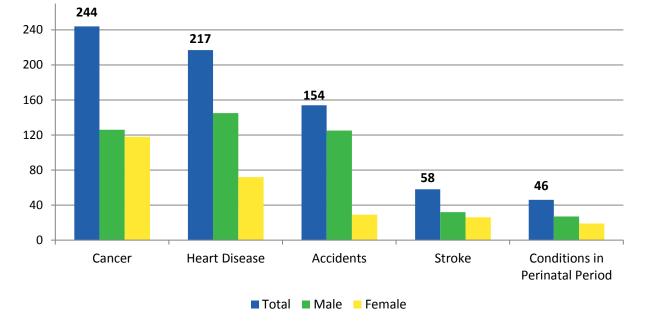


#### Leading Causes of Death, Age-Adjusted Rates, 2015-2017

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

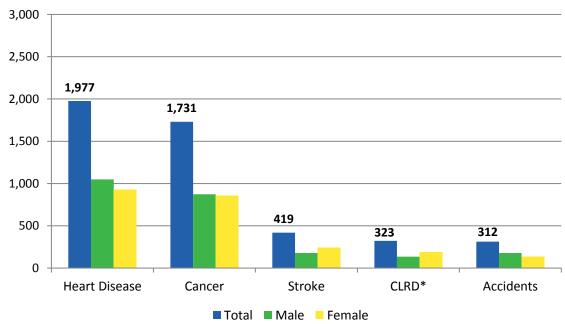


## Leading Causes of Death for Black Non-Hispanic Residents, Prince George's County, 2013-2017 (N=19,310)



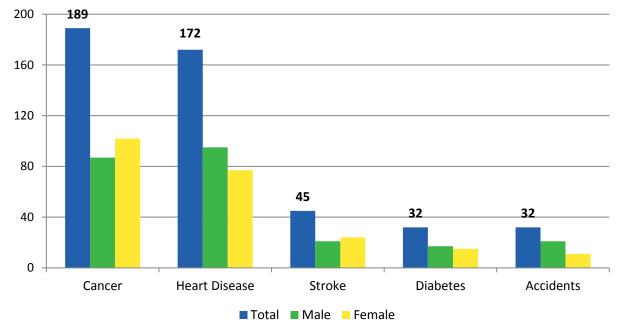
### Leading Causes of Death for Hispanic Residents (of Any Race), Prince George's County, 2013-2017 (N=1,210)

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database



### Leading Causes of Death for White Non-Hispanic Residents, Prince George's County, 2013-2017 (N=7,710)

\*CLRD=Chronic Lower Respiratory Disease, includes both chronic obstructive pulmonary disease and asthma **Data Source**: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database



### Leading Causes of Death for Asian Non-Hispanic Residents, Prince George's County, 2013-2017 (N=731)

While the leading cause of death by race and Hispanic ethnicity is consistently heart disease and cancer, there is variation for the remaining causes. For White non-Hispanic (NH), Black NH, and Asian NH residents the third leading cause of death is stroke, but for Hispanic residents it is accidents. Diabetes is a leading cause of death for both Black NH and Asian NH residents, while perinatal period conditions are included in the five leading causes of death for Hispanic residents and chronic lower respiratory diseases (CLRD) are included in the five leading causes of death for White NH residents.

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

### **Emergency Department (ED) Visits**

County resident ED Visits to Maryland hospitals have decreased by 6.5% since 2014 (251,411 visits compared to 235,101 in 2017).

	Number of ED Visits	Age-Adjusted Rate per 1,000 Population
Race/Ethnicity		
Black, non-Hispanic	135,960	242.7
Hispanic	26,116	160.8
White, non-Hispanic	20,221	165.8
Asian, non-Hispanic	1,845	46.5
Sex		
Male	97,829	222.3
Female	137,269	287.6
Age		
Under 18 Years	32,680	160.7
18 to 39 Years	90,010	310.5
40 to 64 Years	77,590	256.4
65 Years and Over	34,821	297.7
Total	235,101	255.8

#### Emergency Department Visits\*, Prince George's County, 2017

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

### Emergency Department Visits\* by Diagnosis, Prince George's County, 2017

	Principal Diagnosis	Frequency	Percent of Visits
1	Sprains and strains	14,091	6.0%
2	Chest pain	12,546	5.3%
3	Abdominal pain	11,144	4.7%
4	Upper respiratory infections	10,076	4.3%
5	Back pain	9,793	4.2%
6	Superficial injury or contusion	8,867	3.8%
7	Urinary tract infection	6,249	2.7%
8	Injuries due to external causes	6,010	2.6%
9	Headache, including migraine	5,990	2.6%
10	Other connective tissue disease	5,685	2.4%

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

### **Hospital Admissions**

### Hospital Inpatient Visits\* (Admissions), Prince George's County, 2017

	Number of Hospitalizations	Age-Adjusted Rate per 1,000 Population
Race/Ethnicity		
Black, non-Hispanic	41,058	75.2
Hispanic	8,561	57.0
White, non-Hispanic	10,199	68.8
Asian, non-Hispanic	1,402	37.8
Sex		
Male	26,236	62.6
Female	38,762	79.9
Age		
Under 18 Years	9,794	48.2
18 to 39 Years	16,300	56.2
40 to 64 Years	18,224	60.2
65 Years and Over	20,680	176.8
Total	64,998	70.9

\* Inpatient Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Inpatient Data File 2017, Maryland Health Services Cost Review Commission

## Hospital Inpatient Visits\* (Admissions) by Diagnosis, Prince George's County, 2017

		_	_
	Principal Diagnosis	Frequency	Percent
1	Live Birth	9,049	13.9%
2	Septicemia (except in labor)	3,661	5.6%
3	Hypertension with complications	2,796	5.3%
4	Other complications of birth	2,154	3.3%
5	Mood disorders	1,546	2.4%
6	Acute cerebrovascular disease	1,529	2.4%
7	Osteoarthritis	1,471	2.3%
8	Diabetes with complications	1,379	2.1%
9	C-section	1,293	2.0%
10	Schizophrenia and other psychotic disorders	1,211	1.9%

\* Inpatient Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Inpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

### **Access to Health Care**

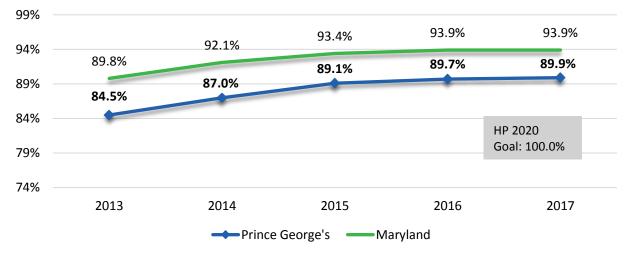
The percentage of residents with health insurance increased in Prince George's County following the implementation of the major provisions of the Affordable Care Act (ACA) in 2014. However, an estimated 91,565 residents remained uninsured as of 2017. By age, residents ages 26 to 34 years were least likely be be insured with one in four lacking health insurance.

#### **Residents with Health Insurance, 2017**

HP 2020 Goal: 100.0%	Prince George's	Maryland
Race/Ethnicity		
Black	92.4%	92.5%
Hispanic	66.8%	75.5%
White, non-Hispanic	94.6%	95.9%
Asian	89.3%	91.6%
Sex		
Male	85.7%	91.4%
Female	90.3%	93.8%
Age Group		
Under 19 Years	93.7%	96.2%
19 to 25 Years	83.6%	88.1%
26 to 34 Years	76.2%	85.6%
35 to 44 Years	80.1%	88.6%
45 to 54 Years	88.2%	92.0%
55 to 64 Years	91.9%	94.1%
65 Years and Older	98.6%	99.1%
Total	89.9%	93.9%

Data Source: 2017 American Community Survey 5-Year Estimates, Table S2701

#### Residents with Health Insurance, 2013-2017



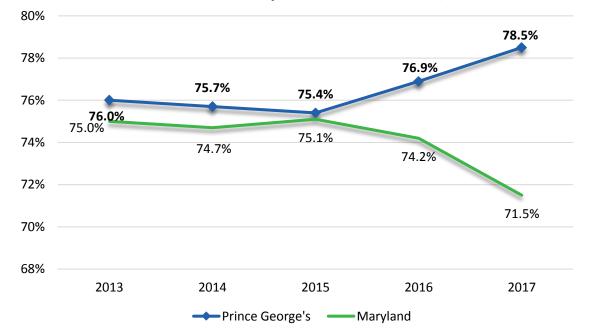
Data Source: 2017 American Community Survey 1-Year Estimates, Table S2701

Demographic	Prince George's	Maryland
Race/Ethnicity		
Black, non-Hispanic	81.4%	79.0%
Hispanic	70.9%	62.6%
White, non-Hispanic	72.8%	67.4%
Sex		
Male	74.7%	67.6%
Female	82.9%	75.2%
Age Group		
18 to 44 Years	72.2%	63.3%
45 to 64 Years	83.6%	76.9%
Over 65 Years	89.2%	87.5%
Total	78.5%	71.5%

#### Adults who had a Routine Checkup Within the Last Year, 2017

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019

More county adults reported having a routine checkup within the last 2 years (90.1%) compared to Maryland (86.0%). By race, Black, NH residents were more likely to report having a routine checkup (95.2%) within the county.



#### Adults who had a Routine Checkup Within the Last Year, 2013-2017

**Data Source**: 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

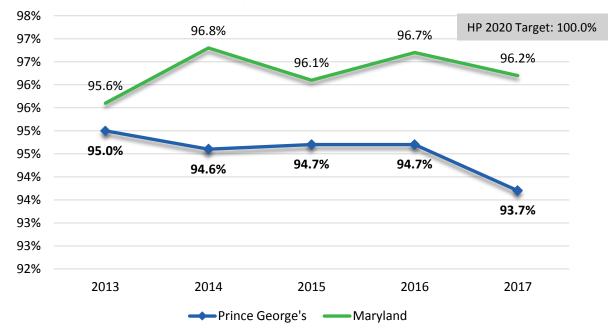
#### Children with Health Insurance, 2017

HP 2020 Target: 100.0%	Prince George's	Maryland
Race/Ethnicity		
Black	95.7%	96.4%
Hispanic	91.5%	88.5%
White, non-Hispanic	95.6%	97.5%
Asian	94.8%	95.6%
Sex		
Male	94.1%	96.4%
Female	93.3%	96.0%
Age Group		
Under 6 Years	95.5%	96.6%
6 to 18 Years	92.8%	96.0%
Total	93.7%	96.2%

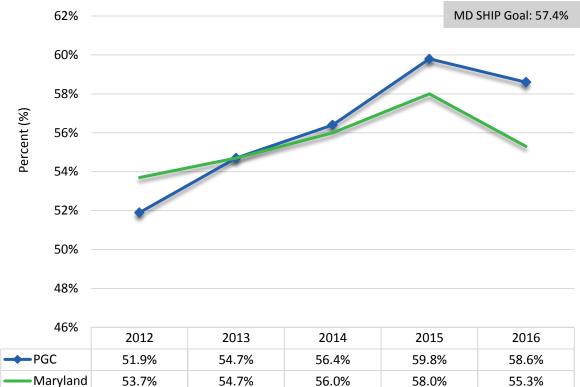
Data Source: 2017 American Community Survey 1-Year Estimates, Table S2701

The estimated percentage of children with health insurance in the county decreased in 2017 to 93.7%. By race and ethnicity, Hispanic children within the county are less likely to have health insurance.

Children with Health Insurance, 2013-2017



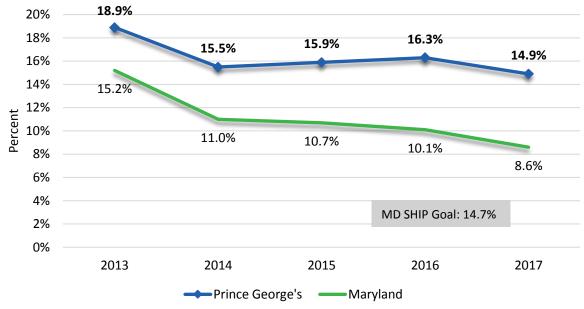
Data Source: 2017 American Community Survey 1-Year Estimates, Table S2701



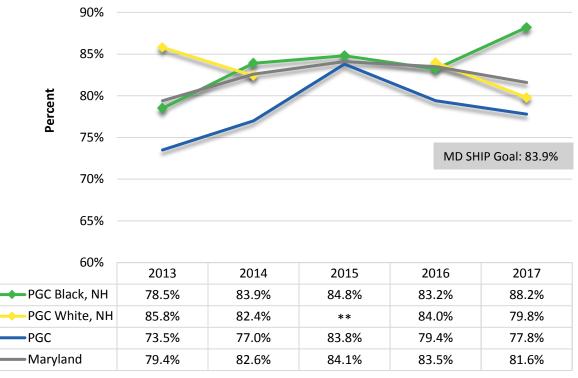
## Adolescents Enrolled In Medicaid\* Who Received a Wellness Checkup in the Last Year, 2012-2016

\*Number of adolescents aged 13 to 20 years enrolled in Medicaid for at least 320 days **Data Source:** Maryland Medicaid Service Utilization

#### Uninsured Emergency Department Visits, 2013-2017



Data Source: Maryland Health Services Cost Review Commission (HSCRC) Research Level Statewide Outpatient Data Files



#### Residents with a Usual Primary Care Provider, 2013-2017

\*\* White, NH data for 2015 not presented due to small number of events.

**Data Source**: 2013-2017 Maryland Behavior Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

Prince George's County meets the national benchmark ofr 2,000 residents for every 1 primary care physician; however, the county has a much higher ratio compared to the state.

#### **Resident to Provider Ratios**

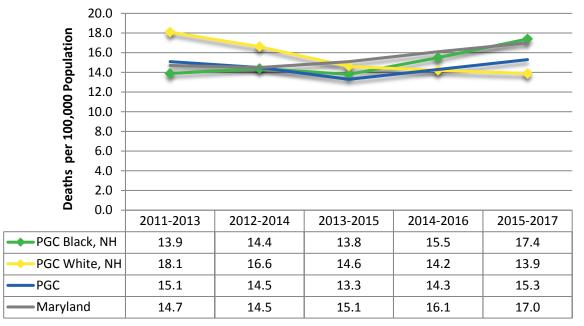
	Prince George's County Ratio	Maryland Ratio	Top U.S. Counties (90 <sup>th</sup> percentile)
Primary Care Physicians (2015)	1,910:1	1,140:1	1,030:1
Dentists (2016)	1,650:1	1,320:1	1,280:1
Mental Health Providers (2017)	890:1	460:1	330:1

Data Source: 2018 County Health Rankings, <u>www.countyhealthrankings.org</u>

### **Diseases and Conditions**

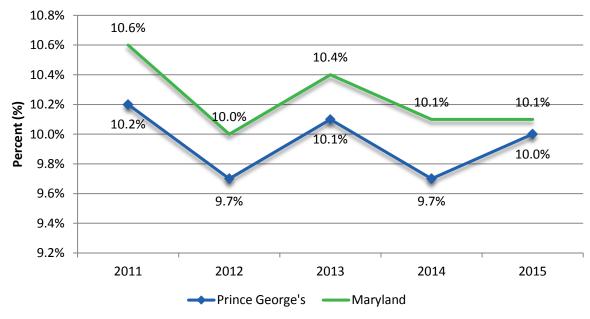
### **Alzheimer's Disease**

#### Age-Adjusted Death Rate per 100,000 for Alzheimer's Disease 2013-2017



\* Residents of Hispanic Origin and Asian/Pacific Islanders were not included due to insufficient numbers Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

### Percentage of Medicare Beneficiaries Treated for Alzheimer's Disease or Dementia, 2011-2015



Data Source: Centers for Medicare and Medicaid Services

### Cancer

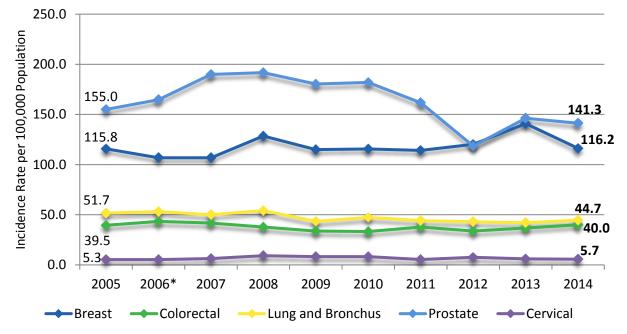
Overview	
What is it?	Cancer is a term used for diseases in which abnormal cells divide without control and can invade other tissues; there are more than 100 kinds of cancer.
Who is affected?	In 2014, 3,602 residents were diagnosed with cancer in the county, and the cancer incidence rate was 397.0 per 100,000 residents. In 2014, there were 1,417 deaths from cancer in the county, which accounted for one out of every four deaths. Prostate and breast cancer are the most common types of cancer in the county, and in 2014 accounted for 34% of all new cancer cases. Overall, Black residents have the highest age-adjusted rate for new cancer cases and the highest age-adjusted death rate due to cancer. Lung and bronchus cancer has the highest age-adjusted death rate for county residents, followed by prostate cancer.
Prevention and Treatment	<ul> <li>According to the CDC, there are several ways to help prevent cancer:</li> <li>Healthy choices can reduce cancer risk, like avoiding tobacco, limiting alcohol use, protecting your skin from the sun and avoiding indoor tanning, eating a diet rich in fruits and vegetables, keeping a healthy weight, and being physically active.</li> <li>The human papillomavirus (HPV) vaccine helps prevent most cervical cancers and several other kinds of cancer; the hepatitis B vaccine can lower liver cancer risk.</li> <li>Screening for cervical and colorectal cancers helps prevent these diseases by finding precancerous lesions so they can be treated before they become cancerous. Screening for cervical, colorectal, and breast cancers also helps find these diseases at an early stage, when treatment works best.</li> <li>Cancer treatment can involve surgery, chemotherapy, radiation therapy, targeted therapy, and immunotherapy.</li> </ul>
What are the outcomes?	Remission (no cancer signs or symptoms); long-term treatment and care; death.
Disparity	Overall, men had a higher age-adjusted cancer incidence rate per 100,000 (441.5) than women (369.2), and Black residents had a higher rate (397.2) compared to White resdients in 2014 (389.3). Cancer mortality rates for Black, non-Hispanic (NH) were the highest (163.3) compared to other race/ethnicities. In 2014, men had a higher cancer mortality rate at 199.4 compared to women (149.9). By cancer site, Black residents in the county had higher incidence and mortality rates for breast and prostate cancers.
How do we compare?	Prince George's County 2014 age-adjusted cancer incidence rate was 397.0 per 100,000 residents, much lower than the state at 440.2; other Maryland counties range from 368.8 (Montgomery) to 549.5 (Wicomico). The age-adjusted death rate for the county from 2015-2017 was 154.1, similar to Maryland at 154.3. The county is similar to the state for cancer screening for breast, cervical and prostate cancers.

Overall, Prince George's County age-adjusted cancer incidence rate is less than Maryland and the U.S, and for most leading types of cancer. Prostate cancer incidence remained higher in Prince George's County (149.2 cases per 100,000) compared to Maryland (125.4 cases per 100,000) and the U.S. (116.1 cases per 100,000).

Site	Prince George's	Maryland	United States	HP 2020 Goal
All Sites	396.5	443.4	454.9	
Breast (Female)	121.7	129.2	124.1	
Colorectal	36.3	36.7	40.0	39.9
Male	42.8	41.8	46.0	
Female	31.6	32.7	34.9	
Lung and Bronchus	44.2	56.6	61.5	
Male	52.7	64.6	73.0	
Female	38.0	50.7	52.9	
Prostate	149.2	125.4	116.1	
Cervical	6.6	6.4	7.6	7.2

#### Cancer Age-Adjusted Incidence Rates per 100,000 Population by Site, 2010-2014

**Data Source**: Maryland Department of Health, Annual Cancer Report, 2017; CDC National Center for Health Statistics, CDC WONDER Online Database



#### Cancer Age-Adjusted Incidence Rates by Site, Prince George's County, 2005-2014

\*2006 incidence rates are lower than actual due to case underreporting **Data Source**: Maryland Department of Health, Annual Cancer Reports

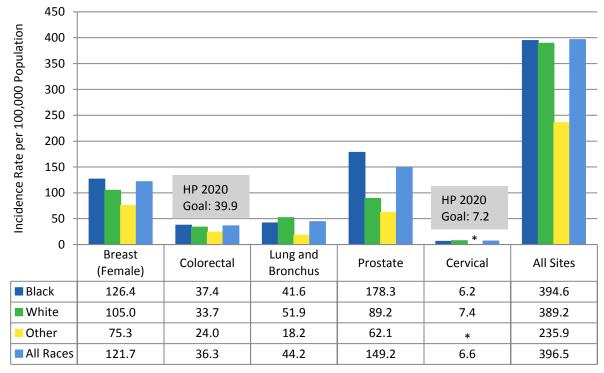
			-	Lung and		
Year	All Sites	Breast	Colorectal	Bronchus	Prostate	Cervical
2005	386.3	115.8	39.5	51.7	155.0	5.3
2006*	364.4	106.8	43.4	53.0	164.7	5.3
2007	409.8	106.8	41.7	50.1	189.9	6.3
2008	429.1	128.6	37.7	54.2	191.7	9.2
2009	387.6	115.0	33.7	43.3	180.4	8.2
2010	403.5	115.6	33.3	47.4	182.0	8.2
2011	390.0	114.2	37.7	44.2	161.7	5.4
2012	376.7	120.3	33.7	43.1	118.5	7.6
2013	414.5	140.9	36.8	42.0	146.3	6.1
2014	397.0	116.2	40.0	44.7	141.3	5.7

#### Cancer Age-Adjusted Incidence Rates by Site, Prince George's County, 2005-2014

\*2006 incidence rates are lower than actual due to case underreporting

Data Source: Maryland Department of Health, Annual Cancer Reports



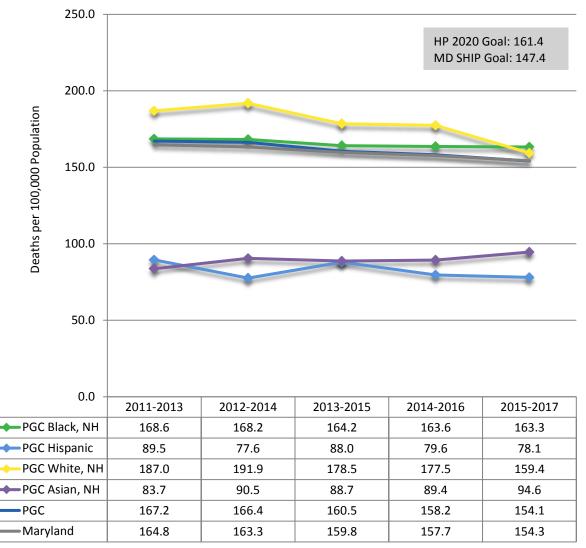


\*Age-adjusted incidence rate unavailable due to small number of cases

Data Source: Maryland Department of Health, Annual Cancer Report, 2017

Individuals of Hispanic origin were included within the White or Black estimates and are not listed separately

Deaths due to cancer decreased in the county by nearly 8% from 2011-2013 to 2015-2017; meeting the Healthy People 2020 Goal of a cancer death rate of 161.4. Black, non-Hispanic (NH) residents have the highest age-adjusted death rate due to cancer at 163.3, followed by White, non-Hispanic (NH) residents at 159.4. Hispanic residents have the lowest death rate due to cancer in the county, at 78.1.

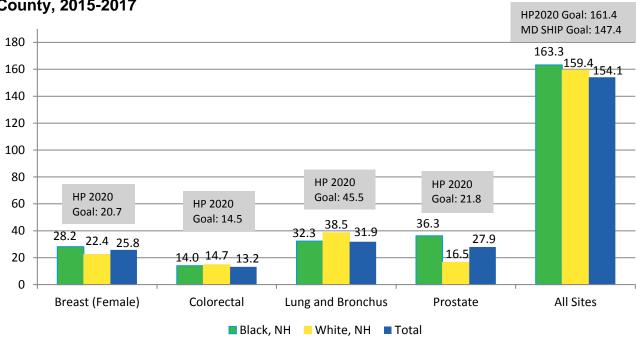


### Age-Adjusted Death Rate per 100,000 for Cancer by Race and Ethnicity, Prince George's County, 2011-2017

			United	HP 2020	MD SHIP
Site	Prince George's	Maryland	States	Goal	2017 Goal
All Sites	154.1	154.3	155.5	161.4	147.4
Breast (Female)	25.8	21.5	20.1	20.7	
Colorectal	13.2	13.9	13.9	14.5	
Male	16.5	16.3	16.5		
Female	10.9	12.0	11.9		
Lung and Bronchus	31.9	37.0	38.5	45.5	
Male	38.0	44.1	46.8		
Female	27.3	31.8	32.0		
Prostate	27.9	20.3	18.9	21.8	
Cervical	2.6	1.9	2.2	2.2	

#### Cancer Age-Adjusted Death Rates per 100,000 by Site and Sex, 2015-2017

Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database; MDH Maryland SHIP <u>http://ship.md.networkofcare.org/ph/</u>; Healthy People 2020 https://www.healthypeople.gov/



### Cancer Age-Adjusted Death Rates by Race\* and Hispanic Origin, Prince George's County, 2015-2017

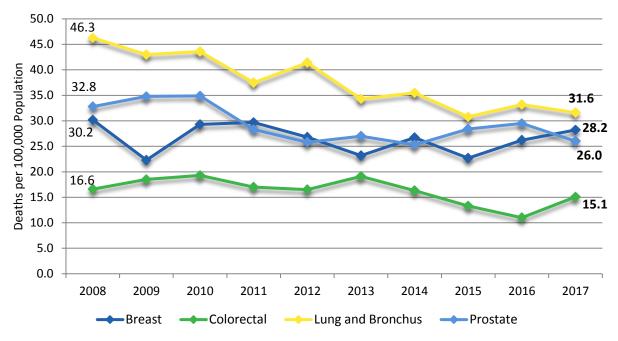
\* Asian/Pacific Islander and Hispanic resdients were not included due to insufficient numbers; Cervical cancer age-adjusted rates not shown by race due to insufficient numbers

Year	All Sites	Breast (Female only)	Colorectal	Lung and Bronchus	Prostate
2008	184.9	30.2	16.6	46.3	32.8
2009	178.8	22.3	18.5	43.0	34.8
2010	182.4	29.3	19.3	43.6	34.9
2011	171.3	29.7	17.0	37.5	28.3
2012	168.4	26.8	16.5	41.4	25.8
2013	162.1	23.2	19.1	34.3	27.0
2014	168.4	26.7	16.3	35.5	25.3
2015	151.3	22.7	13.3	30.8	28.4
2016	155.4	26.2	11.0	33.2	29.5
2017	155.7	28.2	15.1	31.6	26.0

Cancer Age-Adjusted Death Rates per 100,000 by Site\*, Prince George's County, 2008-2017

\* Cervical cancer statistics not included due to insufficient numbers.

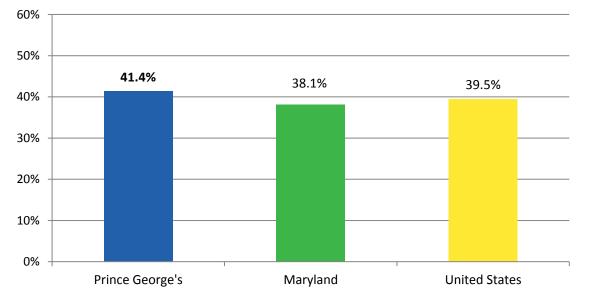
Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database



#### Cancer Age-Adjusted Death Rates by Site, Prince George's County, 2008-2017

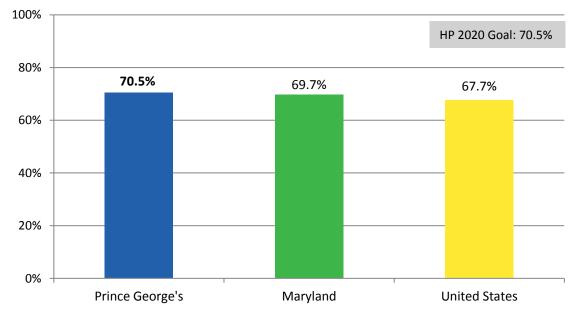
#### **Cancer Screening**

In 2016, Prince George's County had slightly higher cancer screening rates compared to the state and nation for prostate, colorectal, and breast cancers, and slightly lower screening rate for cervical cancer.



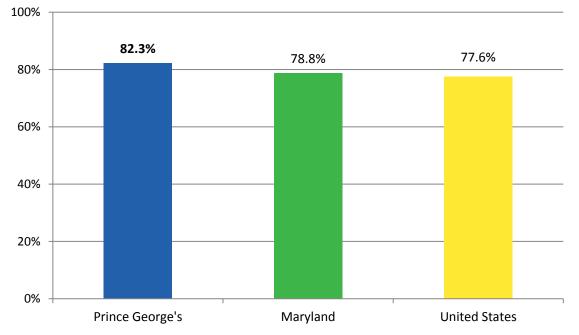
Men (40 years+) With a Prostate-Specific Antigen Test in the Past Two Years, 2016

**Data Source**: 2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019; CDC National Center for Chronic Disease Prevention Health Promotion, Division of Public Health, BRFSS



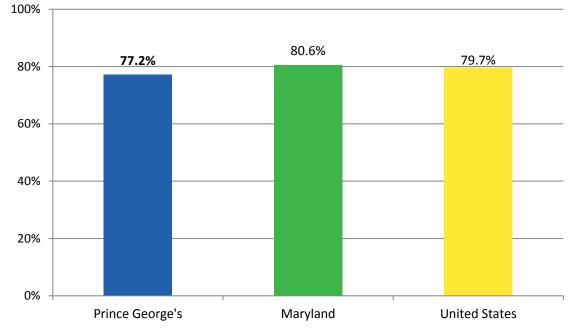
### Men and Women (50 – 75 years) Fully Meeting Colorectal Cancer Screening Recommendation, 2016

**Data Source**: 2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019; CDC National Center for Chronic Disease Prevention Health Promotion, Division of Public Health, BRFSS



Women (50+ years) who had a Mammography in the Past 2 Years, 2016

**Data Source**: 2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019; CDC National Center for Chronic Disease Prevention Health Promotion, Division of Public Health, BRFSS



Women (21-65 years) who had a Pap Smear in the Past Three Years, 2016

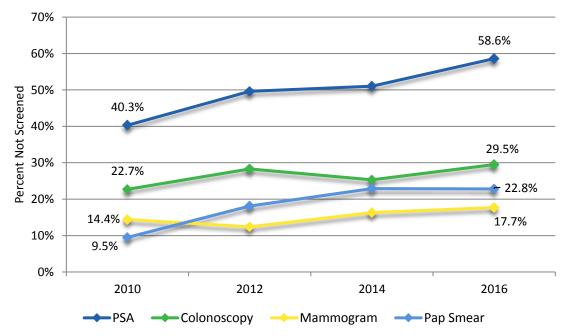
**Data Source**: 2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019; CDC National Center for Chronic Disease Prevention Health Promotion, Division of Public Health, BRFSS

Cancer		Total	Percentage not	Estimated Population not
Screening	Target Group	Population	Screened	Screened
Prostate Specific Antigen (PSA) in past 2 years	Men 40 years and above	186,282	58.6%	109,161
Colorectal Cancer Screening	Men and women 50 - 75 years	251,357	29.5%	74,150
Mammography in past 2 years	Women 50 years and above	163,232	17.7%	28,892
Pap Smear in past 3 years	Women 21 - 65 years	291,708	22.8%	66,509

### Population Not Screened for Selected Cancer, Prince George's County, 2016

**Data Source**: 2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019; 2016 1-Year Estimates, U.S. Census Bureau, Table B01001 www.census.gov

## Population Not Screened for Selected Cancers, Prince George's County, 2010-2016



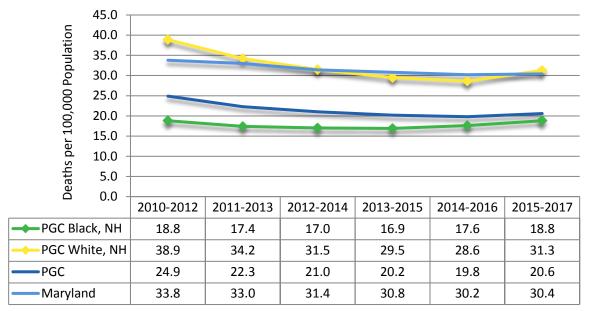
**Data Source**: 2010-2016 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

### **Chronic Lower Respiratory Disease (CLRD)**

CLRD are diseases that affect the lungs, which includes COPD (chronic obstructive pulmonary disease) and asthma. COPD consists of emphysema which means the air sacs in the lungs are damaged, and chronic bronchitis where the lining of the lungs are red and swollen and become clogged with mucus. Cigarette smoking is the main cause of COPD, and is strongly associated with lunch cancer. Asthma is a disease that also affects the lungs that is commonly is diagnosed in childhood. Asthma is described further below:

Asthma Ove	erview
What is it?	Asthma is a chronic disease involving the airways that allow air to come in and out of the lungs. Asthma causes airways to always be inflamed; they become even more swollen and the airway muscles can tighten when something triggers your symptoms: coughing, wheezing, and shortness of breath.
Who is affected?	13.3% (64,354) of adults are estimated to have asthma (MD 2017 BRFSS) and 13.9% (33,294) of children are estimated to have asthma (MD 2013 BRFSS).
Prevention and Treatment	Asthma cannot be prevented and there is no cure, but steps can be taken to control the disease and prevent symptoms: use medicines as your doctor prescribes and try to avoid triggers that make asthma worse. (NHLBI.NIH.gov; AAAAI.org)
What are the outcomes?	People with asthma are at risk of developing complications from respiratory infections like influenza and pneumonia. Asthma complications can be severe and include decreased ability to exercise, lack of sleep, permanent changes in lung function, persistent cough, trouble breathing, and death (NIH.gov).
Disparity	The age-adjusted emergency department (ED) visit rate for asthma was 2.5 times higher for Black, non-Hispanic residents compared to White, non-Hispanic and Hispanic residents in 2017. The rate of ED visits for asthma decreased with age. For adults (18 years of age and older), age-adjusted hospitalization rates for asthma were highest for females (compared to males) and Black residents (compared to other races). Among children, Asian/Pacific Islanders had the highest age-adjusted hospitalization rate (33.2 per 10,000), followed by American Indian and Alaskan Native residents (26.4). Higher ED visit and hospitalization rates in 2017 were mostly concentrated around the Washington, D.C. border.
How do we compare?	While 13.3% of adult county residents have asthma, other Maryland counties range from 5.9% to 22.3%; the state overall is 15.5% (2017 MD BRFSS) and the U.S. is at 14.2% (2017 BRFSS).

## Age-Adjusted Death Rate per 100,000 for Chronic Lower Respiratory Disease (CLRD) by Race and Ethnicity, 2010-2017



\* Residents of Hispanic Origin and Asian/Pacific Islanders were not included due to insufficient numbers Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

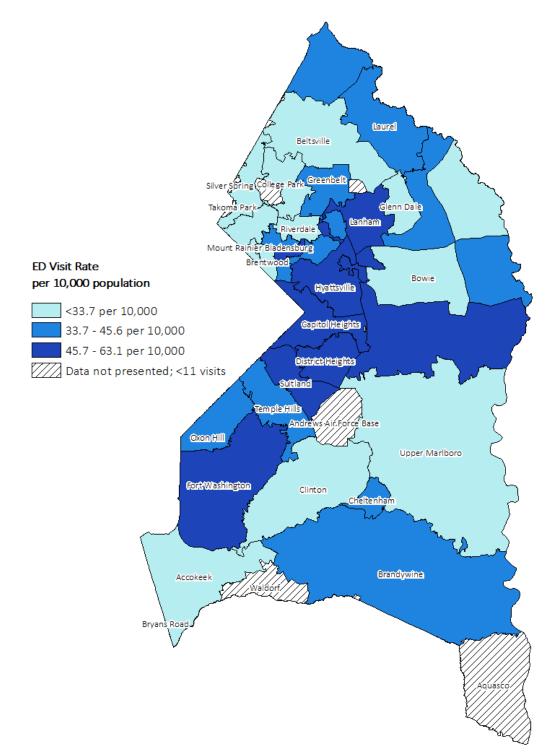
#### **Emergency Department\* Visits for Asthma, 2017**

	Number of ED Visits	Age-Adjusted Rate per 10,000 Population
Race/Ethnicity		
Black, non-Hispanic	2,293	41.8
Hispanic	296	16.4
White, non-Hispanic	163	16.4
Asian, non-Hispanic	23	6.3
Sex		
Male	1,604	36.7
Female	2,017	42.4
Age		
Under 18 Years	942	46.3
18 to 39 Years	1,294	44.6
40 to 64 Years	1,105	36.5
65 Years and Over	280	23.9
Total	3,621	48.9

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission;

# Emergency Department\* Visit Rate per 10,000 Population, Asthma as Primary Discharge Diagnosis, Prince George's County, 2017

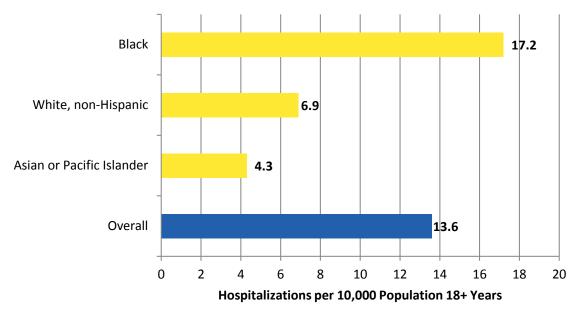


\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

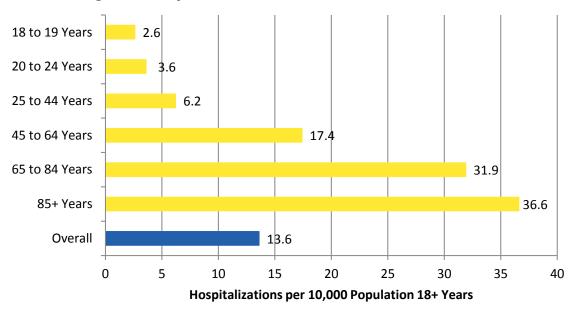
### **Adult Asthma**

## Age-Adjusted Hospital Inpatient\* Visit Rate due to Adult Asthma by Race and Ethnicity, Prince George's County, 2013-2015

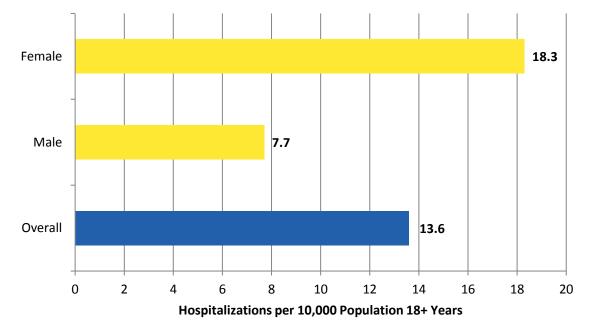


\* Includes visits to Maryland and Washington, D.C. hospitals **Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

## Age-Adjusted Hospital Inpatient\* Visit Rate due to Adult Asthma by Age Group, Prince George's County, 2013-2015



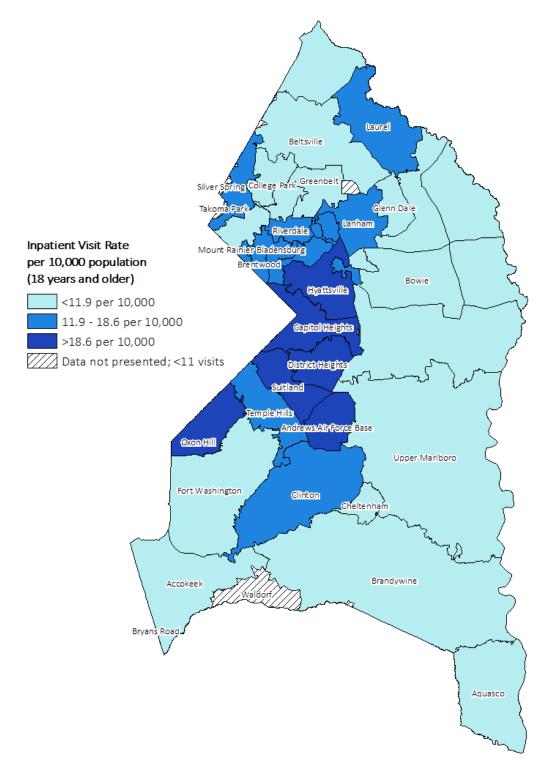
\* Includes visits to Maryland and Washington, D.C. hospitals



# Age-Adjusted Hospital Inpatient\* Visit Rate due to Adult Asthma by Sex, Prince George's County, 2013-2015

\* Includes visits to Maryland and Washington, D.C. hospitals

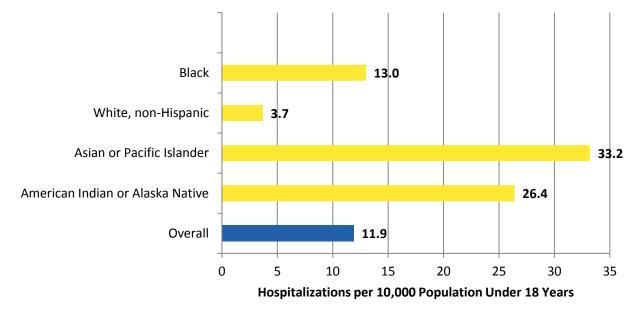
## Age-Adjusted Hospital Inpatient\* Visit Rate due to Adult Asthma, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

### **Pediatric Asthma**

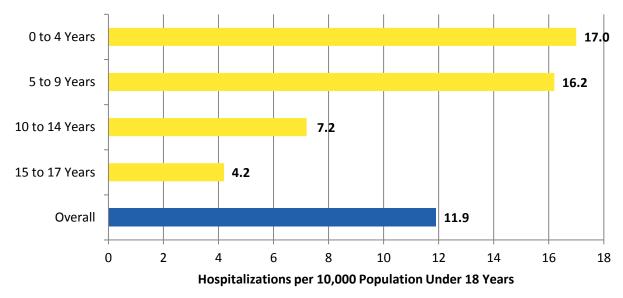
### Age-Adjusted Hospital Inpatient\* Visit Rate due to Pediatric Asthma (Under 18 Years) by Race and Ethnicity, Prince George's County, 2013-2015



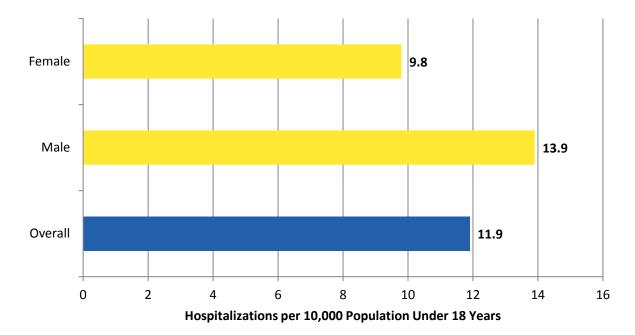
\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Pediatric Asthma (Under 18 Years) by Age, Prince George's County, 2013-2015



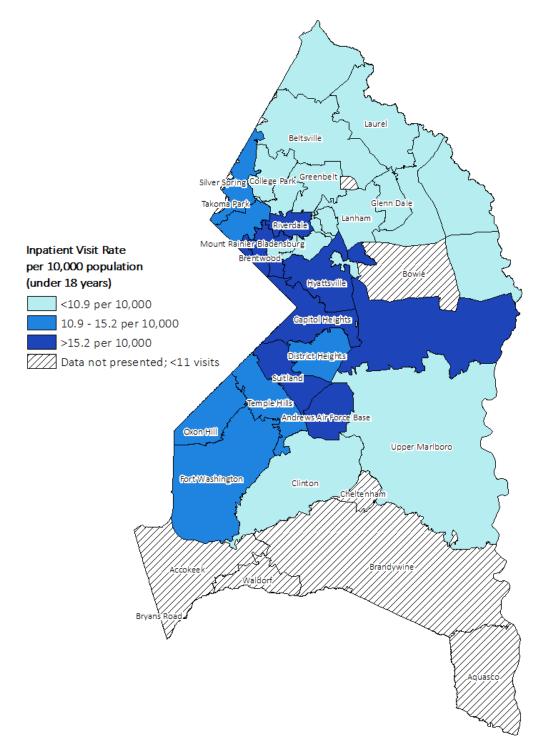
\* Includes visits to Maryland and Washington, D.C. hospitals



Age-Adjusted Hospital Inpatient\* Visit Rate due to Pediatric Asthma (Under 18 Years) by Sex, Prince George's County, 2013-2015

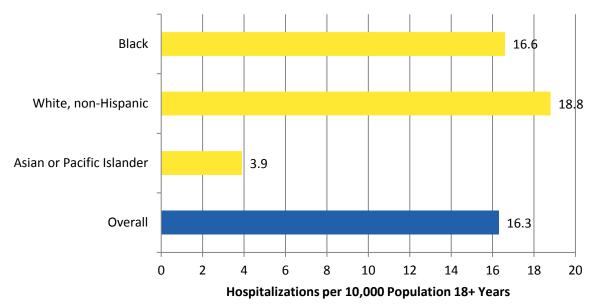
\* Includes visits to Maryland and Washington, D.C. hospitals **Data Source**: <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

## Age-Adjusted Hospital Inpatient\* Visit Rate due to Pediatric Asthma (Under 18 Years), Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

### **Chronic Obstructive Pulmonary Disease (COPD)**

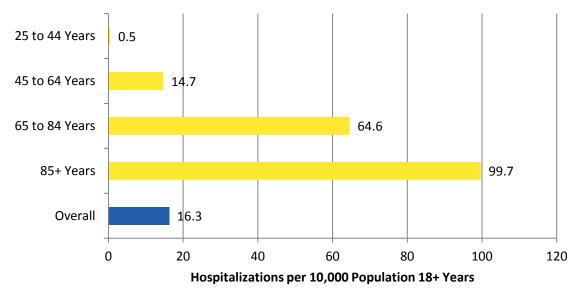


### Age-Adjusted Hospital Inpatient\* Visit Rate due to COPD by Race and Ethnicity, Prince George's County, 2013-2015

\* Includes visits to Maryland and Washington, D.C. hospitals

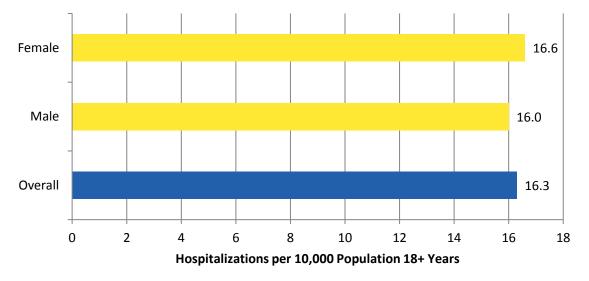
**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

## Age-Adjusted Hospital Inpatient\* Visit Rate due to COPD by Age Group, Prince George's County, 2013-2015



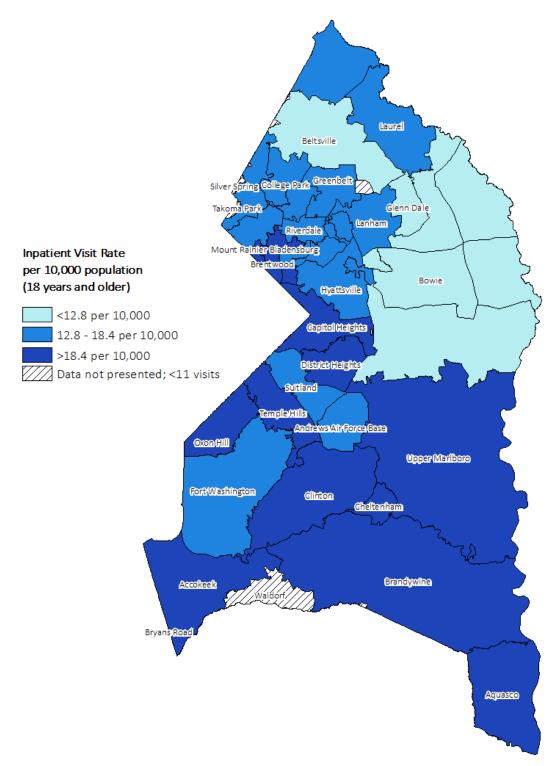
\* Includes visits to Maryland and Washington, D.C. hospitals

## Age-Adjusted Hospital Inpatient\* Visit Rate due to COPD by Sex, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

## Age-Adjusted Hospital Inpatient\* Visit Rate due to COPD, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

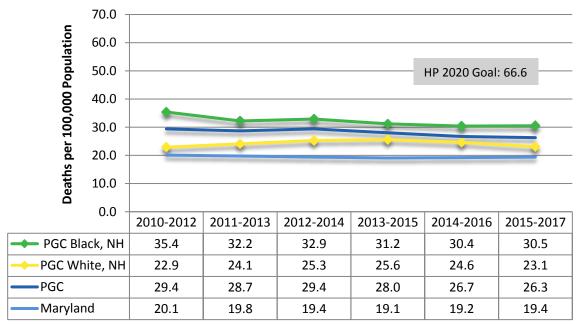
### **Diabetes**

Overview	
What is it?	Diabetes is a condition in which the body either doesn't make enough of a hormone called insulin or can't use its own insulin, which is needed to process glucose (sugar) (Source: CDC).
Who is affected?	12.3% (87,260) of adults in the county are estimated to have diabetes. (2017 MD BRFSS). In 2017, diabetes was the fifth leading cause of death in the county, with 253 deaths (3.9% of all resident deaths).
Prevention and Treatment	Diabetes can be prevented or delayed by losing a small amount of weight (5 to 7 percent of total body weight) through 30 minutes of physical activity 5 days a week and healthier eating. (Source: CDC Diabetes Prevention Program)
	The goals of diabetes treatment are to control blood glucose levels and prevent diabetes complications by focusing on: nutrition, physical activity, and medication. (source: Joslin Diabetes Center)
What are the outcomes?	Complications from diabetes include: heart disease, kidney failure, lower-extremity amputation, and death
Disparity	In 2017, the age-adjusted emergency department visits for diabetes were twice as high among Black, non-Hispanic residents (211.4 per 100,000) compared to White, non-Hispanic residents (109.2). Black, non-Hispanic residents were also more likely to die from diabetes in 2017 (30.5 per 100,000) compared to White, non-Hispanic residents (23.1). Slightly more men (13.0%) were estimated to have diabetes compared to women (12.0%). Diabetes prevalence increases with age; nearly one in three residents ages 65 and over are estimated to have diabetes.
How do we compare?	Diabetes in other Maryland counties ranged from 7.3% to 14.4%; the state overall is 9.6% (2017 MD BRFSS), and the U.S. is at 10.5% (BRFSS). Between 2015-2017, Prince George's County had the third highest age-adjusted death rate due to diabetes (26.9 per 100,000), following Baltimore City (31.0) and Washington County (28.1).

#### Percentage of Adults Who Have Ever Been Told By a Health Professional That They Have Diabetes, 2017 (Excludes Diabetes During Pregnancy)

	Prince George's County	Maryland
Sex		
Female	12.0%	8.9%
Male	13.0%	10.4%
Race/Ethnicity		
Black, non-Hispanic	13.6%	13.5%
Hispanic	16.7%	12.7%
White, non-Hispanic	10.5%	7.6%
Age Group		
18 to 34 Years	*	1.6%
35 to 49 Years	10.6%	7.2%
50 to 64 Years	19.3%	15.1%
Over 65 Years	28.7%	21.6%
Total	12.3%	9.6%

Individuals of Hispanic origin and ages 18-34 years were not included due to insufficient numbers
 Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, <a href="https://ibis.health.maryland.gov">https://ibis.health.maryland.gov</a>, accessed 5/13/2019



#### Age-Adjusted Death Rate per 100,000 for Diabetes, 2010-2017

\* Individuals of Hispanic origin and Asian/Pacific Islanders were not included due to insufficient numbers **Data Source**: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database;

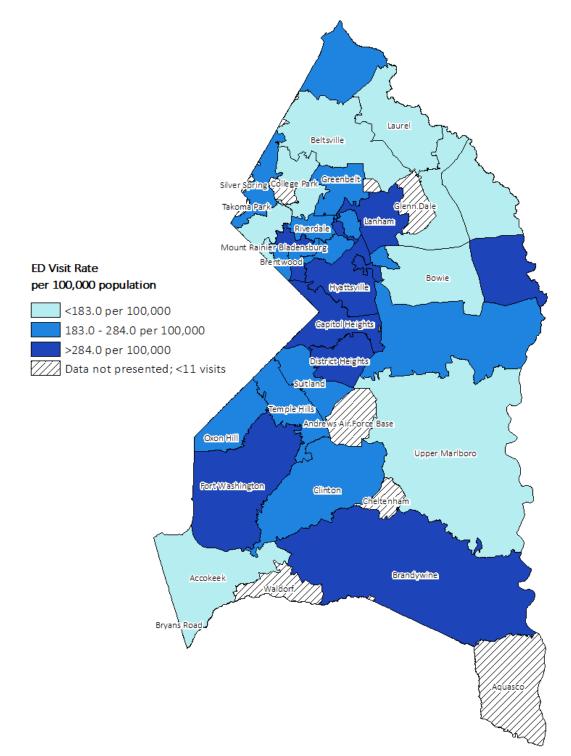
	VISIUS IOI DIADOLOS, 2011		
	Number of ED Visits	MD SHIP Goal: 186.3	Age-Adjusted Visit Rate per 100,000 Population
Race/Ethnicity			
Black, non-Hispanic	1,284		211.4
Hispanic	171		128.0
White, non-Hispanic	151		109.2
Asian, non-Hispanic	14		33.2
Sex			
Male	1,062		233.2
Female	1,041		197.8
Age			
Under 18 Years	43		21.1
18 to 39 Years	413		142.5
40 to 64 Years	1,125		371.8
65 Years and Over	522		446.3
Total	2,103		215.0

#### **Emergency Department\* Visits for Diabetes, 2017**

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

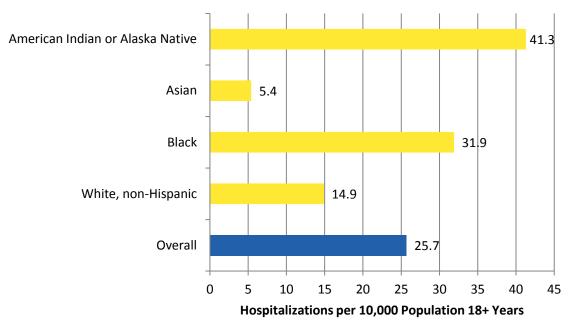
Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission;

Emergency Department Visit Crude Rate per 100,000 Population, Diabetes as Primary Discharge Diagnosis, Prince George's County, 2017



\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate. Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

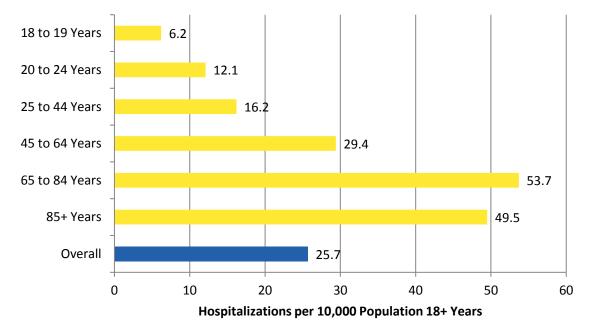
### Age-Adjusted Hospital Inpatient\* Visit Rate due to Diabetes by Race and Ethnicity, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

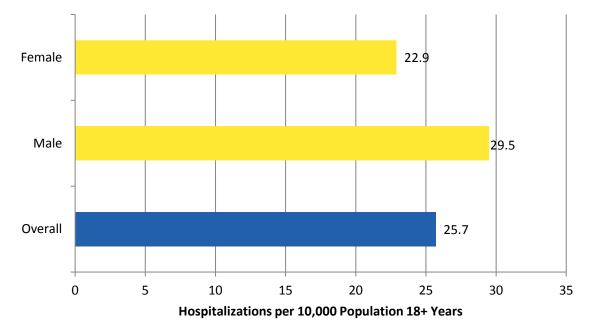
**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Diabetes by Age Group, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

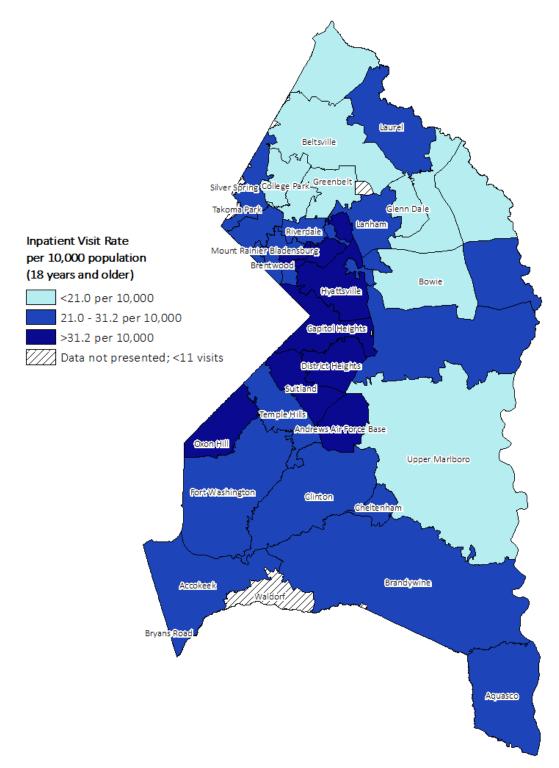


## Age-Adjusted Hospital Inpatient\* Visit Rate due to Diabetes by Sex, Prince George's County, 2013-2015

\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source:** <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

## Age-Adjusted Hospital Inpatient\* Visit Rate due to Diabetes, Prince George's County, 2013-2015



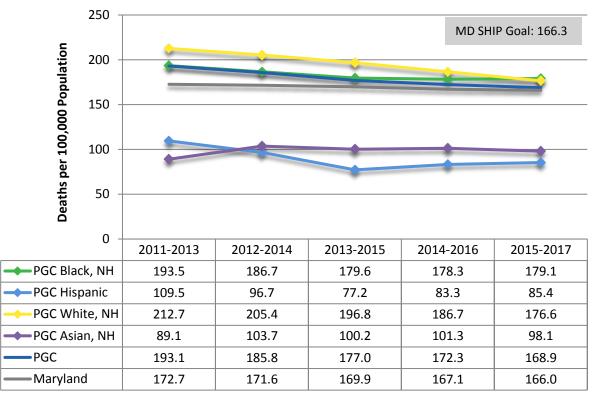
\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source**: <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission & Maryland Health Care Commission

### **Heart Disease**

Overview	
What is it?	Heart Disease is a disorder of the blood vessels of the heart that can lead to a heart attack, which happens when an artery becomes blocked. Heart Disease is one of several cardiovascular diseases.
Who is affected?	Heart disease was the leading cause of death in the county in 2017, with 1,552 deaths (23.7% of all resident deaths). However, the age-adjusted death rate from heart disease has decreased from 193.1 deaths per 100,000 in 2011-2013 to 168.9 deaths per 100,000 in 2015-2017 (CDC Wonder).
Prevention and Treatment	Eating a healthy diet, maintaining a healthy weight, getting enough physical activity, not smoking, and limiting alcohol use can lower the risk of heart disease. (Source: CDC).
	The goals of heart disease treatment is to control high blood pressure and high cholesterol by focusing on: eating healthier, increasing physical activity, quitting smoking, medication, and surgical procedures. (Source: CDC).
What are the outcomes?	Complications of heart disease include: heart failure, heart attack, stroke, aneurysm, peripheral artery disease, and sudden cardiac arrest.
Disparity	Men had a higher rate of emergency department (ED) visits and inpatient hospitalizations for heart disease than women in 2017. Black, non- Hispanic (NH) residents had the highest age-adjusted death rate (179.1), followed closely by White, NH residents (176.6). Black, NH residents also had the highest 2017 age-adjusted ED visit rate. In 2017, almost half (48%) of heart disease ED visits were made by residents 65 years of age and older.
How do we compare?	The age-adjusted death rate for heart disease for other Maryland counties ranged from 105.4 (Montgomery) to 296.3 (Somerset) deaths per 100,000 population. The county rate of 168.9 is similar to Maryland overall at 166.0 deaths per 100,000 population, and the United States (166.3 per 100,000 population).

### Age-Adjusted Death Rate per 100,000 for Heart Disease by Race and Ethnicity, 2010-2017



Data Source: CDC, National Center for Health Statistics, CDC WONDER Online Database

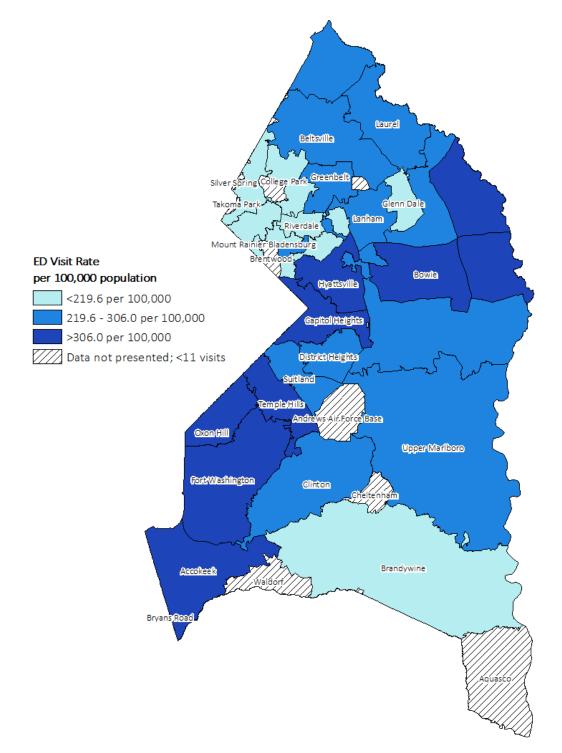
#### **Emergency Department\* Visits for Heart Disease, 2017**

		Age-Adjusted Rate
Demographic	Number of ED Visits	per 100,000 Population
Race and Ethnicity		
Black, non-Hispanic	1,445	256.7
Hispanic	130	143.4
White, non-Hispanic	389	224.1
Asian, non-Hispanic	35	81.9
Gender		
Male	1,268	296.0
Female	1,188	231.5
Age		
Under 18 Years	36	17.7
18 to 39 Years	218	75.2
40 to 64 Years	1,008	333.1
65 Years and Over	1,194	1020.9
Total	2,456	261.8

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

**Data Source**: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission; Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

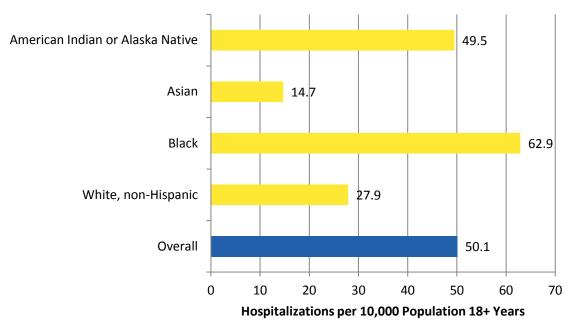
Emergency Department Visit\* Crude Rate per 100,000 Population, Heart Disease as Primary Discharge Diagnosis, Prince George's County, 2017



\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

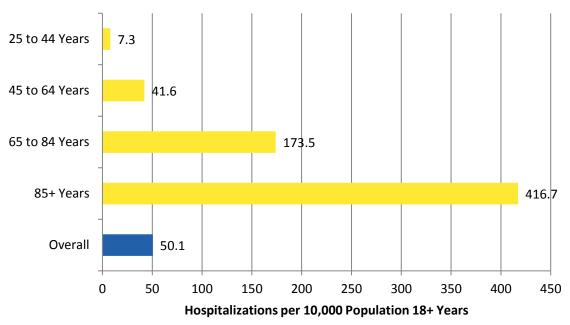
### Age-Adjusted Hospital Inpatient\* Visit Rate due to Heart Failure by Race and Ethnicity, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

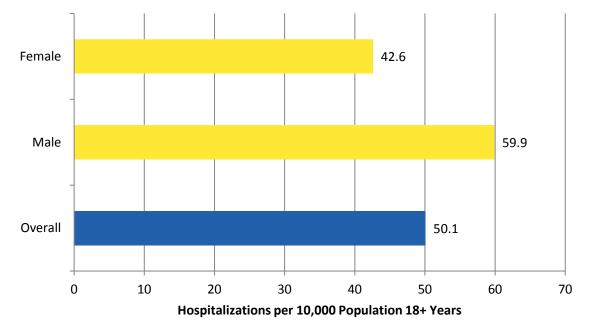
Data Source: www.pgchealthzone.org, Maryland Health Services Cost Review Commission; Maryland Health Care Commission;

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Heart Failure by Age, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

Data Source: www.pgchealthzone.org, Maryland Health Services Cost Review Commission; Maryland Health Care Commission

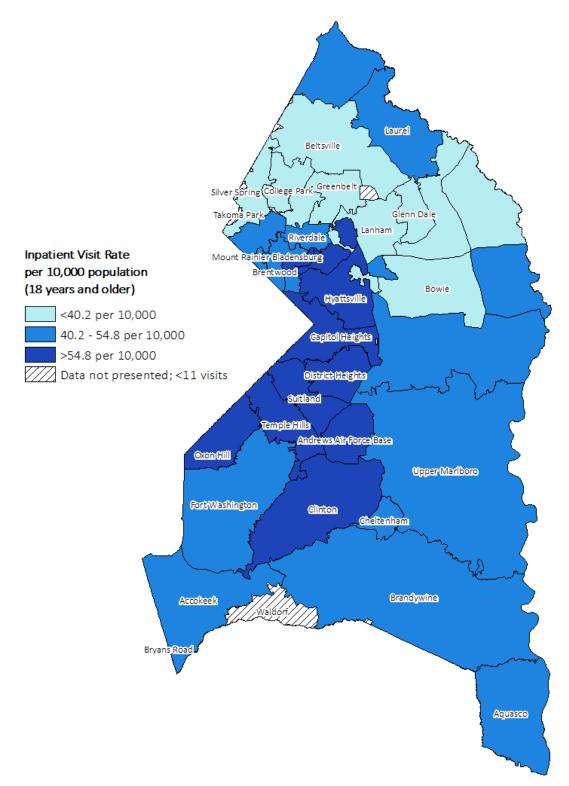


## Age-Adjusted Hospital Inpatient\* Visit Rate due to Heart Failure by Sex, Prince George's County, 2013-2015

\* Includes visits to Maryland and Washington, D.C. hospitals

Data Source: <u>www.pgchealthzone.org</u>, Maryland Health Services Cost Review Commission; Maryland Health Care Commission

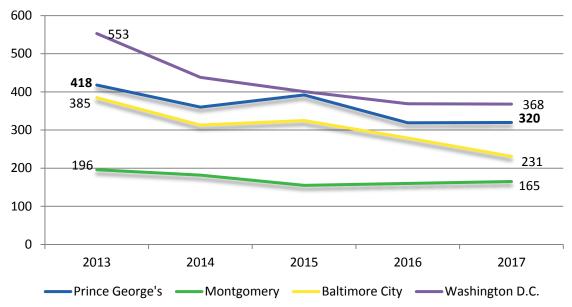
## Age-Adjusted Hospital Inpatient\* Visit Rate due to Heart Failure, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals **Data Source**: <u>www.pgchealthzone.org</u>, Maryland Health Services Cost Review Commission; Maryland Health Care Commission

### Human Immunodeficiency Virus (HIV)

Overview	
What is it?	HIV is a virus that attacks the body's immune system and can, over time, destroy the cells that protect us from infections and disease.
Who is affected?	In 2017, 320 residents were diagnosed with HIV, a rate of 42.7 per 100,000 population. The total number of living HIV cases (with or without AIDS) was 7,434, and almost 40% of living HIV cases in Prince George's County are over the age of 50 years. Between 2015-2017, 117 residents died from HIV with an age-adjusted death rate of 4.0 per 100,000 population.
Prevention & Treatment	HIV can be prevented by practicing abstinence, limiting the number of sexual partners, using condoms the right way during sex, and never sharing needles. Medications are also available to prevent HIV. (CDC)
	There is no cure for HIV but antiretroviral therapy (ART) is available which helps to control the virus so you can live a longer, healthier life and reduce the risk of transmitting HIV to others. (AIDS.gov)
What are the outcomes?	HIV weakens the immune system leading to opportunistic infections (OIs). OIs are the most common cause of death for people with HIV/AIDS and can include <i>Cryptococcus, cytomegalovirus</i> disease, <i>histoplasmosis, tuberculosis,</i> and <i>pneumonia</i> . (AIDS.gov)
Disparity	In 2017, eight out of every ten new HIV cases occurred among Black, non- Hispanic residents, and seven out of every ten new HIV cases occurred among men. Almost two-thirds (64%) of new HIV cases were among residents aged 20 to 39 years, and over half were among men who have sex with men.
How do we compare?	In 2017, Prince George's County had the second highest rate of HIV diagnoses (41.9 per 100,000 population) in the state after Baltimore City. In terms of the number of new cases, the county had the highest number of actual cases in the state, 320, followed by Baltimore City with 231. The rate of HIV diagnoses in other Maryland counties range from 0.0 (Somerset and Talbot counties) to 44.7 per 100,000 population (Baltimore City). The state overall had a rate of 20.4 per 100,000 population and the U.S. had a rate of 11.8 per 100,000.



New HIV Cases by Jurisdiction, 2013-2017

**Data Source**: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH; 2018 HAHSTA Annual Epidemiology and Surveillance Report for Washington, D.C

#### **Demographics of New HIV Cases, 2017**

MD SHIP				
Goal: 26.7		Prince George's		Maryland
0081.20.7	Number	Rate*	Number	Rate*
Sex at Birth				
Male	228	62.7	752	30.8
Female	92	23.0	288	10.9
Race/Ethnicity				
Black, non-Hispanic	258	53.3	736	49.0
Hispanic	40	32.1	106	23.2
White, non-Hispanic	13	12.4	148	5.5
Asian, non-Hispanic	1	2.8	14	4.1
Age				
13 to 19 Years	16	19.8	57	10.6
20 to 29 Years	111	83.5	364	45.1
30 to 39 Years	96	74.2	269	32.8
40 to 49 Years	53	43.5	151	19.5
50 to 59 Years	28	21.8	126	14.5
60+ Years	16	9.4	73	5.7
Country of Birth				
United States	238	42.1	832	20.0
Foreign-born	60	32.5	149	17.8
Total	320	42.7	1,040	20.8

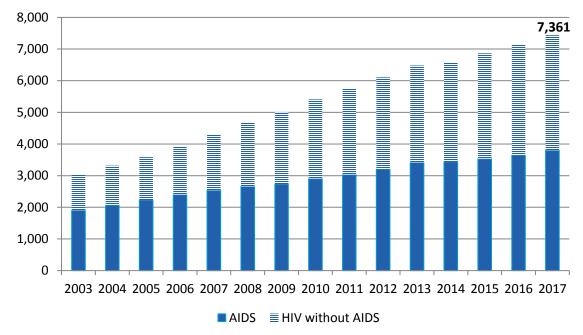
\*Rate per 100,000 Adult/Adolescents 13 years or older

**Data Source**: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH; Maryland State Health Improvement Process (SHIP)

#### New HIV Cases by Exposure, 2017

	Prince George's		Maryland		
	Number	Percent	Number	Percent	
Exposure					
Men who have Sex with Men (MSM)	173	54.2%	560	53.8%	
Injection Drug Users (IDU)	11	3.3%	72	6.9%	
MSM & IDU	2	0.7%	16	1.5%	
Heterosexual	133	41.5%	391	37.6%	
Perinatal	1	0.3%	2	0.2%	
Total	320	42.7	1,040	20.8	

Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH



#### Living HIV Cases, Prince George's County, 2003 to 2017

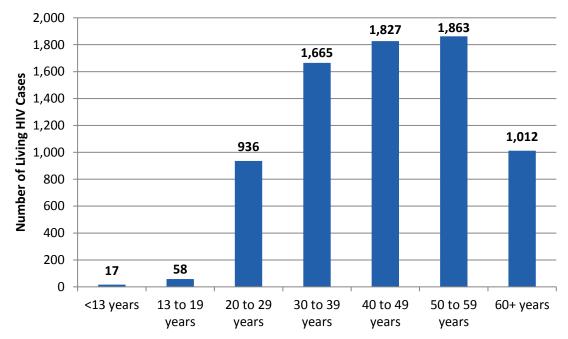
Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH

Demographics of Total Living HIV Cases, 2
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		Prince George's		Maryland
	Number	Rate*	Number	Rate*
Sex at Birth				
Male	4,944	1,359.5	20,179	826.4
Female	2,417	604.6	10,387	392.8
Race/Ethnicity				
Black, non-Hispanic	6,121	1,265.4	22,683	1,509.8
Hispanic	581	466.9	1,980	433.2
White, non-Hispanic	295	281.6	3,926	146.5
Asian, non-Hispanic	31	87.7	196	57.7
Current Age				
13 to 19 Years	58	71.9	194	52.9
20 to 29 Years	936	704.1	3,060	835.2
30 to 39 Years	1,665	1,286.3	5,636	1,538.3
40 to 49 Years	1,827	1,500.9	6,838	1,866.3
50 to 59 Years	1,863	1,447.9	9,364	2,555.8
60+ Years	1,012	595.4	5,474	1,494.1
Country of Birth				
United States	6,264	1,109.0	26,757	644.1
Foreign-born	931	504.8	2,914	349.0
Total	7,361	982.4	30,566	612.7

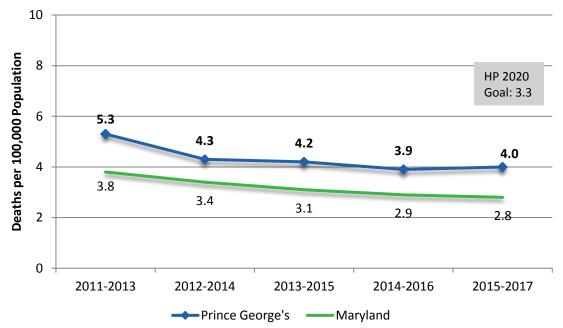
\*Rate per 100,000 Adult/Adolescents 13 years or older

Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH



#### Total Living HIV Cases by Current Age, Prince George's County, 2017

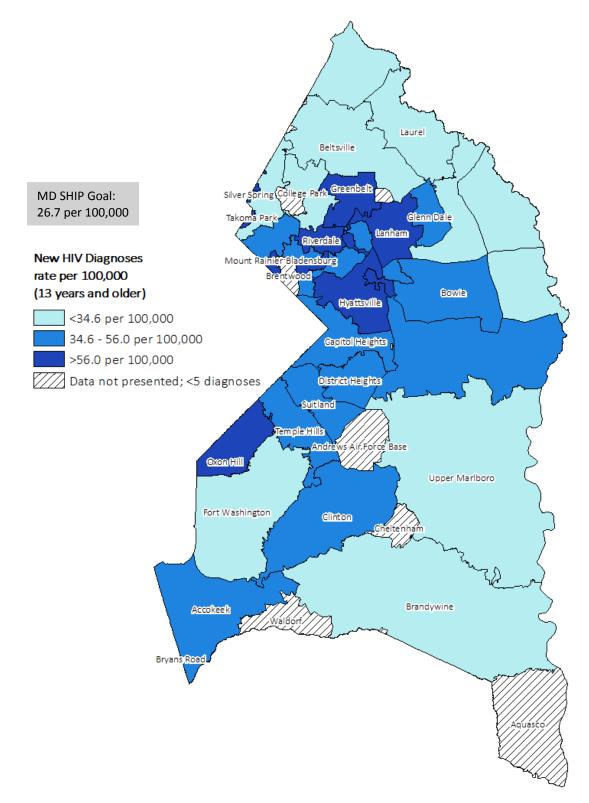
Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH



## HIV Age-Adjusted Mortality Rate, Prince George's County Compared to Maryland, 2011-2017

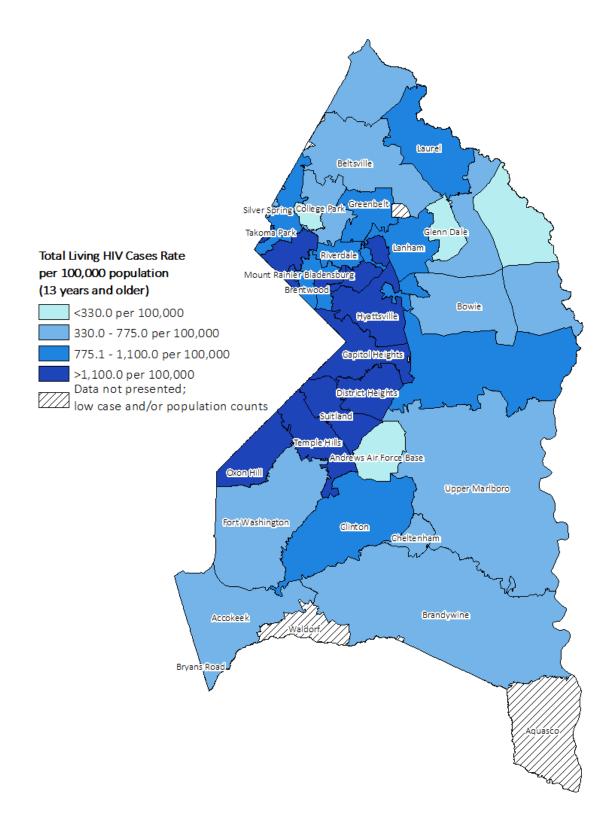
Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

#### 2017 New HIV Cases per 100,000 Population, Age 13 and Over



Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH

#### 2017 Total Living HIV Cases per 100,000 Population, Age 13 and Over



Data Source: 2017 County Annual HIV Epidemiological Profile for Prince George's County, MDH

### Hypertension and Stroke

Overview	
What is it?	High blood pressure, or hypertension, is when the force of blood pumping through the arteries is too strong. Hypertension is a risk factor for stroke, which is when the flow of blood (and thus oxygen) to the brain is blocked.
Who is affected?	In the county, 31.9% (226,627) of adults are estimated to have hypertension (MD BRFSS 2017). In 2017, 412 county residents died from stroke, the third leading cause of death. Over two-thirds of county residents 65 years and older were hypertensive in 2017.
Prevention & Treatment	Hypertension and stroke can be prevented by eating a healthy diet, maintaining a healthy weight, exercising regularly, avoiding stress, and limiting alcohol and tobacco use (source: CDC)
	The goal of stroke treatment is to maintain healthy blood pressure through proper nutrition, exercise, and medication (source: American Heart Association).
What are the outcomes?	Complications from hypertension include damage to the heart and coronary arteries, stroke, kidney damage, vision loss, erectile dysfunction, angina, and death. (Source: American Heart Association).
Disparity	In 2017, the age-adjusted rate of emergency department visits for hypertension was considerably higher among Black, non-Hispanic residents (292.6 per 100,000) compared to White, non-Hispanic (112.6 per 100,000) residents, although the estimated prevalence of hypertension was not largely different between the two populations. Both Black, non-Hispanic (44.2 per 100,000) and White, non-Hispanic (41.1 per 100,000) residents had higher mortality rates due to stroke compared to other races and ethnicities.
How do we compare?	Hypertension in other Maryland counties ranged from 21.6% (Kent County) to 57.2% (Somerset County). The 31.9% of Prince George's County residents with hypertension is similar to the state at 30.6% (MD BRFSS 2017) and the U.S. at 32.3% (BRFSS). The county has a higher age-adjusted death rate due to stroke (41.6 per 100,000) compared to the state (39.3 per 100,000) and U.S (37.6 per 100,000).

	Prince George's	Maryland
Sex		
Male	32.8%	33.0%
Female	31.1%	28.2%
Race/Ethnicity		
Black, non-Hispanic	34.2%	37.4%
Hispanic	34.6%	28.1%
White, non-Hispanic	28.3%	28.6%
Age Group		
18 to 34 Years	11.6%	10.9%
35 to 49 Years	19.2%	21.2%
50 to 64 Years	48.0%	45.4%
Over 65 Years	70.0%	63.6%
Total	31.9%	30.6%

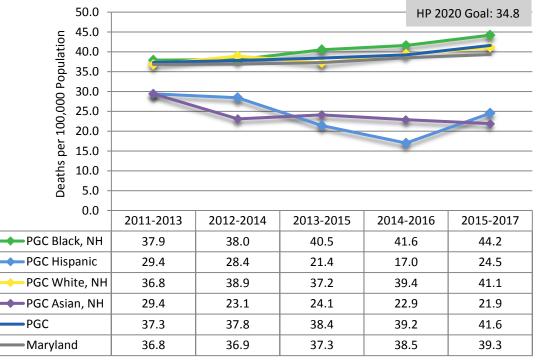
Percentage of Adults Who Have Ever Been Told By A Health Professional They Have High Blood Pressure\*, 2017

\*Excludes women told only during pregnancy and borderline hypertension

\*\* Individuals of Hispanic origin and Asian/Pacific Islanders were not included due to insufficient numbers

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System; https://ibis.health.maryland.gov, accessed 5/13/2019

### Age-Adjusted Death Rate per 100,000 for Stroke by Race and Ethnicity, Prince George's County, 2011-2017



Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

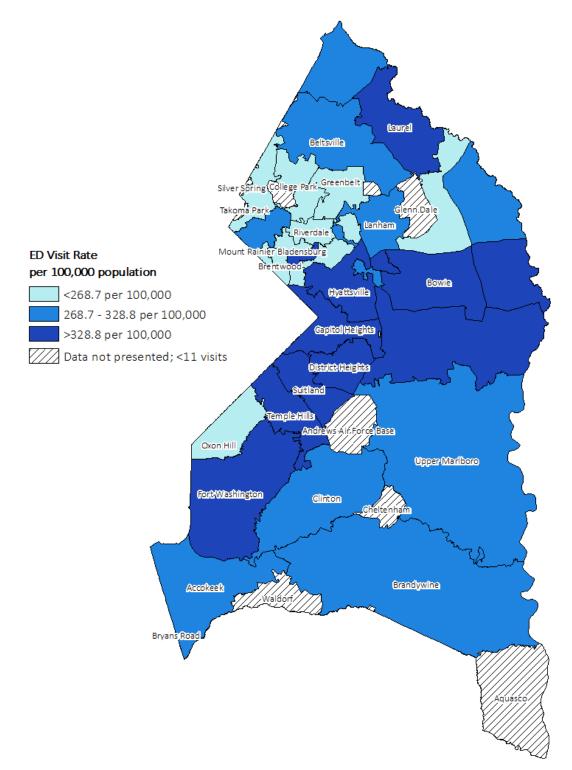
	Prince George's County Number	MD SHIP	Age-Adjusted ED Visit Rate
Demographics	of ED Visits	Goal: 234.0	per 100,000 Population
Race and Ethnicity			
Black, non-Hispanic	1,726		292.6
Hispanic	182		189.7
White, non-Hispanic	187		112.6
Asian, non-Hispanic	48		115.8
Sex			
Male	1,200		274.0
Female	1,513		289.7
Age			
Under 18 Years	<11		
18 to 39 Years	360		124.2
40 to 64 Years	1,313		433.9
65 Years and Over	1,036		885.8
Total	2,713		351.2

#### Emergency Department\* Visits for Hypertension, 2017

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate.

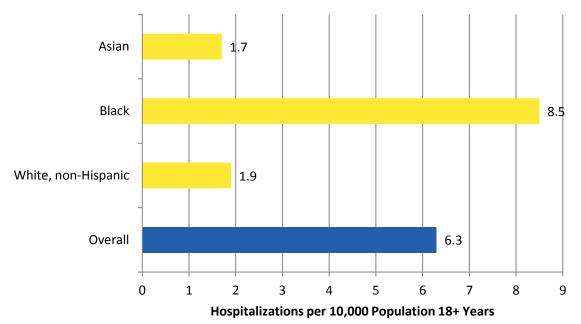
Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

Emergency Department\* Visit Crude Rate per 100,000 Population, Hypertension as Primary Diagnosis, Prince George's County, 2017



\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate. Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

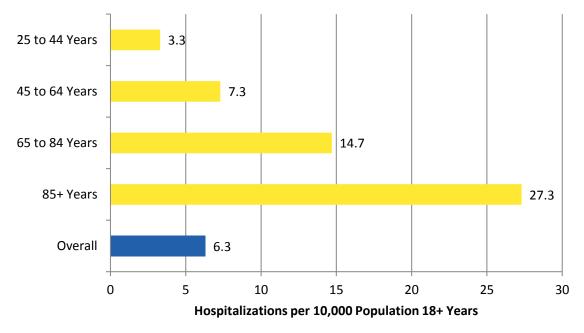
### Age-Adjusted Hospital Inpatient\* Visit Rate due to Hypertension by Race and Ethnicity, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

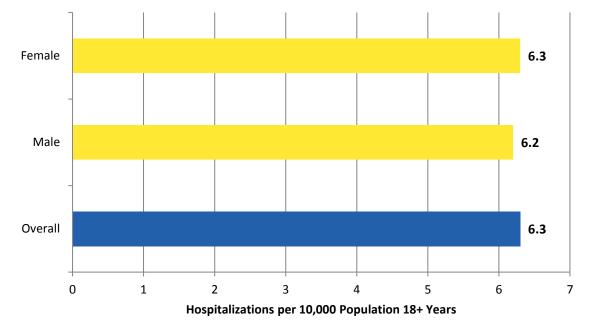
**Data Source**: <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission & Maryland Health Care Commission

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Hypertension by Age Group, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source**: <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission & Maryland Health Care Commission

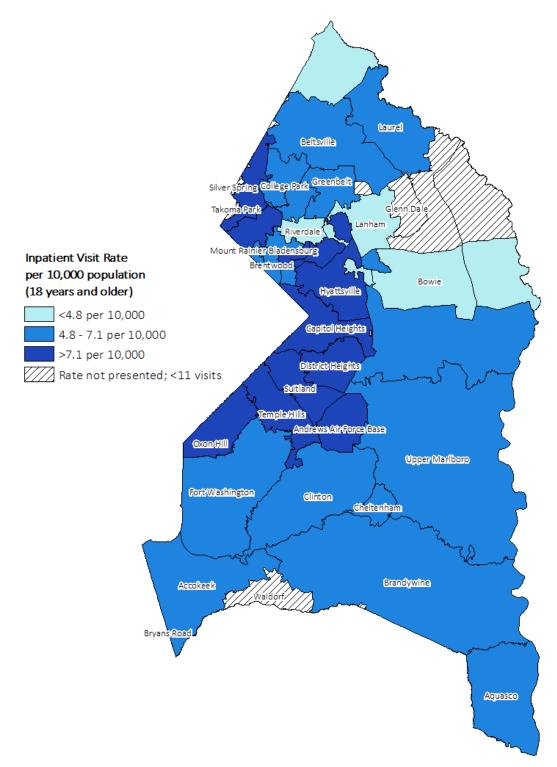


# Age-Adjusted Hospital Inpatient\* Visit Rate due to Hypertension by Sex, Prince George's County, 2013-2015

\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source:** <u>www.pgchealthzone.org;</u> The Maryland Health Services Cost Review Commission & Maryland Health Care Commission

## Age-Adjusted Hospital Inpatient\* Visit Rate due to Hypertension, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission & Maryland Health Care Commission

### **Infectious Disease**

#### Selected Reportable Disease, Prince George's County, 2015-2017

				5-Year
Morbidity	2015	2016	2017	Mean
Campylobacteriosis	43	42	58	44
H. influenza, invasive	17	40	11	12
Hepatitis A, acute	2	5	3	3
Legionellosis	30	23	41	28
Measles	0	0	1	0
Meningitis, viral	64	49	47	53
Meningitis, meningococcal	0	0	2	0
Pertussis	9	22	8	13
Salmonellosis	100	97	103	90
Shiga-toxin producing E.coli	7	4	10	6
Shigellosis	38	30	27	35
Strep Group B	91	68	80	74
Strep pneumonia, invasive	49	48	39	44
Tuberculosis	43	50	47	47
Outbreaks				
Outbreaks: Gastrointestinal	4	3	7	6
Outbreaks: Respiratory	7	0	8	3
Animal-Related Illness				
Animal Bites	1,010	1,057	1,119	970
Animal Rabies	20	15	10	17

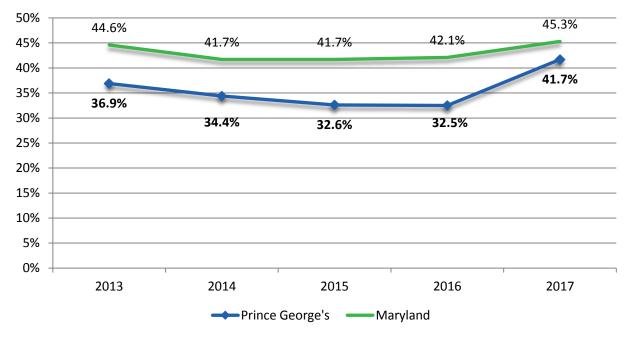
Data Source: Infectious Disease Bureau, Prevention and Health Promotion Administration, MDH

### Percentage of Adults Who Had a Seasonal Influenza Shot or Influenza Vaccine Nasal Spray During the Past Year, 2017

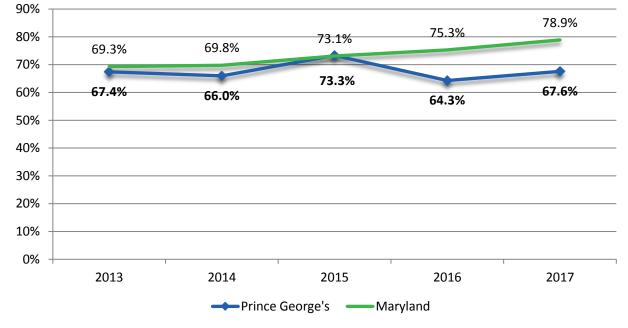
	Prince George's	Maryland
Male	39.7%	42.3%
Female	44.3%	48.3%
Race/Ethnicity		
Black, non-Hispanic	38.2%	39.4%
Hispanic	41.5%	51.2%
White, non-Hispanic	49.8%	46.3%
Age Group		
18 to 34 Years	37.8%	34.1%
35 to 49 Years	38.9%	42.9%
50 to 64 Years	37.9%	48.3%
Over 65 Years	58.3%	66.8%
Total	41.7%	45.3%

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019

### Percentage of Adults Who Had a Seasonal Influenza Shot or Influenza Vaccine Nasal Spray During the Past Year, 2013-2017



**Data Source:** 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 3/8/2019



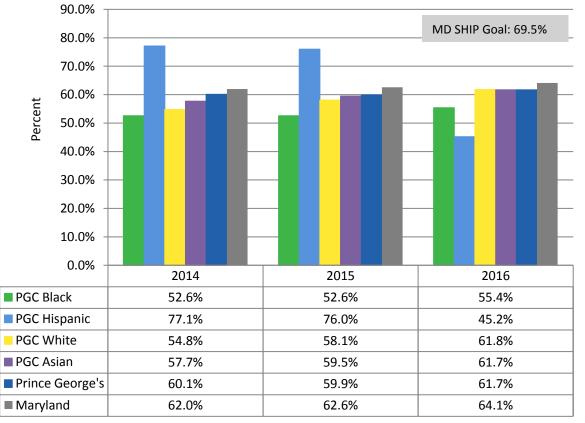
#### Percentage of Adults Age 65+ Who Ever Had a Pneumonia Vaccine, 2013-2017

**Data Source:** 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

#### **Lead Poisoning**

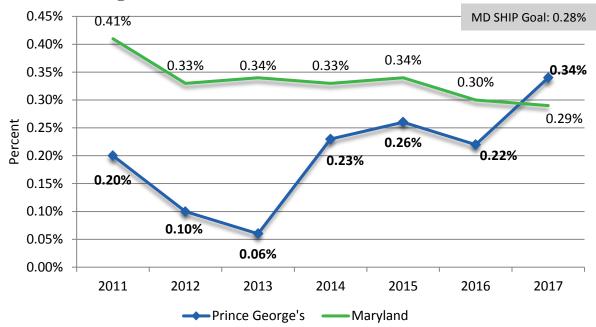
Children can be exposed to lead through lead-based paint and dust with lead in it. Although lead paint was banned in 1978 it can be found in homes built before then, and the deterioration of the paint results in the contaminated dust. Lead exposure often occurs without symptoms and can go unrecognized; however, lead can affect nearly every system in the body. There is no safe blood lead level in children, and action is recommended with levels above 5 micrograms per deciliter. Lead poisoning can result in damage to the brain, slowed development and growth, learning and behavior problems, and hearing and speech problems (CDC).





\* Includes children enrolled in Medicaid for at least 90 days

Data Source: Maryland Medicaid Service Utilization, Maryland SHIP



Percentage of Children Under Six Years of Age Tested for Blood Lead who have 10 or More Micrograms/Deciliter of Lead in Blood, 2011 to 2017

Data Source: Maryland Department of the Environment

#### **Maternal and Infant Health**

#### Live Birth Rate per 1,000 Population, 2017

	Prince George's	Maryland	United States
Live Births per 1,000 Population	13.6	11.8	12.4

**Data Source**: Maryland Department of Health, Vital Statistics Administration, 2017 Annual Report; National Center for Health Statistics, National Vital Statistics Report, 2017

#### Number of Births by Race and Ethnicity of Mother, Prince George's County, 2017

	Number of Live	Percent of	Birth Rate per 1,000
Race/Ethnicity	Births	Births	population
Black, NH	6,805	54.8%	11.8
Hispanic (any race)	3,819	30.7%	22.6
White, NH	1,178	9.5%	9.9
Asian, NH	528	4.3%	12.4
American Indian/Alaska Native, NH	24	0.2%	7.5
All Races	12,422	100.0%	13.6

Data Source: Maryland Department of Health, Vital Statistics Administration, 2017 Annual Report

#### Number and Percentage of Births by Age Group, 2017

	J.	Prince George's	Maryland	United States
Age Group	Number	Percent	Percent	Percent
<15 years	9	0.1%	0.1%	0.1%
15 to 17 years	164	1.3%	1.0%	1.3%
18 to 19 years	394	3.2%	2.7%	3.8%
20 to 24 years	2,259	18.2%	15.4%	19.8%
25 to 29 years	3,376	27.1%	26.9%	29.1%
30 to 34 years	3,470	27.9%	31.9%	28.3%
35 to 39 years	2,169	17.5%	17.9%	14.4%
40 to 44 years	531	4.3%	3.9%	3.0%
45+ years	50	0.4%	0.2%	0.2%

**Data Source:** Maryland Department of Health, Vital Statistics Administration, 2017 Annual Report; National Center for Health Statistics, National Vital Statistics Report, 2017

#### Infant Mortality Rate\*, 2017

HP 2020 Goal: 6.3 MD SHIP Goal: 6.0	Prince George's	Maryland	HP 2020 Goal	MD SHIP Goal
Infant Mortality Rate per 1,000 Births	8.2	6.5	6.0	6.3

Data Source: Maryland Department of Health, Vital Statistics Administration, 2017 Annual Report

#### Infant Deaths, 2015-2017

	2015	2016	2017		
Prince George's County Inf	ant Deaths				
Black, non-Hispanic	94	67	82		
Hispanic (any race)	9	22	19		
White, non-Hispanic	4	2	1		
Total Deaths	110	94	102		
Infant Mortality Rate: All R	aces per 1,000 Live Bi	rths			
Prince George's	8.9	7.6	8.2		
Maryland	6.7	6.5	6.5		
Infant Mortality Rate: Blac	Infant Mortality Rate: Black, non-Hispanic per 1,000 Live Births				
Prince George's	13.4	9.7	12.0		
Maryland	11.3	10.5	11.2		
Infant Mortality Rate: Hispanic (any race) per 1,000 Live Births					
Prince George's	2.6	6.1	5.0		
Maryland	5.5	5.4	4.7		
Infant Mortality Rate: White, non-Hispanic per 1,000 Live Births					
Prince George's	**	**	**		
Maryland	4.0	4.3	4.0		

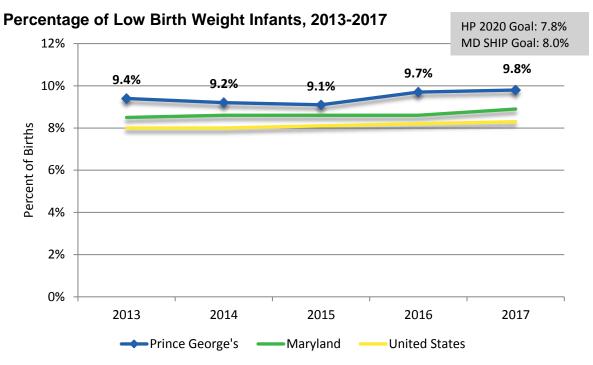
\*\*Rates based on <5 deaths are not presented since they are subject to instability.

Data Source: Maryland Department of Health, Vital Statistics Administration, 2015-2017 Annual Infant Mortality Reports

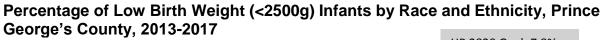
#### Low Birth Weight (<2500g) by Race/Ethnicity and Age, 2017

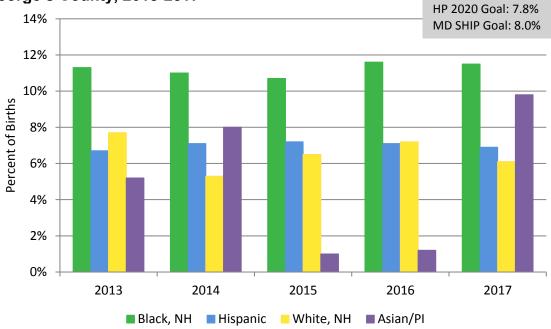
HP 2020 Goal: 7.8% MD SHIP Goal: 8.0%	Prince George's	Maryland	United States
Race/Ethnicity			
Black, NH	12.1%	13.0%	13.9%
Hispanic (any race)	6.9%	7.2%	7.4%
White, NH	6.1%	6.6%	7.0%
Asian/PI	9.8%	8.6%	8.5%
Age Group			
Under 20 years	9.3%	10.6%	9.9%
20 to 24 years	9.3%	9.5%	8.6%
25 to 29 years	9.1%	8.7%	7.7%
30 to 34 years	8.8%	8.0%	7.7%
35 to 39 years	11.1%	9.2%	8.8%
40 + years	16.0%	12.6%	11.5%
Total	9.8%	8.9%	8.3%

**Data Source**: Maryland Department of Health, Vital Statistics Administration, 2017 Annual Report; National Center for Health Statistics, Births Final Data for 2017

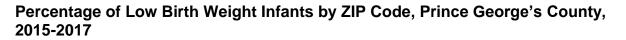


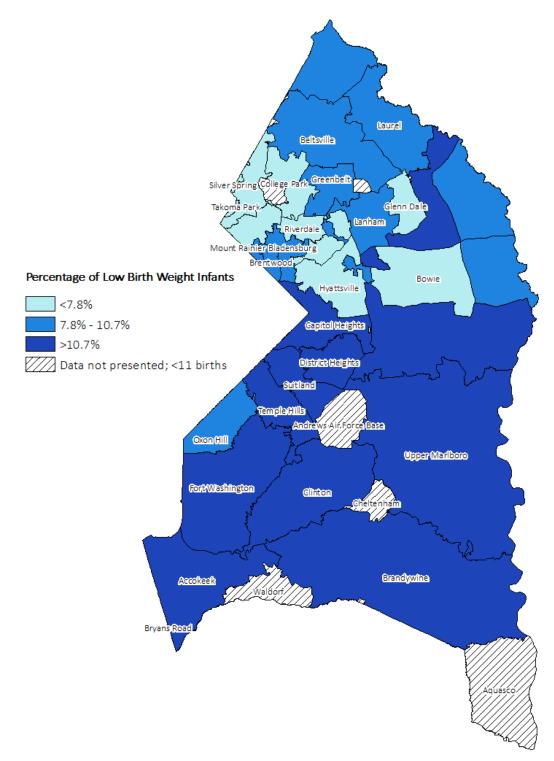
**Data Source**: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports; National Center for Health Statistics, National Vital Statistics Report



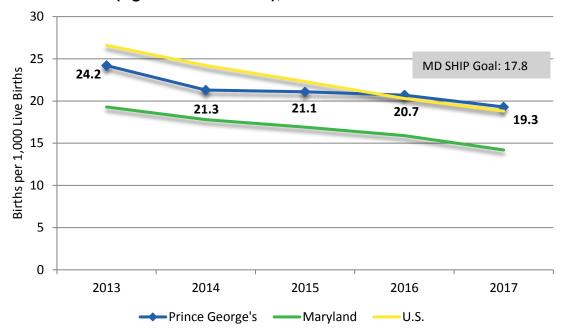


Data Source: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports



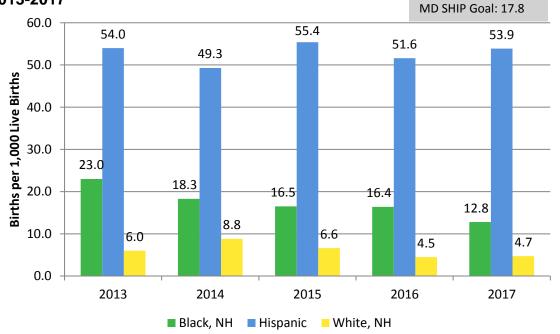


Data Source: Maryland Department of Health, Vital Statistics Administration, 2015-2017 Birth Data Files



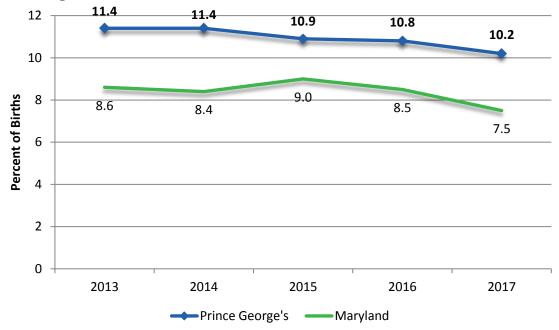
Teen Birth Rate (Ages 15 to 19 Years), 2013-2017

**Data Source**: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports; National Center for Health Statistics, National Vital Statistics Report



### Teen Birth Rate (Ages 15 to 19) by Race and Ethnicity, Prince George's County, 2013-2017

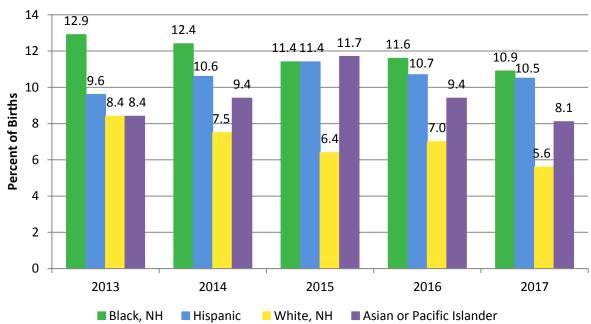
Data Source: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports



#### Percentage of Births with Late or No Prenatal Care\*, 2013-2017

\*Late care refers to care beginning in the third trimester.

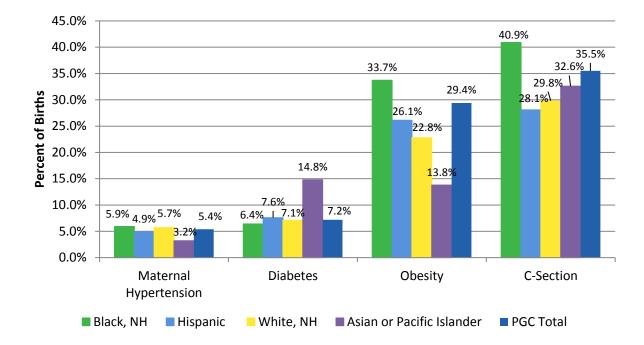
Data Source: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports



### Percentage of Births with Late or No Prenatal Care by Race and Ethnicity, Prince George's County, 2013-2017

\*Late care refers to care beginning in the third trimester.

Data Source: Maryland Department of Health, Vital Statistics Administration, 2013-2017 Annual Reports



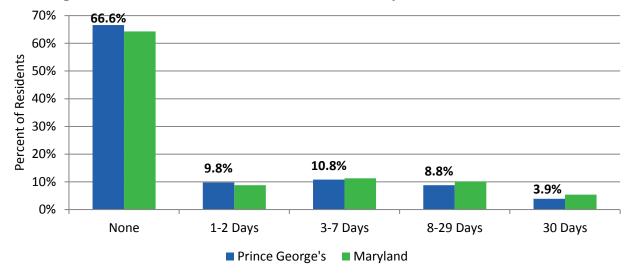
### Percentage of Births with Maternal Risk Factors by Race and Ethnicity, Prince George's County, 2017

### Pregnancy-Related Maternal Mortality, Prince George's County and Maryland, 2008-2017

Race/Ethnicity	Prince George's Number of Deaths	Prince George's Rate per 100,000 Live Births	Maryland Number of Deaths	Maryland Rate per 100,000 Live Births
Black, NH	27	37.4	108	44.9
Hispanic	*	*	17	19.1
White, NH	*	*	63	15.6
Asian/PI, NH	*	*	10	18.8
Total	35	28.6	198	26.9

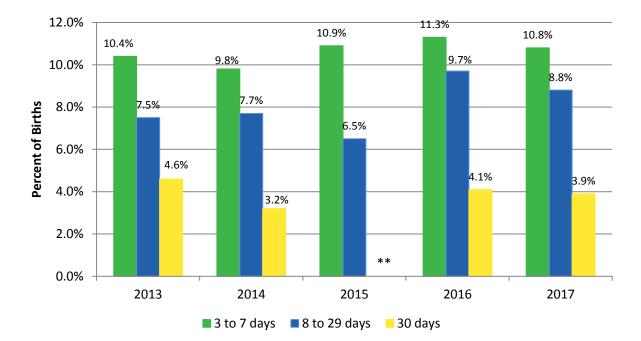
#### **Mental Health**

Overview	
What is it?	Mental health includes emotional, psychological, and social well-being. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others, and make choices.
Who is affected?	One in five adults in America experience a mental illness. For Prince George's County, this translates to 141,938 county residents with mental health needs (2017 U.S. Census population estimates; <u>NAMI</u> ). In addition, over 15,000 county youth (ages 13-18) are estimated to be living with a mental health condition, and nearly 10,000 children ages 5-13 are estimated to have ADHD ( <u>NAMI</u> ). 12.7% (90,098) of adult residents reported experiencing at least 8 days of poor mental health during the last 30 days (2017 MD BRFSS). Almost one-third of high school students felt sad or hopeless impeding normal activity in the past year; 18% of students seriously considered suicide and 15% made a plan in the past year (2016 YRBS). Overall in the county in 2017 there were 62 suicide deaths.
Prevention & Treatment	Poor mental health prevention includes helping individuals develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors (SAMHSA.gov). Mental health treatment includes psychotherapy, medication, case management, partial hospitalization programs, support groups, and peer support.
What are the outcomes?	Mental health covers a number of different conditions that can vary in outcomes. Early engagement and support are crucial to improving outcomes.
Disparity	Although a decrease since 2012, White, non-Hispanic residents were twice as likely than Black, non-Hispanic residents to die from suicide in 2017. Among youth in 2016, female students (38.9%) were more likely than male students (24.0%) to report feeling sad or hopeless so that it impaired usual activities for more than two weeks in a row. Female students were also more likely than male students to seriously consider suicide (22.8% vs 12.3%) and to make a plan on how to attempt suicide (18.5% vs 10.8%).
How do we compare?	While 12.7% of county residents reported at least 8 poor mental health days, the state overall is 15.5% (2017 MD BRFSS). In 2017, the county has the lowest suicide age-adjusted death rate in the state (5.7 per 100,000; Maryland average was 9.3 per 100,000).
	In 2016, county high school students reported similar prevalenace across mental health risk factors (for feelings of sad or hopelessness, considering and planning suicide); however, Prince George's County students were statistically less likely to report bullying on school property (14.5% vs 18.2%) or electronic bullying (10.5% vs 14.1%) than the state.



Percentage of Residents with Poor Mental Health Days within a Month, 2017

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019



#### Percentage of Residents with Poor Mental Health Days within a Month, 2013-2017

\*\*Data not available; small number of observations.

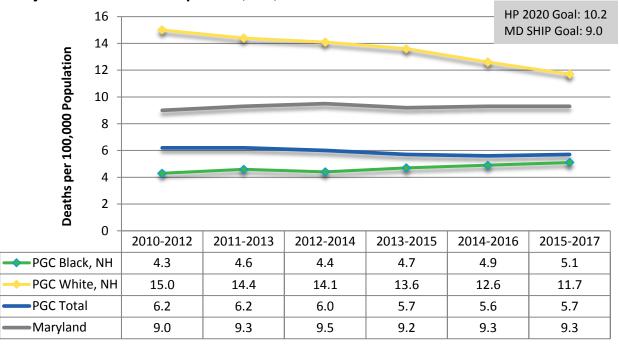
Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/31/2019

	Felt Sad or Hopeless	Seriously	Made a Plan to
	2+ Weeks or More	<b>Considered Suicide</b>	Attempt Suicide
Male	24.0%	12.3%	10.8%
Female	38.9%	22.8%	18.5%
Race/Ethnicity			
Black, non-Hispanic	28.6%	16.1%	14.1%
Hispanic	37.6%	18.2%	14.5%
White, non-Hispanic	33.3%	21.7%	16.3%
Age Group			
15 or younger	28.7%	19.2%	14.8%
16 or 17	33.4%	16.5%	14.5%
18 or older	36.5%	15.1%	16.7%
Total	31.5%	17.7%	14.8%

### Percentage of High School Students Reporting Risk Factors for Suicide in the Past Year, Prince George's County, 2016

Data Source: 2016 Maryland Youth Risk Behavior Survey for Prince George's County

#### Age-Adjusted Suicide Rate per 100,000, 2010-2017



\* Residents of Hispanic Origin and Asian/Pacific Islanders were not included due to insufficient numbers **Data Source:** Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

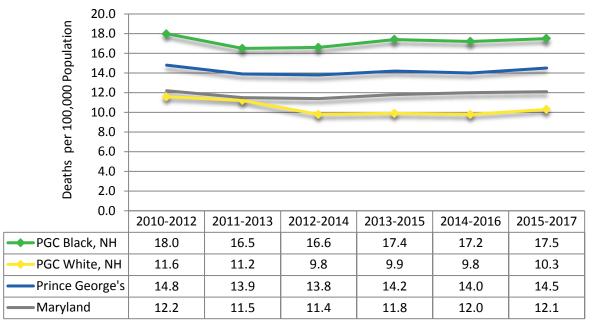
### Emergency Department Visits\* for Behavioral Health Conditions, Prince George's County, 2017

Behavioral Health Condition	Frequency	Percent
Alcohol-related disorders	1,887	22.4%
Mood disorders	1,671	19.9%
Anxiety disorders	1,340	15.9%
Substance-related disorders	1,140	13.5%
Schizophrenia and other psychotic disorders	905	10.8%
Suicide and intentional self-inflicted injury	551	6.5%
Delirium dementia and amnestic and other cognitive disorders	296	3.5%
Attention-deficit conduct and disruptive behavior disorders	198	2.4%
Adjustment disorders	164	2.0%
Miscellaneous mental health disorders	126	1.5%
Impulse control disorders	43	1.0%
Total	8,420	100%

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County numbers and percent.

Data Source: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission

#### Nephritis (Chronic Kidney Disease)

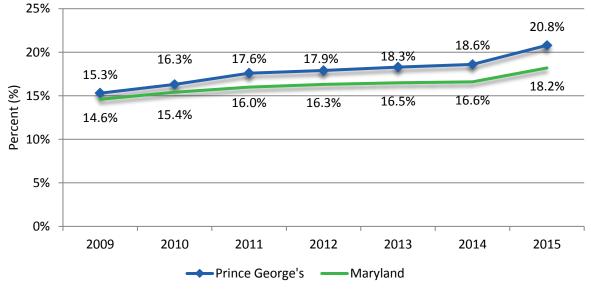


#### Age-Adjusted Death Rate for Nephritis, 2010-2017

\* Residents of Hispanic Origin and Asian/Pacific Islanders were not included due to insufficient numbers

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

### Percentage of Medicare Beneficiaries Who Were Treated for Chronic Kidney Disease, 2009-2015



Data Source: Centers for Medicare and Medicaid Services

#### Obesity

Overview	
What is it?	Weight that is higher than what is considered a healthy weight for a given height is described as overweight or obese. Body Mass Index (BMI) is used as a screening tool for overweight or obesity that takes into consideration height and weight. Children and adolescents are measured differently based on their age and sex.
Who is affected?	In 2017, almost three-quarters of adults in the county were either obese (42.0%) or overweight (31.5%) (2017 MD BRFSS). An estimated 355,425 county adults did not meet physical activity recommendations of participating in at least 150 minutes of aerobic physical activity per week in 2017. One quarter (25.0%) of county high school students reported being physically active for at least an hour on five or more days per week in 2016.
Prevention and Treatment	The key to achieving and maintaining a healthy weight is not short-term dietary changes; it's about a lifestyle that includes healthy eating and regular physical activity (CDC.gov). Follow a healthy eating plan, focus on portion size, be active, reduce screen time and a sedentary lifestyle, and keep track of your weight (NHLBI.NIH.gov).
What are the outcomes?	Obesity causes an increased risk for hypertension, type 2 diabetes, heart disease, stroke, gallbladder disease, osteoarthritis, sleep apnea and breathing problems, some cancers, low quality of life, and mental illness. (CDC.gov)
Disparity	Black, NH adult residents (46.7%) were more likely to be obese than White, NH (29.9%) adult residents in the county; however, Hispanic (41.8%) and White, NH (35.8%) residents were more likely than Black, NH residents (29.8%) to be overweight in 2017. More adult females (44.5%) are estimated to be obese compared to males (40.0%), but fewer adult females (26.2%) were overweight compared to males (36.1%). Almost half of adults between the ages of 45 and 64 were overweight. Obesity in high schoolers was highest among Hispanic students (17.3%) in 2016.
How do we compare?	Obesity in Maryland was estimated at 31.1%, substantially lower than the 42.0% in Prince George's County (2017 MD BRFSS). 16.4% of high school students in the county were obese in 2016, higher than the state (12.6%).

#### How Obesity Is Classified

Body Mass Index (BMI)	Weight Status
Below 18.5	Underweight
18.5 – 24.9	Normal or Healthy Weight
25.0 – 29.9	Overweight
30.0 and Above	Obese

Data Source: Centers for Disease Control and Prevention

#### Percentage of Adults Who Are Obese, 2017

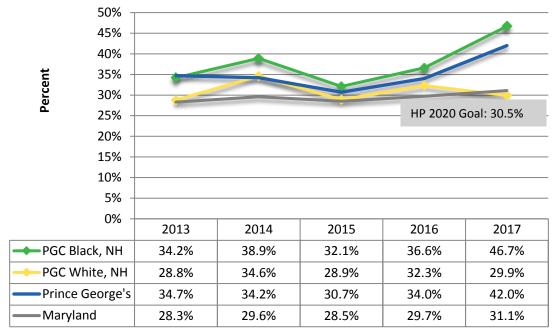
HP2020 Goal: 30.5%	Prince George's	Maryland
Sex		
Male	40.0%	30.1%
Female	44.5%	32.0%
Race/Ethnicity		
Black, non-Hispanic	46.7%	42.0%
Hispanic	34.5%	31.4%
White, non-Hispanic	29.9%	28.0%
Age		
18 to 44 Years	37.0%	27.7%
45 to 64 Years	49.3%	36.3%
Over 65 Years	39.8%	31.2%
Total	42.0%	31.1%

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019

#### Percentage of Adults Who Are Overweight, 2017

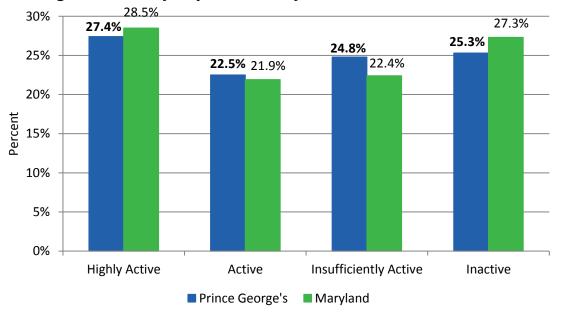
	Prince George's	Maryland
Sex		
Male	36.1%	40.5%
Female	26.2%	28.8%
Race/Ethnicity		
Black, non-Hispanic	29.7%	32.6%
Hispanic	41.8%	35.4%
White, non-Hispanic	35.8%	35.4%
Age		
18 to 44 Years	28.5%	32.8%
45 to 64 Years	33.7%	36.3%
Over 65 Years	38.6%	37.1%
Total	31.5%	34.7%

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019



#### Percent of Adults Who Are Obese, 2013-2017

**Data Source**: 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019



#### Percentage of Adults by Physical Activity Level, 2017

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019

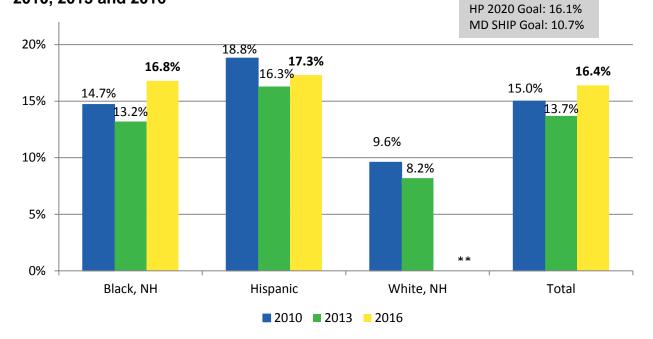
Percentage of Adults Who Participated in at least 150 Minutes of Moderate
Physical Activity or 75 Minutes of Vigorous Activity per Week, 2017

MD SH Goal: 5		Prince George's	Maryland
Sex			
Male		51.8%	52.7%
Female		49.3%	48.3%
Race/Ethnicity			
Black, non-His	panic	50.5%	48.0%
Hispanic		43.4%	43.4%
White, non-Hi	spanic	51.3%	52.4%
Age Group	Age Group		
18 to 44 Years		52.3%	48.6%
45 to 64 Years		50.9%	52.7%
Over 65 Years		43.1%	52.6%
Total		50.1%	50.4%
Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019			

#### Percentage of High School Students Who are Obese, 2016

HP 2020 Goal: 10.7% MD SHIP Goal: 16.1%	Prince George's	Maryland
Sex		
Male	17.5%	14.7%
Female	15.3%	10.4%
Race/Ethnicity		
Black, non-Hispanic	16.8%	16.3%
Hispanic	17.3%	14.7%
White, non-Hispanic	**	9.9%
Age Group		
15 or Younger	15.4%	11.8%
16 or 17 Years	17.7%	13.2%
18 or Older	14.7%	13.8%
Total	16.4%	12.6%

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers



### Percentage of High School Students who are Obese, Prince George's County, 2010, 2013 and 2016

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers **Data Source**: 2013 and 2016 Youth Risk Behavior Survey Report for Prince George's County and Maryland, MDH

	Prince George's	Maryland
Sex		
Male	17.6%	14.4%
Female	21.0%	16.0%
Race/Ethnicity		
Black, non-Hispanic	17.7%	17.5%
Hispanic	24.7%	18.1%
White, non-Hispanic	**	12.9%
Age Group		
15 or Younger	21.2%	16.1%
16 or 17 Years	17.4%	14.4%
18 or Older	19.8%	15.4%
Total	19.3%	15.2%

#### Percentage of High School Students Who are Overweight, 2016

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers

	Prince George's	Maryland
Sex		
Male	12.6%	12.7%
Female	8.0%	11.1%
Race/Ethnicity		
Black, non-Hispanic	8.8%	9.7%
Hispanic	12.0%	13.3%
White, non-Hispanic	**	11.7%
Age Group		
15 or Younger	10.8%	12.1%
16 or 17 Years	9.9%	11.5%
18 or Older	15.2%	16.4%
Total	10.7%	12.0%

### Percentage of High School Students Who Ate Vegetables Three or More Times per day During the Past Week, 2016

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers

Data Source: 2016 Youth Risk Behavior Survey Report for Prince George's County and Maryland, MDH

### Percentage of High School Students who were Physically Active for a Total of at Least 60 Minutes per day on Five or More of the Past Week, 2016

	Prince George's	Maryland
Sex		
Male	29.6%	23.4%
Female	20.6%	12.6%
Race/Ethnicity		
Black, non-Hispanic	27.1%	16.1%
Hispanic	18.6%	13.5%
White, non-Hispanic	**	21.5%
Age Group		
15 or Younger	27.5%	19.4%
16 or 17 Years	23.2%	16.9%
18 or Older	21.0%	14.9%
Total	25.0%	17.9%

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers

#### **Oral Health**

#### Percentage of Adults Who Visited a Dentist in the Past Year, 2016

	Prince George's	Maryland
Sex		
Male	60.9%	65.4%
Female	68.4%	70.8%
Race/Ethnicity		
Black, non-Hispanic	69.0%	63.4%
Hispanic	50.9%	57.6%
White, non-Hispanic	69.1%	73.3%
Age Group		
18 to 34 Years	61.2%	64.0%
35 to 49 Years	65.4%	69.3%
50 to 64 Years	69.6%	71.4%
Over 65 Years	66.2%	70.3%
Total	64.9%	68.1%

Data Source: 2016 Maryland Behavioral Risk Factor Surveillance System, https://ibis.health.maryland.gov, accessed 5/13/2019

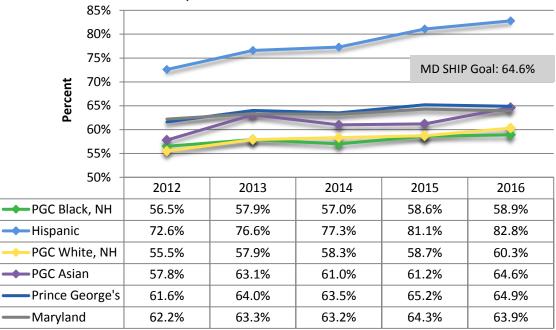
#### Percentage of High School Students Who Visited a Dentist in the Past Year, 2016

	Prince George's	Maryland
Sex		
Male	68.0%	75.6%
Female	70.8%	78.3%
Race/Ethnicity		
Black, non-Hispanic	69.5%	69.7%
Hispanic	71.1%	72.4%
White, non-Hispanic	**	84.2%
Age Group		
15 or younger	68.4%	77.8%
16 or 17	71.0%	77.1%
18 or older	58.2%	63.5%
Total	69.0%	76.6%

\*\* Individuals of White, non-Hispanic origin were not included due to insufficient numbers

Data Source: 2016 Maryland Youth Risk Behavior Survey

### Percentage of Children (0 to 20 years) Enrolled in Medicaid who had a Dental Visit within the Past 12 Months\*, 2012 to 2016



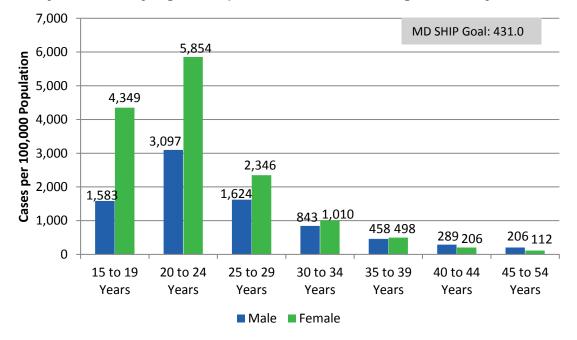
\*Only children enrolled in Medicaid for at least 320 days were included in the measure **Data Source**: Maryland Department of Health, Maryland State Health Improvement Process

#### **Sexually Transmitted Infections**

STI	2015	2016	2017	5-Year Mean
Chlamydia	6,153	6,752	7,365	6,513
Gonorrhea	1,282	1,832	2,001	1,575
Syphilis*	81	110	143	113

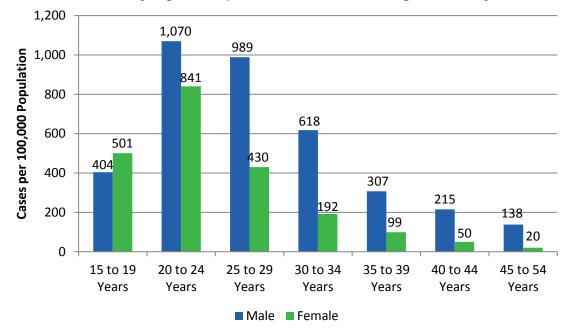
\*Includes both Primary and Secondary Syphilis

Data Source: Infectious Disease Bureau, Prevention and Health Promotion Administration, MDH



#### Chlamydia Rates by Age Group and Sex, Prince George's County, 2017

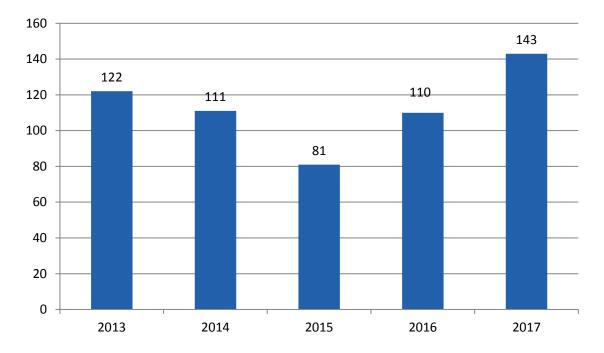
Data Source: Infectious Disease Bureau, Prevention and Health Promotion Administration, MDH



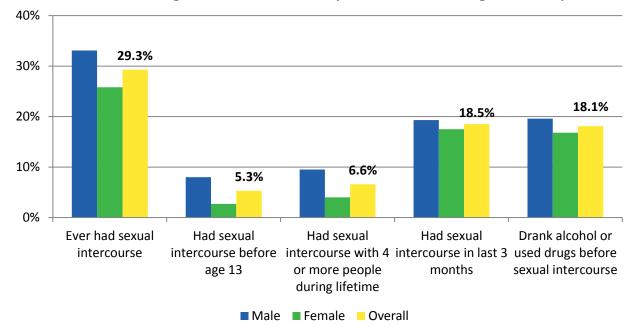
Gonorrhea Rates by Age Group and Sex, Prince George's County, 2017

Data Source: Infectious Disease Bureau, Prevention and Health Promotion Administration, MDH





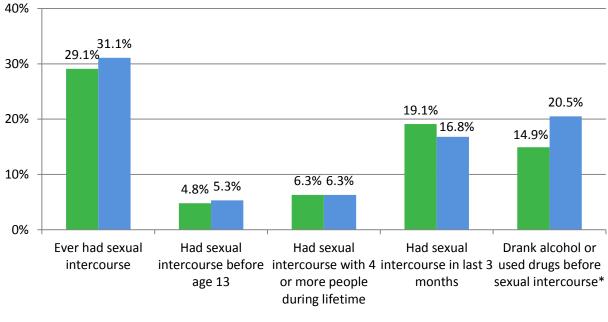
Data Source: Infectious Disease Bureau, Prevention and Health Promotion Administration, MDH





Data Source: 2016 Youth Risk Behavior Survey, MDH

### Sexual Behavior of High School Students by Race/Ethnicity, Prince George's County, 2016



Black, NH Hispanic

\*White, NH not displayed due to insufficient data **Data Source**: 2016 Youth Risk Behavior, MDH

#### Substance Use Disorder

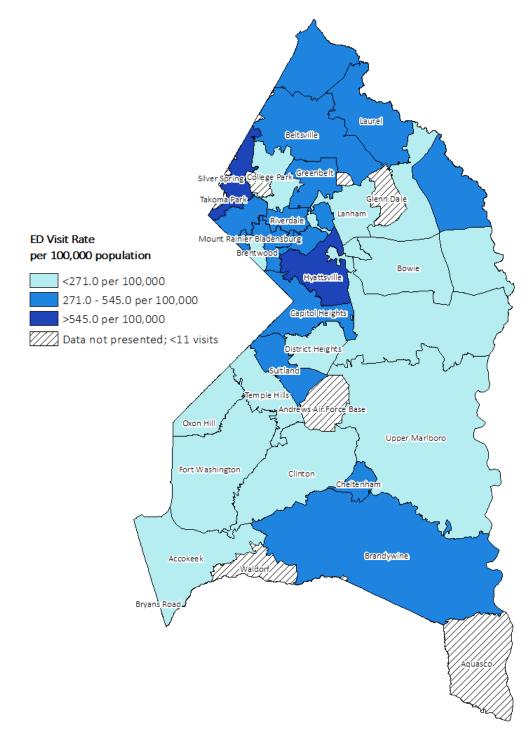
Overview	
What is it?	Substance use disorders occur when the recurrent use of alcohol and/or drugs causes clinically and functionally significant impairment, such as health problems, disability and failure to meet major responsibilities at work, school, or home. (SAMHSA.gov)
Who is affected?	In 2017, 12.8% of county residents reported binge drinking (four or more drinks for a woman in one time period and five or more drinks in one time period for a man). In 2016, 10.9% of adolescents reported using tobacco. Over half (54%) of alcohol- and substance-related emergency department visits in 2017 were among residents 18 to 39 years of age. In 2017, there were 124 opioid-related deaths that occurred in Prince George's County, the majority (83%) of which were related to fentanyl.
Prevention & Treatment	Substance use prevention includes helping individuals develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors (SAMHSA.gov). Substance use treatment includes counseling, inpatient and residential treatment, case management, medication, and peer support.
What are the outcomes?	Substance use disorders result in human suffering for the individual consuming alcohol or drugs as well as their family members and friends. Substance use disorders are associated with lost productivity, child abuse and neglect, crime, motor vehicle accidents and premature death (SAMHSA).
Disparity	White, non-Hispanic residents had a much higher drug-related death rate compared to other county residents in 2017. A higher percentage of males and White, non-Hispanic residents binge drank in 2017 compared to other residents. Males were 3.5 times more likely to have an alcohol- or substance-related emergency department visit than females in 2017.
How do we compare?	Ten percent of adult county residents were current smokers, compared to 14% statewide. Prince George's County had the 4 <sup>th</sup> highest number of opioid-related deaths (by occurrence) in 2017, surpassed by Baltimore City, Baltimore County and Anne Arundel.

Emergency Department Visits* for Alcohol- and Substance-Related Conditions as
the Primary Discharge Diagnosis, Prince George's County, 2017

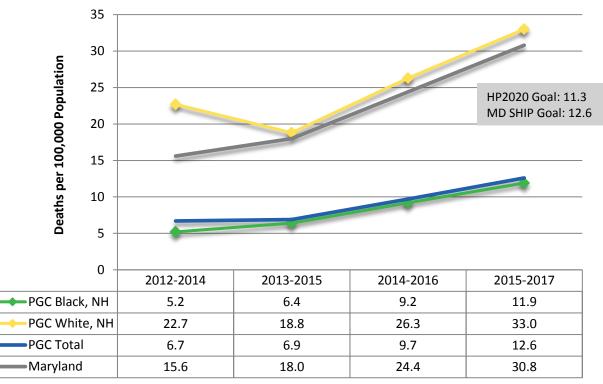
	Number of ED Visits	Age-Adjusted ED Visit Rate per 100,000 Population
Sex		
Male	2,331	508.8
Female	696	144.5
Race/Ethnicity		
Black, non-Hispanic	1,551	265.1
Hispanic	587	353.4
White, non-Hispanic	440	371.0
Age		
Under 18 Years	54	26.6
18 to 39 Years	1,622	559.5
40 to 64 Years	1,218	402.5
65 Years and Over	133	113.7
Total	3,027	320.7

\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County numbers and rate. As noted in the introduction, 2017 data is not comparable to the 2014 data used in the previous health needs assessment due to changes in ICD codes. **Data Source**: Outpatient Discharge Data File 2017, Maryland Health Services Cost Review Commission; Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database

Emergency Department Visit\* Crude Rate per 100,000 Population, Alcohol- and Substance-Related Conditions as Primary Discharge Diagnosis, Prince George's County, 2017



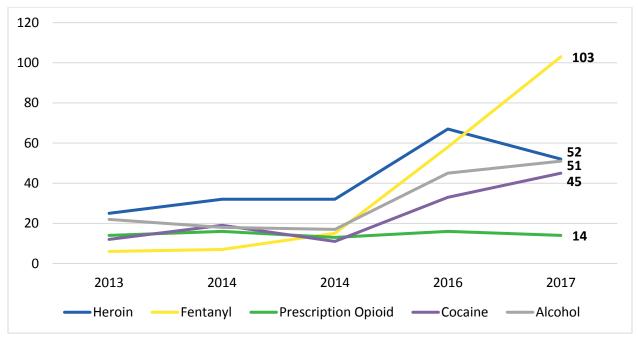
\* ED Visits only include Maryland hospitals. Any visits made by residents to Washington, D.C. are not included, which could affect the Prince George's County rate. Data Source: Outpatient Discharge Data File 2014, Maryland Health Services Cost Review Commission



Drug-Related Age-Adjusted Death Rate per 100,000 Population, 2012 to 2017

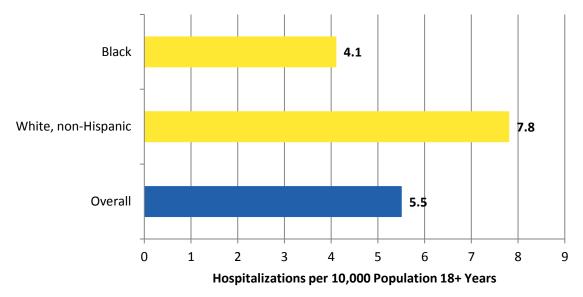
Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database





Data Source: 2017 Unintentional Drug- and Alcohol-Related Intoxication Deaths in Maryland Annual Report

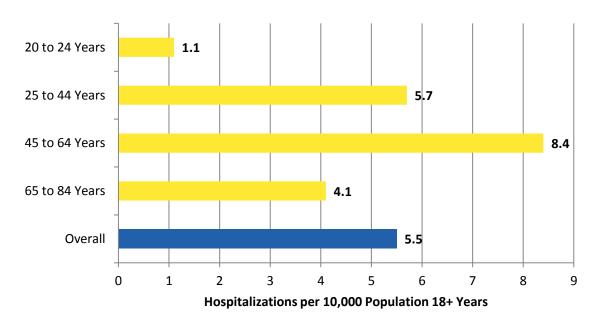
### Age-Adjusted Hospital Inpatient\* Visit Rate due to Alcohol Abuse by Race and Ethnicity, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

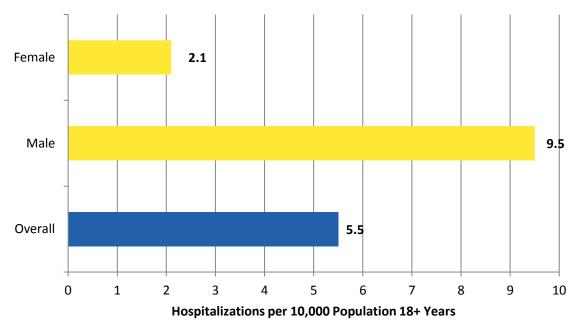
**Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Alcohol Abuse by Age Group, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals **Data Source**: <u>www.pgchealthzone.org</u>; The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

### Age-Adjusted Hospital Inpatient\* Visit Rate due to Alcohol Abuse by Sex, Prince George's County, 2013-2015



\* Includes visits to Maryland and Washington, D.C. hospitals

Data Source: The Maryland Health Services Cost Review Commission; Maryland Health Care Commission

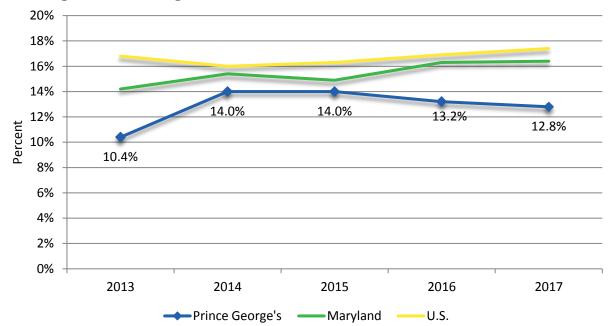
#### Percentage of Adult Binge Drinkers\* in the Past Month, 2017

	Prince George's	Maryland
Sex		
Male	16.2%	19.9%
Female	9.7%	13.0%
Race/Ethnicity		
Black, non-Hispanic	10.9%	13.2%
Hispanic	19.5%	14.0%
White, non-Hispanic	17.3%	21.3%
Age Group		
18 to 34 Years	19.7%	25.7%
35 to 49 Years	13.5%	16.4%
50 to 64 Years	9.3%	11.7%
Over 65 Years	**	4.3%
Total	12.8%	16.4%

\*Binge drinking is defined as males having five or more drinks on one occasion, females having four or more drinks on one occasion

\*\* Over 65 years not presented due to insufficient data.

**Data Source:** 2017 Maryland Behavioral Risk Factor Surveillance System, MDH; https://ibis.health.maryland.gov , accessed on 5/13/2019



#### Percentage of Adult Binge Drinkers\* in the Past Month, 2013 to 2017

\*Binge drinking is defined as males having five or more drinks on one occasion, females having four or more drinks on one occasion

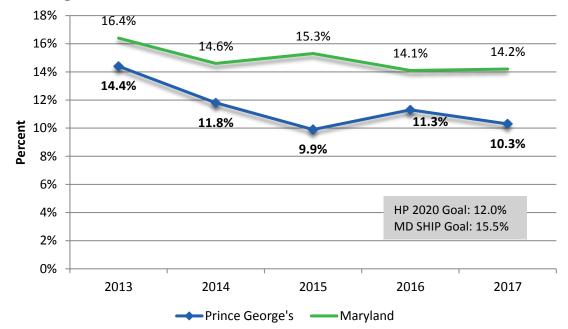
**Data Source:** 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

#### Percentage of Adults Who Currently Smoke, 2017

	Prince George's	Maryland
Sex	This course of	in a yiana
Male	13.1%	16.4%
Female	7.0%	12.0%
Race/Ethnicity		
Black, non-Hispanic	9.0%	15.1%
Hispanic	20.7%	13.9%
White, non-Hispanic	13.8%	15.1%
Age Group		
18 to 34 Years	9.3%	15.4%
35 to 49 Years	10.4%	15.0%
50 to 64 Years	10.8%	15.4%
Over 65 Years	**	8.2%
Total	10.3%	14.2%

\*\*Over 65 years not presented due to insufficient data

**Data Source:** 2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019



#### Percentage of Current Adult Smokers, 2013 to 2017

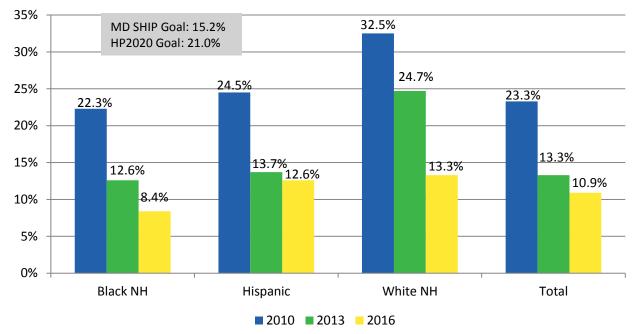
**Data Source:** 2013-2017 Maryland Behavioral Risk Factor Surveillance System, <u>https://ibis.health.maryland.gov</u>, accessed 5/13/2019

	Prince George's	Maryland
Sex		
Male	11.7%	22.2%
Female	21.9%	28.6%
Race/Ethnicity		
Black, non-Hispanic	15.2%	17.8%
Hispanic	19.5%	23.5%
White, non-Hispanic	**	33.2%
Age Group		
15 or Younger	14.0%	18.7%
16 or 17 Years	19.6%	31.0%
18 or Older	19.2%	32.4%
Total	17.0%	25.5%

#### Percentage of Students who Drank Alcohol During the Past Month, 2016

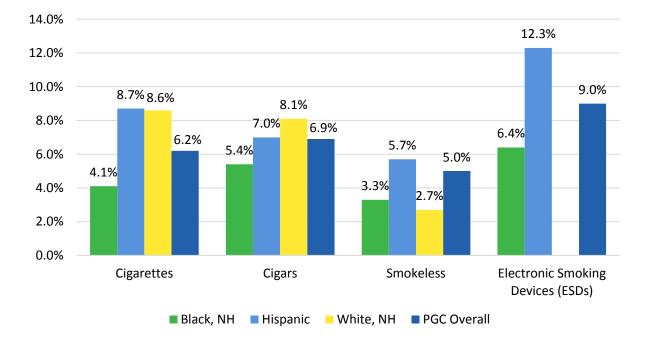
\*\* White, non-Hispanic not presented due to insufficient data

### High School Students Who Used Tobacco Products During the Past Month, Prince George's County, 2010, 2013 and 2016

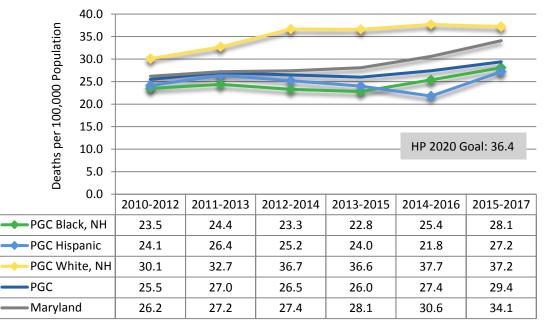


Data Source: 2010-2016 Youth Risk Behavior Survey Report for Prince George's County and Maryland, MDH

### Tobacco Products Used by High School Students During the Past Month by Race/Ethnicity, Prince George's County, 2016



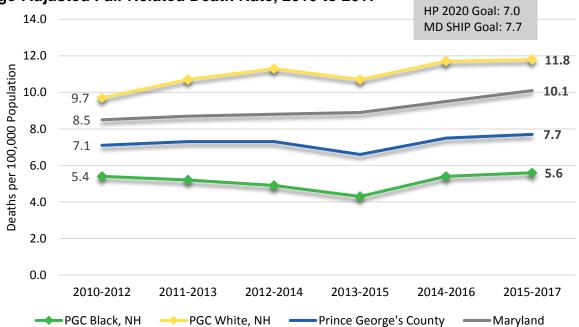
#### **Unintentional Injuries (Accidents)**



#### Age-Adjusted Death Rate per 100,000 for Unintentional Injuries, 2010-2017

\* Asian/Pacific Islanders were not included due to insufficient numbers

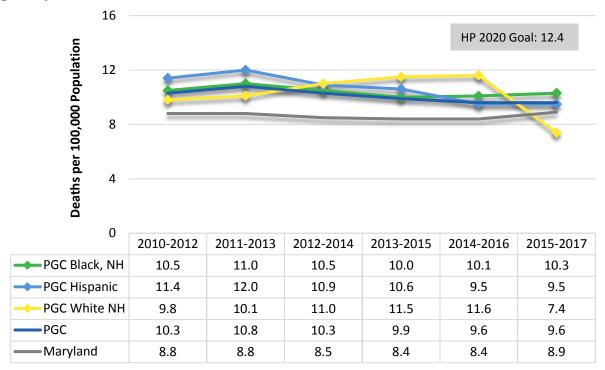
Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database



#### Age-Adjusted Fall-Related Death Rate, 2010 to 2017

\* Residents of Hispanic Origin and Asian/Pacific Islanders were not included due to insufficient numbers

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database;

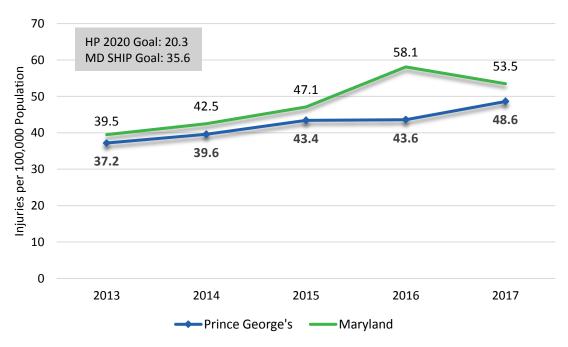


#### Age-Adjusted Death Rate due to Motor Vehicle Accidents, 2010-2017

\* Asian/Pacific Island Residents were not included due to insufficient numbers

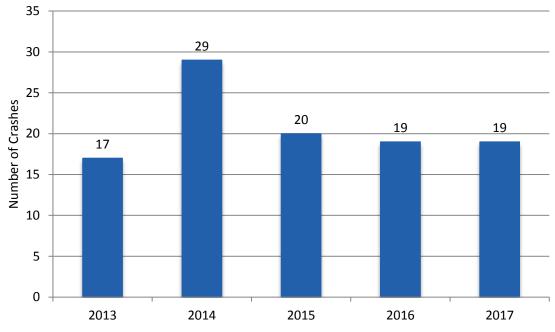
**Data Source**: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database; Healthy People 2020 https://www.healthypeople.gov/

#### Pedestrian Injury Rate on Public Roads, 2013-2017



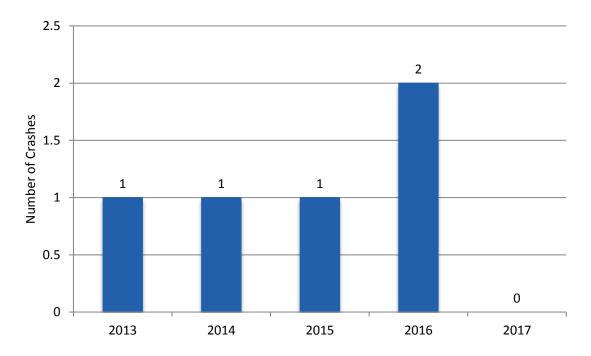
Data Source: Maryland State Highway Administration (SHA)

### Fatal Motor Vehicle Crashes Involving Pedestrians on Foot, Prince George's County, 2013-2017

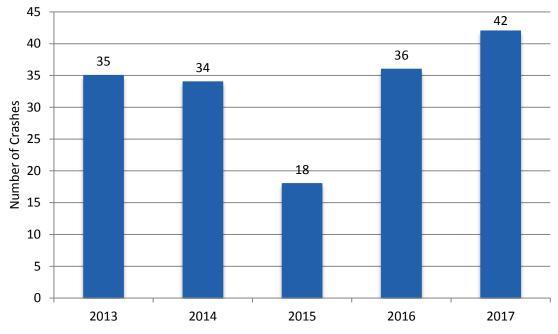


Data Source: Maryland Highway Safety Office, Maryland Department of Transportation

### Fatal Motor Vehicle Crashes Involving Bicycles or Other Pedalcycles, Prince George's County, 2013-2017

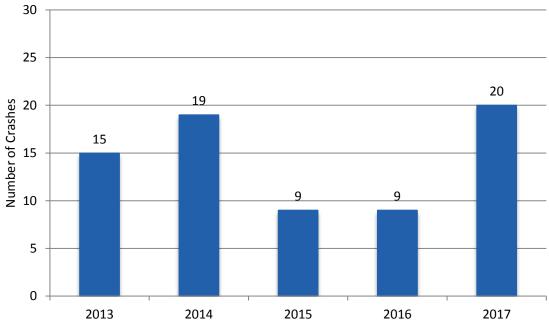


### Fatal Motor Vehicle Crashes Involving Distracted Driving, Prince George's County, 2013-2017



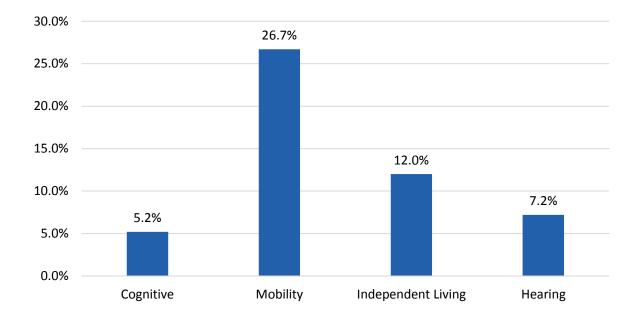
Data Source: Maryland Highway Safety Office, Maryland Department of Transportation

### Fatal Motor Vehicle Crashes Involving Driver Speed, Prince George's County, 2013-2017



Data Source: Maryland Highway Safety Office, Maryland Department of Transportation

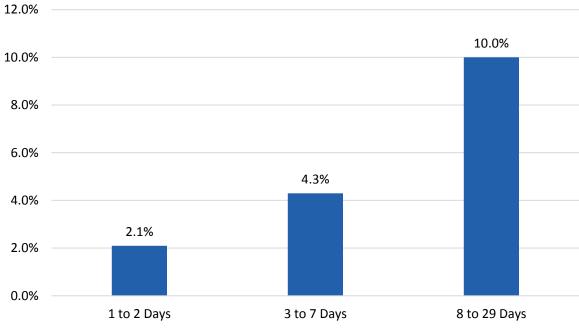
#### **Senior Health**



Percentage of Seniors (65+ Older) by Disability Type, Prince George's County, 2017

Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System; Accessed 6/6/2019

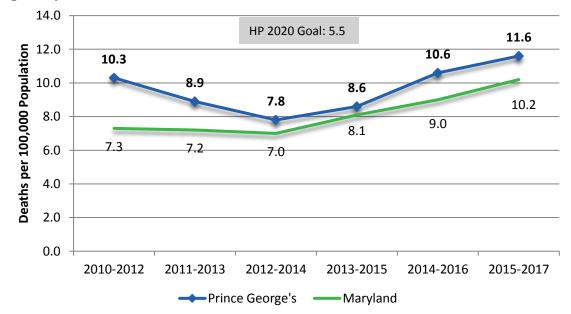
#### Percentage of Seniors (65+ Older) Reporting Physical or Mental Health Kept Them From Usual Activities in the Past Month, Prince George's County, 2017



Data Source: 2017 Maryland Behavioral Risk Factor Surveillance System; Accessed 6/6/2019

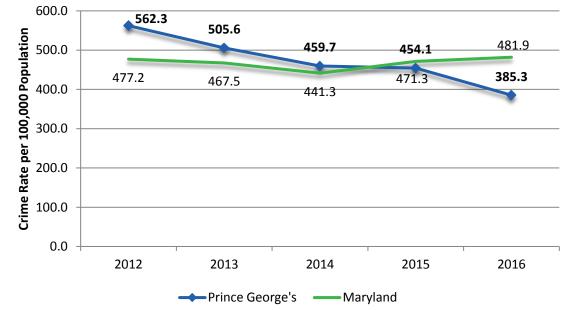
#### **Violence and Domestic Violence**

Overview	
What is it?	Violence affects all stages of life and includes child abuse, elder abuse, sexual violence, homicides, and domestic violence. Domestic violence is a pattern of abusive behavior including willful intimidation, physical assault, battery, and sexual assault used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can happen to anyone regardless of age, economic status, race, religion, sexual orientation, nationality, sex, or educational background (National Coalition Against Domestic Violence).
Who is affected?	There were 2,949 violent crimes (includes homicide, rape, robbery, and aggravated assault) in 2017, and 93 residents in the county died by homicide. (MD Vital Statistics). In 2017, there were 1,711 reports of domestic violence in the county, and from July 2016 to June 2017 there were 5 domestic violence-related deaths. (Maryland Network Against Domestic Violence).
Prevention and Treatment	<ul> <li>Domestic violence prevention efforts depend on the population and include:</li> <li>Prevent domestic violence before is exists (primary prevention)</li> <li>Decrease the start of a problem by targeting services to at-risk individuals and addressing risk factors (secondary prevention)</li> <li>Minimize a problem that is clear evidence and causing harm (tertiary prevention) (Maryland Network Against Domestic Violence).</li> </ul>
What are the outcomes?	Apart from deaths and injuries, domestic violence is associated with adverse physical, reproductive, psychological, social, and health behaviors. (CDC.gov).
Disparity	No data is currently available about disparities for violence and domestic violence. However, anyone can experience domestic violence. Women generally experience the highest rates of partner violence compared to males. Teenaged, pregnant, and disabled women are especially at risk. (MD Network Against Domestic Violence).
How do we compare?	The county's age-adjusted death rate due to homicide in 2017 was 11.6, compared to the state overall at 10.2 and the U.S. at 6.0 per 100,000 population. The county's violent crime rate in 2017 was 385.3, below the state rate of 481.9 per 100,000. (MD Governor's Office of Crime Control and Prevention)



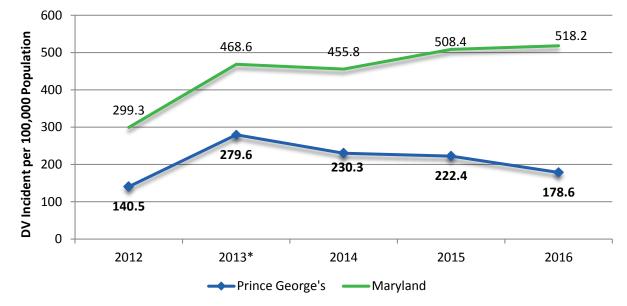
#### Age-Adjusted Death Rate for Homicide, 2010-2017

Data Source: Centers for Disease Control and Prevention, National Center for Health Statistics, CDC WONDER Online Database



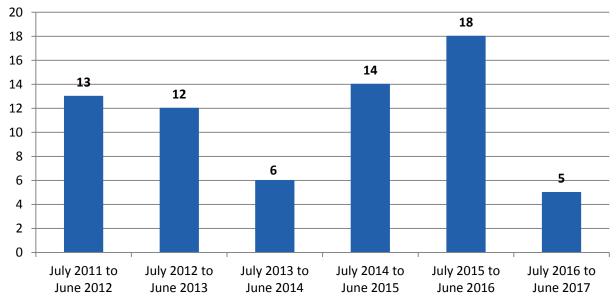
#### Violent Crime\* Rate, Prince George's County Compared to Maryland, 2012-2016

\*Violent crimes include homicide, rape, robbery, and aggravated assault. **Data Source**: Maryland Uniform Crime Report



Rate of Domestic Violence, Prince George's Compared to Maryland, 2012-2016

\*In 2013, domestic violence data reporting was expanded to include additional relationships and reflect changes in Maryland law. This change explains the increase in the total number of Domestically Related Crimes reported. **Data Source**: Maryland Uniform Crime Report



Domestic Violence-Related Deaths in Prince George's County, 2012-2017

Data Source: Maryland Network Against Domestic Violence

# KEY INFORMANT interviews

## **KEY INFORMANT INTERVIEWS**

#### Introduction

As part of the 2019 Community Health Assessment conducted in partnership with the county's hospitals, the Prince George's County Health Department (PGCHD) conducted key informant interviews with 14 County leaders drawn from diverse backgrounds with varying perspectives on health in the County. This report summarizes the approach to the interviews and the findings.

#### **Key Findings**

- The most important health issues facing the County are behavioral health, chronic disease, access to care, and issues surrounding healthy eating and active living (i.e. food insecurity, food deserts).
- The most important social determinants of health in the County are (1) Housing,
  (2) Lack of transportation, (3) education, (4) economic issues such as employment, (5) access to affordable health care and (6) access to healthy food.
- The most important barriers relative to the health and well-being of residents are (1) limited access to healthcare due to lack of insurance, (2) transportation issues, (3) the intersection between pockets of poverty, provider shortages, housing, perception of health care in the county, and limited access to healthy foods.
- The leading physical health concerns are the incidence and prevalence of chronic disease, including cardiovascular disease, hypertension, Type 2 diabetes, as well as contributing factors such as obesity and physical health management.
- Several issues surrounding behavioral health are of heightened concern for Prince George's County residents. Issues such as lack of adequate housing for homeless individuals who often have comorbid mental health issues and need stable housing while they are recovering from their behavioral health concerns; the stigma surrounding mental health issues and receiving treatment; a perception of inadequate facilities for children and adolescents who are facing mental health challenges and an overall sense of increased stress in the county which will continue to inevitably affect the residents.

- Environmental health concerns surrounded issues such increased asthma reports in children, concerns about the quality of our air and water as a result of the increase in flooding (water) and the high rates of transportation (thus emissions) in the county. Representatives also mentioned responsible land use issues such as zoning, landfills and housing construction.
- One of the challenges that county leadership is faced with is that although there are several different initiatives addressing health that are active in the county, there is still a sense amongst residents that not enough work is being done. Residents do not want to see temporary fixes, they want to see and experience permanent change in the county regarding health outcomes. Although some are optimistic about future directions, it is important that local residents are made aware of what transformative changes are taking place in the county and what role they can also play in making hopeful changes into realities.
- Visible and sustainable partnerships and collaborations are needed in the county to address many of the health concerns that were shared by the representatives. Residents and leaders of county organizations, systems and businesses need to have more opportunities to collaborate and plan so that they can execute and have more "buy-in" on various community and evidence-based health approaches in the county.
- More needs to be done to address issues surrounding rising immigration, gentrification, chronic diseases and behavioral health issues.

#### **Methodology**

**Sample:** Twenty-nine individuals were identified by the area hospitals and PGCHD as key informants. These individuals represented local government; hospital systems, patient advocates; faith-based organizations; the public school system; local politicians; academia; public safety; safety net providers; state government; physician providers; private industry; local philanthropy and special populations. The representatives reside and work in all areas of the County. Of the 28 potential respondents, 14 individuals completed the interviews. Despite multiple attempts to schedule interviews, it is recognized that there are various groups that were not represented due to lack of response and/or time limitations. However, efforts were made to include representation in the Community Expert Survey for under-represented populations to ensure inclusion in the Community Health Assessment process.

Appendix A presents the list of persons who completed the interviews.

**Interview Protocol:** The comprehensive interview guide developed for the 2016 Community Health Assessment was utilized for consistency (see **Appendix B**), which consisted of 17 open ended questions with related probes. The guide addressed the following focus areas: assets and barriers relative to health promotion in the County; opinions on the leading health threats currently facing the County; specific priorities in the areas of physical, behavioral and environmental health; and emerging threats to residents' health. All interviews were conducted by Dr. Sylvette LaTouche-Howard, a Clinical Professor at the University of Maryland School of Public Health.

**Implementation:** The interviewer conducted all of the interviews by telephone. Interviews ranged from 30 to 75 minutes in duration, and respondents were emailed the questions in advance of the interview. All interviews were conducted between April 8, 2019 and May 7, 2019.

<u>Analysis:</u> Preliminary analysis of the interview data occurred at the conclusion of each data collection activity. The interviewer identified and recorded first impressions and highlights. The second stage of analysis identified common categories and overarching themes that emerged as patterns in the data. In the presentation of the interview findings, key patterns are reported along with supportive quotes.

### **Question-by-Question Analysis**

# 1. What is your organization/ program's role relative to the health and well-being of County residents?

See Appendix A for a list of participants.

#### 2. How long has your organization/ program played this role?

The key informant sample was drawn to reflect various disciplines including local government; patient advocates; faith-based organizations; safety net providers; state government; academia; private industry; and special populations. Local government agencies represented included the Health Department; Department of Social Services; Department of the Environment, Department of Corrections, the Memorial Library System and Police Department. Other respondents included a representative from the County's Chamber of Commerce, a faith leader representative, a local community college representative, two hospital administrators and a safety net provider. The respondents represent over 450 years of active service in the County.

# 3. In your opinion has the health of County residents improved, stayed the same, or declined over the past few years? What makes you say that?

A little over 40% (N=6) of the respondents believed that over the past few years, residents' health have improved. An equal amount of respondents reported that they believed that the health of the county had either stayed the same or that they were uncertain of the county's status because although some indicators had improved others had declined. The Robert Wood Johnson County Health Rankings Report was referenced by many respondents stating that the county's health was improving as its overall ranking increased over the past few years (currently at #11, an increase from #16 in 2016 and #14 in 2017 and 2018). Respondents also highlighted other indicators, such as: the arrival of the new hospital, increasing amount of conversations surrounding health and well-being in the county, an increase in engagement of organizations in the county with a focus on becoming a healthier county and more awareness of the current health issues.

For those who felt that the health of the county had either stayed the same or were unsure, many expressed that health insurance (lack of and ability to maximize its use) was still a prevalent issue for county residents, mental illness-related issues appeared to be on the rise, and the number of individuals with chronic diseases (e.g., diabetes, hypertension, and cardiovascular disease) and related deaths are increasing in the county.

Chronic disease and mental health were also mentioned by respondents who believed resident health in the county had worsened, while also acknowledging that resolving these issues would be complex. Responses regarding maternal and child health were mixed. Some respondents felt that the county had improved, while others noted that there had been a decline in this area; however, the arrival of the new Deputy Chief Administrative Officer for Health and Human Services, with a background in pediatric care, to the county's executive team, led some to believe that issues in this area will improve. All respondents reflected an overall sense of vigilance about the health of the county:

"Our county is healthier according to their (RWJ rankings) criteria, we can claim that. We are not satisfied with that however because we use other criteria and those areas like STD's and Cancer rates we are not getting better, we have a lot of work still to do".

4. What are the County's three most important assets/strengths relative to the health and well- being of residents?

Due to the varying roles the respondents have in the county, responses ranged across an array of different answers. The most common responses were (in descending order of frequency): the county's vast array of green space and the Prince George's County Parks and Recreation which provides opportunities for physical activity and well-being; the new County Executive and leadership in the county and their commitment to increasing the quality of life for its residents, as one resident stated:

### *"Ms. Alsobrooks talks about Prince George's County as being a treasure and I believe that it is true"*

#### And a strong sense of community:

### "The pride of the Prince George's County resident is amazing- so many people want to see this county succeed and that is like none other."

The UMD Capitol Regional Health Center was viewed as a valuable asset to the county, due to its potential to increase residents' access to health care and provision of a quality health care system that residents can trust. PGCHD also received some accolades for its ability to bring various organizations together in collaboration to address varying health issues for its residents. PGCHD is also seen as leading the effort to design interventions, solutions, and programs that are data-driven and evidence based. Respondents would like to see other County agencies adopt a similar approach as they work in the health arena.

The Prince George's Community College and the Prince George's County Memorial Library System were also mentioned as an asset to the county for providing quality, affordable training and resources to support the workforce and offering courses to residents to keep them marketable (PGCC) with up-to-date information and resources (Memorial Library System).

# 5. What are the County's three most important barriers relative to the health and well-being of residents?

In contrast to the variation observed in the responses about the County's assets relative to health, there was a consensus about the most important barriers (in descending order of frequency): limited access to healthcare due to lack of insurance, transportation issues, poverty, provider shortages, housing, perception of health care in the county, limited access to healthy foods as evidenced by food deserts in some communities and the pervading presence of fast food restaurants in lower wealth areas; and poor adoption of behaviors and activities that promote healthy eating and active living.

<u>Access to Quality Care:</u> Respondents shared that while the county has great resources, they were not always accessible to all residents. Additionally, there was a predominant perception that not enough money had been invested in the health of county residents in the past, which is why the county is currently dealing with so many chronic disease and other health-related issues. Although there is a lot of optimism surrounding the new

regional hospital center, respondents were aware that the hospital system could not solve all of the problems in the county, and, they felt it was important that somehow residents understood that, or that it was communicated to them. Some respondents shared that they felt that a concerted and combined effort of all of the organizations (public and private) in the county was imperative if the county were to overcome the access barrier:

"We need to work better together-there is not a concerted effort to address the social determinants of health so that we can fill in the gap because the health care budget cannot do it all".

The overall perception of poorer quality of care in the county was an issue raised by approximately one-third of the respondents. Respondents shared that the healthcare system needed to *"regain the trust"* of its residents as many of them are getting their care outside of the county.

"We have approximately 63 percent of our population going outside of the county for (their) care and we have 8 out of 10 babies (who) are born outside of Prince George's County so the resident mothers are choosing 8 times out of 10 to have their babies delivered somewhere else and that is a very personal choice."

#### Transportation:

"There are some really beautiful places where you can go but really you can't go to them because you don't have a car" The purple line may help with some of that but then again the purple line is going to displace a whole bunch of people".

Transportation issues were mentioned by several respondents. Many shared that in order to get around the county and experience the best that the county has to offer, transportation is a must. Moreover, respondents said that the existing transportation system was not extensive enough to meet the need of the residents, thus causing residents with access to vehicles to use them a lot more than perhaps desired:

### *"We are still too vehicular dependent even though we have a lot of metro stations, you still even have to drive to a good grocery store."*

<u>Poverty:</u> Whether it was the issue of displaced populations due to gentrification (the perception that many individuals who can no longer afford to live in the District are currently moving into the county) or it was viewed as the income differences in the urban areas bordering Washington, D.C (commonly referred to as "inside the beltway" referring to the area within Capital Beltway or I-495) compared to the areas further away (outside the beltway), most of the interview respondents agreed that areas of concentrated poverty were not only evident in the county but it was a very strong barrier for the overall health of county residents:

"We need to have a regional conversation of health and wealth and ensure that our surrounding neighbors stop pushing problems to Prince George's County."

Some respondents shared concerns that residents living in lower income areas of the county may be eligible for, but did not "take advantage" of, the services available to them, or were not even aware that such services existed. Other respondents believed that low rates of health seeking behavior may be attributed to the increasing cost of healthcare, leading to residents only seeking out needed services only when their health was severely worse.

# "The county does not have a safety net system and desperately needs one."

Respondents also shared that it was difficult to get all of your support services in one place, and it was not always easy for a resident to get the services that they need in a limited amount of time:

"A resident of the county cannot go to one place and get all the services they need. They have to go to multiple places... sometimes they even have to go out of the county."

<u>Perception of Care and Stigma:</u> Stigma often serves as a barrier to health seeking behavior, engagement in care and adherence to treatment across a range of health conditions. The lives of people with disease and disability are worsened by stigma which can often contribute to negative implications for health and well-being. Some respondents shared that stigma and lack of awareness may cause some individuals not to seek the care that they needed. Although most respondents shared that reducing stigma was important, a concrete plan on how to do that did not emerge from the interviews.

<u>Access to Healthy Food:</u> According to respondents limited access to healthy and affordable food caused by food deserts, and the presence of numerous fast food establishments do not support healthy eating. Several respondents felt that the combination of a stressful and busy lifestyle and the availability of unhealthy foods in lower wealth areas were a "*recipe*" for the increased rates of obesity and other chronic diseases experienced by residents in the county.

6. What do you think are the three most important social determinants of health in the County? (Social determinants of health are factors related to the social environment, physical environment, health services, and structural and societal characteristics.)

Social determinants mentioned in order of frequency were: Housing, lack of transportation (details included in discussion of Question 5 above), education, economic issues (e.g., employment), access to affordable health care, and access to healthy food (details included in discussion of Question 5 above).

<u>Housing:</u> Over half of respondents shared that housing was one of the most important determinants of health in the county. Several issues about housing were raised:

- <u>Stability</u>: Many residents in the county facing mental health issues also have unstable housing, contributing to their inability to manage their health. Many are considered as "high utilizers" and often are in and out of either the emergency room or the jail system.
- <u>Affordability and accessibility</u>: One respondent noted that some of the best affordable places to live in the county are inaccessible to people who do not have their own personal transportation. Conversely, when housing is accessible and is located in a "good" area, it is usually unaffordable for many residents.

"Housing is one of the essential things for people, the county still has an opportunity to make this situation better as they think of county growth so that people can grow and thrive in Prince George's County and not have to leave the county...Why is it when the malls are filled and the area gets pretty do all the poor people have to move out?"

• <u>Suitable for all populations</u>: Having housing in the county that is available and suitable for all age groups was also a concern. As the population of the county continues to age, there will be an increasing need for assisted living facilities.

"As individuals age, many do not want to live in the large homes that once accommodated their large family, neither do they want to live in a nursing home. Also we need to help people to plan. People are out-living their money. And that's a real issue because they do not qualify for nursing home levels of care. But they can't afford assisted living so what are they supposed to do, someone needs to answer that".

#### On the other hand, another respondent shared that it was

"essential that the county consider the type of housing that would attract millennials because they are the working individuals needed to help the economy to thrive and based on the current housing trends most of them will not want the big houses that were created in county in the late 90's and early 2000's".

#### Education:

### *"We cannot fix the health of individuals if we don't fix the education system"*

Nearly half of the respondents chose education as one of the top three social determinants of health in the county. Many were concerned about the overall quality of the K-12 public school system. Many respondents were encouraged that this was a priority for the new County Executive; however, understandably, many felt that it would take a while to see a shift happen. In the meantime, the status of the school system will still affect the health of the county. Respondents felt strongly that in order to have a thriving county, you need children that are also thriving, that are healthy and have good mental health. One respondent shared that many individuals are reluctant to send their children to the public school system in the county and may even make them reconsider staying in the county.

#### "You only get one chance with your kid's education."

Many also shared their feelings about the importance of the schools making a commitment to providing more recreational activities/physical education classes so that kids can learn about their bodies and their overall health.

<u>Economy</u>: Employment, more specifically livable wage employment was a concern for over half of the respondents.

"We need to push for GOOD livable wages; yes it hurts small businesses because they cannot always afford to pay \$15-16 an hour and we have to figure that out, but then again how are people supposed to live?"

The increasing amount of residents working outside of the county because of higher wages/salary compensation was also a concern.

"Nearly 70% of the work population live outside the county. When you are not making the PTA meeting it is because you are on the road, or missing the civic council meeting or any type of civic duties you cannot do because you work outside the county. So we need to do better with work and place so that people can be the citizens we desire them to be."

Many respondents cited lack of access to opportunities and lack of resources for some county residents were by-products of the poor economic conditions in the county.

### 7. What do you think are the three most important physical health needs or concerns of County residents?

Chronic diseases, such as Type 2 diabetes, cardiovascular disease, cancer and hypertension were mentioned by two-thirds of the participants. All respondents were concerned about the overall physical health of county residents and believed that provider care (whether it was access to or availability of) was a major issue in the

county, strongly related to the amount of physical health conditions existing in the county. The lack of regular routine checkups, trust of medical professionals in the county, and the lack of adequate healthcare were cited as possible causes for some of the physical health issues experienced in the county. One respondent shared that, because some residents only seek care when they are severely ill and/or cannot manage their daily activities, they end up being more severely plagued by their chronic condition when it could have been better managed if they had sought earlier treatment.

Physical health management was also cited as an issue respondents felt needed to be addressed, ranging from having adequate transportation to get individuals to their medical care appointments, to helping a resident manage their multiple comorbid conditions. Obesity was also frequently mentioned, both as an effect of another physical health concern (e.g., lack of access to healthy food options and/or walkable areas) or as a risk factor for other chronic diseases. Family planning, dental services and mobility for seniors were also mentioned.

# 8. What do you think are the three most important behavioral/mental health needs facing the County?

All respondents expressed that the rising incidence of behavioral health problems among adults and children, the stigma around seeking help for mental conditions, and the limited access to behavioral health services due to a lack of providers, are three pressing problems in the County. Substance abuse, depression, anxiety, and suicide provoked by the stresses of long commutes, the high cost of living, limited social support, and for some immigrants and seniors, feelings of isolation from the greater community, are prevalent concerns. Some respondents mentioned the relationship between poor mental health and overall health, stating if residents are not feeling overwhelmed by mental health issues, they are more likely to engage in activities that are good for their overall health (e.g., physical activity, healthy eating, or going to medical appointments). Most respondents felt that the mental health issues in the county need to be addressed immediately, as these issues are the basis for the overall health of the residents in the county.

#### "The mental health issues have gotten really out of proportion; people are feeling inadequate, they are turning to all kinds of ways that they can alleviate the pain."

Many respondents believed that seeking mental health treatment was traditionally stigmatized in the African American community and other communities of color and that not enough was being done to reduce the stigma. Others believed that residents were

not aware of the available resources or the mental health indicators they should be aware of, either for themselves and/or others.

There was an overwhelming sense of concern and a need for more resources for children, adolescents and homeless populations. The majority of the respondents mentioned that homelessness was related to behavioral health and that homeless individuals needed to have stable housing in order to assist with their behavioral health concerns. Some respondents also raised concerns about the high rates of individuals in the emergency room and the jails with behavioral health needs. Similarly, the lack of child and adolescent mental health services in the county, including a need for more dedicated beds and facilities for those age groups, were mentioned.

Many respondents shared that a better understanding of health insurance and its offerings would also be beneficial. Assistance finding qualified mental health providers in the county, could help demystify how the system actually works. The faith community was also mentioned as a place where mental health stigma could be addressed, and mental health care could be promoted. One respondent noted that few of the local faith organizations actively promote care seeking for mental disorders yet are one of the most trusted sources of health information, counseling and social support for many residents, particularly those who lack ready access to healthcare.

# 9. What do you think are the three most important health-related environmental concerns facing the County?

Nearly all of the respondents cited air quality, water, and responsible land use as their most important health-related environmental concerns.

<u>Air Quality:</u> The quality of the air in the county was a concern to some of the respondents, eluding to the possible relationship between physical health conditions (e.g., asthma) and air quality.

"There is a major opportunity to improve the health of the county related to air quality-it affects a lot of pulmonary conditions here, so whether it's the pollen or its summertime, everybody's driving and all those emissions are stinking up the air! I definitely think that the air quality is a concern."

<u>Water:</u> Most respondents were not certain about factors contributing to their concern about the water; however, many felt that there should be an examination of the water quality and purity based on the increase in flooding that residents experienced over the past few years. <u>Responsible Land Use:</u> The concerns around responsible land use spanned across several issues. Many respondents were concerned about the abundance of landfills in the county:

### "...they (landfills) seem to be everywhere, trucks come from all over the state, and it seems to bring their trash into Prince George's County."

Other respondents shared concerns about development projects in the county and their effects on the abundance of green space in the county. One respondent felt that all of the development in the county was encroaching on the community and that more attention needed to be put towards maintaining and creating more walkable green spaces and installing more bike trails so that residents could be less dependent on their vehicles.

"Parks are great, but if no one can get to them or they are too far away, it is not of much good to most people."

"We need more complete streets when they are building the new construction projects. The type of streets that they promote all types of traffic be it physical like walking or biking or driving a car, in a safe manner."

Personal responsibility was mentioned by some of the respondents, such as community cleanliness and demanding more information about environmental health issues.

*"We talk about gorgeous Prince George's but people have to be accountable for their personal environments as well."* 

Other areas of environmental health concerns mentioned included: road infrastructure, transportation concerns, quality housing, food insecurity, and lead in older homes.

# 10. Now if you had to prioritize and select the three most important health issues facing the County from among those you just mentioned what would they be?

Nearly all respondents mentioned behavioral health and chronic disease as the most important health issues facing the county. The third most important health issue was a tie between housing, access to care, education (quality amongst K-12 schools in the county) and issues related to healthy eating (i.e. food insecurity, food deserts). Several respondents expressed that the reputation of the county will be based on our ability to address the aforementioned issues and that our health ranking in the state will remain relatively the same unless we address these issues. All agreed that intentional discussions and action plans surrounding these issues were essential. Several

respondents mentioned the need to address persons who utilize hospital inpatient and emergency services because they either lack a medical home and/or do not practice effective self-management.

Respondents were equally adamant that the County must curtail the proliferation of fast food restaurants, actively work to end food deserts, and make farmers markets and full service supermarkets readily accessible to all residents. Respondents proposed that increased public and private collaboration to raise awareness of available services and resources through social marketing campaigns and enhancing the capacity of faith- and community-based organizations would further this goal.

Many respondents agreed that the County should put health at the center of all its planning, including economic development, education, housing, and transportation. Policies that support living wages, the expansion of the safety net, and the creation of more jobs within the County will reduce poverty and thereby reduce financial stress. Less stress will allow residents to focus more on prevention and have the financial resources to practice effective preventive behaviors.

# 11. In what way does your organization/ program address each of the three issues you just mentioned?

Efforts to address the myriad of health problems and concerns raised by the respondents fell into three main categories: direct services; community health education and outreach; and partnerships and collaborations.

<u>Direct Service</u>: All of the direct service providers reported working at capacity and still being unable to meet the demand. Many predict that the demand for services will continue to rise and, given the significant proportion of highly educated residents in the County, consumers will increasingly demand high quality services. All noted that in addition to the provider shortage the non-profit sector particularly in the area of supportive services is very underdeveloped often leaving providers with no referral options.

Education and Outreach: Many respondents felt that one of their most important roles was to provide community health education and outreach to local residents. Several respondents expressed they wished to do more; however, their organizations were already at capacity and needed to expand to be better equipped to provide needed resources to additional residents in Prince George's County.

<u>Partnerships and Collaborations:</u> Several respondents reported having partnerships and collaborations with various local, state and national organizations and were passionate about the importance of collaborating with others for the benefit of the local residents.

Additionally, respondents were adamant about not "meeting for the sake of meeting" and actually having productive and engaging conversation *and* action surrounding the vast array of issues that were significant in the county.

#### 12. How well is the County as a whole responding to these issues?

"I am encouraged by the conversations that we have had here in the county. I am seeing it more and more, where people are at least willing to have the conversation and then doing something about it."

All of the respondents emphasized that they were optimistic about the current direction of the County Executive and their push towards a better Prince George's and being "*all in*."

#### "The County Executive is generating a lot of hope, and I believe we will see the results."

The majority of the respondents were mindful that change does not happen rapidly but in fact takes several years to see positive outcomes. Most respondents mentioned that there definitely was a "*buzz*" and that lots of conversations were being held in the county about creating strategies to reduce and eliminate many of the health issues that county residents were dealing with. Many respondents eluded to a sense of urgency, noting that many of the health issues they discussed were not new to the county, yet, there was still so much that needed to be done. Respondents felt that residents were getting frustrated and inpatient, and a few questioned if health was seen as a priority to the local county government based on how long issues have taken in the past to be financially addressed.

"The county is responding; it's a slow conversion. It's as if there are a tsunami of responses, when the county is confronted with the facts of a crisis, they start to move towards healthier behaviors. This is because health is not a priority in the county. It has been this way for a number of years, perhaps it is due to the lack of dollars that come into the health department, it has not had adequate systems to address specific needs and disease states for several years."

Some respondents were not confident that the county had done its fair share in the past to reduce the prevalent health issues in the county. Regarding that level of confidence:

*"I honestly do not think they are, When the county shuts down services for pregnant women, that is an indicator of how they feel although it was* 

because they said that they could not afford it, it does not push the problem away, in fact it gets bigger. The County is very good at planning and doing really good reports... However, there needs to be more planning and sometimes there is but there needs to be more follow through".

A number of respondents shared that the county was developing rapidly, perhaps more rapidly than anticipated, whether it be through immigration, increases in births and/or individuals moving into the county from the surrounding jurisdictions. Based on all of the rapid changes in the county, the majority of the respondents shared that there is a strong need for an executable action plan for all residents that is easy to follow and monitor.

Respondents supported the hospital and investment in the facility, but the management of the hospital concerning to some of the respondents, wanting to ensure that the enthusiasm would remain the same even after the "ribbon cutting."

"We have a new hospital that's coming but hopefully we will get all of the services that we need, no matter how much money it costs because care costs money, In order to save money you have to spend money, spend money on the prevention you guys spend money to make sure people are insured and make sure that they use their insurance, make sure that there's access to services. If we don't spend money on the front end, we will definitely spend it on the other end and it will cost more."

#### 13. What more needs to be done and by which organizations/ programs?

#### "There is a lot to do, but we all have to "step up."

Promoting service integration across public and private providers and developing systems of care for physical and behavioral health were noted as high priorities by most respondents. Furthermore, the desire to have as many agencies, organizations and institutions around the table for a guided discussion with this same question pertaining to the health of the residents was important.

"Everyone needs to come to one central table and we all sit at the table, have a community to county forum and all other professional/educational programs in the county. There is no forum that I know of for everyone to share with each other."

Many respondents suggested that the Health Department's should be responsible for getting that accomplished; some respondents specifically mentioned two Health Equity forums in 2018 that brought various stakeholders together as an example. This would

entail spearheading a more comprehensive, but streamlined, health planning process countywide that engages a wide array of stakeholders; increased care coordination efforts; and leveraging the expertise of local academic institutions to ensure that proposed interventions are state of the art and evidence-based and then sharing the findings to help the navigation process for next steps.

"This is an opportunity for the Health Department to produce the research and the data that supports whatever we're going to conclude will be our largest challenges and demonstrate that to folks and then go from there I don't think there's any better advocate than our County Executive to take up the charge on that, but then she can't be everywhere and would need others to help lead the charge."

The majority of the respondents expressed a need for increased services for *all* residents, especially young families and senior citizens. An increase in transportation services, especially for senior residents, was referenced to enable community engagement.

"It's fine to have a ride to the doctor but there's a whole lot of other things that people want to do and should be able to do...You always have to pay someone to take you to church well maybe you want to go to Bible study on Wednesday nights or in the morning and you just can't get somebody to drive you. Yeah, your adult children will take you to the doctor but what about getting your hair done, or getting your nails done. Those to me are quality of life issues. And so once people can do that or be in walkable communities where those things are, that is a big deal."

Most respondents pointed to the local government to provide these much needed services to the county. All of the respondents agreed that more funding needed to be distributed to organizations and agencies that worked for the betterment of the residents in Prince George's County. The majority of respondents strongly suggested that two entities that could benefit from more funding would be the Health Department and the Department of Social Services because of their dedication to the county and the fact that they desperately need more resources to address the increasing needs of the residents.

Two other important needs identified were attracting more service providers to the county, either through a county-supported loan forgiveness program or another incentive to attract early career primary care providers to the community; and education.

"In order to have individuals that are thriving, they need to be healthy, have good mental health, have good housing, have good physical health, so all of these areas need to collaborate/comingle for the benefits of the children. Schools need to make commitments to recreational activities/physical education classes so that kids can learn about their bodies, their overall health."

Most of the respondents shared that they knew that funding was difficult to attain; however, they believed that, because the county government should know that, they would need to be very creative with their public-private partnerships and other entities.

*"I would like to see the county be more creative in accommodating and filling these existing gaps, for instance we have tremendous provider gaps. The poorest ratio of primary care providers per capita, we need to attract more providers"* 

The sentiment among most of the residents was although it takes a lot of work, it is possible, and, as one respondent stated: *"If they can do it for the purple line, why can't they do it for healthcare?"* 

The role of nonprofits was less clear. Respondents expressed the sentiment that more nonprofits need to be involved in addressing the County's health needs but acknowledged that many lack the capacity to do so.

"We have to address the nonprofits, we have to create a pathway for them to survive, we have to build an economy that supports them."

Therefore, a pressing priority is capacity building for non-profits so that more may participate meaningfully in promoting and protecting the health of residents is necessary. Capacity building may include technical assistance in board development, grant writing, and program planning, monitoring and evaluation in addition to professional development to ensure that staff is linguistically and culturally competent. Respondents did not identify who should deliver the proposed capacity building or how it would be funded.

### 14. What resources are needed but not available to address each of the three issues?

The majority of the responses centered around housing, transportation, the economy (e.g. sources of funding and the workforce), and health and human services as essential resources needed to address the current key health issues. The majority of the respondents reiterated their concern about housing (detailed discussion in Questions 5, 6, and 10) and transportation (detailed discussion in Questions 5, 6, and 10) and transportation (detailed discussion in Questions 5, 6, and 10) and transportation. There is a disparity in the funding allocated to health in the County compared to the funding made available to the health departments of neighboring counties and the District of Columbia. Many suggested that

the county needed to have more innovative collaborations with the surrounding counties based on the fact that individuals travel seamlessly between these geographical locations.

#### "There is not enough innovation in the county to address and challenge the status quo - that is dangerous."

Other respondents felt that workforce development and placement was paramount. Many residents comprise the workforce in other surrounding counties because there are more opportunities and higher wages, and we are not doing our best to compete. Most respondents mentioned that an increase in health and human resources was needed for the viability of the county, citing having more practitioners, especially practitioners based in the county that they serve, more behavioral health beds, and more mobile units to reach the individuals who may need services but are unable to access them.

Another resources mentioned was a more viable education program for 0-5 year-olds and the K-12 program, adding in health components such as healthy eating and physical activity back into the curriculum. The new hospital system was also mentioned as a resource that the county desperately needs to have active and functioning residents.

# 15. What are the 3 most important <u>emerging</u> threats to health and well-being in the County?

There were several issues of concern for emerging threats to health and well- being in the county. The most common concerns were the health resources needed for the growing immigration population, gentrification, chronic disease, and mental health conditions.

<u>Immigrant Population Health Needs:</u> Many respondents shared that they were encouraged and pleased with the increased diversity of the county. However, many respondents were concerned that there did not seem to be a clear plan as to how to address the increased amount of immigrants who were entering into the county with varying health concerns and no health insurance.

<u>Gentrification</u>: Many respondents shared that there are several issues that surround gentrification and with individuals leaving the District of Columbia (primarily), there may be a feeling of identity loss for some individuals which could lead to various behavioral health concerns such as stress and depression, moreover, many of these individuals may not have all of the health coverage that they need to address some of their health concerns which will "pull from" the already limited resources in the county.

<u>Chronic Diseases and Mental Health:</u> Many respondents were concerned about the increasing rates of obesity, diabetes, cardiovascular disease and cancer and felt that it was hard to "wrap their minds around" how to confront this emerging threat in the county. Many shared their opinions about the cyclical nature of these conditions and made a connection between the high levels of mental health concerns, such as stress and depression, and the behaviors that individuals may engage in to reduce the stress, such as eating unhealthy foods, consuming substances and the lack of physical activity, thus making them vulnerable to chronic diseases. The rising rates of certain diseases in adolescents and children were also of concern.

"Stress is compromising our immune systems; it is also leading to depression and teen suicide, our children are stressed, stressed of going into poverty or being in poverty and feeling isolated, now they have rising rates of hypertension and diabetes, we must figure out a way to reduce community stress."

Issues related to chronic disease and an aging population in the county was also raised as a concern.

"They (the older adults) will have more chronic diseases and complications-are we ready? Are we ready for the population to be 20, 30, 40% older adults?"

Other potential emerging threats that were shared surrounded issues, including: efforts to dismantle the Affordable Care Act; the political environment; consumer confidence; increased use of technology and the role that it plays in the everyday lives of county residents (e.g., texting while driving, cyberbullying, gambling, gaming); substance use (e.g., unknown effects about legalizing marijuana and the opioid crisis); and climate change.

"We cannot ignore the major impact of climate change on the eastern seaboard is increased storms and more fierce storms and what the impact is, meaning more flooding. Hundreds of homes...are experiencing flooding every year people are quite frustrated by that."

#### 16. How is your organization/program addressing these emerging threats?

Aside from sharing information where appropriate to their respective targeted population, respondents uniformly agreed that, although they are able to identify several threats, their organizations are not able to address all of them because they are too occupied with responding to current needs. In addition, some respondents believe that the identified threats require a uniform, comprehensive approach and not siloed actions undertaken by individual organizations. Some respondents shared that, whenever possible, they do their best to join organizations, coalitions or task forces and they direct individuals to the services that they know exist in the county. Others addressed emerging threats through lobbying activities, advocacy, strategic communication, tailoring existing funds to meet emerging needs, attracting businesses to the county, integrating health into other activities, helping individuals to see all aspects of health as being important to one's overall well-being, and creating networks.

#### 17. Do you have any other comments to add relative to health and the County?

"The key to growing and successful community starts with each family, each individual in the community and no one's needs should be less or less prioritized than another person's needs"

The respondents' closing remarks centered on the following key recommendations: the County needs to improve access to care by strengthening the safety net; attend to the behavioral health issues that are prevalent in the county; develop and implement a strategy to address the existing and rising chronic disease conditions; foster stronger collaborations across all related entities in the county and ensure stable levels of funding that are commensurate to the size and scope of identified and emerging health needs in the County. Overall, all of the respondents were optimistic about the future of the county and its direction and they were ready to see (and continue to work towards) significant change.

"We have never had more real potential or people aware of our potential."

*"We each have to take a role in redefining this county in the region and in our own backyards"* 

### Appendix A: List of Key Informants

NAME	ORGANIZATION	ТҮРЕ	
Georgina Agyekum Manzano	First Baptist Church of Glenarden	Faith-based	
David Harrington	PGC Chamber of Commerce	Business	
Cathy Stasny, RD, L.D.	PGC Area Agency on Aging	Seniors	
Maria Gomez	Mary's Center	FQHC, Hispanic Population	
Ernest Carter, M.D.	PGC County Health Department	Local Government	
Gloria Burnet Brown	PGC Health and Human Services	Local Government	
Angela D. Anderson	PGC Community College	Higher Education	
Joseph Wright, M.D.	UM Capital Region Health	Medical	
Robin Jacobsen	Prince George's County Memorial Library System	Community	
Dushanka Kleinman, D.D.S., MScD	University of Maryland, College Park	Higher Education	
Mary McDonough	PGC Department of Corrections	Local Government	
Joseph Gill	PGC Department of the Environment	Local Government	
Tiffany Sullivan	University of Maryland Capital Region Health	Hospital System	
Henry Stawinski III	Prince George's County Police Department	Local Government	

#### **Appendix B: Community Health Needs Assessment**

#### **Key Informant Interview Protocol**

1. What is your/your organization (program's) role relative to the health and well being of County residents?

2. How long have you/ your organization/ program played this role?

3. In your opinion has the health of County residents improved, stayed the same, or declined over the past few years? What makes you say that?

4. What are the County's three most important assets/strengths relative to the health and well being of residents?

5. What are the County's three most important barriers relative to the health and well being of residents?

6. What do you think are the three most important social determinants of health in the County? (Social determinants of health are factors related to the social environment, physical environment, health services, and structural and societal characteristics.)

7. What do you think are the three most important physical health needs or concerns of County residents?

8. What do you think are the three most important behavioral/mental health needs facing the County?

9. What do you think are the three most important health-related environmental concerns facing the County?

10. Now if you had to prioritize and select the three most important health issues facing the County from among those you just mentioned what would they be?

11. In what way does your organization/ program address each of the three issues you just mentioned?

12. How well is the County as a whole responding to these issues?

13. What more needs to be done and by which organizations/ programs?

14. What resources are needed but not available to address each of the three issues?

15. What are the 3 most important <u>emerging</u> threats to health and well being in the County?

- 16. How is you/ your organization/program addressing these emerging threats?
- 17. Do you have any other comments to add relative to health and the County?

# **COMMUNITY EXPERT** Survey

# **COMMUNITY EXPERT SURVEY**

### Introduction

Prince George's County is diverse and our growing population has a wide range of needs, disparities, and perceptions about health. The Community Expert Survey was developed as a strategy that complements the overall Community Health Assessment (CHA) goal of identifying the health needs and issues among the county's different populations, through providers, community-based organizations, local governments, and population representatives that can speak for the communities they serve.

### Methodology

The Core CHA team provided lists of community-based partners and providers to be included in the survey; this included the membership of the Prince George's County Health Action Coalition, as well as hospital board members, partners, and community leaders. The survey was developed based on existing community surveys, with some modifications specific to the county. Efforts were made to ensure the survey questions corresponded with the Community Resident Survey which was also part of CHA data collection efforts. An email request was sent to approximately 270 participants by the Prince George's County Health Department with an electronic link for the survey on April 12, 2019 with efforts made to resolve missing or incorrect emails. One reminder request was sent to those who had not yet participated during the collection period, and the survey closed on April 26, 2019.

The survey questions included multiple choice, ranking, and open-ended responses. Each multiple choice question is presented as a simple descriptive statistic. Questions 6 and 8 both required ranking; each ranked score was weighted in reverse order, with the participants first choice having the largest weight, and their last choice with a weight of one. For Question 6 there were three ranked slots, so a first choice was given a weight of 3; for Question 8 with five ranked slot the first choice was given a weight of 5. An example of how each response was weighted is provided below, with 83 participants total responding to the question:

Rank	Number of Responses	Weight	Response*Weight	Sum of Weighted Responses/Total N
1	4	3	12	12,6,2,0,24
2	3	2	6	$\frac{12+6+2}{2}=0.24$
3	2	1	2	83

Not all participants responded to every question; each question includes the number (N) of participants that did respond. Open-ended response questions were initially reviewed for

content analysis, which was used to identify common categories and overarching themes that emerged as patterns in the data. Each response was then reviewed and analyzed according to the categories and themes, with summary responses presented to capture the participants' information.

### **Participation**

Surveys were submitted by 83 participants, with a return rate of 31%. Participants represented knowledge bases from across the county geography. Participants represented a variety of organizations (Question 19): Government Organizations (28.6%), Healthcare Providers (28.6%), non-profits (27.1%), Public Health Organizations (15.7%), Community Members (12.9%), Social Service Organizations (10.0%) and Mental/Behavioral Health Organizations (10.0%); participants also worked with a variety of populations in the county (Question 21).

### **Key Findings**

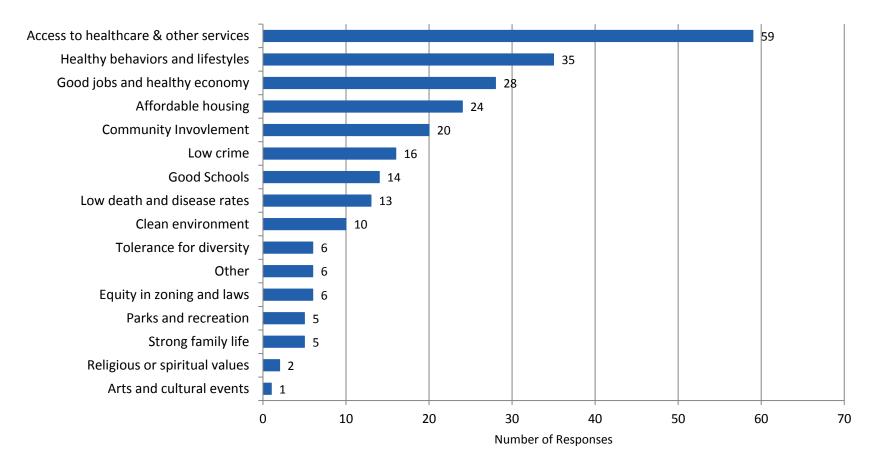
- *Healthy community*: Access to healthcare, healthy behaviors and lifestyles, a healthy economy and good jobs, were the most important factors defining a "healthy community" identified by community experts. Almost two-thirds of survey participants believe that the overall health of Prince George's County is unhealthy, and half believe the communities they serve are either unsatisfied or very unsatisfied with the healthcare system.
- Leading health issues: Similar to 2016, chronic disease and related issues including heart disease, diabetes, stroke/hypertension and poor diet led as the most pressing health issues for the overall county, although every health issue was designated either a major or moderate problem by at least half of community experts. By ranking, diabetes, mental health and homelessness were the most important health issues identified by participants.
- Access to healthcare: Participants were more likely to disagree or somewhat disagree that most residents could access providers in the county, including: mental health providers (75.4%), medical specialists (62.4%), dentists (50.7%), and primary care providers (45.5%). Over half of survey participants disagreed or somewhat disagreed that providers incorporate cultural competency and health literacy into their practice, as well as accept Medicaid or provide services for residents who do not qualify for insurance. Two-thirds of survey participants disagreed or somewhat disagreed that transportation is available to the majority of residents for medical appointments, and 83% disagreed or somewhat disagreed residents can afford their medication.

- Leading barriers: The most significant barrier to accessing healthcare in the county identified by participants was the lack of health insurance, followed by the inability to navigate the healthcare system, the inability to pay, basic needs not met and the lack of health literacy in the community and in practice.
- **Resources to improve access:** Survey participants identified key areas of resources that are needed to improve health care access in the county (those with at least 10 responses):
  - Better health navigation, education and information increased community health worker capacity in the access pathways and supporting training for those community health workers; incorporating cultural competency throughout the entire process; special considerations for the aging and homebound; health literacy education for consumers;
  - More access to those providers with improved quality more providers that are culturally competent; more providers accepting all types of insurance and/or providing services to the uninsured; providers closer to public transportation;
  - More behavioral health capacity more behavioral health providers throughout the county; more crisis beds for psychiatric emergencies; more services for children and adolescents;
  - Transportation options an improved public bus system in the county; subsidized use of ridesharing applications for medical appointments; more lowcost and/or free options;
  - *Basic needs assistance* more affordable housing options, better services for the homeless population, more job training and placement;
  - Affordable health care help for those that can't pay for their medications and help with out-of-pocket costs (e.g., high deductibles, co-pays, etc.).
- **Underserved populations**: The populations that were selected as most underserved included the homeless, those with low incomes, immigrants, the non-English speaking, and seniors.

- Primary barriers to accessing healthcare for underserved populations:
  - Lack of financial and basic resources healthcare overall is unaffordable and is not a priority if there are competing needs not met already (e.g., housing, food, work, etc.); low incomes and unaffordable housing are key drivers;
  - Access to care provider participation in Medicaid is low; provider hours are not convenient due to the lack of evening and weekend hours; geographically, services are not evenly spread throughout the county and many seek services outside of the county;
  - *Cultural/language barriers* there is a lack of bilingual providers and staff, as well as a lack of resources for non-English speakers in the county;
  - Engagement and awareness of services and resources lack of targeted outreach to known populations that typically do not use the healthcare system;
  - Lack of health insurance residents who are ineligible for health insurance will continue to have unmet health needs, primarily immigrant populations; focus on residents that make too much for Medicaid but not enough for private insurance or high out-of-pocket costs.
- **Recommendations to improve health:** An increased focus on health inequities and increased communication and awareness were the most frequent recommendations to encourage and support community involvement around health issues in the county. Openended responses from participants included an increased focus on healthy lifestyles, health education and outreach, and increasing and improving access to providers and clinics in the county.
- What is working well: Similar to 2016, participants reported that collaboration and partnerships among healthcare providers, hospitals, health department, and community-based organizations continues to work well. Participants identified that several county agencies are moving towards Health in All Policies as a well to incorporate health considerations across sectors. Programs focused on specific communities and community outreach and education were also viewed positively. As far as healthcare systems, the construction of the new hospital (UM Capital Region Health) was positively mentioned by several participants, as well as the implementation of community/population health initiatives in the hospital systems.

### **Results**

**Question 1:** What do you think are the <u>three</u> most important factors that define a "healthy community" (what most affects the quality of life in a community)? (N=83 responses)

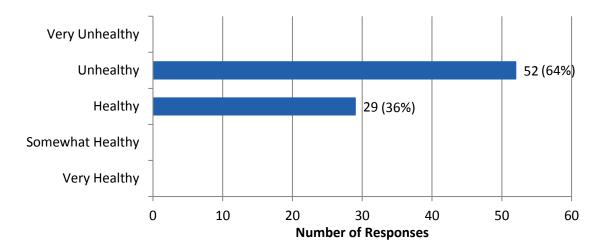


"Other" Included: affordable transportation; safety/feeling safe – beyond low crime levels; access to fresh and healthy foods; lack of poverty; libraries.

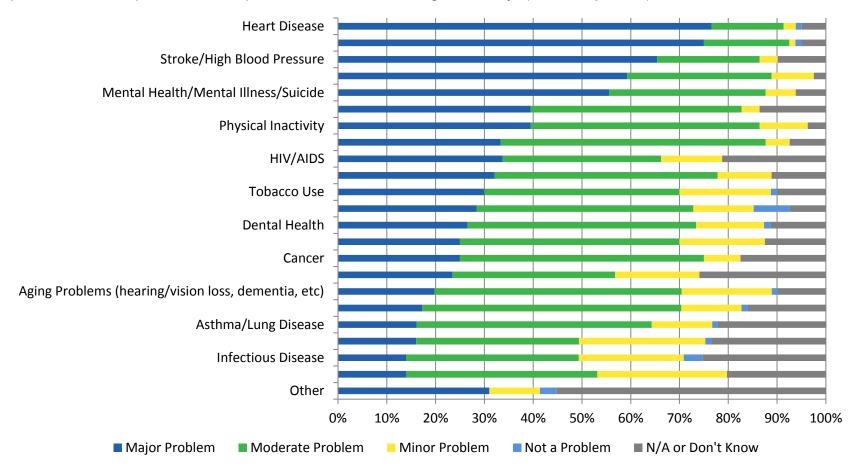
**Question 2:** How satisfied do you think the Prince George's County communities you serve are with the following? (Number of respondents listed by each statement).

	Very Unsatisfied	Somewhat Unsatisfied	Neutral	Somewhat Satisfied	Very Satisfied
The quality of life (N=83)	1 (1.2%)	20 (24.1%)	17 (20.5%)	45 (54.2%)	0 (0.0%)
The health care system (N=83)	13 (15.7%)	29 (34.9%)	11 (13.3%)	29 (34.9%)	1 (1.2%)
A good place to raise children (N=81)	4 (4.9%)	21 (25.9%)	23 (28.4%)	31 (38.2%)	2 (2.5%)
Economic opportunity (N=83)	6 (7.2%)	26 (31.3%)	15 (18.1%)	33 (39.8%)	3 (3.6%)
A safe place to live (N=83)	6 (7.2%)	19 (22.9%)	19 (22.9%)	34 (41.0%)	5 (6.0%)
The quality of the environment. (N=82)	5 (6.1%)	19 (23.2%)	19 (23.2%)	36 (43.9%)	3 (3.6%)

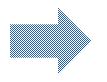
**Question 3:** How would you rate the overall health of Prince George's County? (N=81 responses)



**Question 4:** Please indicate if you believe the issues listed below are a major problem, moderate problem, minor problem, or not a problem that impact health in Prince George's County. (N=81 responses)



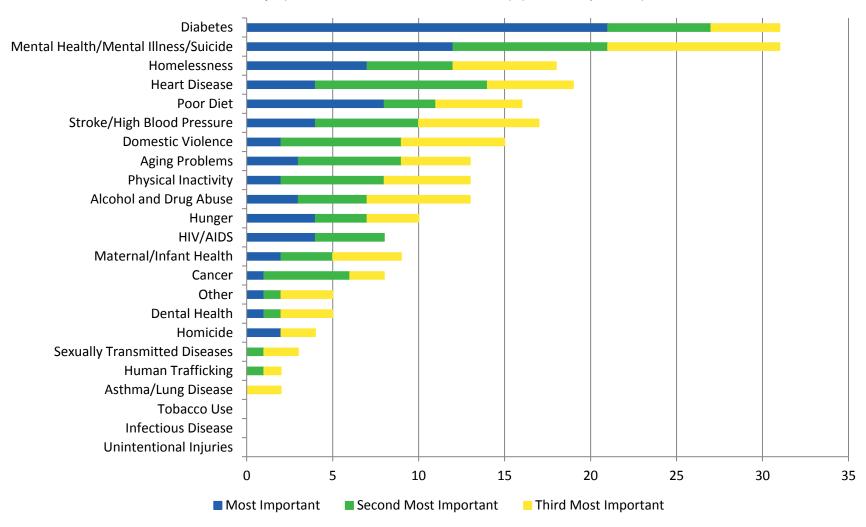
"Other" Included: unaffordable housing and lack of transitional housing for those with substance use and mental health issues; obesity; pedestrian and vehicle safety; social isolation; health equity; access/affordability/availability of healthy food; affordable child care.



**Question 5:** Respondents were asked to share any additional information about health issues in the county in an open-ended response (N=24 responses). The responses are summarized in the table below; many responses included statements about multiple issues.

	Number of	
Issues mentioned	Responses	Summary of Responses
Behavioral Health (Mental Health and Substance Use)	6	Need for more mental health and substance use disorder treatment beds throughout the county; more emergency mental health services for youth; better mental health outcomes for those using public services; suggestion that the county use more core funds on behavioral health beyond State funding; observation that behavioral health is a catalyst for several of the other health issues facing residents.
Awareness, Access and Provision of Available Services and Resources	5	Need to improve the communication and knowledge base about services provided in the county; access to resources about preventative and chronic disease self-management programs are limited; lack of resources to support youth in overcoming daily challenges; little financial support for healthy lifestyle education programs; senior residents have significant barriers to accessing resources (due to social isolation, mobility, etc.).
Social Determinants of Health/Basic Needs	5	Socioeconomic status is a major determinant of health; low income associated with several health outcomes (poor diet, overcrowding, homelessness, substance use, domestic violence, mental health, etc.); affordable housing is limited in the county; K-12 education is not a priority and children are lacking education on life skills; the county cannot simply divide the population into the "haves" and "have nots" as there are many layers to health problems.
Health Disparities/ Vulnerable Populations	5	The number of homeless throughout out the county is on the rise and there is a need for more shelters/housing for this population; immigrant populations in the county may be facing changing health issues (specifically mentioned – African immigrants and the rise in chronic diseases in that population); poor birth outcomes are disproportionate among Black, NH; older populations in the county can be isolated and hard to connect to resources.
Healthy Food Access and Obesity	4	Access to healthy food is very limited in the county (specific mention of south county grocery store options); an accessible healthy diet could be a solid foundation for better health outcomes and subsequent healthcare cost savings; obesity is prevalent and on the rise in the county; extreme overweight is associated with several other health issues facing residents.
Health Insurance/ Affordable Care	2	Sense in the community that many are eligible for health insurance but do not apply for a number of reasons; no safety net for the uninsured in the county.
South County	2	There is little economic development outside of National Harbor; bilingual services are needed greatly in this area as well.

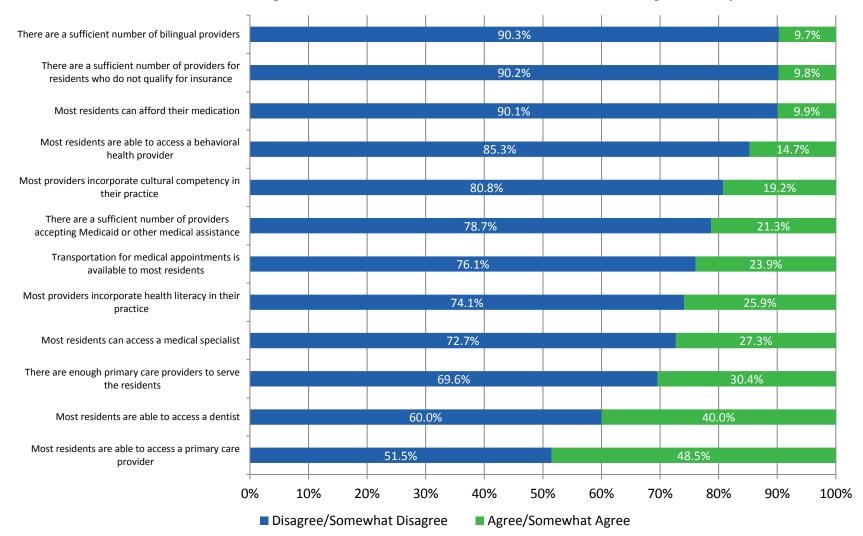
### **Question 6:** From the list for Question 4, please select the three overall most important health issues in Prince George's County. (Shown in order of ranked score) (N=80 responses)



"Other" Included: equitable access to quality healthcare and services; access to good schools; a healthy economy; kidney disease; pedestrian injuries and fatalities; feeling of safety in communities; obesity.

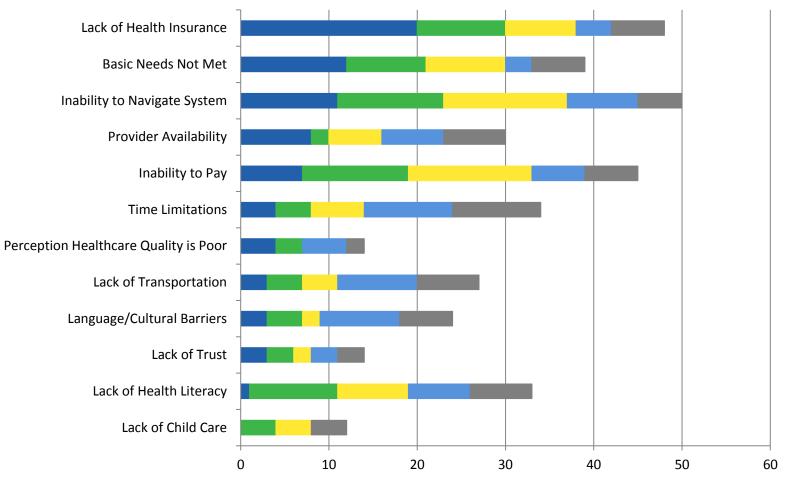
**Question 7:** Please rate the following statements about health care access in Prince George's County. (N=77 responses)

	Disagree	Somewhat Disagree	Somewhat Agree	Agree	No Opinion/ Don't Know
Most residents in are able to access a primary care provider.	15 (19.5%)	20 (26.0%)	29 (37.7%)	4 (5.2%)	9 (11.7%)
There are enough primary care providers to serve the residents.	26 (33.8%)	22 (28.6%)	19 (24.7%)	2 (2.6%)	8 (10.4%)
Most residents are able to access a medical specialist.	20 (26.0%)	28 (36.4%)	15 (19.5%)	3 (3.9%)	11 (14.3%)
Most residents can access a behavioral health provider (such as for mental health or substance use treatment).	37 (48.1%)	21 (27.3%)	7 (9.1%)	3 (3.9%)	9 (11.7%)
Most residents are able to access a dentist.	17 (22.1%)	22 (28.6%)	23 (29.9%)	3 (3.9%)	12 (15.6%)
Transportation for medical appointments is available to the majority of residents.	27 (35.1%)	24 (31.2%)	13 (16.9%)	3 (3.9%)	10 (13.0%)
Most residents can afford their medication.	34 (44.2%)	30 (39.0%)	6 (7.8%)	1 (1.3%)	6 (7.8%)
There are a sufficient number of providers accepting Medicaid or other forms of medical assistance.	21 (27.3%)	27 (35.1%)	12 (15.6%)	1 (1.3%)	16 (20.8%)
There are a sufficient number of providers for residents who do not qualify for insurance.	39 (50.7%)	16 (20.8%)	4 (5.2%)	2 (2.6%)	16 (20.8%)
There are a sufficient number of bilingual providers.	38 (49.4%)	18 (23.4%)	5 (6.5%)	1 (1.3%)	15 (19.5%)
Most providers incorporate cultural competency in their practice.	24 (31.2%)	18 (23.4%)	10 (13.0%)	0 (0.0%)	25 (32.5%)
Most providers incorporate health literacy in their practice.	24 (31.2%)	16 (20.8%)	12 (15.6%)	2 (2.6%)	23 (29.9%)



#### Question 7: Please rate the following statements about health care access in Prince George's County

**Question 8:** Please rank the top five most significant barriers that keep people in Prince George's County from accessing health care. (Shown in order of ranked score) (N=77 responses)



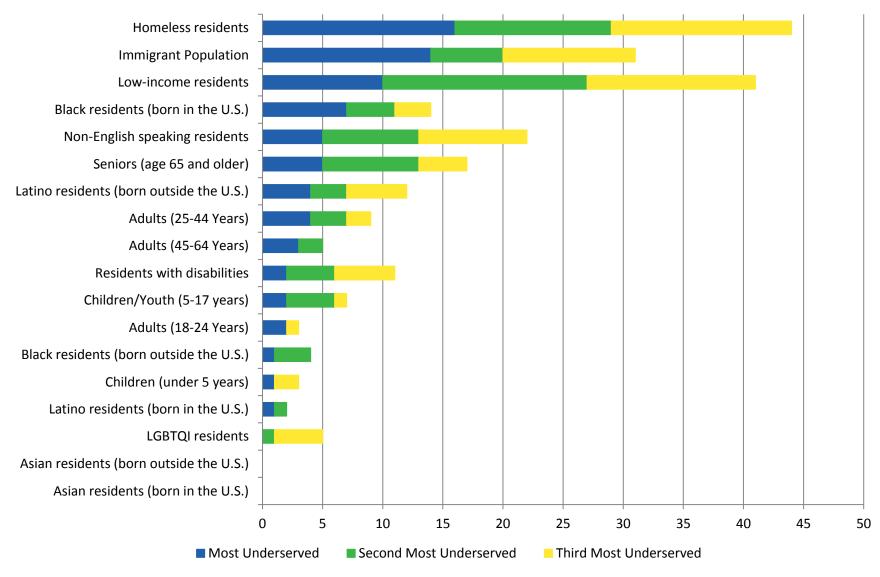
■ Most Significant ■ Second Most Significant ■ Third Most Significant ■ Fourth Most Significant ■ Fifth Most Significant

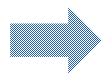
**Question 9:** Respondents were asked to name two key resources that are needed to improve access to health care for County residents in an open-ended response (N=76 responses). The responses are grouped and summarized in the table below; some responses included statements about multiple issues.

	Number of	
Key Resources	Responses	Summary of Responses
Health navigation, education, and information	31	Need for: increased community health worker capacity in the access pathways; supporting training for community health workers; incorporating cultural competency throughout the entire process; health literacy education for consumers; special consideration for the aging and homebound; better education on improving poor diet and physical inactivity
More providers and Access to providers	16	Need for: more providers across all disciplines; providers closer to public transportation; providers who are culturally competent; providers accepting Medicaid/Medicare or serve the uninsured
More Behavioral Health Capacity	15	Need for: youth mental health partial hospitalization programs; embedding mental health providers in primary care; crisis beds for psychiatric emergencies; acute/subacute care services for children/adolescents
Transportation	15	Need for: an improved public bus system in the county; subsidized use of ridesharing applications (e.g., Uber and Lyft) for residents to use for medical appointments; low-cost and/or free transportation options
Basic Needs (Housing, Food, Employment)	11	Need for: affordable housing; services for the homeless; job training and placement
Affordable Healthcare	10	Need for: help for those that cannot afford their medications – many will go without due to competing priorities; help with out-of-pocket costs (e.g., high deductibles, co-pays, etc.)
More Community Health Centers	8	Need for: wellness clinics in schools; possible "one-stop shop" family services center in the county; centers inside the beltway; centers closer to immigrant populations
Health Insurance	6	Need to: enroll eligible uninsured residents; provide safety nets for those that are ineligible
More Provider Hours	5	Need for: flexible hours including evenings and weekends
Improved Healthcare Quality	4	Need for: providers that are culturally competent; better care coordination and case management for patients; an improved reputation – many go to Montgomery County or D.C. for care
Primary Language Considerations	4	Need for: increasing provider access to translation services by phone during appointments, using translated text reminders and printed materials for clients; bilingual staff in offices; bilingual services online
Legislation	2	Need for: paid sick leave; gun control
Dental Care Coverage	2	Need for: making dental a standard healthcare provision with Medicaid; more provider participation

**Other responses:** free health screenings; mobile primary care services; improved walkability; having the right stakeholders at the table when decisions are made to improve health outcomes (e.g., the CBO)

**Question 10:** Please select the three populations most underserved for health-related services in Prince George's County (N=77 responses)





**Question 11:** Respondents were asked what the primary barriers are for the populations listed in Question 9 in an open-ended response (N=77 responses). The responses are grouped and summarized in the table below; many responses included statements about multiple issues.

	Number of	
Primary Barriers	Responses	Summary of Responses
Lack of Financial and Basic Resources	42	Healthcare overall is unaffordable; healthcare is not a priority if there are competing needs not met (housing, food, work, etc.); low incomes and unaffordable housing are key drivers
Access to Care	27	Provider participation in Medicaid is low; low income residents are underserved due to the lack of evening and weekend PCP hours; lack of accountable providers; services not spread evenly throughout the county, especially inside the beltway; many specialists are located outside of the county; no dental benefit in Medicaid; lack of services for children; no coordinated system to provide services to homeless
Cultural/Language Barriers	27	Lack of bilingual providers and staff; limited resources for non- English speakers; non-English speaking residents may wait for months to get a routine physical through an FQHC
Engagement and Awareness of Services and Resources	16	Targeted outreach to known populations that typically do not use the healthcare system; increase number of services and staff
Lack of Insurance	15	Those ineligible for insurance will have unmet health needs, primarily undocumented immigrant populations; focus on residents that make too much for Medicaid but not enough for private insurance or high out-of-pocket costs
Navigation of Services/ Care Coordination	12	A large number of residents are relying only on urgent care doctors due to lack of knowledge on how to select a PCP; follow-up from encounters is an issue (adherence to discharge instructions, completing further testing, filling medication, etc.)
Transportation	14	Need for more transportation options and money to fund
Health Literacy	9	Improvements in health literacy would help improve emergency department diversion – residents using ED's for primary care
Lack of Trust	9	Fear and lack of trust with the healthcare system and its providers; lack of trust with government agencies; fear of identification consequences among the undocumented and immigrant populations
Social Environment	6	Discriminatory Federal laws; racism and implicit bias; stigma
Mental Health	2	Homeless are disproportionately affected; need for more mental health care in schools, especially for students with trauma

**Question 12:** Respondents were asked what is being done well in Prince George's County within communities to improve health and well-being and by whom in an open-ended response (n=74 responses). The responses are grouped and summarized in the table below; many responses included statements about multiple health and wellness activities and contributing organizations.

Agencies/Organizations	Number of Responses	Specific Program/Service/Action [Responses if >1]
Prince George's County Health Department	10	Health fairs [3]; community outreach, including HIV and STI prevention [3]; focus on social determinants of health and policies, systems, environment; naloxone
Prince George's County Parks and Recreation	7	Central Avenue Connector Trail providing a way for people to connect people in Capitol Heights to services in Largo, as well as safe walking and biking connections; Initiatives to help individuals become more active
Faith-Based Organizations	5	Providing direct services
Prince George's County Food Equity Council	2	Advocating for policies and zoning regulations to address health
Prince George's County Healthcare Alliance	2	Community health worker care coordination services [2]
Prince George's County Fire/EMS	2	Mobile Integrated Health [2]
University of Maryland Capital Region Hospital	2	Mama and Baby Bus program [2]
City of Hyattsville	2	Efforts to encourage exercise and fitness [2]
Prince George's County Community College	2	Training of community health workers; Fitness and education classes
Prince George's County Dept. of Family Services Aging and Disabilities Services Division	2	Partnership with Meals on Wheels to deliver meals to the homebound; Partnership with MNCPPC to offer physical fitness activities in senior centers
Prince George's County FQHCs	2	Variety of services under one roof - simplifying navigation for the most vulnerable
Prince George's County Healthcare Action Coalition	2	Organizing the community around enhancing health outcomes; Healthy Eating Active Living workgroup
New Hospital (under construction)	2	Will be centrally located and on a Metro line
La Clinica del Pueblo	1	Providing services and resources in Spanish
City of Seat Pleasant	1	SMART City Initiatives
Prince George's Department of Social Services	1	Administration of the SNAP program/coordination with local food pantries
Prince George's Child Resource Center	1	Healthy Families Prince George's program
HSCRC	1	Fostering population health and helping the hospitals to this end

**Other organizations mentioned (without specified programs or services):** Heart to Hand, Laurel Advocacy and Referral Services, Shabach Ministries, The American Job Center, Bridge Center at Adam's House, Prince George's County Health Connect, Food and Friends, WIC, Early Head Start

Some respondents listed programs and services occurring in the county without association to a specific agency or organization:

Other Areas of Action	Number of Responses	Specific Program/Service/Action
Collaboration and Partnerships	9	This community health assessment; stakeholders and government agencies coming together to share resources and develop innovative measure to collect data; several county agencies working towards Health in All Policies; recognition by all stakeholders of the need to expand healthcare to underserved populations and implement health-related programming
Community-Based Services and Programs	9	Community health workers engaging in the process to improve and facilitate care coordination services; publication of community education events; efforts by community members in 20743 to replace the Safeway that closed; youth mentorship programs
Provider Capacity	6	New providers in the area with evening and weekend hours; building more health centers; providers in communities that can bring in outside practitioners when needed (e.g., healthcare navigation, primary care for the uninsured); access to holistic health; hospital systems adding urgent care capacity
Healthy Lifestyles	5	Increased numbers of outdoor and green spaces; farmer's markets; county and state efforts to eliminate food deserts; increased bike share vendors near trails
Visibility	2	Several county agencies with noticeable presence in communities; seeing County Executive Alsobrooks and Dr. Carter in public events demonstrating healthy living
Mental Health	2	PRP programs for the Medicaid insured population; more young people are talking about and dealing with mental health compared to the past

**Question 13:** Respondents were asked what is being done well by the healthcare systems in Prince George's County to improve health and well-being and by whom in an open-ended response (N=74 responses). The responses are grouped and summarized in the table below; many responses included multiple recommendations.

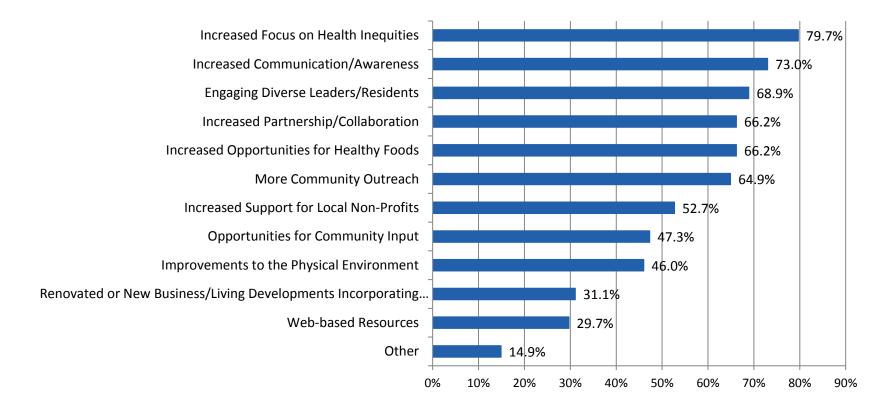
Areas of Action	Number of Responses	Specific Program/Service/Action [Responses if >1]
Improving Hospital Quality	15	Construction of the new hospital [10]; all hospitals incorporating population health in planning [3]; UMCR increasing ambulatory behavioral health services; hospitals providing primary/specialty care
Partnerships	12	All hospitals partnerships with community health programs [3]; University of Maryland Medical System partnerships [2]; PGCHD's partnership with DSS [2]; PGCHD's partnerships with hospitals for HIV screening; PGHAC; future launch of MDPCP; use of task forces
Coordination of Care	11	TLC-MD collaboration of county hospitals for care coordination in at-need populations [4]; creating access pathways for people to get services [2]; providing integrated services, inclusive of behavioral health; PGCHD's Care Coordination Team; use of community health workers throughout the process; use of CRISP to connect providers of the same patient
Prevention	9	Use of evidence-based prevention programs [3]; clinicians are providing more preventative information during visits on a regular basis [2]; Doctors Hospital's free cancer screenings; PGCHD's efforts to steer public thinking towards prevention and harm reduction; PGCHD's timely follow up to positive HIV and STI cases; free immunizations for children under age 19
Education and Outreach	8	PGCHD's outreach and education programs [3]; Doctors Hospital's use of mobile van to address chronic disease in communities [2]; MedStar health and wellness programs; UMCR programs to address nutrition and obesity; health fairs
Community Engagement	7	Providing community-based services and programs to vulnerable populations [4]; engaging stakeholders in planning and policymaking [2]; Kaiser Permanente community revitalization
Access to Providers and Clinics	4	Incentives to bring quality providers to the area; Greater Baden serving those most in need; CCI Health and Wellness Services has two locations with sliding scales and interpretation; expansions of larger health care providers have been close to transportation hubs
Data	3	Using the Community Health Assessment to inform the Community Health Improvement Plan
Access to Health Insurance	2	Improving access to insurance options for low income families
Economic Development	2	Economic development agencies are attracting healthier choices to the county
Mobility	2	Mobile health units; telemedicine
Funding	1	County council now appropriating general funds to address needs, such as domestic violence

Additional healthcare agencies mentioned (without associated programs/services): La Clinica Del Pueblo, Mary's Center

**Question 14:** Respondents were asked what recommendations or suggestions they have to improve health and quality of life in Prince George's County in an open-ended response (N=74 responses). The responses are grouped and summarized in the table below; many responses included multiple recommendations.

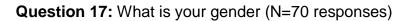
	Number of	
Recommendations	Responses	
Focus on Healthy Lifestyles	13	Increase opportunities for physical activity and decreasing food swamps/deserts; stop allowing fast food places to swamp the county; more sidewalks and trails; increase food resources in South County; avoid mixed messaging (e.g., supporting unhealthy food-related "National" days while promoting healthy eating); provide incentives to municipalities to promote healthy living
Health Education and Outreach	15	Use online platforms and social media to provide programs and web-based health care and resources; devote more staff for outreach; be visible and promote services outside of healthcare facilities; be culturally competent
Increase and Improve Access to Providers & Clinics	13	More behavioral health inpatient facilities and providers; incorporate health services where people are most (e.g., employers, community sites); simplify the referral process between physicians and social services; more providers in Maryland Healthy Smiles; quality of care should equal neighboring jurisdictions
Partnerships	9	Work with other counties to learn best practices, have joint task forces and coalitions; strengthen public and private collaboration; establish a regular meeting of County agencies to address health; engage the faith-based community with behavioral health services;
Increase Health Funding	9	More funding for programs and services; County support to provide health insurance for the uninsured/ineligible; Council funding for a master Health Equity plan; increase Medicaid reimbursement rate
Basic Needs	5	Make the process to place the homeless streamlined and transparent; more transitional and permanent housing for residents finding themselves homeless – abandoned homes could be refurbished as group residences, psychological rehab programs and independent living residences; address poverty
Strengthen Services	4	Health department should strengthen core reinstitute maternity services; better maintenance of local, state and national parks; refine the health impact assessment process; use GIS for health concerns in the county
Affordable Healthcare	4	Provide insurance to more residents; offer programs for the emotional growth of children that are affordable
Community Engagement	2	Engage community members and local leaders to be change agents
Transportation	5	Enhance the public bus system; expand MA transportation hours beyond 9am-5pm
Address Language Concerns	2	Provide better language access; establish a universal language line for both public and private providers

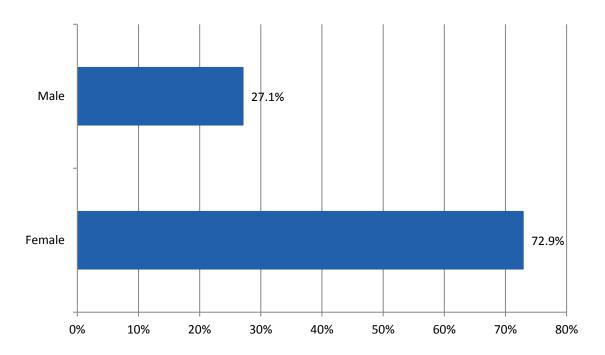
**Question 15:** What do you think could encourage and support more community involvement around health issues in Prince George's County (select all that apply)? (N=74 responses)



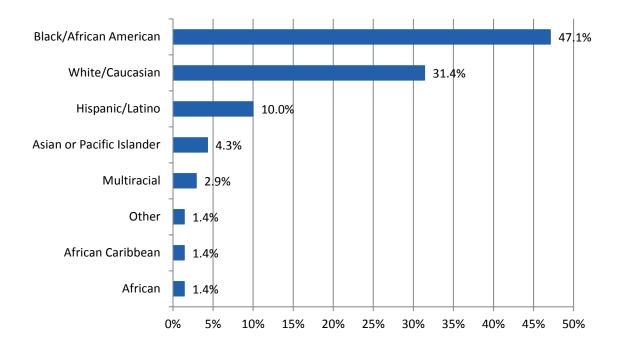
"Other" Included: increased public transportation; decreasing access to unhealthy foods, especially in food deserts; partnerships with local providers; engagement with existing churches and civic groups to get involved with health; targeted approaches to engage new immigrant, Black and Latino communities; focus on areas of county where expansion of services may have halted due to preconceived notions about the community; addressing that many residents must travel to find quality services; County Police and Fire may be resource limited at times due to high utilizers; encouraging residents to be engaged and support their communities;

#### **Participant Profile**

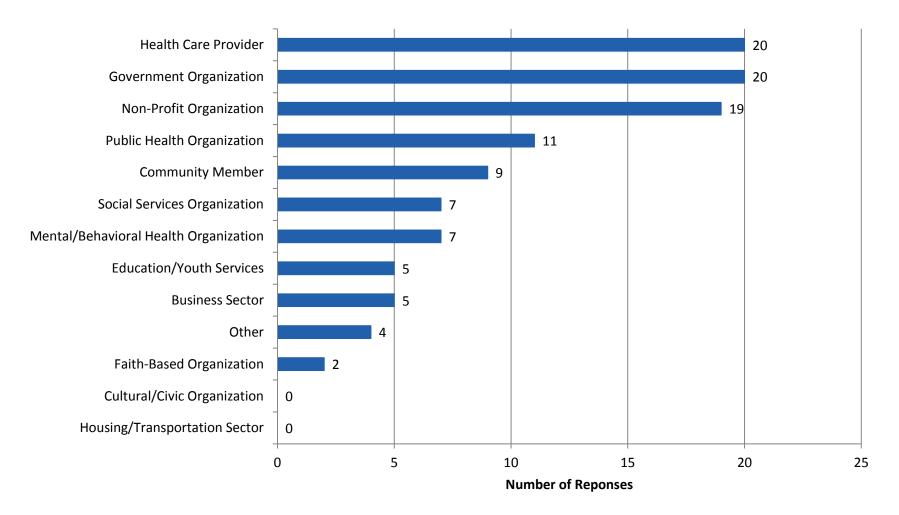




Question 18: What race/ethnicity best identifies you? (N=70 responses)

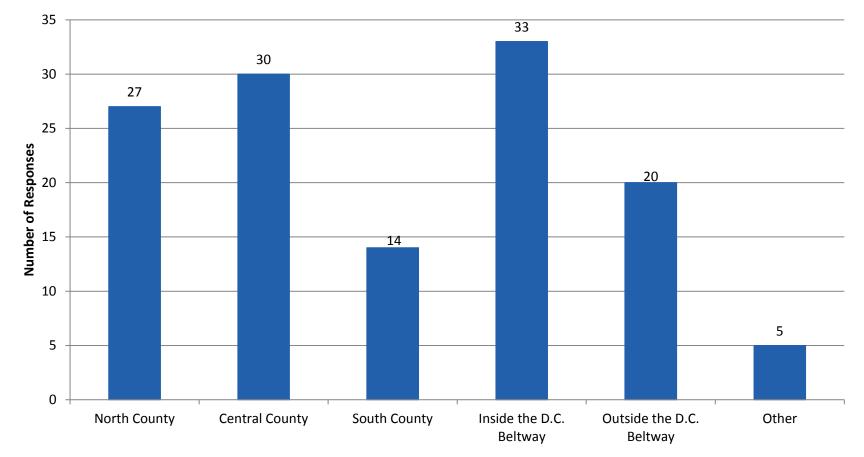


**Question 19:** Which of these categories would you say best represents your community affiliation? Participants were asked to select all that apply. (N=70 responses)



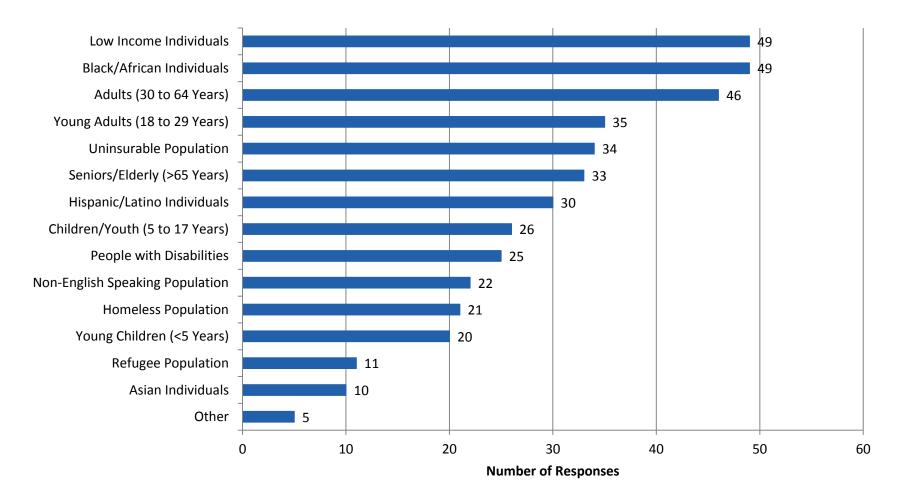
"Other" Included: workforce development; anti-hunger/anti-poverty; food pantry; advocate.

**Question 20:** In what geographic part of Prince George's County are you most knowledgeable about the population? Participants were asked to select all that apply. (N=70 responses)



"Other" included: knowledge across the entire county or responding that knowledge of one part of the county did not exceed other areas of the county.

**Question 21:** Please select the types of populations you can represent in Prince George's County through either personal, professional or volunteer roles. Participants were asked to select all that apply. (N=69 responses)

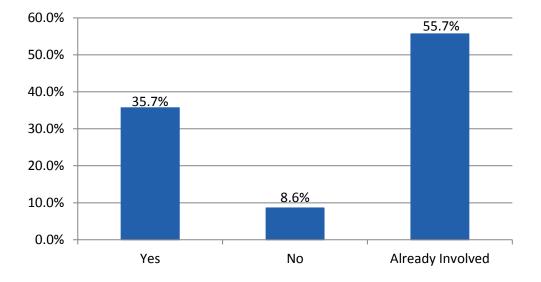


**"Other" included:** immigrant populations; veterans; those undergoing treatment of cancer and their families; residents utilizing public benefit programs.



**Question 22:** Respondents were asked to share the most pressing needs of the populations they serve (N=70 responses). The responses are grouped and summarized in the table below; the majority of these responses reiterated information that had already been provided in previous questions.

Additional Information	Number of	Summary of Responses
Additional mormation	Responses	Need for more affordable care overall - even with insurance,
Affordable Healthcare	23	healthcare can be costly, especially difficult for low income and single parent families in the county; affordable childcare
Engagement in Healthy Lifestyles	17	Need access to healthy foods through better grocery stores and the opportunities to grow one's own food; limit food insecurities; nutrition support and education on the relationship between food and health; more physical activity and exercise
Better Healthcare Quality	14	Behavioral health quality improvements should be a priority; patients and providers should establish trust and connect without judgment; establishing a dental home for all residents 21+ years old; incentivize quality providers to move to the area
Safe, Affordable Housing	13	Need for transitional and permanent supportive housing
Health Literacy and Health Education	13	Need for more community outreach; classes on parenting skills and support for parents; education on avoiding poor health decisions; classes on diabetes and cardiovascular care
Cultural and Language Considerations	8	Need for more cultural competency in all areas; more bilingual services; translation in languages other than English and Spanish; focus on equity for all residents
Transportation	6	Need for a reduction on the dependency of cars as a sole method of transportation in the county
Better Education Outcomes	6	Need for more good schools in the county; more residents completing high school
Care coordination and information	6	Need for residents to be aware of and be able to access services; centralize navigation services in one area (Medicaid/MCO/Transportation Assistance/Unemployment etc)
County Development and Services	6	Need to encourage growth of good jobs in the county without long commutes; workforce development;
Health Insurance	4	Need for more eligible residents to access health insurance
Safe, Clean Environment	4	Need for more walkability in areas; lower crime; addressing the social determinants of health
Social Isolation	4	Need to increase access for seniors where isolation is a concern; help all residents with a lack of social or family support
Immigration Issues	3	Need to address issues facing our undocumented populations; allay fears involving ICE
County Funding	1	Need for funding to be flexible to reach underserved populations



Question 23: Would you be interested in becoming more involved in local health initiatives?

# **RESIDENT** survey

## **COMMUNITY RESIDENT SURVEY**

### Introduction

Prince George's County is home to over 910,000 residents and growing, with a wide range of health needs and disparities. The Community Resident Survey was a strategy developed to complement the overall Community Health Assessment (CHA) goal of identifying the health needs and issues for the county's diverse population by hearing directly from our residents.

### Methodology

The 2019 Community Resident Survey was modified from the 2016 Community Resident Survey, with any adaptations based from the Community Health Status and Assessment recommendations of the Mobilizing for Action Through Planning and Partnerships (MAPP) framework<sup>1</sup>. Efforts were made to ensure the survey questions corresponded with the Community Expert Survey, another key assessment of the MAPP framework. The survey questions included mostly multiple choice and rating scales with a few open-ended responses for demographics and an option for writing in a response if the participant answered with "other".

The survey was translated into Spanish (the most common language spoken in the county after English) and French and was made available online and through printed copies. Due to time limitations, the survey was distributed as a convenience sample. The Health Department made the survey available by website, social media, and through provided services at department locations; the survey link was also posted electronically by the County government. Survey distribution began on March 15, 2016 and ended on April 30, 2019.

For analysis, each multiple choice and rating scale question is presented as a simple descriptive statistic. Because the surveys were collected as a convenience sample, the results were intended as an additional method of gaining community input in support of the overall process, while acknowledging the lack of an adequate sample size to statistically represent the county. Responses from the English survey were excluded if the participant indicated they were not a county resident or if residency information was completely missing to make that determination. All responses in the Spanish and French surveys were included in the final analysis, regardless of residency information; the results are presented separate from the English responses for most questions. Each question includes the number (N) of responses.

<sup>&</sup>lt;sup>1</sup> <u>https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-health-assessment/mapp</u>

#### **Participation**

Surveys were completed by 218 participants: 178 in English, 42 in Spanish and 2 in French. Additionally, the 2016 version of the survey was distributed at an event in November 2018 before the finalization (and translation) of the 2019 version was available; of the 74 responses, 34 were from Prince George's County residents and retained for further analysis. Due to the changes in some of the questions between the 2016 and 2019 resident surveys, responses from this small cohort are only incorporated where both the question and answer selections were the same in both surveys. Nearly all areas of the county were represented by the participants, with the exception of the most southern part of the county (a map of representation is available with Question 17). Almost two-thirds of survey participants were female, which is higher than the county. However, survey participation by race and ethnicity was similar to the county. Spanish survey participants skewed younger and were mostly between the ages of 25-44 years, while English survey participants were more evenly distributed by age. Over 45% of all survey participants had a college degree or higher; however, 38% of the Spanish/French survey participants did not have at least a high school degree. Although survey participants reported a wide range of annual household incomes, over half (51%) of Spanish/French participants reported an annual household income of less than \$20,000.

### **Key Findings**

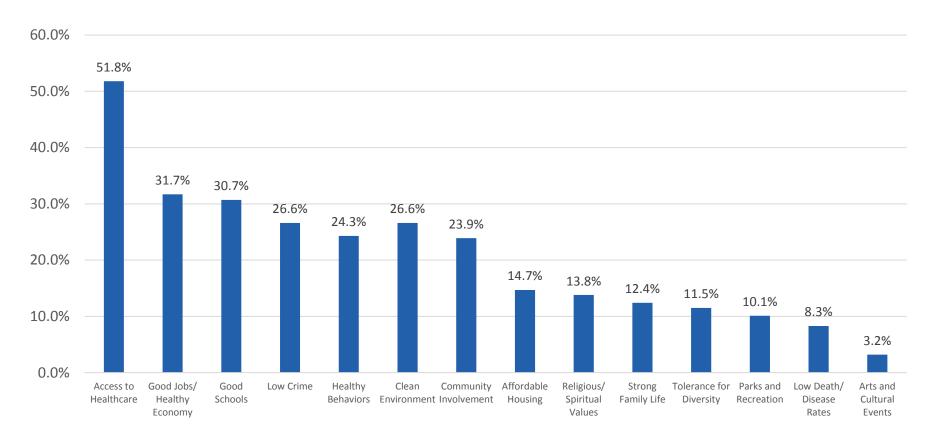
- *Healthy Community*: Over half of all survey participants said that access to healthcare was one of the most important factors defining a "healthy community," followed by good jobs and healthy economy, and good schools. Spanish/French survey participants also considered a clean environment as one of the most important factors, while English survey participants said low crime and healthy behaviors also defined a healthy community. Two-thirds of all survey participants reported that parks were the places they went most frequently in Prince George's County, followed by churches and movie theaters.
- **Community Determinants of Health:** Over half of survey respondents (57%) agreed that their community has easy access to fresh fruits and vegetables; this was much higher (84%) among the Spanish/French participants. Almost half (49%) of English and 36% of Spanish/French survey participants disagreed or somewhat disagreed that there is enough affordable housing in their community. Spanish/French survey respondents were also more likely (40%) than English survey respondents (29%) to disagree or somewhat disagree that their community was safe with little crime.
- Leading health issues: Chronic illness and related factors, including diabetes, poor diet and physical inactivity, as well as substance use (alcohol, drug and tobacco) led major health problems for all survey participants. For Spanish/French survey participants, dental health and cancer were also highly ranked. However, nearly every health issue had over half of the overall participants indicate it was at least a major or moderate problem in the county.
- Access to healthcare: Almost 60% of English survey participants and over half of Spanish/French survey participants agreed or somewhat agreed that residents in their

community could access a primary care provider. However, less survey participants agreed or somewhat agreed that there are enough providers for the number of residents in their community, that most residents are able to access medical specialists in their community and that most residents can access a mental health provider in their community. Although 60% of English survey participants said most residents in their community could access a dentist, only 40% of Spanish/French survey participants felt the same. More participants in both surveys disagreed or somewhat disagreed that most residents can afford their medication in their community.

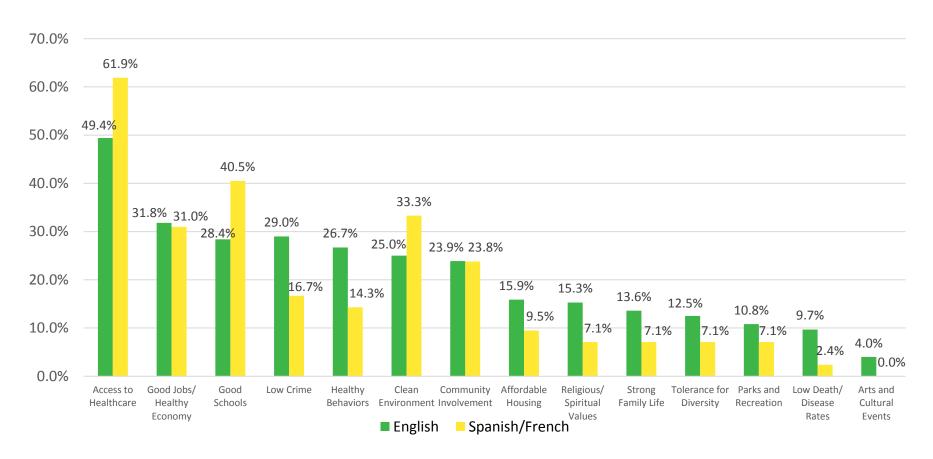
- Leading barriers: Overall, lack of knowledge to navigate the healthcare system, lack of money for co-pays and prescriptions and time limitations were indicated as the leading barriers to accessing healthcare in the county. For English survey participants, 44% also reported that the availability of providers or appointments was a major or moderate problem, while over three quarters (77%) of Spanish/French survey participants reported lack of insurance coverage as a barrier to accessing care.
- *Health Care:* Overall, 81% of survey participants reported having some type of insurance and most (73%) reported seeing a primary care doctor in the past year. However, among the Spanish/French survey participants, 41% did not have health insurance and 40% did not see a primary care doctor in the past year. Over 20% of English survey participants and 46% of Spanish survey participants reported being unable to access needed medical care in the past year, primarily due either the lack of health insurance coverage or cost considerations. The wait time to access a medical care appointment was also a barrier for those unable to get care in the past year.
- Health Communication: Both English (90%) and Spanish/French (78%) survey participants said that doctors were the most trusted source of health and lifestyle information in their community. Following doctors, English participants reported health screenings (50%) as trusted sources of health information, while Spanish/French survey participants (31%) said that health fairs were trusted sources of health information. One-on-one counseling was the third trusted sources of information in both surveys. Regarding the dissemination of health information, English participants (61%) were much more likely to prefer e-mail compared to Spanish/French participants (21%). Inperson (43%) or over the phone (31%) were the most preferred methods of communication for Spanish/French survey participants.
- **Recommendations to improve health:** Overall, all survey participants recommended increased communication and awareness followed by community-level outreach to encourage and support more community involvement around health issues in Prince George's County. Among Spanish/French survey participants, an increased number of healthcare practitioners was also an important factor in community health.

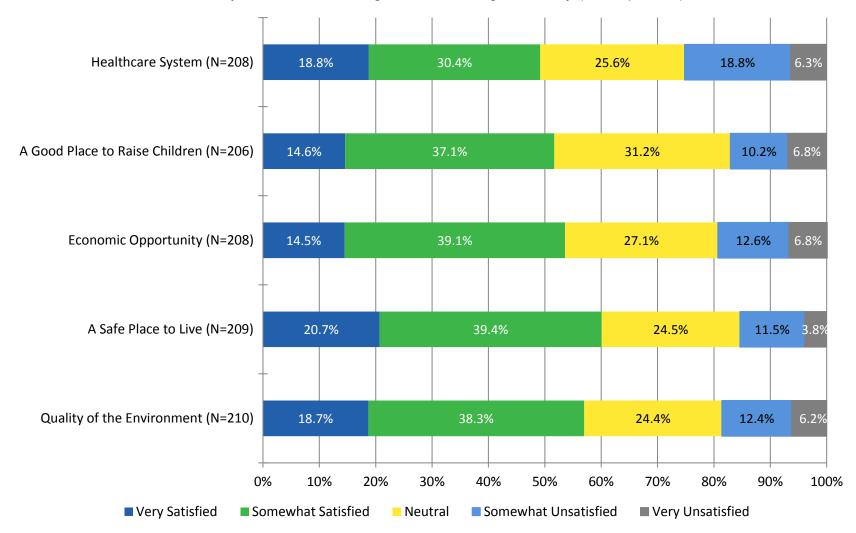
#### **Results**

**Question 1:** What do you think are the three most important factors that define a "Healthy Community" (what most affects the quality of life in a community)? (N=176 English responses; N=42 Spanish/French responses)

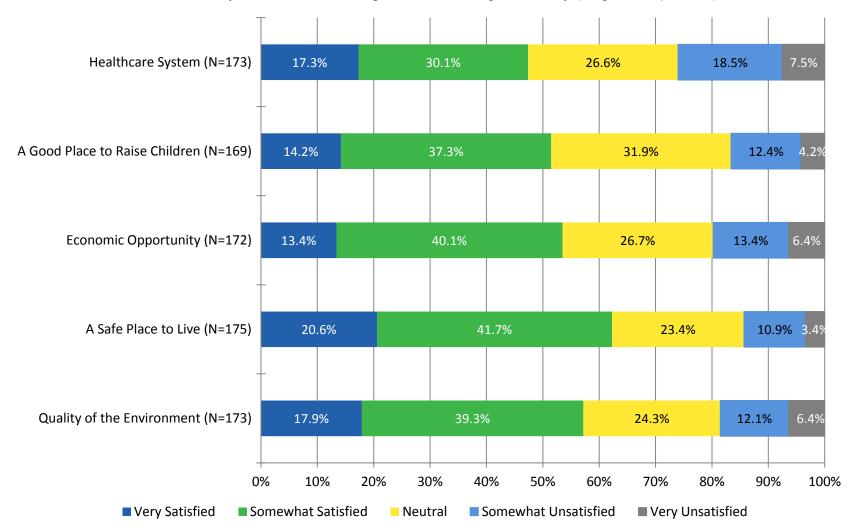


**Question 1:** What do you think are the three most important factors that define a "Healthy Community" (what most affects the quality of life in a community)? (N=176 English responses; N=42 Spanish/French responses)

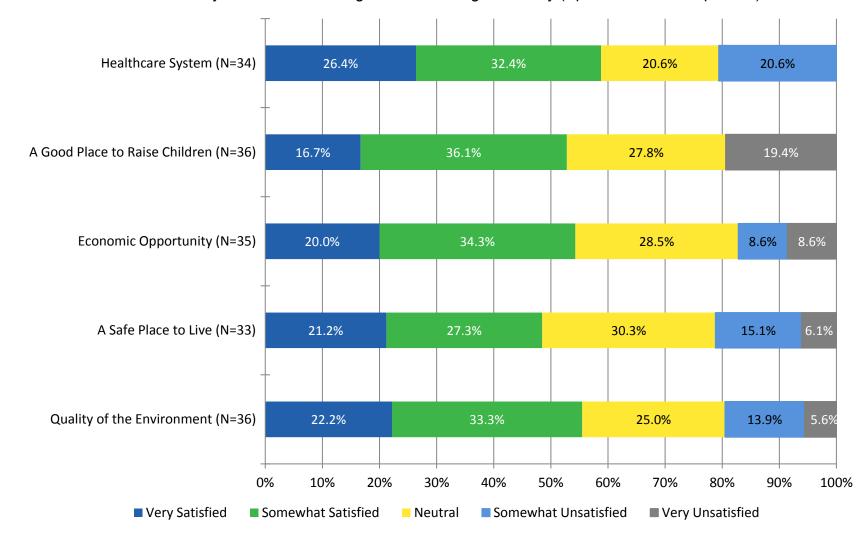




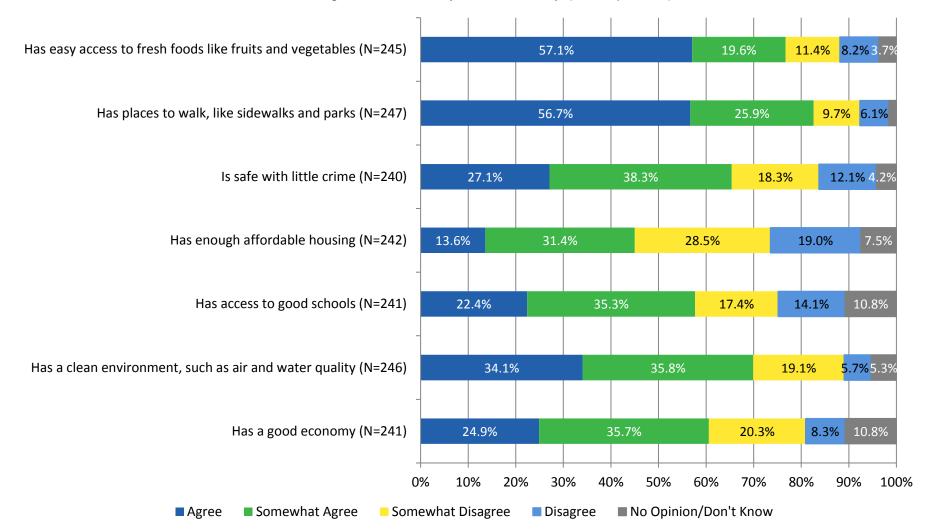
Question 2: How satisfied are you with the following in Prince George's County (All responses)?



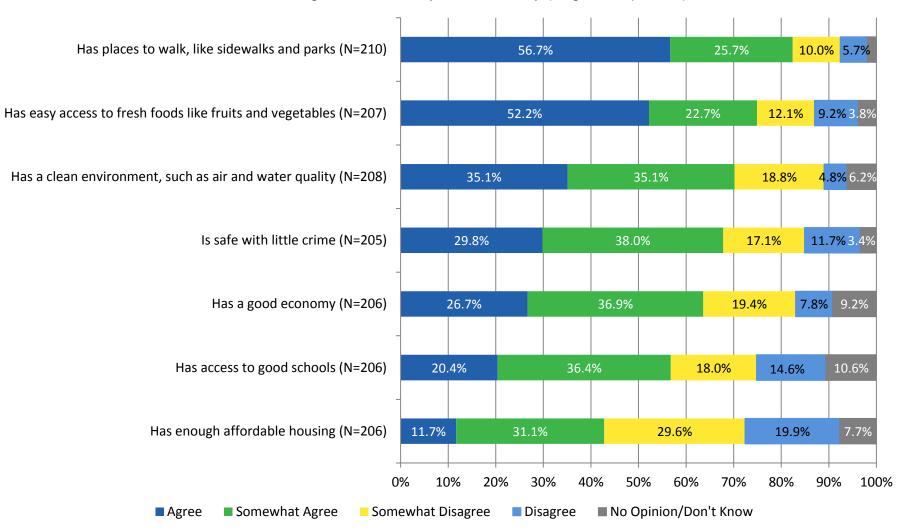
Question 2: How satisfied are you with the following in Prince George's County (English responses)?



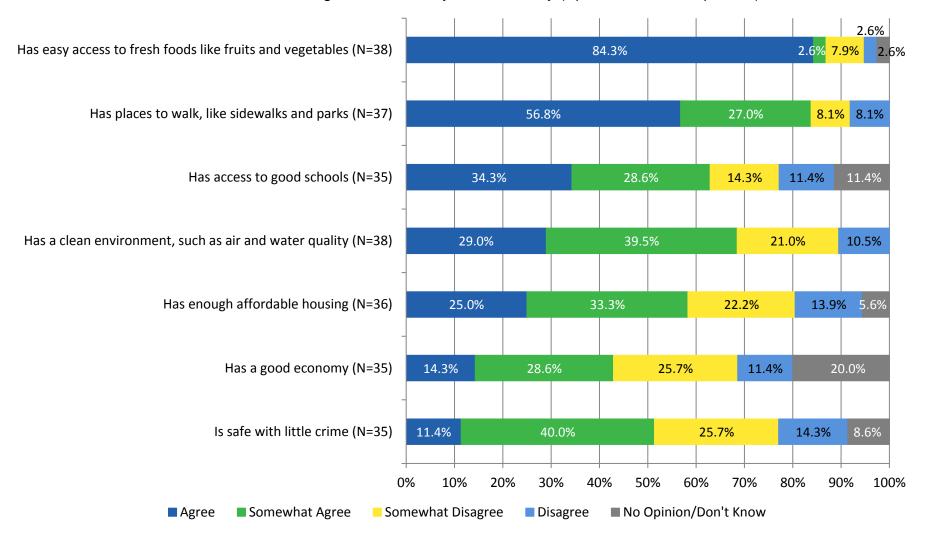
Question 2: How satisfied are you with the following in Prince George's County (Spanish/French responses)?



**Question 3:** Please rate each of the following statements for your community (All responses).

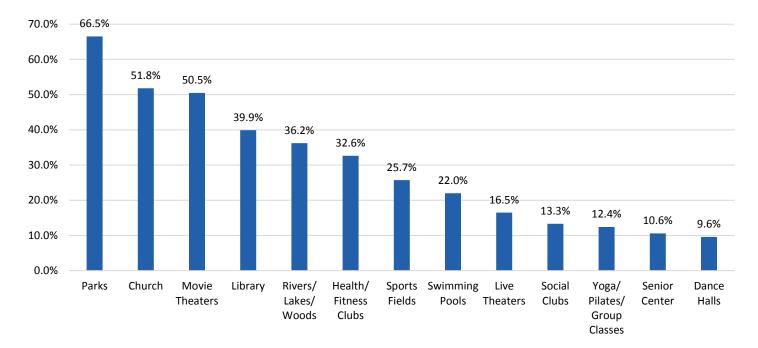


Question 3: Please rate each of the following statements for your community (English responses).

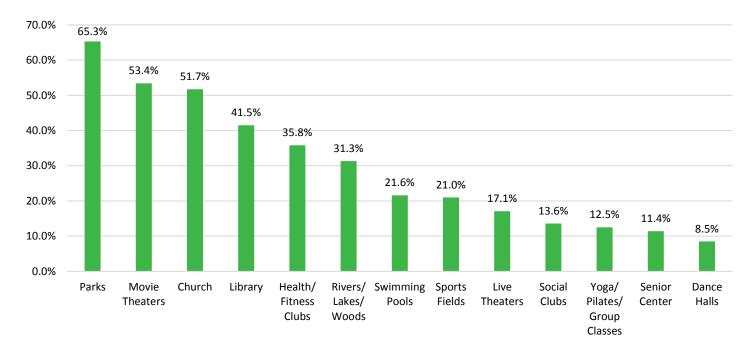


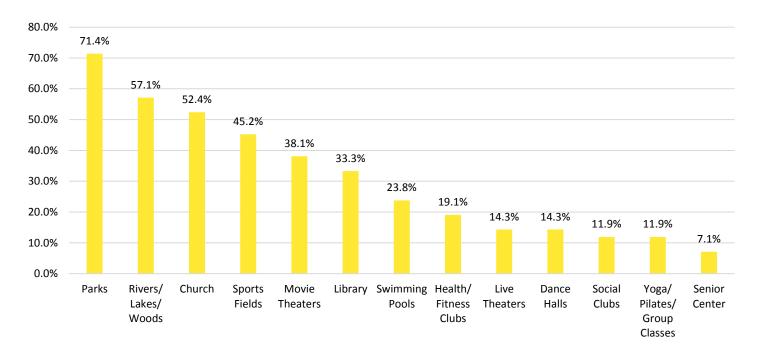
Question 3: Please rate each of the following statements for your community (Spanish/French responses).

**Question 4:** The places where I go in my community the most often in Prince George's County are (select all that apply) (N=218 responses):

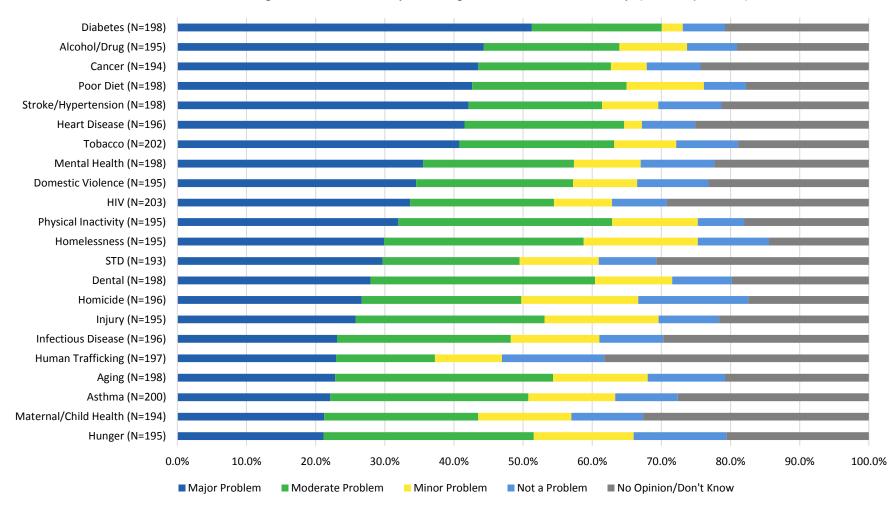


**Question 4:** The places where I go in my community the most often in Prince George's County are (select all that apply) (N=176 English responses):



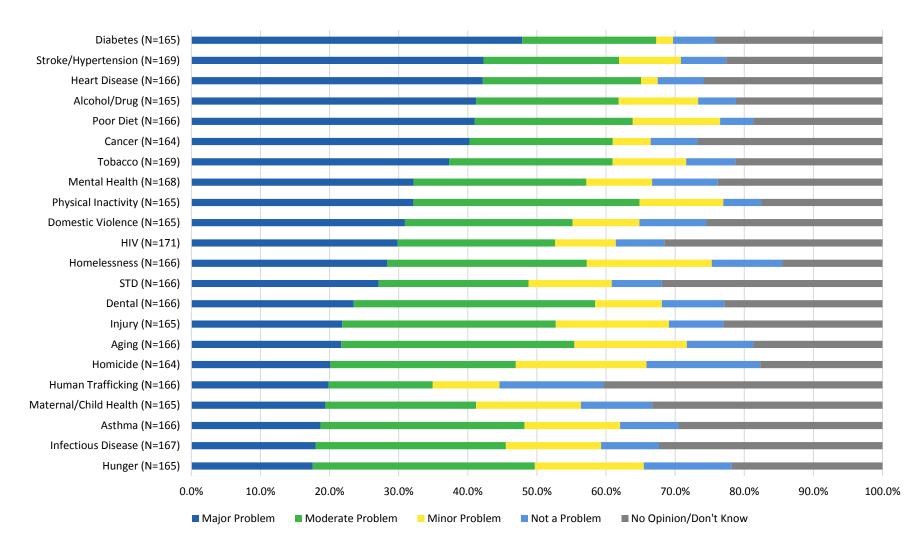


**Question 4:** The places where I go in my community the most often in Prince George's County are (select all that apply) (N=42 Spanish/French responses):



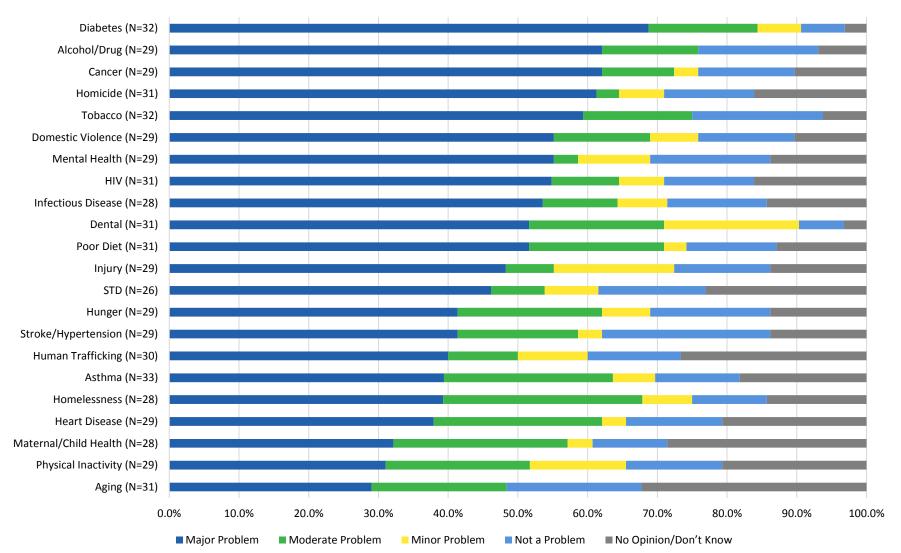
Question 5: Please rate the following health issues for your neighborhood or community (All Responses).

"Other" Included: renal failure; stress management

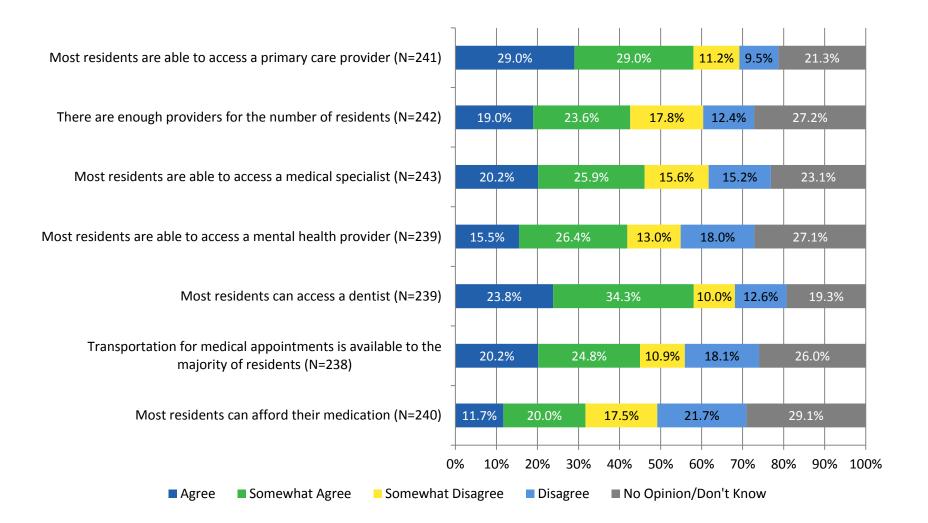


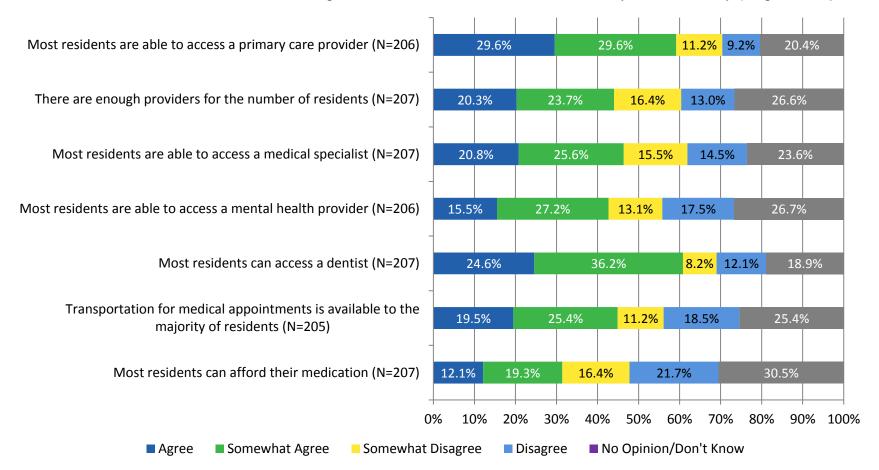
Question 5: Please rate the following health issues for your neighborhood or community (English Responses).

**Question 5:** Please rate the following health issues for your neighborhood or community (Spanish/French Responses).



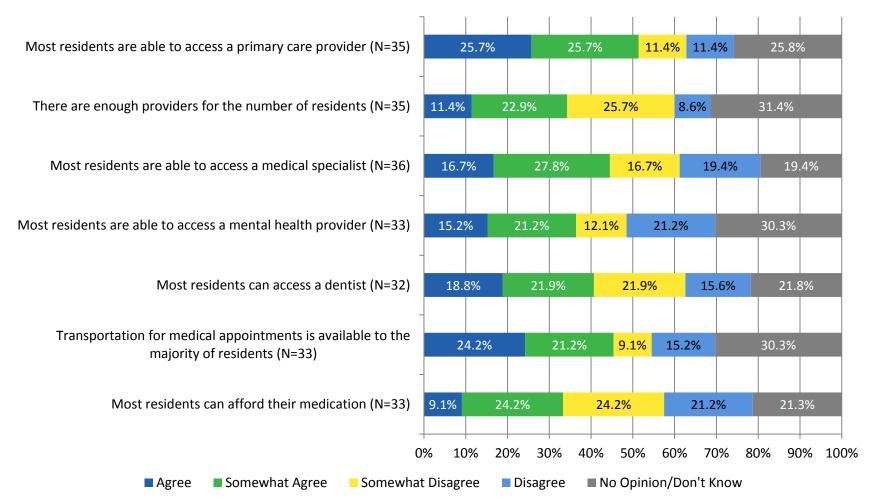
Question 6: Please rate each of the following statements about health care access in your community (All responses).

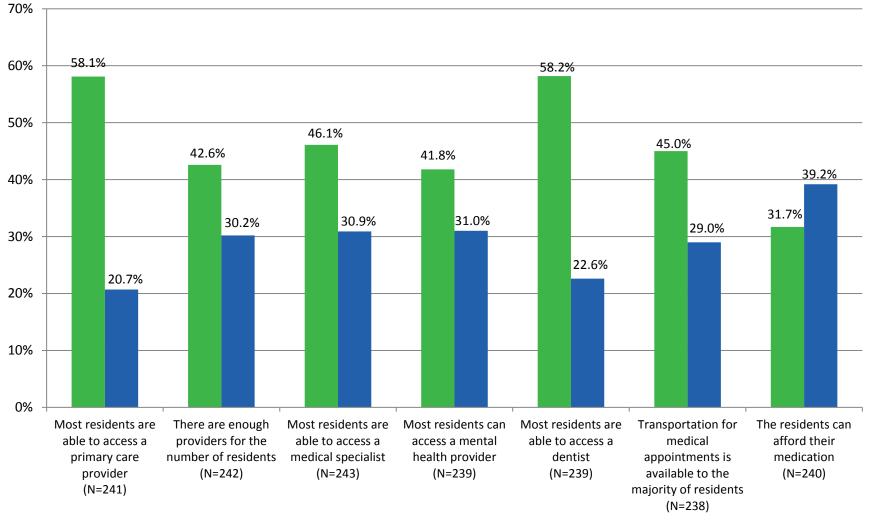




Question 6: Please rate each of the following statements about health care access in your community (English Responses).

**Question 6:** Please rate each of the following statements about health care access in your community (Spanish/French Responses).





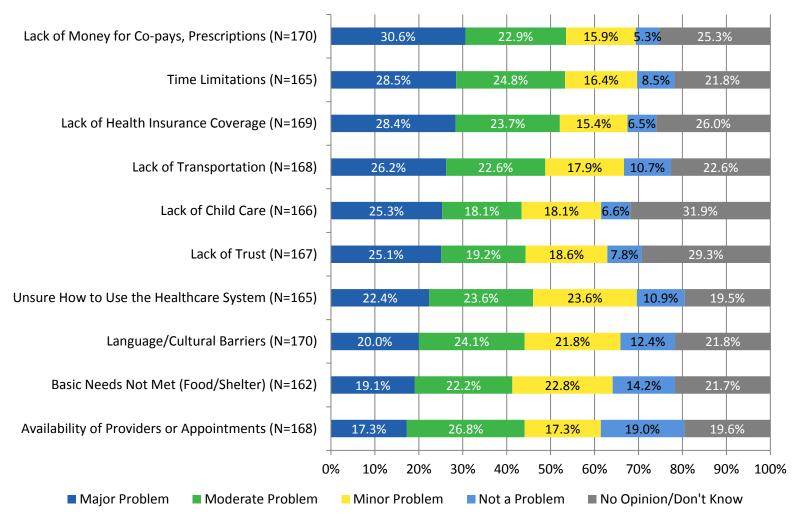
Question 6: Please rate the following statements about health care access in your community (All responses with opinion).

Agree/Somewhat Agree Disagree/Somewhat Disagree

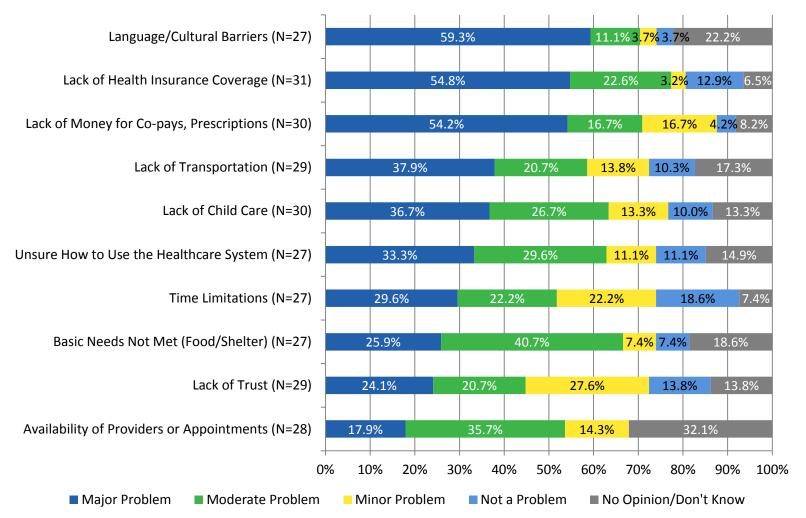
**Question 7:** Please indicate if you believe the barriers listed are a major, moderate, minor or not a problem that keep people in your community from accessing health care.

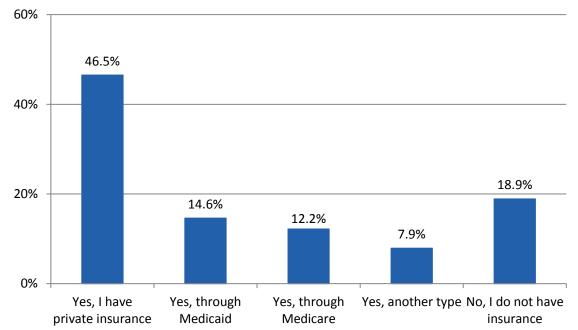
- Lack of Money for Co-pays, Prescriptions (N=200)	35.5%	21.5	% <mark>15.5</mark> '	<mark>% 5.0%</mark>	22.5%
Lack of Health Insurance Coverage (N=200)	32.5%	23.5%	13.5%	6.5%	24.0%
Time Limitations (N=192)	28.6%	24.5%	17.2%	8.3%	21.4%
Lack of Transportation (N=197)	27.9%	22.3%	17.3%	10.7%	21.8%
Lack of Child Care (N=196)	27.0%	19.4%	17.3% <mark>7</mark> .	1%	29.2%
Language/Cultural Barriers (N=197)	25.4%	22.3%	19.3%	11.2%	21.8%
Lack of Trust (N=196)	25.0%	19.4%	19.9% 8	.7%	27.0%
Unsure How to Use the Healthcare System (N=192)	24.0%	24.5%	21.9%	11.5%	18.1%
Basic Needs Not Met (Food/Shelter) (N=189)	20.1%	24.9%	20.6%	13.2%	21.2%
Availability of Providers or Appointments (N=196)	17.3%	28.1%	<b>16.8%</b>	16.3%	21.5%
- 0	% 10% 20%	30% 40% 5	50% 60%	70% 80	)% 90% 100
Major Problem Moderate Problem	Minor Problem	n 🔳 Not a Prob	lem 🔳 No (	Dpinion/D	on't Know

**Question 7:** Please indicate if you believe the barriers listed are a major, moderate, minor or not a problem that keep people in your community from accessing health care (English responses)



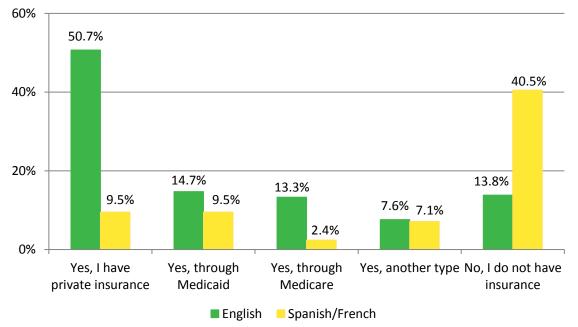
**Question 7:** Please indicate if you believe the barriers listed are a major, moderate, minor or not a problem that keep people in your community from accessing health care (Spanish/French responses).

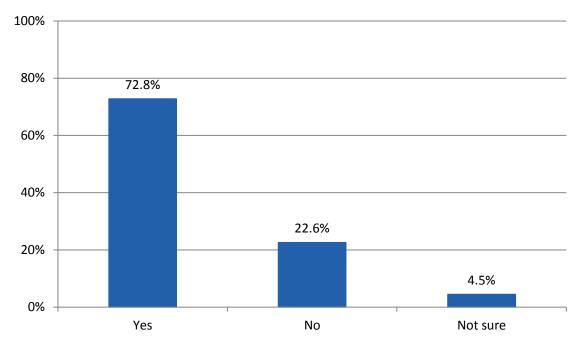




Question 8: Do you have health insurance (select all that apply)? (N=254 responses)

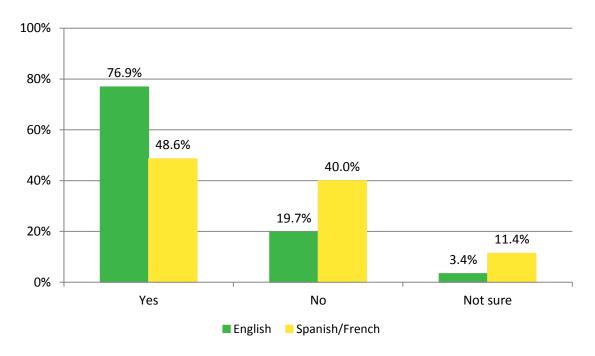
**Question 8:** Do you have health insurance (select all that apply)? (N=225 English responses; N=29 Spanish/French responses)



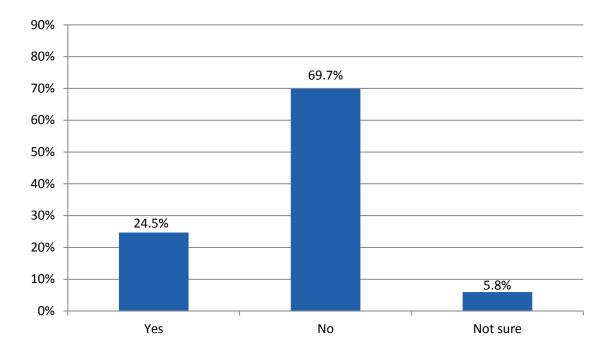


Question 9: Did you see a primary care doctor in the last year? (N=243 responses)

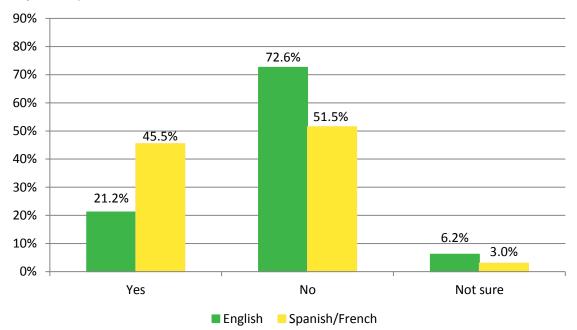
**Question 9:** Did you see a primary care doctor in the last year? (N=208 English responses; N=35 Spanish/French responses)



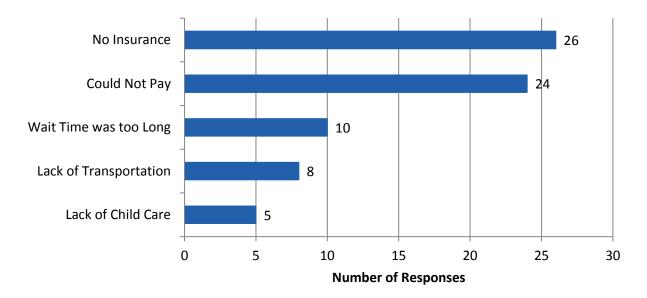
**Question 10:** Has there been a time in the past year when you needed medical care but were not able to get it? (N=241 responses)



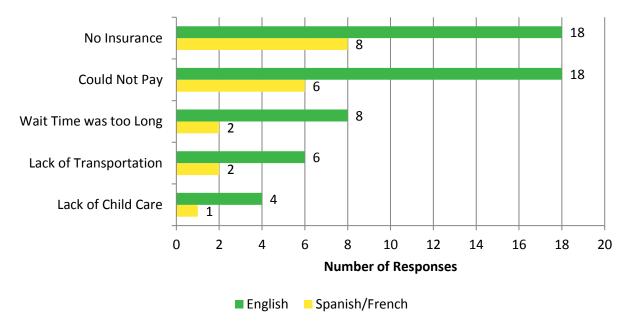
**Question 10:** Has there been a time in the past year when you needed medical care but were not able to get it? (N=208 English responses; N=33 Spanish/French responses)

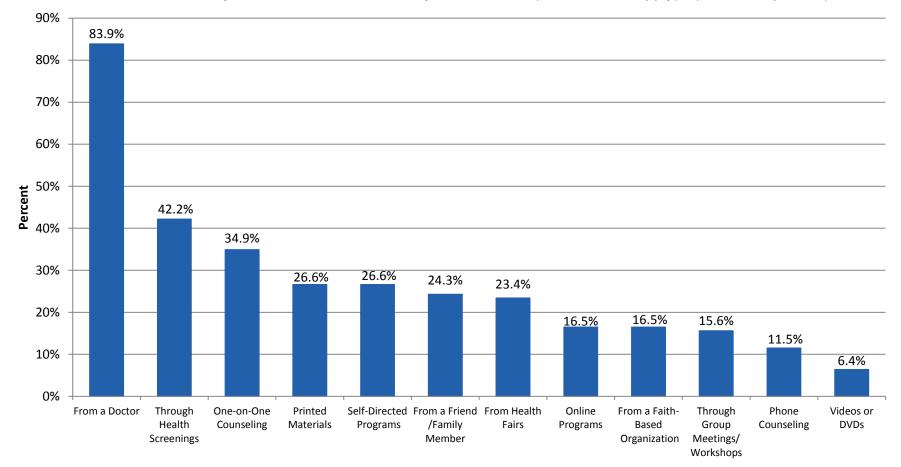


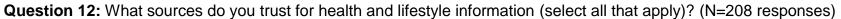
**Question 11:** If you answered that you were unable to get medical care, what prevented you from getting the medical care you needed (select all that apply)? (N=59 responses)

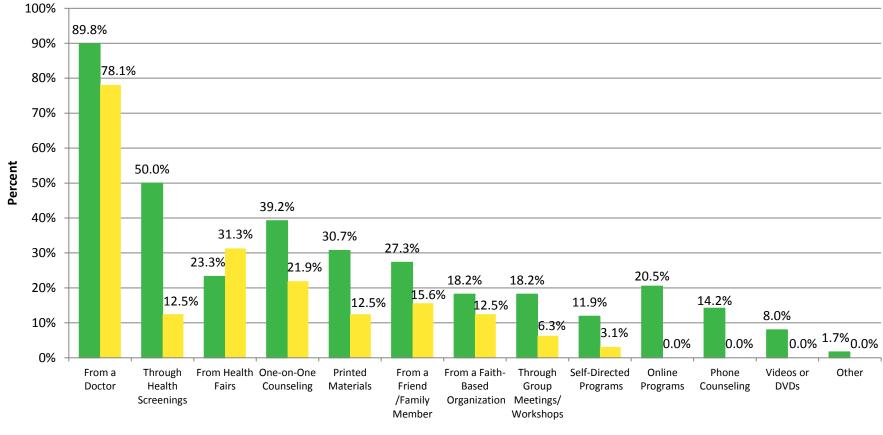


**Question 11:** If you answered that you were unable to get medical care, what prevented you from getting the medical care you needed (select all that apply)? (N=36 English responses; N=12 Spanish/French responses)



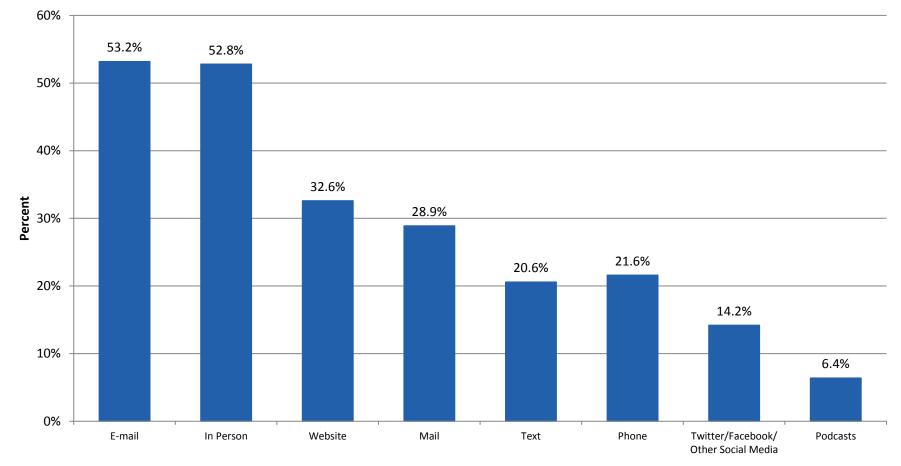






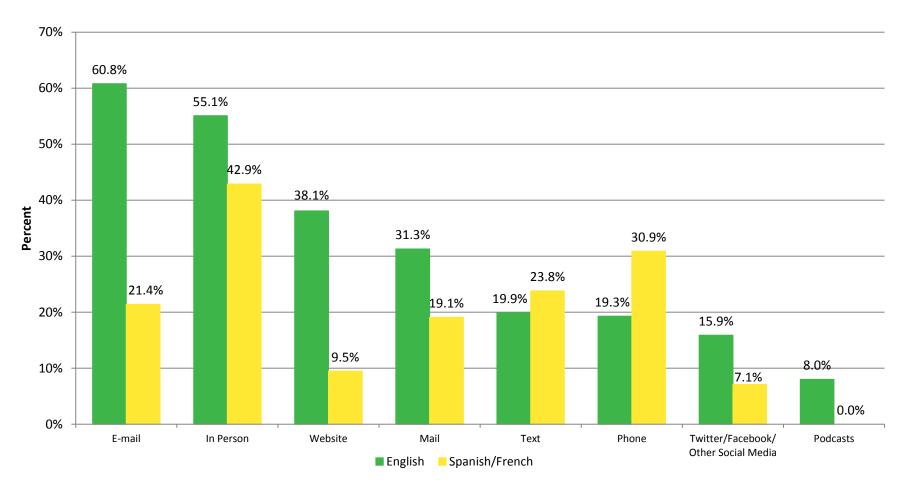
**Question 12:** What sources do you trust for health and lifestyle information (select all that apply)? (N=176 English responses; N=32 Spanish responses)

English Spanish/French

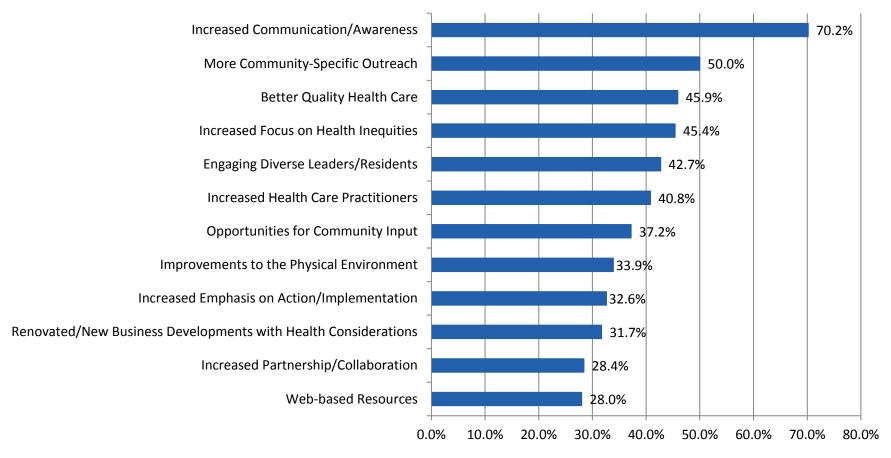


Question 13: How do you like to receive communication about health topics (select all that apply)? (N=218 responses)

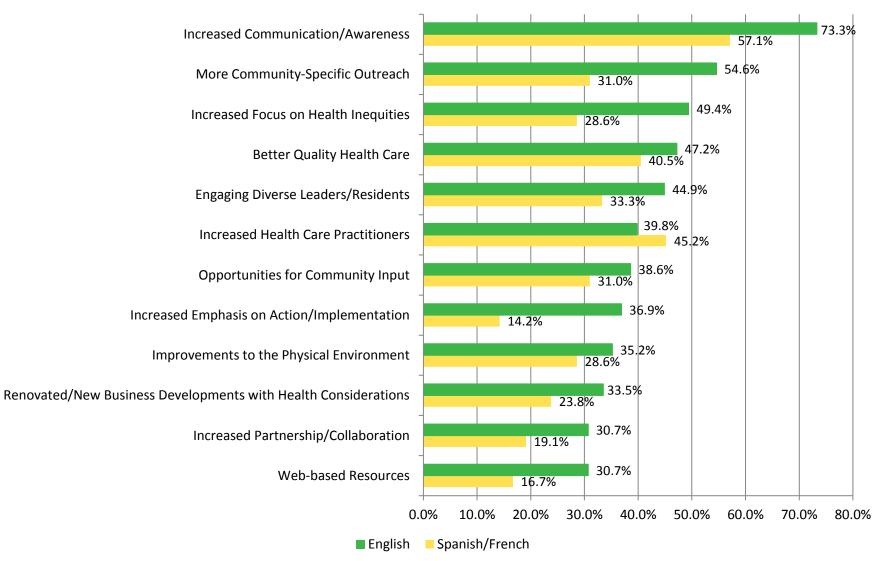
**Question 13:** How do you like to receive communication about health topics (select all that apply)? (N=176 English Responses N=42 Spanish/French Responses)



**Question 14:** What do you believe could encourage and support your community's health (select all that apply)? (N=218 responses)



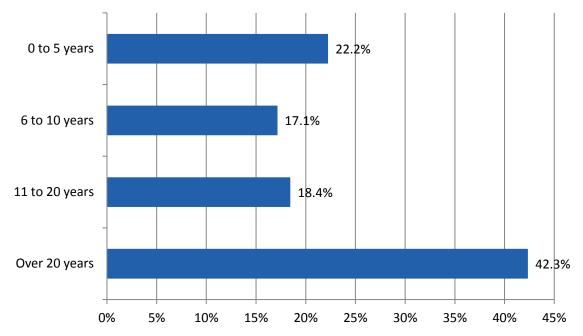
**Question 14:** What do you believe could encourage and support your community's health (select all that apply)? (N=176 English responses; N=42 Spanish/French responses)



**Question 15:** If you could change one thing in your community, what would it be? (Openended responses).

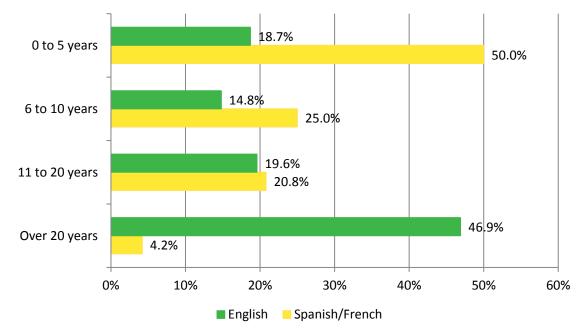
ended responses).	Number of English	Number of Spanish/ French	
Issues mentioned	Responses	Responses	Summary of Responses
Addressing the Social Determinants of Health	18	2	Improve affordability – better, higher paying jobs, higher incomes, lower costs of living, affordable housing, affordable child care; better schools and educational attainment outcomes; universal full-day preschool and kindergarten; insurance coverage for all
Transportation and Infrastructure	12	0	More transportation options, decreased costs for transportation; safer transportation; better roads – no potholes and repave some area roads; more walkability and sidewalks (Laurel specifically mentioned)
Community Engagement and Education	12	2	More community organizing, including increased community events and meetings, more health programs and screenings for those communities; identify a County liaison to the smaller municipalities so that they know the communities more intimately, to advocate for funding and services in those areas; involve the Hispanic community and encourage their participation in organizations – they live ignored; more sporting activities for youth
Cleaner Neighborhoods and Environments	9	1	More parks; more trails; more bikeshares; more green spaces; more lighting in developments; mobile recreation centers; modernize the buildings
Increased Safety	5	4	Decrease the crime rate and focus on citizen security; alleviate traffic congestion; slower, safer driving, including no phone use in the car
Better Access to and Quality of Providers	5	4	More providers in the community, beyond urgent care; many residents seek care in D.C. or neighboring counties; no limitations to services provided; more bilingual staff and professionals; more medical information provided to communities
Better Access to Healthy Foods	4	0	Closer grocery stores with more/better options; fewer fast food outlets in communities
Lower Death and Disease Rates	4	0	Overall decrease in the disease and death rates in the community; at home STD testing; increased outreach about safe sex and the importance of STD testing
Senior Population Considerations	2	0	More services for seniors (e.g., independent living and group housing); more help with access as technology advances – some seniors do not know how to access resources online without help

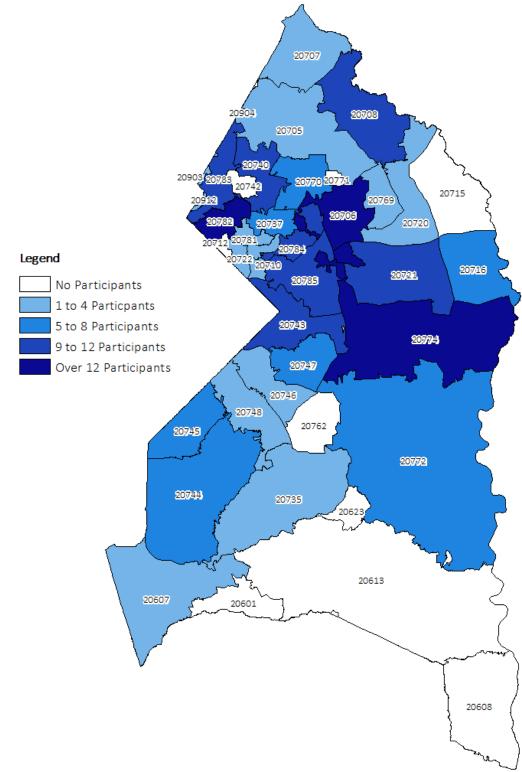
#### **Participant Profile**



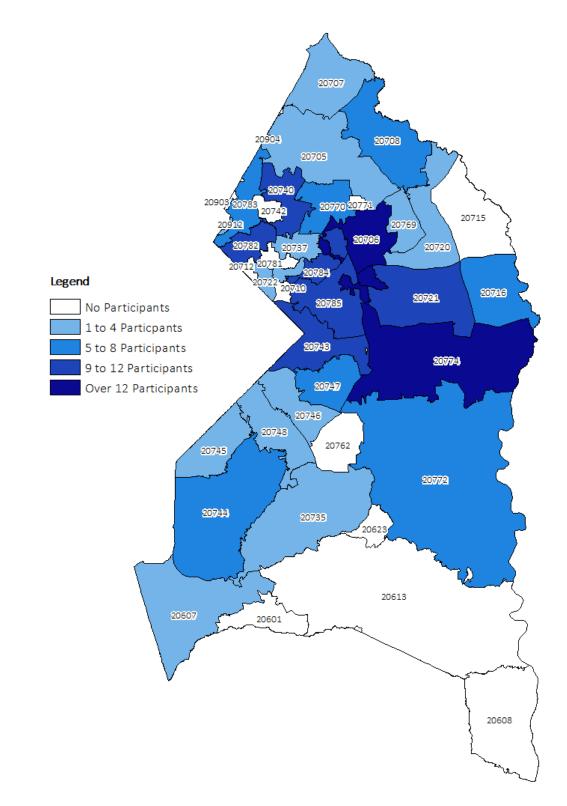
Question 16: How long have you lived in Prince George's County? (N=234 responses)

**Question 16:** How long have you lived in Prince George's County? (N=209 English responses; N=25 Spanish/French responses)

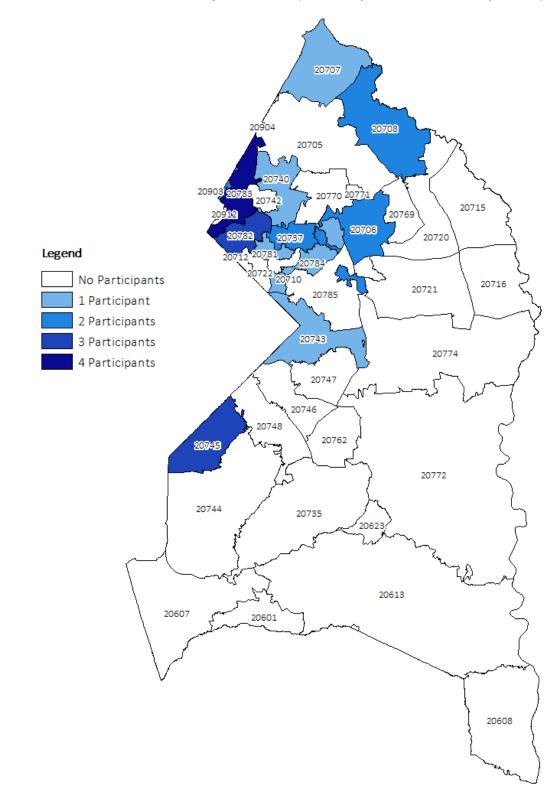




#### Question 17: What ZIP code do you live in? (N=225 responses)



#### Question 17: What ZIP code do you live in? (N=201 English responses)



Question 17: What ZIP code do you live in? (N= 24 Spanish/French responses)

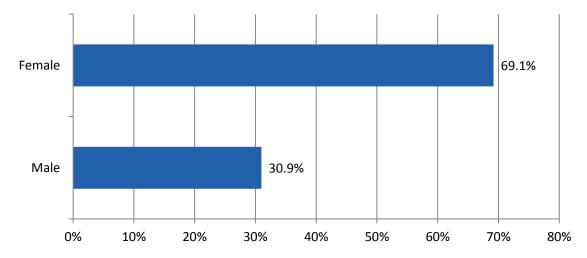
**Question 18:** What community do you live in? (N=152 English responses; 21 Spanish responses)

		Spanish/French
Community	English Participants	Participants
Amherst Rd	1	0
Ashford	1	0
Ashton Heights	1	0
Berwyn Heights	0	1
Bladensburg	1	0
Bowie	7	0
Boxwood Village	1	0
Breezewood Terrace	1	0
Brentwood	1	0
Brock Hall Manor	1	0
Brock Hills	1	0
Brooksquare Condo	1	0
Calvert Hills	1	0
Camp Springs	1	0
Capitol Heights	5	0
Carmody Hills	1	0
Cherry Lane Laurel	0	1
Cheverly	1	0
Chillum	0	2
Clinton	2	0
College Park	5	0
Collington Station	1	0
Colmar Manor	1	0
Contee Road Deerfield	0	1
Coral Hills	1	0
Covington Station	1	0
District Heights	1	0
Dresden Green	2	0
Enterprise Estates	1	0
Enterprise Knolls	1	0
Estate Neighborhood	1	0
Forestville	1	0
Fort Washington	1	0
Glenarden	2	0
Glendale Estates	1	0
Good Luck Road	1	0
Greenbelt	4	1
Greenbriar	1	0
Harbors Edge	0	1
Heritage Park	0	1
High Point	1	0
Hill Oak	1	0
Hillcrest Heights	1	0

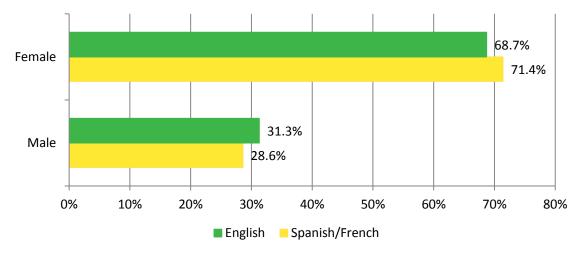
Community Hillendale Hollywood Holton Lane Hyattsville	English Participants 1 2 1 7	Spanish/French Participants 0 0 0 0
Hillendale Hollywood Holton Lane	1 2 1 7	0 0
Hollywood Holton Lane	2 1 7	0
Holton Lane	1 7	
	7	U
		4
Hynesboro	1	0
, Imperial Gardens	1	0
Jefferson St	1	0
Lake Arbor	1	0
Landover	6	0
Langley Park	1	1
Lanham	3	1
Largo	8	0
Laurel	4	1
Laurel Ridge	1	0
Lewisdale	1	0
Marlton	1	0
Mitchellville	1	0
Montpelier	2	0
Mt. Airy Estates	2	0
New Carrollton	3	1
Oak Creek	2	0
Oakcrest	1	0
Old Stage	1	0
Owens Rd	1	0
Oxon Hill	1	1
Palmer Park	1	0
Peppermill Village	1	0
Potomac Ridge	1	0
Riggs Avenue	1	0
Riverdale	1	1
Saint Barnabas Rd	0	1
Simmons Acres Accokeek	1	0
Silver Spring	0	2
Squire Wood	1	0
Strawberry Glenn	1	0
Swann Road	1	0
Tall Oaks	2	0
Tantallon	2	0
Templeton Knolls	1	0
Tiffin Court	1	0
Truman Park	1	0
University Hills	1	0
University Park	9	0
Unknown	2	0
Upper Marlboro	4	0
Village Green	1	0

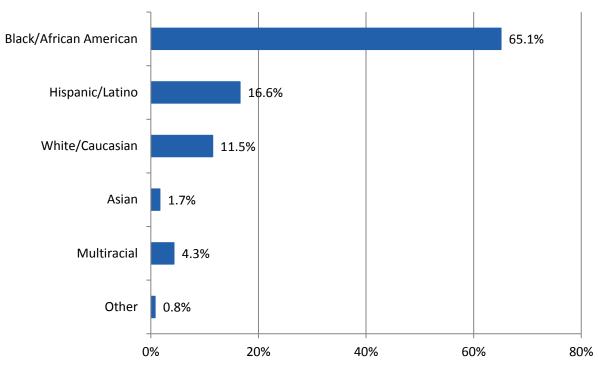
Community	English Participants	Spanish/French Participants
Vilma	1	0
Walker Mill	1	0
West Hyattsville	1	0
West Lanham Hills	1	0
Woodlark	1	0
Woodlawn	1	0
Woodmore	1	0
Woodstream	1	0

Question 19: What is your gender? (N= 236 responses)



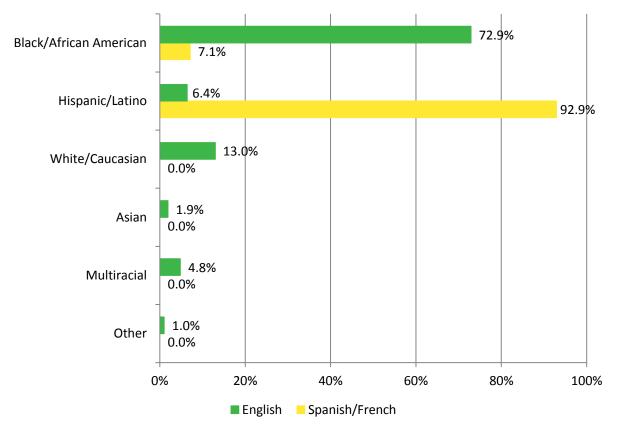
**Question 19:** What is your gender? (N= 208 English responses; N=28 Spanish/French responses)

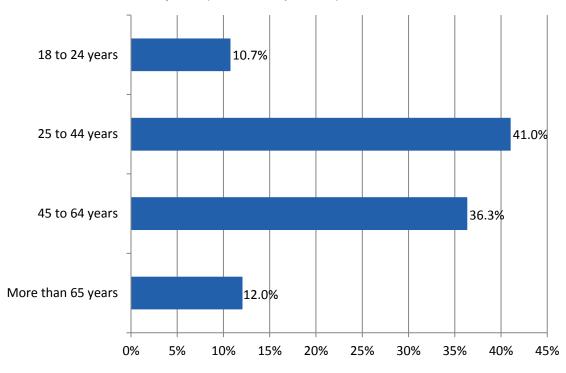




Question 20: What race/ethnicity best identifies you? (N=235 responses)

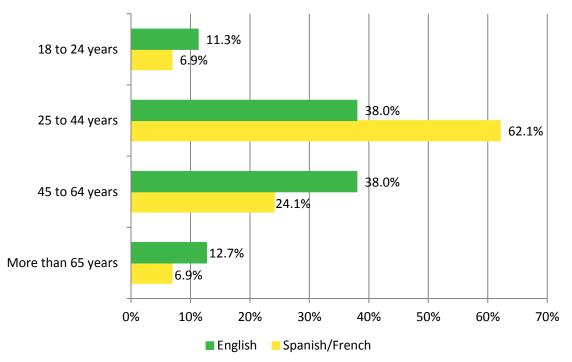
**Question 20:** What race/ethnicity best identifies you? (N=207 English responses; N=28 Spanish/French responses)

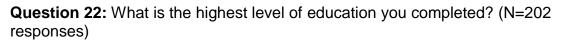


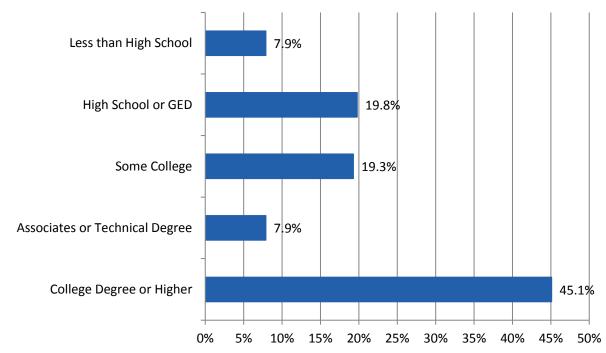


**Question 21:** How old are you? (N=234 responses)

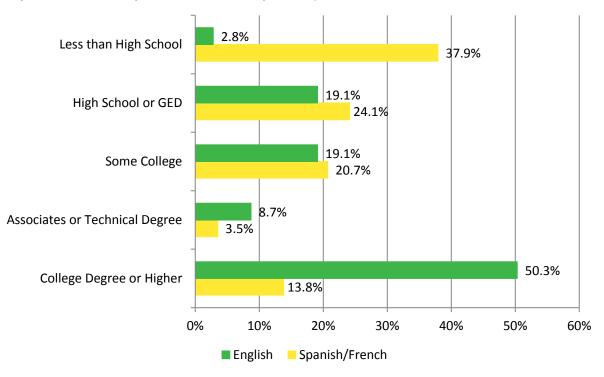
**Question 21:** How old are you? (N=205 English responses; N=29 Spanish/French responses)

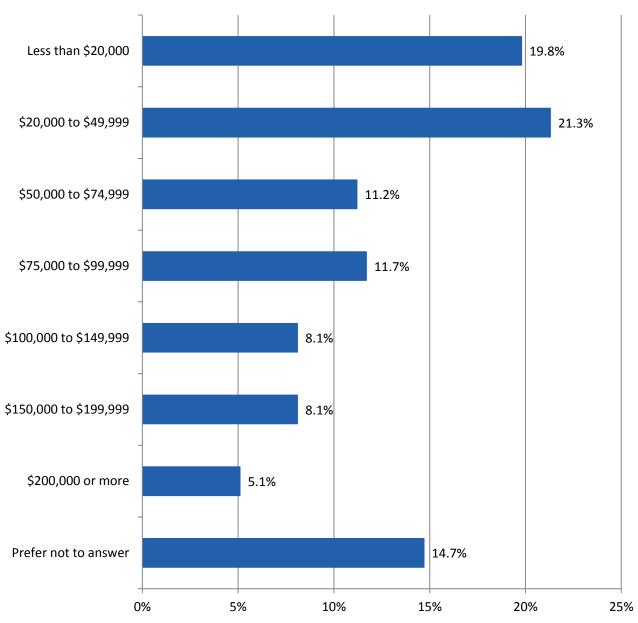




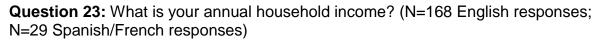


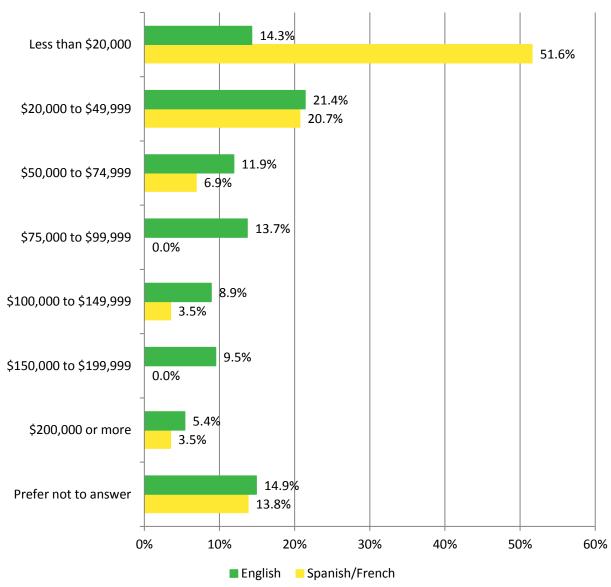
**Question 22:** What is the highest level of education you completed? (N=173 English responses; N=29 Spanish/French responses)





Question 23: What is your annual household income? (N=197 responses)





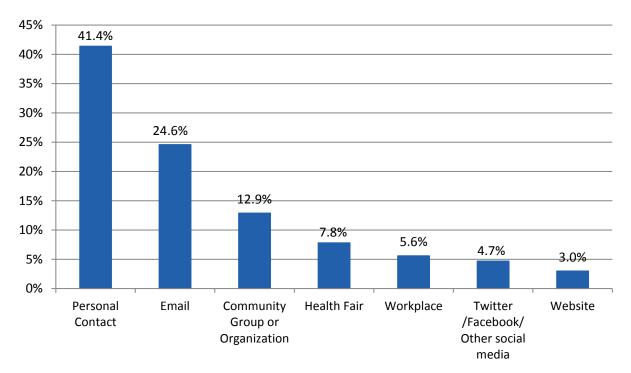
**Question 24:** What country were you born in? (N=195 English responses; N=24 Spanish/French responses)

Community	English Participants	Spanish/French Participants
Bermuda	1	0
Cameroon	3	1
Dominican Republic	1	1
El Salvador	1	10
Georgia	1	0
Guatemala	1	3
Honduras	0	3
India	1	0
Ireland	1	0
Ivory Coast	2	0
Jamaica	4	0
Kenya	1	0
Mexico	0	4
Nicaragua	0	1
Nigeria	5	0
Philippines	2	0
Sierra Leone	1	0
St. Lucia	1	0
Тодо	0	1
United Kingdom	1	0
United States	168	0

**Question 25:** What language do you speak at home? (N=195 English responses; N=25 Spanish/French responses)

Community	English Participants	Spanish/French Participants
English	175	0
English & ASL	1	0
English & Filipino	1	0
English & French	0	1
English & Hausa	1	0
English & Pegm	1	0
English & Spanish	5	4
English & Spanish & Japanese	1	0
English & Yoruba	2	0
French	2	1
Igbo	1	0
Spanish	4	19
Swahili	1	0

Question 26: How did you receive this survey? (N=232 responses)



For <u>personal contact</u> participants mentioned specific locations in the "Other" free-text field: health clinics; health center; healthcare facility; hospital; health department; Langley Park multi-service center.

# PRIORITIZATION process

## **PRIORITIZATION PROCESS**

#### Introduction

The 2019 Community Health Assessment (CHA) for Prince George's County provides an updated from the first ever joint CHA in 2016 with a partnership between five local hospitals and the Health Department. The Core Team again included all area hospitals and the Health Department, who began the process of collecting primary and secondary data to describe the residents and needs in the county. This data was planned to be used during the prioritization process to determine the overall county health priorities. In 2016, broad community participation was used for the prioritization process. For 2019, the review of the initial findings indicated that the priority areas were likely to remain the same based on the data collection, but the Core Team wanted to ensure input from community representatives, resulting in an invitation for the leadership for the Prince George's Healthcare Action Coalition to participate in the prioritization process.

#### **Participants**

The area hospitals and Health Department provided representatives of the healthcare and public health system. Six workgroup Co-Chairs for the Coalition were also invited, who represented different populations and county agencies including the Department of Corrections, Department of Social Services (Maryland Health Connection), Food Equity Council, and the Department of Parks and Recreation. A list of participants in the prioritization process is included in **Attachment A**.

#### **Process Summary**

To make the best use of the prioritization meeting and ensure adequate discussion time for the issues, the Core Team organized the discussion around: 1) community perception of health, 2) changes in the local health system, 3) the four 2016 priority areas, 4) seven additional areas of interest, and 5) emergent themes from the data collection process, as noted below.

2016 Priorities	Additional Areas of Interest	Emergent Themes
Social Determinants of Health	• HIV	<ul> <li>Housing Stability</li> </ul>
Behavioral Health:	• STIs	<ul> <li>Low-Income and Employed</li> </ul>
<ul> <li>Mental Health</li> </ul>	<ul> <li>Infant Health</li> </ul>	<ul> <li>Needs of Immigrants</li> </ul>
Substance Use	<ul> <li>Maternal Health</li> </ul>	<ul> <li>Need for Innovative Outreach</li> </ul>
• Obesity and Metabolic Syndrome:	<ul> <li>Senior Health</li> </ul>	
Diabetes	• Asthma	
Heart Disease	<ul> <li>Oral Health</li> </ul>	
Hypertension		
Cancer		

An agenda for the prioritization process meeting is included in **Attachment B**. The prioritization process began with an overview of the purpose of the CHNA, the steps taken to ensure community input in the process, and a data overview of the selected issues (**Attachment B**). The data overview included summaries of each topic, including indicators, trends, and resident, community expert, and key stakeholder input as well as active discussion by the participants by posing questions, providing insight for the population represented, providing anecdotal examples, discussing resources and services provided, and discussing data limitations, such as the lack of data for specific populations, the challenges with obtaining data for services provided in Washington D.C. to our residents, and lag time for some data secondary data sources, such as the cancer registry.

Prince George's County Health Department facilitated the prioritization process. The process was designed around consensus building and allowed participants to ask more specific questions through epidemiology staff present during the process. After reviewing the data, participants were instructed to consider the following:

- Magnitude: How many people are affected
- Severity: What are the outcomes and how long do they last
- Trend: Changes since 2016
- **Disparity:** Who is disproportionately affected
- <u>Community Perception:</u> Results from Resident Survey, Community Expert Survey, and Key Informant Interviews

#### **Prioritization Discussion**

During the initial discussion, participants noted the following:

- Approximately 50,000 residents are ineligible for insurance. Estimated that around 35,000 are eligible but uninsured.
- The provider ratios have not improved despite efforts.
- Better integration of mental health with somatic care is occurring, but there is still work to be done (several participants noted work being done around mental health).
- The role of the school system is critical in addressing the social determinants of health

- Health department has not worked synergistically with schools; is a priority that needs to be done
- A lot of risk factors deal with diet; PGCPS could really play into this as a primary source of nutrition, there should be more alignment here.
- There is a huge link between nutrition and behavioral issues. What is the capacity of counselors to deal with issues?
- County supports a robust community advocate program in 40 school, behavioral health in particular. May not be called "SDOH" but they are doing the work.
- Two prevalent issue resources and priorities; link between parents and school system is not strong- perception that if parents connect to resources through the schools system, there will be stigma implications for a long time.
- More information about cancer staging at diagnosis would be helpful to better understand the disparities
  - Cultural differences may contribute to later diagnoses; there are some groups working with specific populations for this
  - Are there differences in treatment based on race and staging?
- Behavioral health crosses many comorbidities, and we are far from where we should be to address this
  - The expense of behavioral health is an issue, especially in the jails; we need to do better getting those in need connected with resources

During the discussion, all the hospital systems represented agreed that the work they started in 2016 is not yet complete, and the data and community input are reflective of this. The stakeholders therefore agreed to maintain the four main priority areas during the next three years:

of Health
c Syndrome

#### **Next Steps**

The Health Department agreed to provide summary slides for the priority areas that can be shared with the Hospital Boards (Attachment C). Participants agreed to reconvene in August to share:

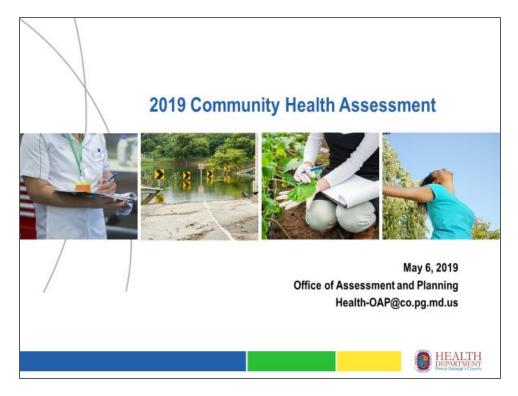
- Community assets available or needed to address the priority areas
- Each hospital system's implementation plan
- Potential areas for collaboration among hospitals
- Potential areas for collaboration with the Healthcare Action Coalition

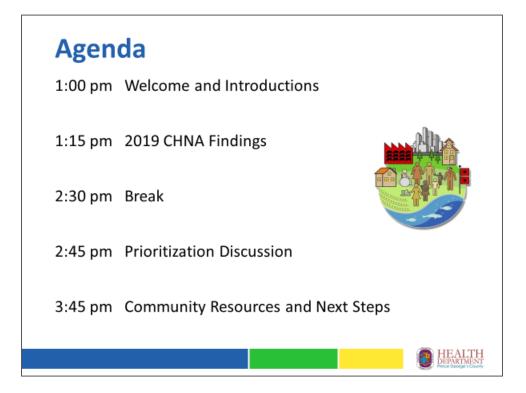
The Health Department agreed to facilitate the arrangements for the next meeting.

#### **Attachment A: Prioritization Participants and Attendance**

Name	Organization	Title	Attended
Anthony Nolan	Department of Parks and Recreation, MNCPPC; PGHAC Health Eating Active Living Workgroup	Chief, Special Programs Division	Yes
Caitlin Murphy	Prince George's Health Department	Special Assistant to the Health Officer	Yes
Camille Bash	Doctors Community Hospital	CFO/Treasurer	Yes
Chantay Moye	Nexus Health-Fort Washington Medical Center	Corporate Director, Marketing, Communications & Public Relations	Yes
Dr. Chile Ahaghotu	MedStar Southern Maryland Hospital Center	Vice President, Medical Affairs	No
Chloe Waterman	Friends of the Earth; PGHAC Health Eating Active Living Workgroup	Senior Food Campaigner	Yes
Christina Gray	Prince George's Health Department	Epidemiologist	Yes
Donna Perkins	Prince George's Health Department	Epidemiologist	Yes
Ernest Carter	Prince George's Health Department; PGHAC Chair	Acting Health Officer	Yes
Guy Merritt	Prince George's Department of Corrections; PGHAC Behavioral Health Workgroup	Chief, Community Corrections Division	Yes
Howard Ainsley	Nexus Health-Fort Washington Medical Center	Senior Vice President & Chief Operating Officer	Yes
Dr. Joseph Wright	University of Maryland Capital Region Health	Chief Medical Officer	No
Katie Boston-Leary	University of Maryland Capital Region Health	Chief Nursing Officer	No
Kent Alford	University of Maryland Capital Region Health; PGHAC Behavioral Health Workgroup	Systems Behavioral Health Director	No
Michael Jacobs	University of Maryland Capital Region Heath	Vice President, Community Relations	Yes
Nikki Yeager	Doctors Community Hospital	Vice President Ambulatory Services & Network Strategy	Yes
Sabra Wilson	University of Maryland Capital Region Health	Director of Community Health	Yes
Shari Curtis	Department of Social Services; PGHAC Health Equity Workgroup	Program Manager, Maryland Health Connection	Yes
Sharon Zalewski	Regional Primary Care Coalition; PGHAC Health Equity Workgroup	Executive Director	No
Trudy Hall	UM Capital Region Health-Laurel Medical Center	Vice President of Medical Affairs	Yes
Valerie Barnes	MedStar Southern Maryland Hospital Center	Director of Case Management and Population Health	No

#### **Attachment B: Prioritization Agenda and Presentation**

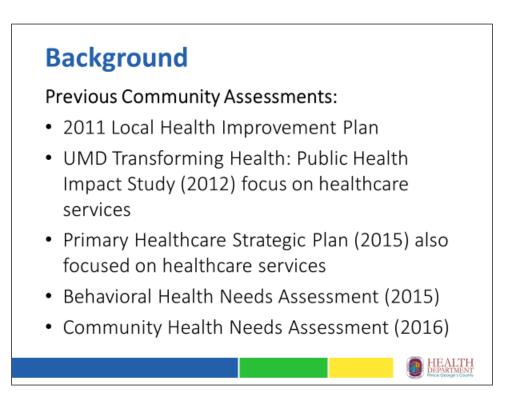


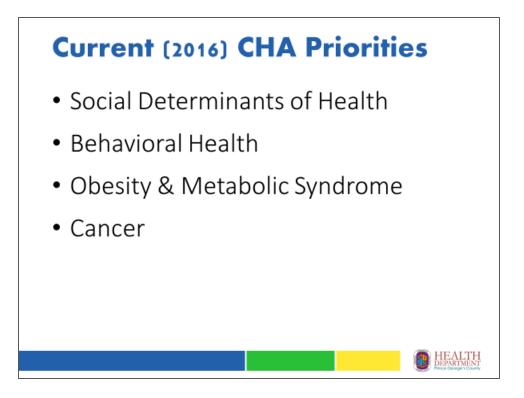


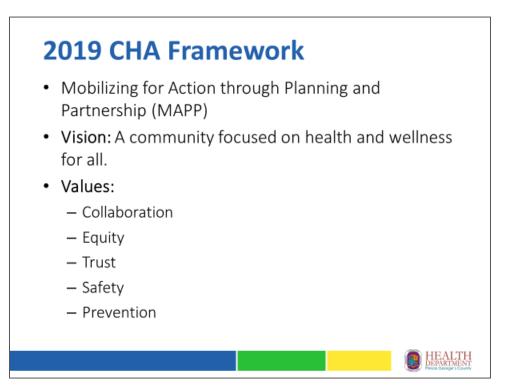
### **Core CHA Team**

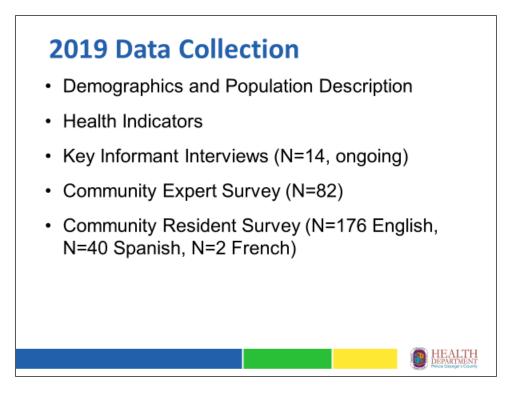
- Doctors Community Health System
- Fort Washington Medical Center
- MedStar Southern Maryland Hospital Center
- UM Capital Regional Health
- Health Department
- Prince George's Healthcare Actional Coalition Leadership

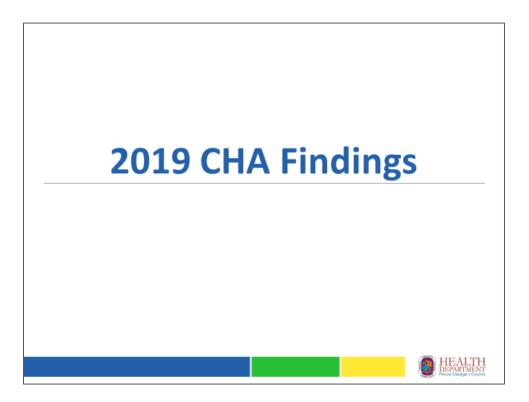
HEALTH DEPARTMENT

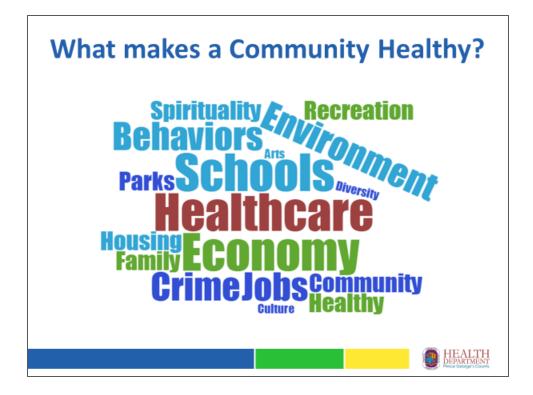


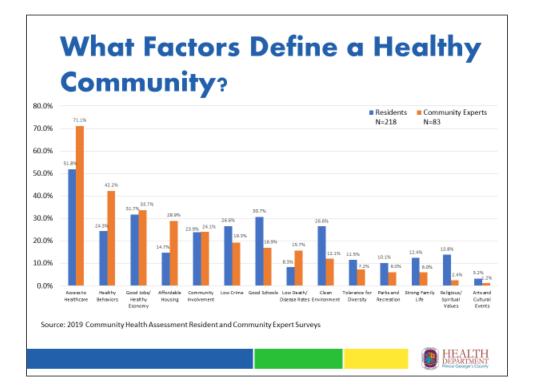


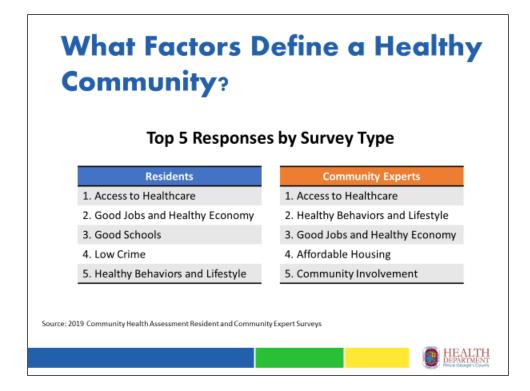


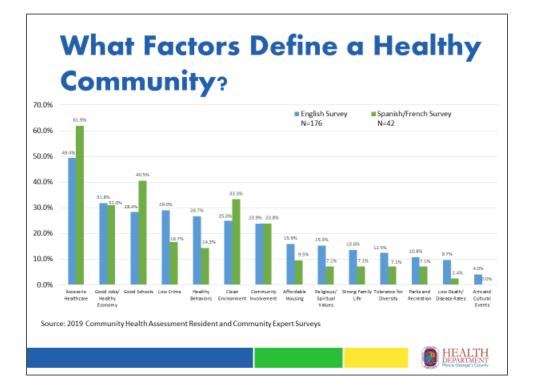


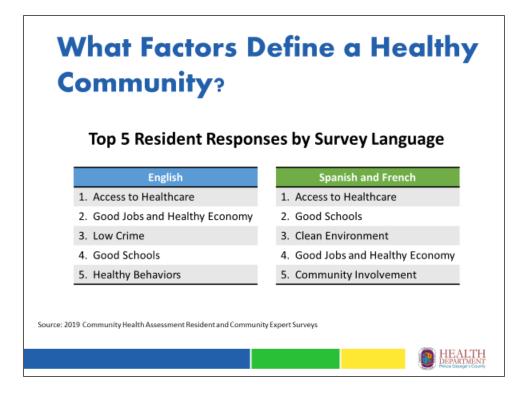


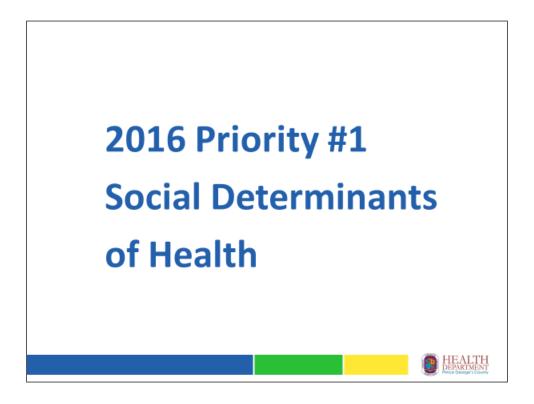












# **Social Determinants of Health**

Socioeconomic Factors Income Employment Housing Costs

Social & Community Context Quality of Life Voter Participation Community Engagement Incarceration

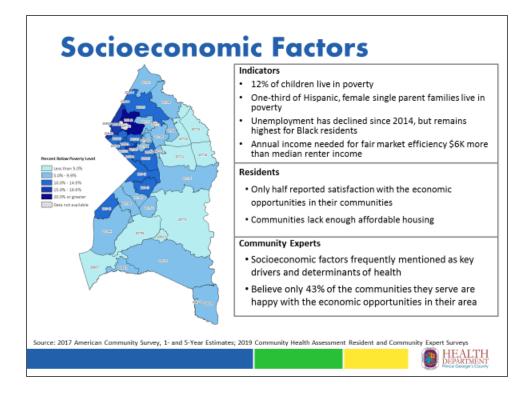
#### Education

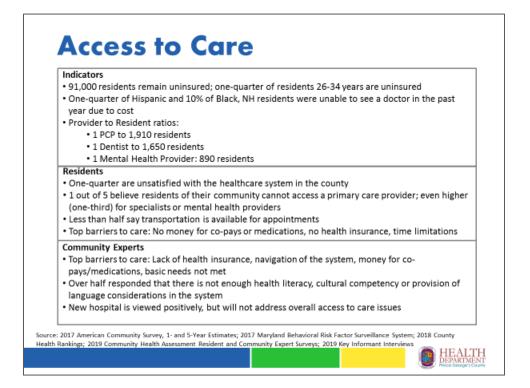
School Environment High School Graduation College Enrollment Access to Care Health Insurance Provider Availability Medical Expenses Health Literacy

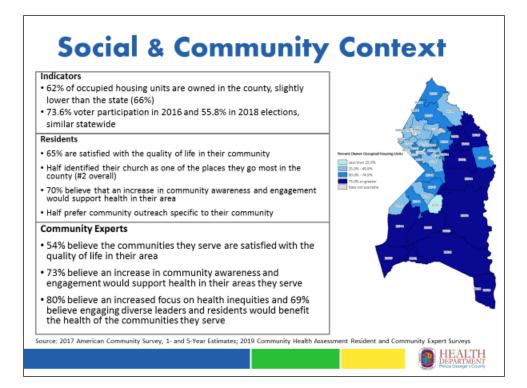
Neighborhood & Built Environment Access to healthy food Opportunity for physical activity Safety

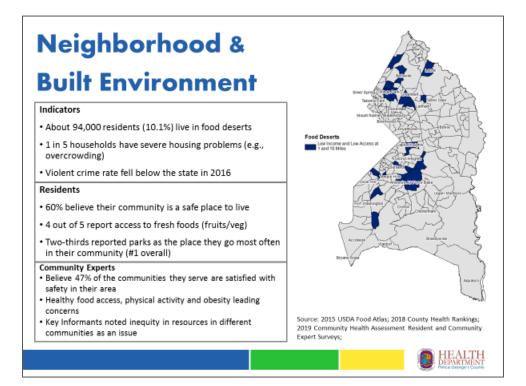
HEALTH

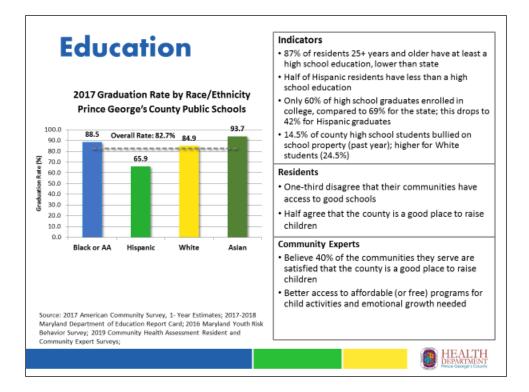
**Prince George's County** A population on the rise 912,756 residents as of 2017, an increase of No Majority 50,000 residents since 2010 lack, non-Hispanic 50% to 65% lack, non-Hispanic 65. 1% to 80% lack, non-Hispanic 80% to 100% White, non-Hispanic 50% to 65% An aging population Aspanic 50% to 65% lajority is defined as 50% or more o aciallethnic group for the 21P code. Those 65 years and older represent 13% of the total population. Median age of residents is 37.2 years compared to 34.9 years in 2010. A diverse population Over one-quarter of residents speak a language other than English at home. In 2017, one in five residents was born outside of the United States. Source: 2017 American Community Survey, 1- and 5-Year Estimates HEALTH





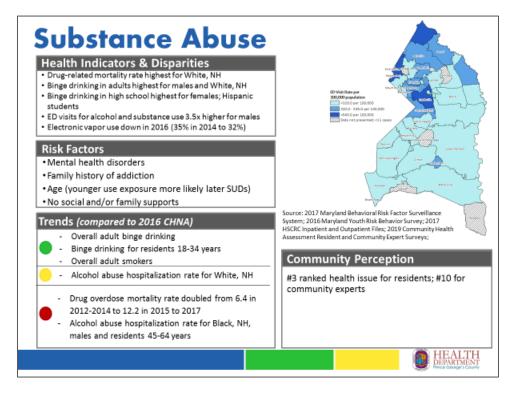




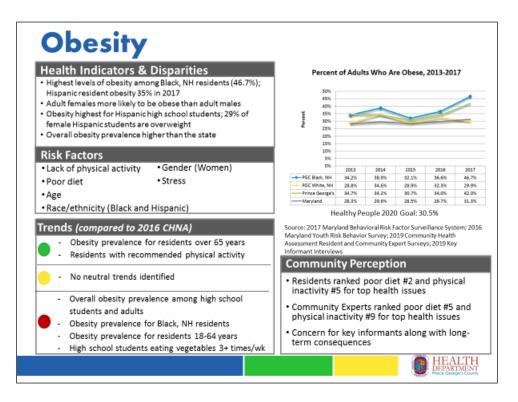




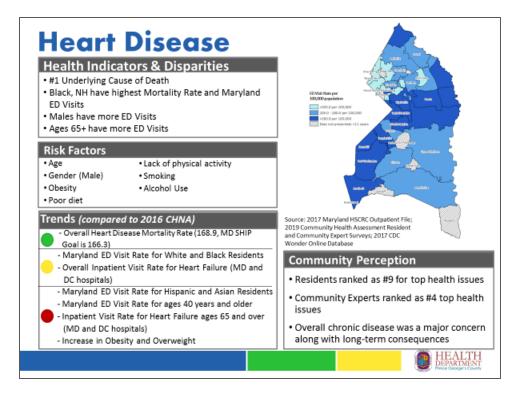
Mental Health	Behavioral Health Condition		Frequency	Perce
lealth Indicators & Disparities	Alcohol-related disorders		1,887	22.4
	Mood disorders		1,671	19.9
White, NH twice as likely to die from suicide as Black, NH residents	Anxiety disorders		1,340	15.9
Overall poor mental health days better than the state	Substance-related disorders		1,140	13.
Almost one-third of high school students felt sad or hopeless	Schizophrenia and other psychotic disorders		905 551	10.
0	Suicide and intentional self-inflicted injury Delirium dementia and amnestic and other c	anitive disorders	296	3
impeding normal activity(past year); highest for Hispanic students	Attention-deficit conduct and disruptive beh		198	2
18% of HS students seriously considered suicide and 15% made a	Adjustment disorders	and aboratis	164	2
plan in the past year	Miscellaneous mental health disorders		126	1
plan in the past year	Impulse control disorders		43	1
l Fostow	Total		8,420	10
sk Factors ender (Female) • Trauma	PGC High School	2014	20	016
ender (Female) • Trauma bstance use disorder • Abuse/neglect	Sad/Hopeless	27.3%	31.	5%
amily history	Consider Suicide	14.7%	17.	7%
o social and/or family support	Plan for Suicide	12.2%	14.	8%
nds (compared to 2016 CHNA)	Source: 2017 Maryland Behavioral R Maryland Youth Risk Behavior Surve			2016
<ul> <li>Overall suicide mortality rate decreased from 6.0</li> </ul>	Assessment Resident and Communit			
	Informant Interviews; 2017 HSCRC 0			der
(2012-2014) to 5.7 (2015-2017)	Online Database			
<ul> <li>Suicide mortality rate for White, NH decreased to</li> </ul>	Community Downey			
11.7 per 100,000 (2015-2017) from 14.1 (2012-2014)	Community Percep	otion		
117 per 100,000 (2010-2017) nom 14.1 (2012-2014)	#11 ranked health issue	for residents	: #2 for	
<ul> <li>Overall poor mental health days for residents</li> </ul>	community experts surv		,	
- Suicide mortality rate for Black, NH (4.4 per 100,000	Leading issue for key infe	-	views, wit	h
			,	
in0 2012-2014; 5.1 per 100,000 in 2015-2017)	014; 5.1 per 100,000 in 2015-2017) connection to homelessness, incarceration,		ration, an	a
- Overall number of Maryland ED visits for Behavioral	chronic disease manager	ment noted;	stress and	1
	depression were frequer			
Health conditions				

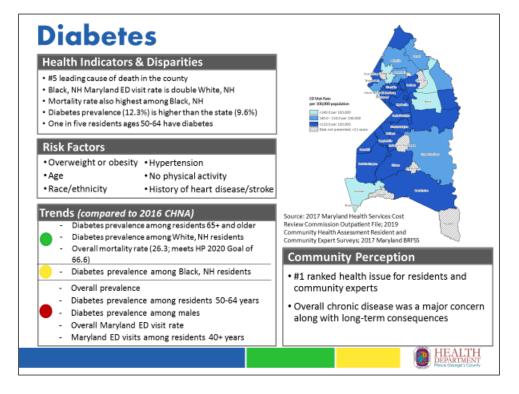


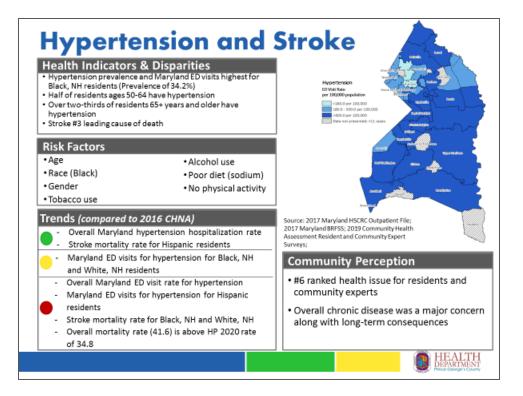
# 2016 Priority #3 Obesity and Metabolic Syndrome

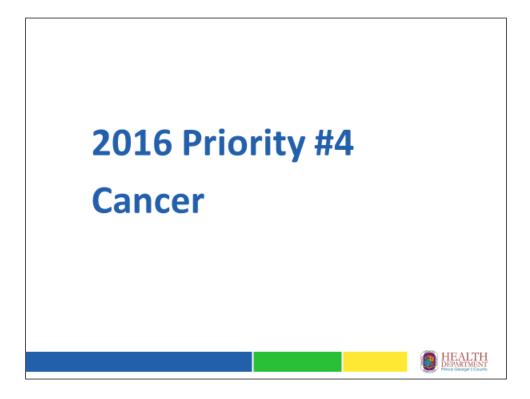


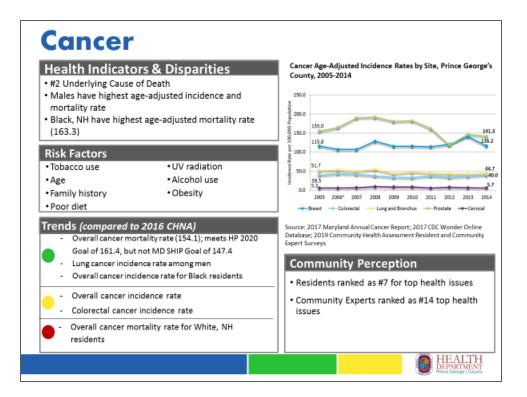
HEALTH DEPARTMENT

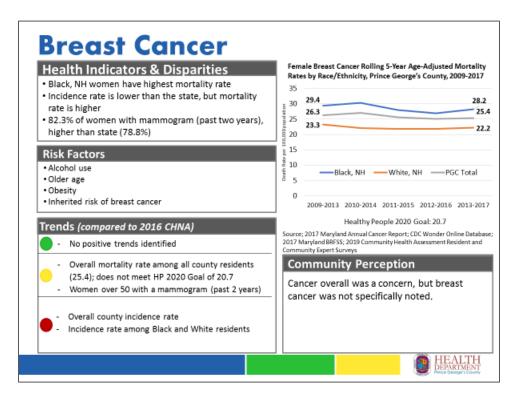






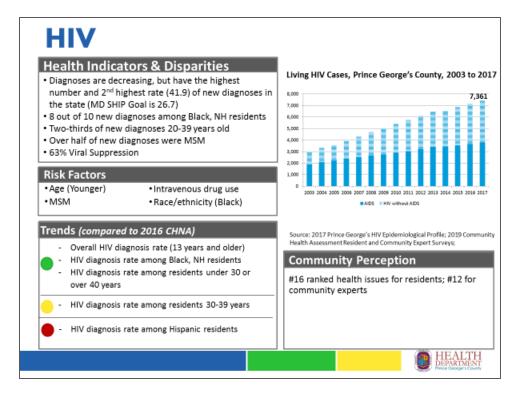




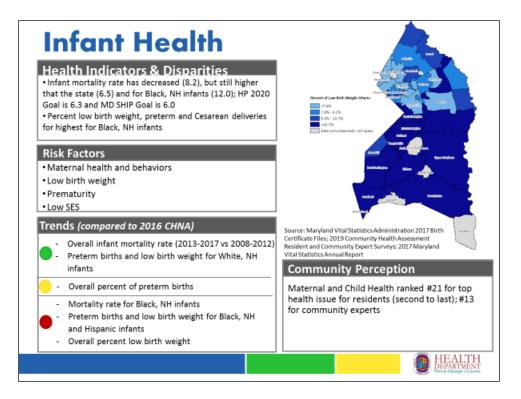


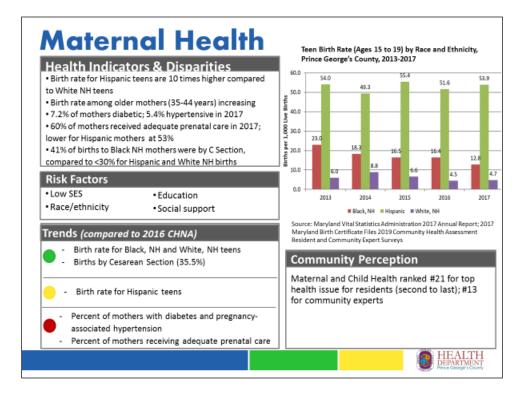
<ul> <li>Incidence and mortality rates among Black, NH (35.3) are twice as high as White, NH (16.4)</li> <li>43% of men (40 years+) had a prostate-specific antigen test in past 2 years (similar to MD at 39%); higher for Black, NH men (47%)</li> <li>Risk Factors</li> <li>Older age (over 50 years)</li> <li>Race (Black)</li> <li>Family history of prostate cancer</li> <li>Overall county incidence and mortality rates</li> <li>Incidence rate among Black and White residents</li> <li>A No neutral trends identified</li> <li>A No neutral trends identified</li> </ul>	Health Indicators & Disparities  Incidence and mortality rates higher than state	Prostate Cancer Rolling 5-Year Age-Adjusted Mortality R by Race/Ethnicity, Prince George's County, 2009-2017
10.00 Shifted particle specific antigent test in past 2 years (similar to MD at 39%); higher for Black, NH men (47%)       29.9         20.0       20.8         Risk Factors       15.0         • Older age (over 50 years)       15.0         • Race (Black)       10.0         • Family history of prostate cancer       5.0         • Overall county incidence and mortality rates       10.0         • No neutral trends identified       Source; 2017 Maryland Annual/Cancer Repart; CDC Wonder Online Du 2009-2013 2010-2014 2011-2015 2012-2016 2013         • No neutral trends identified       Community Expert Surveys         • Men 40+ years with a Prostate-Specific Antigen test       Cancer overall was a concern, but prostate cancer was not specifically noted.	<ul> <li>Incidence and mortality rates among Black, NH (35.3) are twice as high as White, NH (16.4)</li> </ul>	40.0 38.7
Risk Factors       15.0         • Older age (over 50 years)       15.0         • Race (Black)       10.0         • Family history of prostate cancer       5.0         Trends (compared to 2016 CHNA)       0.0         • Overall county incidence and mortality rates       2017 Maryland AnnualCancer Report; CDC Wonder Online Dr. 2017 Maryland Marss; 2019 Community Health Assessment Resident Community Expert Surveys         • No neutral trends identified       Cancer overall was a concern, but prostate cancer was not specifically noted.	test in past 2 years (similar to MD at 39%); higher for	30.0 <b>29.9</b> 25.0
Race (Black)     · Family history of prostate cancer  Trends (compared to 2016 CHNA)     · Overall county incidence and mortality rates     · Incidence rate among Black and White residents     · No neutral trends identified     · Men 40+ years with a Prostate-Specific Antigen test	Risk Factors	20.0
Community Expert Surveys     Overall county incidence and mortality rates     Incidence rate among Black and White residents     No neutral trends identified     Men 40+ years with a Prostate-Specific Antigen test	•Race (Black)	5.0 0.0
Overall county incidence and mortality rates     Incidence rate among Black and White residents     No neutral trends identified     Men 40+ years with a Prostate-Specific Antigen test	Trends (compared to 2016 CHNA)	Healthy People 2020 Goal: 21.8
Cancer overall was a concern, but prostate     cancer was not specifically noted.	<ul> <li>Overall county incidence and mortality rates</li> </ul>	2017 Maryland BRFSS; 2019 Community Health Assessment Resident Community Expert Surveys
<ul> <li>Men 40+ years with a Prostate-Specific Antigen test</li> </ul>	<ul> <li>No neutral trends identified</li> </ul>	
		cancer was not specifically noted.

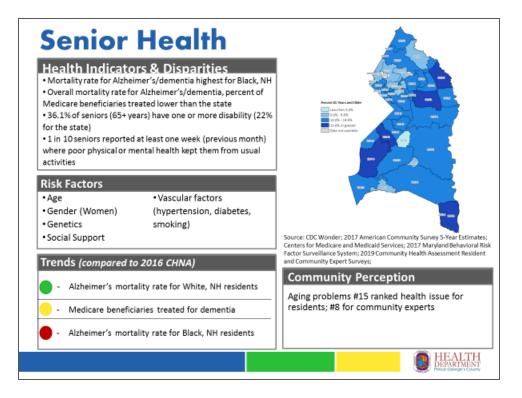


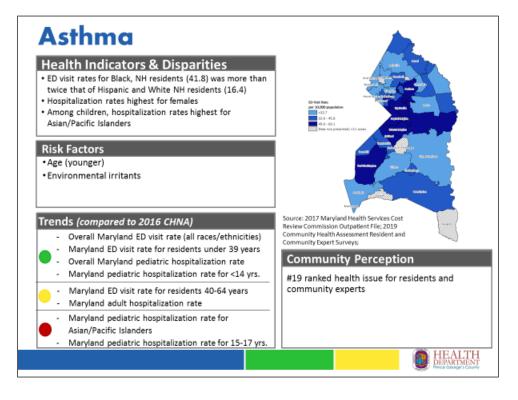


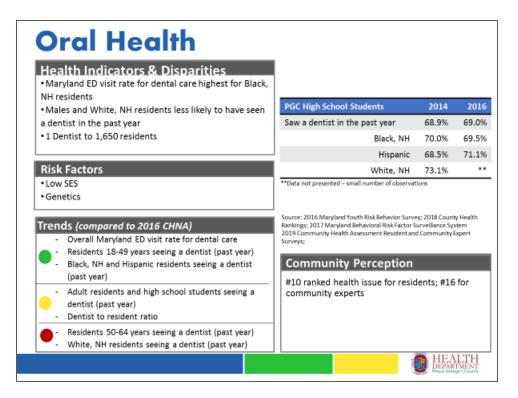
Health Indicators & Disparities	Number of Se County, 2015-	xually Transmi 2017	tted Infect	ions, Prince	George's
<ul> <li>Chlamydia/gonorrhea incidence highest for 20-24 years</li> </ul>	STI	2015	2016	2017	5-Yea Mear
<ul> <li>62% of high school students used a condom during last</li> </ul>	Chlamydia	6,153	6,752	7,365	6,51
sexual intercourse encounter	Gonorrhea	1,282	1,832	2,001	1,57
Syphilis cases increased by 30% between 2016 and 2017	Syphilis	81	110	143	11
Risk Factors		ly Transmitted the United Sta		, Prince Geo	rge's Count
<ul> <li>Unprotected sex (condom)</li> </ul>		P	rince		
<ul> <li>Multiple sexual partners</li> </ul>	STI	Geo	rge's D	Maryland U	Inited State
<ul> <li>Risky sexual behaviors</li> </ul>	Chlamydia	:	806.9	552.1	524.
• IVDU	Gonorrhea		219.2	181.4	170.
Trends (compared to 2016 CHNA)  - No positive trends identified	Source: 2016 M and Health Pror	1D SHIP Goal: C laryland Youth Ris notion, Center for sident and Commi	k Behavior Su r STI Preventi	irvey; Marylan on; 2019 Comr	d Prevention
- No neutral trends identified	Commu	unity Per	ceptio	n	
		ed health iss ty experts	ue for re	sidents an	d











# **Emergent Themes**

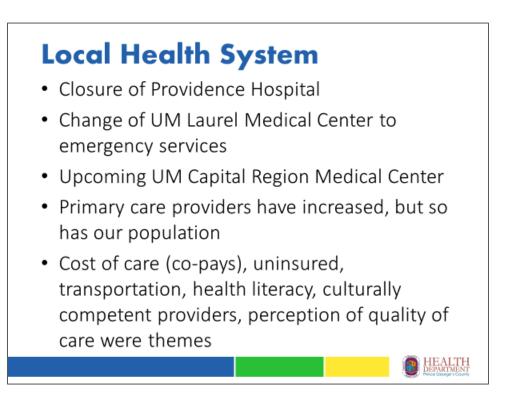
- Housing Stability
  - Homeless identified as the most underserved population by community experts
  - Process to place and care for homeless should be streamlined and transparent
  - Affordable Housing was noted as a significant challenge
- Asset-Limited, Income-Constrained, Employed
  - Low-income residents may be insured but are unable to pay for high deductibles, co-pays and medications

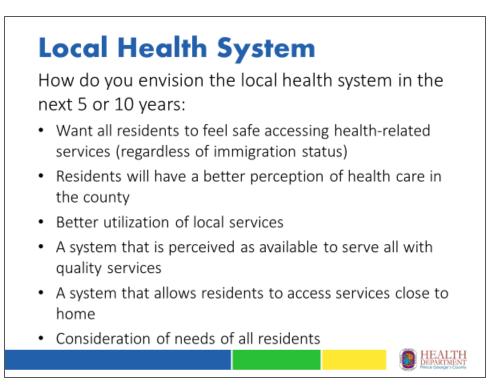
DEPARTMENT

# **Emergent Themes**

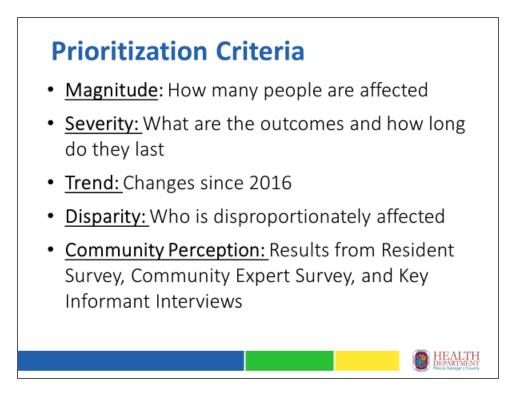
- Meeting the needs of our foreign-born residents
  - Hispanic residents increased 31% since 2010
  - One-third of Hispanic residents are uninsured
  - Fear may drive undocumented populations to not seek care
  - Cultural competency is critical
- · Innovative outreach and awareness of services
  - Outreach should be community-specific
  - Special considerations for seniors and homebound

HEALTH DEPARTMENT









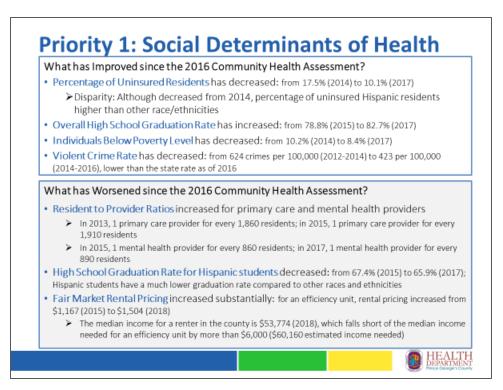


#### **Attachment C: Priority Area Summary**

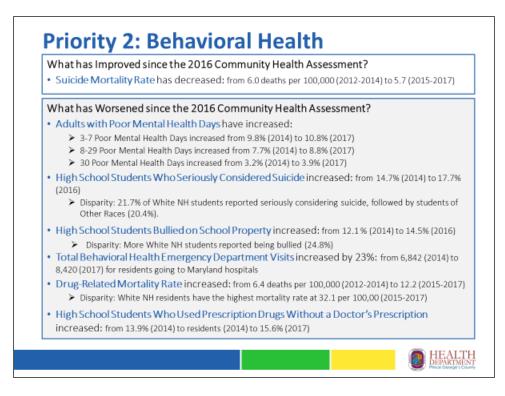
# Prioritization Results The Core CHA Team determined by consensus to retain the four priority areas from 2016: Social Determinants of Health Behavioral Health Obesity & Metabolic Syndrome Cancer Overall, it was noted that these are challenging priorities to "move the needle" in only 3 years, many of the associated indicators have not improved, there are still notable disparities, and these areas continue to be a community priority.

Indicator	2016 Assessment	2019 Assessment
Uninsured Residents	<b>All: 17.5% (2014)</b> Black, NH: 10.5% Hispanic: 52.9% White, NH: 8.2%	<b>All: 10.1% (2017)</b> Black, NH: 7.6% Hispanic: 33.2% White, NH: 5.4%
Resident to Provider Ratios	Primary Care: 1,860:1 (2013) Dentists: 1,680:1 (2014) Mental Health: 860:1 (2015)	Primary Care: 1,910:1 (2015) Dentists: 1,650:1 (2016) Mental Health: 890:1 (2017)
Individual Poverty Status	All: 10.2% (2014) Black: 8.6% Hispanic: 17.1% White, NH: 9.3% Asian: 8.6%%	All: 8.4% (2017) Black: 7.0% Hispanic: 12.8% White, NH: 8.4% Asian: 6.9%
Median Household Income	All: \$72,290 (2014) Black: \$72,652 Hispanic: \$58,254 White, NH: \$84,621 Asian: \$79,491	All: \$81,240 (2017) Black: \$82,147 Hispanic: \$65,258 White, NH: \$93,762 Asian: \$96,585
High School Graduation Rate	All: 78.8% (2015) Black: 81.3% Hispanic: 67.4% White: 79.0% Asian: 89.3%	All: 82.7% (2017) Black: 88.5% Hispanic: 65.9% White: 84.9% Asian: 93.7%
Income Needed for an Efficiency Unit Rental	\$46,680 (2015)	\$60,160 (2018) 🔴
Median Renter Income	\$50,792 (2015)	\$53,774 (2018)
Violent Crime Rate per 100,000 Population	All: 624 per 100,000 (2012)	All: 423 per 100,000 (2016)

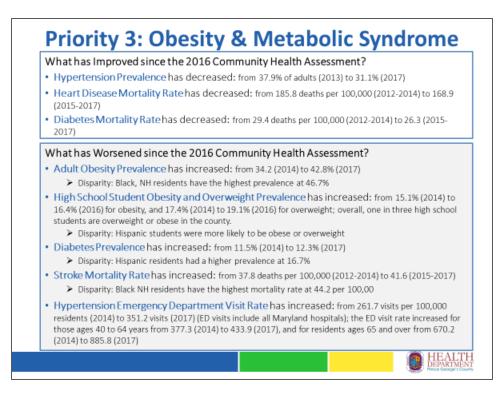
DEPARTMENT



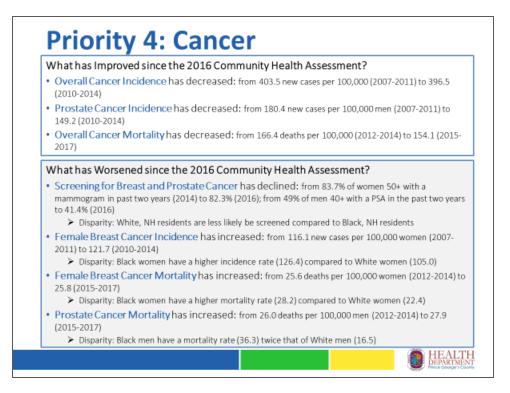
Indicator	2016 Assessment	2019 Assessment
Drug-Related Age-Adjusted Mortality Rate (per 100,000)	All: 6.4 (2012-2014) Black, NH: 5.1 White, NH: 22.1	All: 12.2 (2015-2017) Black, NH: 11.6 White, NH: 32.1
High School Students Who Ever Took Prescription Drugs Without a Doctor's Prescription Note: question was altered in 2016 to be specific for "prescription pain medication"	All: 13.9% (2014) Black, NH: 12.4% Hispanic: 13.8% White, NH: 14.9% All Other Races, NH: 21.6%	All: 15.6% (2016) Black, NH: 13.9% Hispanic: 16.4% White, NH: NA All Other Races, NH: 16.0%
Adults with Poor Mental Health Days	3-7 Days: 9.8% (2014) 8-29 Days: 7.7% 30 Days: 3.2%	3-7 Days: 10.8% (2017) 8-29 Days: 8.8% 30 Days: 3.9%
High School Students who Seriously Considered Attempting Suicide (in last 12 months)	All: 14.7% (2014) Black, NH: 12.8% Hispanic: 17.1% White, NH: 16.4% All Other Races, NH: 19.6%	All: 17.7% (2016) Black, NH: 16.1% Hispanic: 18.2% White, NH: 21.7% All Other Races, NH: 20.4%
High School Students who Made a Plan About How They Would Attempt Suicide (in last 12 months)	All: 12.2% (2014) Black, NH: 9.7% Hispanic: 16.8% White, NH: 13.7% All Other Races, NH: 20.1%	All: 14.8% (2016) Black, NH: 14.1% Hispanic: 14.5% White, NH: 16.3% All Other Races, NH: 17.5%
Suicide Age-Adjusted Mortality Rate (per 100,000)	All: 6.0 (2012-2014) Black, NH: 4.4 White, NH: 14.1	All: 5.7 (2015-2017) Black, NH: 5.1 White, NH: 11.7



Indicator	2016 Assessment	2019 Assessment
Adult Obesity (Body Mass Index (BMI) of >=30)	<b>All: 34.2% (2014)</b> Black, NH: 38.9% Hispanic: 20.9% White, NH: 34.6%	All: 42.8% (2017) Black, NH: 46.7% Hispanic: 34.5% White, NH: 29.9%
Adult Overweight (BMI of 25-29)	All: 34.1% (2014) Black, NH: 35.9% Hispanic: 34.6% White, NH: 32.0%	All: 32.2% (2017) Black, NH: 29.7% Hispanic: 41.8% White, NH: 35.8%
High School Student Obesity (>=95 <sup>th</sup> percentile for BMI, 2000 CDC growth charts)	All: 15.1% (2014) Black, NH: 14.8% Hispanic: 15.3% White, NH: 13.8% All Other Races, NH: 13.2%	All: 16.4% (2016) Black, NH: 16.8% Hispanic: 17.3% White, NH: N/A All Other Races, NH: 8.7%
High School Student Overweight (>=85 <sup>th</sup> percentile but <95 <sup>th</sup> percentile for BMI, 2000 CDC growth charts)	All: 17.4% (2014) Black, NH: 15.2% Hispanic: 23.8% White, NH: 11.8% All Other Races, NH: 20.4%	All: 19.3% (2016) Black, NH 17.7% Hispanic: 24.7% White, NH: N/A All Other Races, NH: 23.1%
Adult Diabetes Prevalence (Have Been Told by a Health Professional They Have Diabetes)	All: 11.5% (2014) Black, NH: 13.4% Hispanic: N/A White, NH: 13.7%	All: 12.3% (2017) Black, NH: 13.6% Hispanic: 16.7% White, NH: 10.5%
Adult Hypertension Prevalence (Have Been Told by a Health Professional They Have Hypertension)	All: 37.9% (2013) Black, NH: 42.6% Hispanic: 29.9% White, NH: 29.9%	All: 31.9% (2017) Black, NH: 34.2% Hispanic: 34.6% White, NH: 28.3%



Indicator		2016 Assessment	2019 Assessment
Cancer Screening: Women 50+ w in Past Two Years	ith Mammogram	All: 83.7% (2014) Black, NH: 85.8% White, NH: 78.4%	All: 82.3% (2016) ● Black, NH: 89.6% White, NH: 68.6% ●
Indicator Cancer Screening: Women 50+ w in Past Two Years Men 40 years+ with a Prostate-S in the Past Two Years	pecific Antigen Test	All: 49.0% (2014) Black, NH: 51.4% White, NH: 56.8%	All: 41.4% (2016) Black, NH: 45.6% White, NH: 36.7%
Cancer Age-Adjusted Incidence Rate (per 100,000)		All: 403.5 (2007-2011) Black: 415.0 White: 374.1	All: 396.5 (2010-2014) Black: 394.6 White: 389.2 🛑
Female Breast Cancer Age-Adjust (per 100,000)	ed Incidence Rate	All: 116.1 (2007-2011) Black: 122.7 White: 98.1	All: 121.7 (2010-2014) Black: 126.4 White: 105.0
Prostate Cancer Age-Adjusted Incidence Rate (per 100,000)		All: 180.4 (2007-2011) Black: 220.8 White: 112.4	<b>All: 149.2 (2010-2014)</b> Black: 178.3 White: 89.2
Cancer Age-Adjusted Mortality Rate (per 100,000)		All: 166.4 (2012-2014) Black, NH: 168.2 White, NH: 191.9 Hispanic: 77.6	All: 154.1 (2015-2017) Black, NH: 163.3 White, NH: 159.4 Hispanic: 82.3
Female Breast Cancer Age-Adjust Mortality Rate (per 100,000)	ed	All: 25.6 (2012-2014) Black, NH: 27.9 White, NH: 21.8	All: 25.8 (2015-2017) Black, NH: 28.2 White, NH: 22.4
Prostate Cancer Age-Adjusted Mortality Rate (per 100,000)		All: 26.0 (2012-2014) Black, NH: 33.2 White, NH: 16.9	All: 27.9 (2015-2017) Black, NH: 36.3 White, NH: 16.5





# UNIVERSITY OF MARYLAND PRINCE GEORGE'S HOSPITAL CENTER



### **Primary Service Area Profile**

The University of Maryland Prince George's Hospital Center is located in Prince George's County, Maryland, which is part of the Washington, D.C. metropolitan area. The University of Maryland Prince George's Hospital Center is located in the central western part of the county.

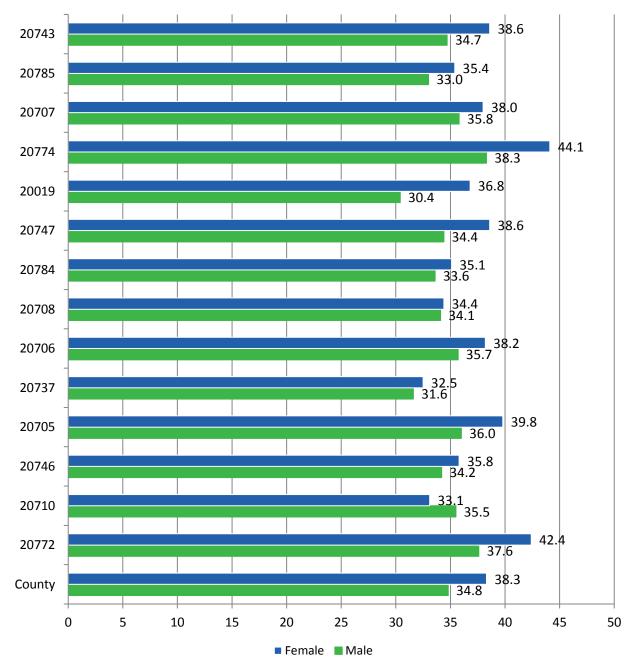
Fourteen ZIP codes comprise the service area for the hospital, 13 in Prince George's County and one in the District of Columbia. The estimated population of 13 Prince George's County ZIP codes is 424,693 (approximately 47% of the County's population). All but two ZIP codes in the service area has experienced an increase in population since 2010. The area is varied in race and Hispanic ethnicity (Chart 2) and in socio-economic indicators including poverty, education, and employment as displayed in Chart 3.

#### **Table 1: Service Area ZIP Codes**

ZIP Code	Name	Percent of Discharges
20743	Capitol Heights	9.5%
20785	Hyattsville	9.5%
20707	Laurel	5.6%
20774	Upper Marlboro	4.7%
20019	District of Columbia	4.7%
20747	District Heights	4.6%
20784	Hyattsville	4.1%
20708	Laurel	4.0%
20706	Lanham	3.6%
20737	Riverdale	2.4%
20705	Beltsville	2.3%
20746	Suitland	2.2%
20710	Bladensburg	2.2%
20772	Upper Marlboro	2.0%

Data Source: Prince George's Hospital Center FY2017, All Discharges

The UM Prince George's Hospital Center service area population median age is varied when compared to the overall county. The median age for females ranges from 32.5 years in Riverdale (20737) to 44.1 in Upper Marlboro (20774), and from 30.4 years in the District of Columbia (20019) to 38.3 years in Upper Marlboro (20774).





Data Source: 2013-2017 American Community Survey, 5-year Estimates, Table S0101

Overall, the service area ZIP codes skew slightly younger compared to Prince George's County, with higher proportions of residents under 18 years of age. The majority of ZIP codes in the service area have a similar proportion of seniors (65 years and older) compared to the county (Table 2).

		Population	Population <18	Population Age
ZIP Code	Name	Estimate	Years	65+
20743	Capitol Heights	40,025	9,379 (23.4%)	5,447 (13.6%)
20785	Hyattsville	37,412	9,792 (26.2%)	4,220 (11.3%)
20707	Laurel	32,843	7,652 (23.3%)	3,842 (11.7%)
20774	Upper Marlboro	46,071	9,223 (20.0%)	6,584 (14.3%)
20019	District of Columbia	61,351	15,890 (25.9%)	7,669 (12.5%)
20747	District Heights	38,503	8,905 (23.1%)	4,196 (10.9%)
20784	Hyattsville	30,516	7,869 (25.8%)	2,677 (8.8%)
20708	Laurel	26,031	6,404 (24.6%)	2,150 (8.3%)
20706	Lanham	40,168	9,900 (24.6%)	5,073 (12.6%)
20737	Riverdale	22,213	6,585 (29.6%)	1,688 (7.6%)
20705	Beltsville	27,950	6,692 (23.9%)	3,256 (11.6%)
20746	Suitland	27,596	6,489 (23.2%)	3,183 (11.4%)
20710	Bladensburg	9,750	2,840 (29.1%)	1,092 (11.2%)
20772	Upper Marlboro	45,615	10,179 (22.3%)	5,121 (11.2%)
County	Prince George's	912,756	203,800 (22.3%)	106,530 (11.7%)

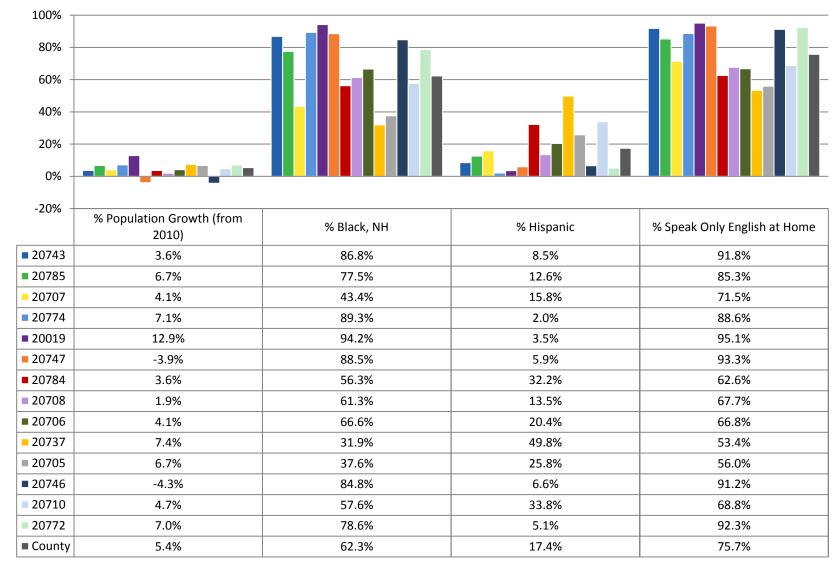
#### Table 2: Population Estimates

Data Source: 2013-2017 American Community Survey, 5-Year Estimates, Table S0101

Eleven of the fourteen ZIP codes in the service are have a majority Black population (Chart 2) and four of the ZIP codes have a Hispanic population of over 20%. Three-quarters of county residents speak only English in the home, while the range of primary English speakers across the service area ranges from 53.4% to 95.1%.

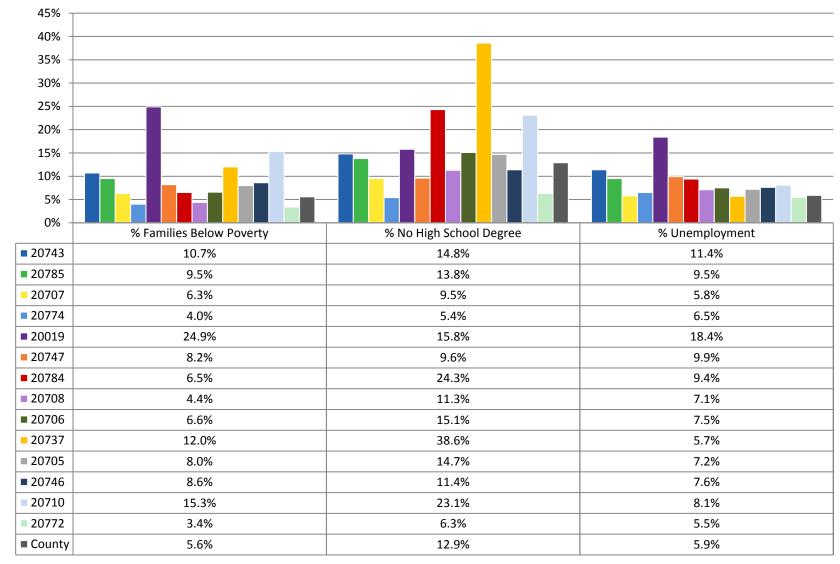
One-quarter of families living in 20019 (District of Columbia) live below the poverty line, with 16% of residents lacking a high school degree, 18% of the labor force are unemployed, and households with a median income of only \$35,487 (Charts 3 and 4). The median household income in Bladensburg (20710) is only slightly higher at \$43,456, almost \$40,000 lower compared to Prince George's County.

Almost two in five residents of Riverdale do not have a high school degree and 12% of families live below the poverty line (Chart 3). Although unemployment is lower in Riverdale compared to other ZIP codes of the service area, it also has one of the lowest median household incomes in the service area.



#### **Chart 2: Population Description**

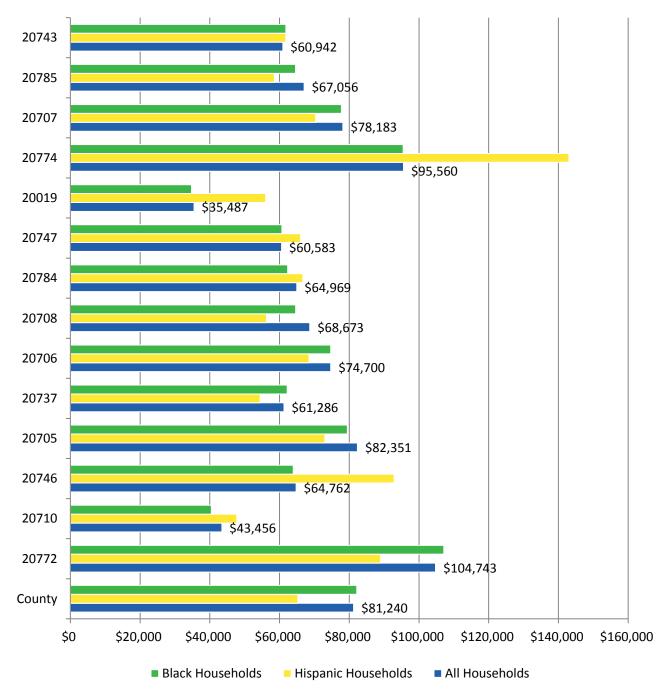
Data Source: 2013-2017 American Community Survey, 5-Year Estimates, Tables DP05, S1601



**Chart 3: Socioeconomic Indicators** 

Data Source: 2013-2017 American Community Survey, 5-Year Estimates, Tables S1501, DP03

Only three ZIP codes in the service area have higher median household incomes compared to the county.





Data Source: 2013-2017 American Community Survey, 5-Year Estimates, Table B19013

The SocioNeeds Index<sup>1</sup> (created by Conduent Healthy Communities Institute), is a composite measure of socioeconomic factors for all the ZIP codes in the United States, ranking them in an index from 0 (low need) to 100 (high need). For example, an index of 50 would be average compared to the entire country. Table 3 highlights the large disparity in need based on the SocioNeeds Index. The ZIP codes in the hospital's service area range from a very low area of need in Upper Marlboro (20772) to a high area of need in the District of Columbia (20019) and Bladensburg (20710).

ZIP Code	Name	SocioNeeds Index (0 is best, 100 is worst)	Rank (1 is best, 5 is worst)
20743	Capitol Heights	65.8	4
20785	Hyattsville	54.4	3
20707	Laurel	25.7	2
20774	Upper Marlboro	10.0	1
20019	District of Columbia	94.2	5
20747	District Heights	51.0	3
20784	Hyattsville	70.1	4
20708	Laurel	28.9	2
20706	Lanham	43.5	3
20737	Riverdale	84.7	5
20705	Beltsville	36.6	3
20746	Suitland	43.9	3
20710	Bladensburg	88.5	5
20772	Upper Marlboro	7.3	1

#### **Table 3: SocioNeeds Index**

Data Source: www.pgchealthzone.org, Healthy Communities Institute

<sup>&</sup>lt;sup>1</sup> <u>http://www.pgchealthzone.org/index.php?module=indicators&controller=index&action=socioneeds</u>

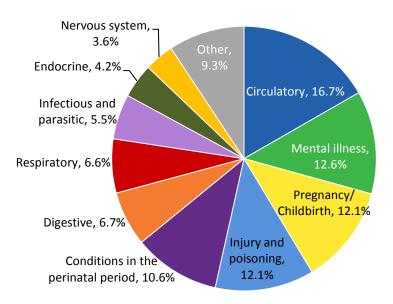
## **Hospital Inpatient Profile**

Inpatient data for UM Prince George's Hospital Center was analyzed to determine the leading causes for hospitalization for those it serves. Over half of hospital admissions were for circulatory conditions, mental illness, pregnancy/childbirth, or injury.

Diagnostic Cause	Percent (%)
Circulatory	16.7%
Mental illness	12.6%
Pregnancy/childbirth	12.1%
Injury and poisoning	12.1%
Conditions in the perinatal period	10.6%
Digestive	6.7%
Respiratory	6.6%
Infectious and parasitic	5.5%
Endocrine	4.2%
Nervous system	3.6%
Other	9.3%
Data Courses Manuland LICCDC Innetiant	File 2017

#### Table 4: Top Ten Inpatient Diagnoses

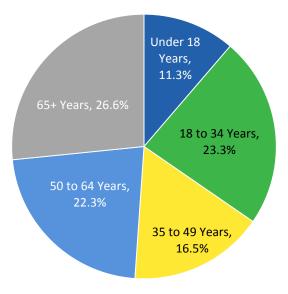
Data Source: Maryland HSCRC Inpatient File, 2017



#### **Chart 5: Inpatient Visits by Diagnoses**

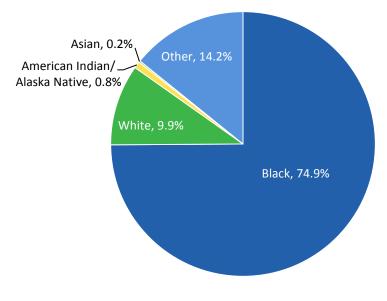
Data Source: Maryland HSCRC Inpatient File, 2017

One-quarter of hospitalizations were among seniors age 65 years and older, followed by those 18 - 34 years of age (Chart 6). By race, three-quarters of hospitalizations were Black (Chart 7), similar to the overall population served by the UM Prince George's Hospital Center.



#### Chart 6: Inpatient Diagnoses by Age Group

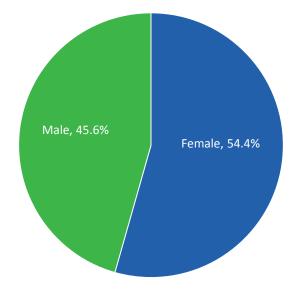
Data Source: Maryland HSCRC Inpatient File, 2017



#### **Chart 7: Inpatient Diagnoses by Race**

Data Source: Maryland HSCRC Inpatient File, 2017

Slightly more women than men receive inpatient services at the hospital, which is consistent with pregnancy and childbirth as one of the leading causes of inpatient visits.



#### **Chart 8: Inpatient Diagnoses by Sex**

Data Source: Maryland HSCRC Inpatient File, 2017

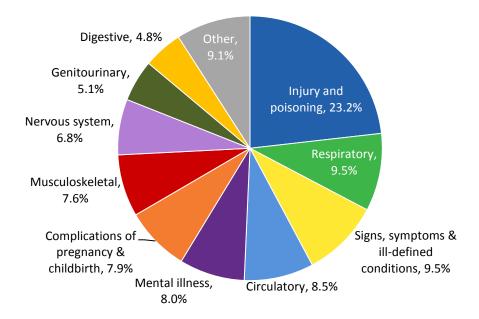
## **Hospital Emergency Department Profile**

Emergency Department data for UM Prince George's Hospital Center was analyzed to determine the leading causes for visits. Almost one out of every four emergency department encounters are for injury and poisoning, with an additional 19% for respiratory and general symptoms and conditions.

Diagnostic Cause	Percent (%)
Injury and poisoning	23.2%
Respiratory	9.5%
Signs, symptoms & ill-defined conditions	9.5%
Circulatory	8.5%
Mental illness	8.0%
Complications of pregnancy & childbirth	7.9%
Musculoskeletal	7.6%
Nervous system	6.8%
Genitourinary	5.1%
Digestive	4.8%
Other	9.1%

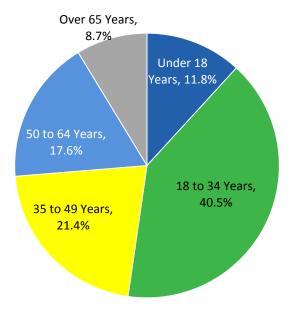
#### Table 5: Top Ten Emergency Department Diagnoses

Data Source: Maryland HSCRC Outpatient File, 2017



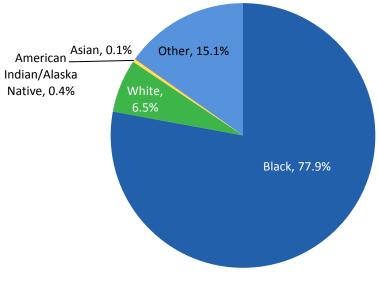
#### **Chart 9: Top Ten Emergency Department Diagnoses**

Over half of the hospital's emergency department visits are from those under 35 years of age, consistent with the large proportion of injury and poisoning encounters (Chart 10). By race, the majority of visits were Black (Chart 11), similar to the overall population served by the hospital.



#### Chart 10: Emergency Department Diagnoses by Age Group

Data Source: Maryland HSCRC Outpatient File, 2017



#### Chart 11: Emergency Department Diagnoses by Race

Data Source: Maryland HSCRC Outpatient File, 2017

Slightly more women than men receive emergency department services at the University of Maryland Prince George's Hospital Center.

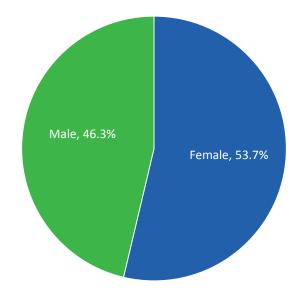


Chart 12: Emergency Department Diagnoses by Sex

Data Source: Maryland HSCRC Outpatient File, 2017

## UM - Capital Region Health

**Community Health Improvement Plan (CHIP)** Note: Olive Green shade are UM Capital wide activities; Purple shaded areas are priority initiatives.

		Community Health I	nfrastructure Development (Internally	and Externally Focused)		
Goal	Target population	Objective	Activities/Tasks	Measure(s)	Data Source	Community Partners
Promote Collabora tion with Communi ty Health Partners (External Focus)	• Community Partners	<ul> <li>Maintain collaboration with the Health Department and other community health stakeholders</li> <li>Promote use of the 2016 Community Health Needs Assessment (CNNA) findings to better target community health initiatives</li> <li>Support the development of effective community health programming</li> <li>Build a network of non-profit community based organizations (CBOs) in Prince George's County that can help to carry out Community Benefit strategic initiatives</li> </ul>	<ul> <li>Share 2016 Community Health Needs Assessment (CHNA) with community partners and broader community</li> <li>Participate in existing community coalitions including Totally Linking Care in MD (TLC), Prince George's County Local Health Improvement Plan (LHIP)</li> <li>Identify and develop formal, substantive collaborations with 3-4 community partners on activities tied to community health priorities and UM Capital population health management (PHM) strategy</li> <li>Award ≥ 1 mini-grant (\$5,000 - \$10,00) per year to community organizations to develop capacity and/or support activities that are aligned with Community Benefit (CB) priorities</li> </ul>	<ul> <li># of times CHNA accessed from UM Capital Website</li> <li># of current PGC Coalitions UM Capital staff participate in/or lead.</li> <li># of times staff participated in TLC, LHIP and other community coalition events</li> <li># of community organizations met with to discuss PGHC PHM vision and explore partnerships</li> <li># of grants awarded and total amount.</li> <li># of hour's staff spent at coalition meetings.</li> </ul>	<ul> <li>Web Analytics</li> <li>CBISA</li> </ul>	<ul> <li>Prince George's County Health Department (PGCHD)</li> <li>Doctors Community Hospital, Fort Washington Medical Center, MedStar Southern Maryland Hospital Center</li> <li>Community-based organizations including faith-based organizations</li> <li>Grantees</li> </ul>

		Community Health I	nfrastructure Development (Internally	and Externally Focused)		
Goal	Target population	Objective	Activities/Tasks	Measure(s)	Data Source	Community Partners
Promote Collabora tion with Communi ty Health Partners (Internal Focus)	• UM Capital Clinical and Administrative Staff	<ul> <li>Increase awareness of UM Capital Community Benefit plans and accomplishments</li> <li>Develop and encourage participation in Hospital's "Speaker's Bureau"</li> <li>Align Community Benefit strategy with UM Capital Population Health Management Strategic Transformation Plan</li> </ul>	<ul> <li>Develop Community Health PRN pool/ hire new staff to develop, coordinate and track community benefit activities, align with or integrate into population health management infrastructure</li> <li>Lead UM Community Health Workgroup to Report Community Benefit plans and accomplishments (orally and in writing) to staff, crosswalk to PHM accomplishments/metrics</li> <li>Develop an Engagement Survey to capture cultural norms and increase knowledge of UM Capital staff participation in community based activity, to create a bridge to possible partnerships and collaborations.</li> <li>Present community health awards to staff who demonstrate exemplary volunteer contributions to community benefit and community health activities.</li> <li>Develop, market and promote the use of Speakers Bureau as a resource/database for community education.</li> </ul>	<ul> <li># of staff hired</li> <li># of internal community meetings attended where CHNA/CHIP was promoted</li> <li># of Community Health workgroup meetings per year</li> <li># of awards given out</li> <li># of administrative staff/clinicians included in the Speakers Bureau.</li> <li># of speakers bureau events organized.</li> </ul>	• CBISA	

#### **Priority Area 1: Social Determinants of Health Risk Factors**

Long Term Goals Support Maryland SHIP

- 1. Increase the proportion of adults with a healthy weight; PGC 31.7% (2014). MD Goal (2017) 36.6%
- 2. Reduce cancer age-adjusted mortality rate; PGC (2015-2017) 154.1/100,000. MD Goal ( 2017) 147.4/100,000

Long Term Goals Supporting Healthy People 2020

1. Reduce the proportion of adults who are obese; PGC (2013-2017) 46.7%. Target 30.5%

Goal	Target population	Objective	Activities	Measures	Data Source	Community Partners
Promote Wellness, Behavior Change, and Engagement In Appropriate Care	<ul> <li>Community at- large</li> <li>Uninsured/ Underinsured populations</li> </ul>	<ul> <li>Raise awareness about health risk factors, health promotion, and wellness</li> <li>Increase the number screened who are referred for further follow-up.</li> <li>Promote engagement in primary care and behavioral health services.</li> <li>Raise awareness about mental, emotional, and behavioral risk factors</li> </ul>	<ol> <li>Health Education and Primary Prevention Activities (overall wellness)</li> <li>Participate in health fairs for enhanced screening, health literacy, and community education</li> <li>Promote and organize community workshops and educational sessions via speakers bureau on key health issues with the goal of educating the public and engaging participants in appropriate primary care and specialty care services</li> <li>Work with community partners and schools to organize education and awareness events for their constituencies</li> <li>Promote employee wellness programs in collaboration with UM Capital employee wellness committee, partnering community businesses and associations to adopt UM Capital employee wellness model (year 2-3)</li> </ol>	<ul> <li># of health related programs aligned with SHIP priorities</li> <li># of speaker bureau events focused on health promotion.</li> <li># screened for pre- diabetes, diabetes, hypertension, obesity, COPD</li> <li># of people linked to care for further follow-up.</li> <li># of employees participating in UM Capital wellness activity.</li> </ul>	• CBISA	<ul> <li>Prince George's County Health Department, Health Literacy Initative</li> <li>Prince George's County School Districts</li> <li>Community based organizations</li> <li>Avanath Capital Management</li> <li>Victoria Falls, Senior living facility.</li> <li>Mall at Prince George's</li> <li>Maryland National Capital Park &amp; Planning Commission ( M- NCPPC)</li> </ul>

Increase Physical Activity and Healthy Eating	<ul> <li>Community at- large</li> <li>Older adults</li> <li>Children</li> </ul>	<ul> <li>Increase the number of children, youth, and adults who are physically active</li> <li>Increase access to healthy and affordable foods</li> <li>Improve nutritional quality of the food supply.</li> <li>Decrease the number of individuals and families who suffer from food insecurity.</li> </ul>	<ul> <li>2) <u>Healthy Eating / Active Living Activities</u></li> <li>Support walking and other physical activity groups in schools, community-based and primary care-based settings</li> <li>Work with mobile food markets to support community-based organizations to promote &amp; improve accessible/affordable healthy foods for those in the county who are most at-risk.</li> </ul>	<ul> <li># of individuals attending Dine, Learn &amp; Move.</li> <li>Pre &amp; Post-test Knowledge increase</li> <li>Obesity rates for adults and children, by race/ethnicity</li> </ul>	<ul> <li>Pretest/Posttest</li> <li>CBISA</li> <li>Participants reporting increased access to healthy food. (zipcode tracking)</li> </ul>	<ul> <li>M-NCPPC</li> <li>Prince George's County Health Care Alliance</li> <li>Local Farmer Markets &amp; Community Partners</li> <li>Local grocers</li> </ul>
Promote Engagement in Patient Centered Primary Care (PCMH)	• Low income, uninsured adults and families	<ul> <li>Reduce the number of county residents who are uninsured</li> <li>Reduce transport barriers to access primary care, attend wellness programs, obtain healthy food, etc.</li> <li>Increase the number of uninsured who are linked to a primary care medical home</li> <li>Reduce patients' noshow rates with the UM Capital Region medical group</li> </ul>	<ul> <li>3) Engagement in Appropriate Primary and Specialty Care Services</li> <li>Implement ED Triage Programs in the hospital EDs to ensure that patients are insured and engaged with a primary care medical home</li> <li>Establish strong relationships with primary care providers in CBSA</li> <li>Support or develop para-transit, voucher, and/or other transportation activities (e.g. Health Departments transportation voucher program) to reduce the number of patients who face transportation barriers.</li> </ul>	<ul> <li># of referrals to primary care medical home</li> <li># of transportation vouchers/\$'s for transportation</li> <li># assisted with enrollment in Medicaid/CHIP and subsidized insurance</li> <li>% uninsured in the County</li> </ul>	• AthenaNet	<ul> <li>UM Capital Medical Group</li> <li>Gerald Family Ca</li> <li>Greater Baden Medical Services</li> <li>Global Vision Healthcare</li> <li>La Clinica</li> <li>Prince George's County Health Department</li> <li>Local area taxi companies, Uber</li> </ul>

Long Term Goal Supporting Maryland SHIP:

- 1. Age- adjusted death rate from heart disease: PGC (2015-2017) 168.9/100,000. MD Goal (2017) 166.3/100,000
- 2. Reduce emergency room visit rate due to diabetes: PGC 210.4/100,000. MD Goal (2017) 186.3/100,000
- 3. Reduce HIV incidence rate: PGC 41.9/100,000. MD Goal (2017) 26.7/100,000

- 1. Reduce the proportion of adults who are obese. PGC (2013-2017) 46.7%. Target 30.5%
- 2. Increase the proportion of adults with a healthy weight PGC(2014) 31.7%. Target 36.6%

Goal	Target population	Objective	Activities	Measure	Data Source	Community Partners
Improve Chronic Disease Management	<ul> <li>Adults at risk of &amp; living with chronic disease or complex conditions</li> <li>Low income individuals</li> </ul>	<ul> <li>Increase proportion of adults with chronic disease or other complex conditions who receive evidence-based screening, education, referral, and/or treatment services</li> <li>Increase referrals o outpatient nutrition and diabetes services.</li> <li>Increase Behavioral Change</li> </ul>	<ul> <li>4.) <u>Diabetes Prevention&amp; Management,</u> <u>Cardiovascular Disease &amp; other chronic</u> <u>conditions.</u></li> <li>Organize and support programs in UM Capital Region Medical Group and within other primary care clinics that screen those at-risk for various complex/chronic conditions and provide evidence-based education, prevention messages, and basic self-management support.</li> <li>Support, organize &amp; host the Stanford University Living Well with Chronic Disease Self- Management Education Workshops.</li> <li>Implement heart healthy nutrition community class offering program.</li> <li>Partner with community organizations to expand the National Diabetes Prevention Program in Prince George's County.</li> <li>Provide evidenced-based counseling/coaching (including intensive self-management support) and treatment</li> <li>Link those with complex or chronic conditions to appropriate specialty care services, particularly those with diabetes, hypertension, asthma, pulmonary, cardiac and HIV/AIDS.</li> </ul>	<ul> <li># of patients participating in chronic disease self-management/lifestyle change programs.</li> <li># of participants participating in heart healthy nutrition community classes.</li> <li># of referrals for Outpatient Nutrition and Diabetes Education services</li> <li># of participants in Medical Nutrition therapy and diabetes education support services.</li> <li># of partners involved in DPP expansion.</li> <li># of high risk assessments(Cardiac, Diabetes)</li> </ul>	<ul> <li>AthenaNet</li> <li>CBISA</li> <li>Diabetes Center</li> </ul>	<ul> <li>PGCHD</li> <li>Community-based organization, including faith- based organizations</li> </ul>

Long Term Goal Supporting Maryland SHIP:

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- 1. Reduce the proportion of adults who are obese. PGC (2013-2017) 46.7%. Target 30.5%
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Goal	Target population	Objective	Activities	Measure	Data Source	Community Partners
Reduce Cancer Disparities	At-risk populatio ns, in particular Black communit ies	<ul> <li>Have targeted outreach, education, and screening for target community</li> </ul>	<ul> <li>4) <u>Cancer Screening and Peer Support</u> <u>Programs</u></li> <li>Support the development of UM Capital Cancer Service Line Plan in collaboration with the UM Capital Cancer Care Committee</li> <li>Increase UM Capital Branded Cancer Education and Resources materials- collaboration with UM Medical Group/Cancer Committee/Women's Health)</li> <li>Support access to cancer screening and treatment for target population, including low income, uninsured adults (breast, prostate, colon, and lung, cancers), including mammograms and colorectal screening.</li> <li>Work with community partners to provide emotional support programs through evidence- based patient and caregiver support programs.</li> </ul>	<ul> <li>% screened, by race/ethnicity # of patients linked to care</li> </ul>	• AthenaNet	<ul> <li>Hope Connections for Cancer</li> <li>Breast Care for Washington</li> <li>University of Maryland Medical System</li> </ul>

Long Term Goal Supporting Maryland SHIP:

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Goal	Target population	Objective	Activities	Measure	Data Source	Community Partners
Improve Transitional Care	<ul> <li>Adults discharged from the hospital with complex and/or chronic conditions</li> <li>Low income individuals</li> </ul>	<ul> <li>Conduct assessment to identify condition- specific priorities and barriers to care coordination</li> <li>Develop and implement care coordination plans for adults with chronic conditions who are discharged from the hospital</li> <li>Promote enhanced primary care follow-up and home care services</li> <li>Reduce 30 day</li> </ul>	<ul> <li>5.) <u>Care Coordination and Care Transitions</u> <u>Support Program</u></li> <li>Provide coordination services in the ED and inpatient settings to ensure clinical follow up, medication management, and appropriate linkages to community services (focused specifically on readmissions and rising risk patients with chronic or complex conditions)</li> <li>Implement Ambulatory Care Transitions Team (ACTT) Utilize various care coordination programs to provide community based support.</li> </ul>	<ul> <li># of patients identified by the care coordination team.</li> <li># of high utilizers referred to community based care transition and disease specific education programs.</li> <li>Hospital PQI rate.</li> <li># of Population Health Alignment meetings</li> </ul>	<ul> <li>AthenaNet</li> <li>Care Connect</li> <li>Cerner</li> </ul>	<ul> <li>TLC-MD</li> <li>Hospital to Home</li> <li>ICTC</li> <li>Prince George's EMS</li> </ul>

Long Term Goal Supporting Maryland SHIP:

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Goal	Target population	Objective	Activities	Measure	Data Source	Community Partners
	<ul> <li><b>population</b></li> <li>At-risk for HIV infection</li> <li>Community- at Large</li> </ul>	<ul> <li>ED/inpatient readmission</li> <li>Improve disease management &amp; healthy lifestyle education for people living with HIV.</li> <li>Increase early</li> </ul>	<ul> <li>6.) <u>HIV/AIDS Prevention and Disease</u> <u>Management</u></li> <li>Provide screening, education/counseling, and treatment services for those with HIV/AIDS, as well as HIV/HEP C and co-infections.</li> <li>Support for men and women living with HIV/AIDS &amp; co-infections</li> </ul>	<ul> <li>HIV new case rates by race/ethnicity/ at-risk group</li> <li># of linkages to care</li> <li># of HIV screenings conducted in community.</li> </ul>	• HIV/HEPC Program	<ul> <li>AHV</li> <li>Gilead</li> <li>Us Helping Us</li> <li>Heart to Hand</li> <li>PGCHD</li> <li>Access to wholistic and</li> </ul>
Improve HIV/AIDS Prevention and Disease Management		<ul> <li>detection of undiagnosed population through increased screenings.</li> <li>Education to reduce rate of new HIV infections with a focus on high risk populations.</li> </ul>	<ul> <li>Partner with community organizations to support the development of a comprehensive strategic HIV/AIDS plan</li> </ul>			reproductive health living institute • Other Community Based Organization's

(MD SHIP goal ho 1,539.3 2. Age-Adjusted De	ng MD SHIP: s visit rate due to Men as been met however; ath Rate due to Suicia as been meet howeve	the Prince George's valu le 5.7/100,000. MD Goal	100,000.MDGoal ( 2017) 3,152.6 e is increasing significantly (Previous value ,2014-2016 ( 2017) 9.0/100,000 for Black, NH (4.4 per 100,000 in2014; 5.0 per			
Goal	Target population	Objective	Activities	Measures	Data Sources	Community Partners
Increase Health Outreach and Education Programs in and Community- based Settings	<ul> <li>Front- line providers within clinical and other community- based service providers</li> <li>Community at large</li> </ul>	<ul> <li>Promote engagement in appropriate primary and specialty care.</li> <li>Educate and increase Awareness in the community of mental health.</li> <li>Increase screening and referral activities in school- based, and worksite settings.</li> <li>Increase number of adults (12+) screened for depression and linked to care.</li> </ul>	<ul> <li>7.) <u>Health Education and Primary Prevention</u> <u>Activities (Behavioral Health)</u></li> <li>Conduct Mental Health First Aid Workshops with first responders and staff at community- based organizations</li> <li>Provide adverse childhood experiences (ACE's) education and awareness for families and children in partnership with select PG County Public Schools.</li> <li>Provide behavioral health education and screening in primary care settings (provider education and written materials)</li> <li>Co-sponsor annual Mental Health Conference annually for the community at large</li> <li>Provide screenings for depression at health fairs &amp; other screening events using PHQ 2 and PHQ 9 or other similar tools, and encourage engagement with primary care providers.</li> </ul>	<ul> <li># of Mental Health First Aid workshops conducted</li> <li># educated with MHFA</li> <li># of referrals to care</li> <li># attending Mental health Conference</li> <li># screened for depression.</li> </ul>	• CBISA	<ul> <li>Community- based organizations, including faith- based</li> <li>Local business partners</li> <li>FQHCs and other primary care providers</li> <li>Prince George's EMS</li> <li>Prince George's County Schools</li> </ul>

Reduce burden of Substance Use (Alcohol and PCP use)	<ul> <li>Adult residents of PGC with alcohol and substance abuse conditions.</li> </ul>	<ul> <li>Increase identification and stop or reduce alcohol and substance abuse use of target population.</li> <li>Provide linkages to community care</li> <li>Increase community peer to peer support.</li> <li>Reduce stigma of MH/SA issues</li> </ul>	<ul> <li>SBIRT Program- Screening, Brief Intervention and Referral for Treatment program.</li> <li>A new program launched in 2019; using the evidence based cost- effective SBIRT model to identify and stop or reduce alcohol and substance abuse use.</li> <li>Provide Peer recovery coaches who will provide support and motivation to encourage patients who are seeking treatment for alcohol or drug dependency, to include opioid use. Coaches will also provide linkages to treatment and recovery support services.</li> <li>Overdose Survivors Outreach Project (OSOP) will consists of a team member who works primarily in the community to conduct outreach and engagement with overdose survivors and to address potential barriers to treatment in an effort to avoid any subsequent overdoses.</li> </ul>	<ul> <li># of persons screened</li> <li># of persons linked to treatment</li> <li># of community referrals made by OSOP member</li> </ul>	<ul> <li>Athena Net</li> <li>CBISA</li> </ul>	<ul> <li>PGC Fire &amp; EMS</li> <li>Roberta Houses (safe house for women in domestic violence situations)</li> </ul>
Promote Behavioral Health/ Primary Care Integration	<ul> <li>Low income individuals and families</li> <li>Immigrant population</li> <li>Persons with behavioral health/mental health needs</li> </ul>	<ul> <li>Increase number of primary care providers with behavioral health integration</li> </ul>	<ul> <li>8.) <u>Primary Care / Behavioral Health</u> <u>Integration</u></li> <li>Work with UM Capital Medical Group and other affiliated primary care practices to implement PC/BH integration (e.g., screening, assessment, counseling, treatment)</li> </ul>	<ul> <li>Hospital PQI</li> <li>#/rate of readmissions related to behavioral health</li> </ul>	• AthenaNet	<ul> <li>UM Capital Region Medical Group</li> <li>Gerald Family Care</li> <li>University of Maryland Medical System</li> </ul>

# **Priority Area 4: Physical Safety** Long Term Goals Supporting Maryland SHIP:

1. Reduce rate of homicides: PGC 11.6. MD Goal (2017) 9.0/100,000

#### Long Term Goal Supporting Healthy People 2020

1. Reduce rate of Homicides. Target 10.2/100,000

Goal	Target population	Objective	Activities	Measures	Data Sources	Community Partners
Reduce Accidental Deaths	• Community-at- Large	<ul> <li>Reduce Injuries associated with</li> <li>Increase safety awareness for motor cycle accidents, bicycle safety, helmet safety and other pedestrian and motor vehicle related incidents</li> </ul>	<ul> <li>10.) Injury Prevention &amp; Awareness -</li> <li>Participate in health fairs to increase education, awareness and provide tips on how to increase public safety : <ul> <li>Pedestrian Safety</li> <li>Motor vehicle crashes/ Distracted Driving</li> <li>Injury Prevention</li> </ul> </li> <li>Increase education in schools, community centers, senior centers and faith based institutions through the distributions of educational materials.</li> <li>Support the safe development &amp; use of bike share programming in collaboration with Prince George's County Government and cities (FY23).</li> <li>Provide Stop the Bleed education and trainings- in community settings and in partnership w/ the PGC Police &amp; Fire Department</li> </ul>	<ul> <li># of people who have been trained on stop the bleed</li> <li># of events attended where injury prevention awareness education materials where distributed</li> <li># of state collaborations</li> </ul>	• Trauma Services	<ul> <li>Fire &amp; EMS</li> <li>PGC Schools</li> <li>PGC Police Department</li> <li>Maryland State Highway Patrol</li> </ul>
	<ul><li>Community at Large.</li><li>Youth</li></ul>	Reduce the rate of homicides to support Healthy	<b><u>11.)</u></b> Trauma Youth Initiative- a new program in development; promoting and educating youth, in partnership with PGC School system.	<ul> <li>Number of prevention or community engagement events conducted during the reporting</li> </ul>	<ul><li>Trauma Services</li><li>CBISA</li></ul>	<ul> <li>PGC Police Dept/ Fire department</li> </ul>

Promote Violence Prevention & Education	<ul><li>(Middle/High School)</li><li>CAP-VIP; age target 15-34</li></ul>	People 2020 Target.	<ul> <li>(capital violence prevention, stop the bleed &amp; bullying etc)</li> <li>Provide Stop the Bleed Education and Trainings- in community settings and in partnership w/ the PGC police &amp; Fire dept .</li> </ul>	<ul> <li>quarter</li> <li># of primary victims served by victims' stated race(s) or ethnicit(y/ies)</li> <li># of primary victims served by victims age</li> </ul>	<ul> <li>Governor's office of Crime Control and Prevention.</li> <li>Office of Victim Service &amp; Justice Grants</li> </ul>
				<ul> <li>victims age</li> <li># of primary victims served by victims stated gender.</li> <li>Location of residence for each new crime victim served. (primary and new secondary victims)</li> </ul>	

#### Priority Area 5: Maternal & Infant Health

Long Term Goals Support Maryland SHIP:

- 1. Increase the percentage of women receiving prenatal care in the 1<sup>st</sup> Trimester. PGC: 57.5. MD Goal 66.0/100,000
- 2. Decrease the percentage babies born at a low -birth weight. PGC 9.8% MD Goal 8%

#### Long Term Goals Supporting Healthy People 2020:

#### **1.** Reduce age adjusted death rates from perinatal conditions. PGC 6.9. Target 3.3/100,000

Goal	Target population	Objective	Activities	Measures	Data Sources	Community Partners
(Improve Education & Access to Prenatal Care)	<ul> <li>Uninsured/underinsured women primarily living in Prince George's County</li> <li>Communities with a poverty rate &gt;16%</li> </ul>	<ul> <li>Increase access to high-quality prenatal care</li> <li>Provide education and information on healthy pregnancies, breastfeeding, and early Infant care.</li> </ul>	<ul> <li>12.) Mama &amp; Baby Bus Program-         <ul> <li>The Mama &amp; Baby Mobile Unit serves as a healthcare access point for under-insured, uninsured and under-served women and children. The Mama &amp; Baby Mobile Unit provides basic, uncomplicated maternal and child health services through partnerships with local community based organizations, shelters, food pantries, faith institutions, schools and institutions of higher learning.</li> </ul> </li> <li>13.) Participate in health fairs         <ul> <li>Provide education and information on UM Capital Women's health services, programs, and activities.</li> </ul> </li> </ul>	<ul> <li>% of uninsured patients who are assisted to apply for insurance.</li> <li>% of patients who are screening for depression screening.</li> <li>% of patients who smoke, who are linked to tobacco cessation services.</li> <li>% of patients who receive HIV Testing and counseling</li> <li>% of patients who receive recommended preventive- flu vaccines, mammograms, diabetes and hypertension screenings.</li> <li>% of patients who receive an annual well woman visits.</li> <li>% of patients who are screened for domestic violence</li> <li>% of patients with social support needs</li> <li>Number of women served on MBB unity</li> <li>% of patients who return for follow-up visits</li> <li>% of referrals provided</li> <li># of health events attended.</li> </ul>	<ul> <li>AthenaNet</li> <li>Satisfaction Surveys</li> </ul>	<ul> <li>United Communitie s Against Poverty/She pard's Cove Women's Shelter</li> <li>Laurel Advocacy Services ( LARS)</li> <li>Prince George's Community College</li> <li>Southern Managemen t Corporation</li> <li>Prince George's County Health Department</li> <li>Other Faith- Based &amp; Community based</li> </ul>

					organization
Prince C	<ul> <li>Improve Birth Outcome for high-risk women in PGC</li> <li>Increase Exclusive Breastfeeding among Prince George's County New Mothers Up to 6 months post-partum for optima development and health of infants</li> </ul>	<ul> <li>14.) Maternal &amp; Fetal Medicine Services. (MFM)</li> <li>Increase awareness of MFM services among community partners.</li> <li>Increase integration of MFM services into the care coordination of patients.</li> <li>15.) Breast-Feeding Coalition <ul> <li>New monthly UM Capital breastfeeding education class-once a month (1 hr class)</li> <li>Expand course offerings for community health workers; to include certified lactation consultant (CLC) training class</li> <li>Develop and partner to create county- wide recommendations on the importance of breastfeeding practices.</li> </ul> </li> </ul>	<ul> <li># of participants attending monthly breastfeeding class</li> <li># of pediatric providers in PGC receiving breastfeeding recommendation</li> <li># of peer CLC's deployed</li> <li>% of babies born &gt;27 wks gestation</li> <li>% of babies born &gt;2500</li> </ul>	• Athena Net	<ul> <li>Greater Baden Medical Services</li> <li>Mary Center's</li> <li>CCI</li> <li>Access to wholistic and productive living institute</li> </ul>

UNIVERSITY & MARYLAND MEDICAL SYSTEM	PAGE: 1 OF 14	POLICY NO: CBO - 01	
MEDICAL SYSTEM	EFFECTIVE DATE:	<b>REVISION DATE(S):</b>	
Central Business Office	09/18/19	10/19/2020	
SUBJECT: Financial Assistance			

#### **KEY WORDS: Financial Assistance**

#### **OBJECTIVE/BACKGROUND:**

The University of Maryland Medical System ("UMMS") is committed to providing financial assistance to persons who have health care needs and are uninsured, underinsured, ineligible for a government program, or otherwise unable to pay, for emergent and medically necessary care based on their individual financial situation.

#### **APPLICABILITY:**

#### **PROGRAM ELIGIBILITY**

Consistent with their mission to deliver compassionate and high quality healthcare services and to advocate for those who do not have the means to pay for medically necessary care, UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital hospitals strive to ensure that the financial capacity of people who need health care services does not prevent them from seeking or receiving care.

#### Specific exclusions to coverage under the Financial Assistance Program:

The Financial Assistance Program generally applies to all emergency and other medically necessary care provided by each UMMS hospital; however, the Financial Assistance Program does not apply to any of the following:

- 1. Services provided by healthcare providers not affiliated with UMMS hospitals (e.g., durable medical equipment, home health services).
- 2. Patients whose insurance program or policy denies coverage for services by their insurance company (e.g., HMO, PPO, or Workers Compensation), are not eligible for the Financial Assistance Program.
  - a. Generally, the Financial Assistance Program is not available to cover services that are denied by a patient's insurance company; however, exceptions may be made on a case by case basis considering medical and programmatic implications.

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- 3. Cosmetic or other non-medically necessary services.
- 4. Patient convenience items.
- 5. Patient meals and lodging.
- 6. Physician charges related to the date of service are excluded from this UMMS financial assistance policy. Patients who wish to pursue financial assistance for physician-related bills must contact the physician directly.
  - a. A list of providers, other than the UMMS hospital itself, delivering medically necessary care in each UMMS hospital that specifies which such as providers are not covered by this policy (as well as certain such providers that are covered) may be obtained on the website of each UMMS Entity.

#### Patients may be ineligible for Financial Assistance for the following reasons:

- 1. Have insurance coverage through an HMO, PPO, Workers Compensation, Medicaid, or other insurance programs that deny access to the Medical Center due to insurance plan restrictions/limits.
- 2. Refusal to be screened for other assistance programs prior to submitting an application to the Financial Clearance Program.
- 3. Refusal to divulge information pertaining to a pending legal liability claim.
- 4. Foreign-nationals traveling to the United States seeking elective, non-emergent medical care.

Patients who become ineligible for the program will be required to pay any open balances and may be submitted to a bad debt service if the balance remains unpaid in the agreed upon time periods.

Unless they meet Presumptive Financial Assistance Eligibility criteria, patients shall be required to submit a complete Financial Assistance Application (with all required information and documentation) and determined to be eligible for financial assistance in order to obtain financial assistance. Patients who indicate they are unemployed and have no insurance coverage shall be required to submit a Financial Assistance Application before receiving non-emergency medical care unless they meet Presumptive Financial Assistance Eligibility criteria. If the patient qualifies for COBRA coverage, patient's financial ability to pay COBRA insurance premiums shall be reviewed by the Financial Counselor/Coordinator and recommendations shall be made to Senior Leadership. Individuals with the financial capacity to purchase health insurance shall be encouraged to do so, as a means of assuring access to health care services and for their overall personal health.

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Those with income up to 200% of Maryland State Department of Health and Mental Hygiene Medical Assistance Planning Administration Income Eligibility Limits for a Reduced Cost of Care ("MD DHMH") are eligible for free care. Those between 200% to 300% of MD DHMH are eligible for discounts on a sliding scale, as set forth in Attachment A.

#### Presumptive Financial Assistance

Patients may also be considered for Presumptive Financial Assistance Eligibility. There are instances when a patient may appear eligible for financial assistance, but there is no financial assistance form on file. There is adequate information provided by the patient or through other sources, which provide sufficient evidence to provide the patient with financial assistance. In the event there is no evidence to support a patient's eligibility for financial assistance, UMMS reserves the right to use outside agencies or information in determining estimated income amounts for the basis of determining financial assistance eligibility and potential reduced care rates. Once determined, due to the inherent nature of presumptive circumstances, the only financial assistance that can be granted is a 100% write-off of the account balance. Presumptive Financial Assistance Eligibility shall only cover the patient's specific date of service. Presumptive eligibility may be determined on the basis of individual life circumstances that may include:

- a. Active Medical Assistance pharmacy coverage
- b. Specified Low Income Medicare (SLMB) coverage
- c. Primary Adult Care (PAC) coverage
- d. Homelessness
- e. Medical Assistance and Medicaid Managed Care patients for services provided in the ER beyond the coverage of these programs
- f. Medical Assistance spend down amounts
- g. Eligibility for other state or local assistance programs
- h. Patient is deceased with no known estate
- i. Patients that are determined to meet eligibility criteria established under former State Only Medical Assistance Program
- j. Non-US Citizens deemed non-compliant
- k. Non-Eligible Medical Assistance services for Medical Assistance eligible patients
- 1. Unidentified patients (Doe accounts that we have exhausted all efforts to locate and/or ID)

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- m. Bankruptcy, by law, as mandated by the federal courts
- n. St. Clare Outreach Program eligible patients
- o. UMSJMC Maternity Program eligible patients
- p. UMSJMC Hernia Program eligible patients

#### Specific services or criteria that are ineligible for Presumptive Financial Assistance include:

a. Uninsured patients seen in the Emergency Department under Emergency Petition will not be considered under the presumptive financial assistance program until the Maryland Medicaid Psych program has been billed.

#### **POLICY:**

This policy was approved by the UMMS Executive Compliance Committee (ECC) Board on October 19, 2020. This policy applies to the following hospital facilities of the University of Maryland Medical System ("UMMS hospitals"):

- University of Maryland Medical Center (UMMC)
- University of Maryland Medical Center Midtown Campus (MTC)
- University of Maryland Rehabilitation & Orthopaedic Institute (UMROI)
- University of Maryland St. Joseph Medical Center (UMSJMC)
- University of Maryland Baltimore Washington Medical Center (UMBWMC)
- University of Maryland Shore Medical Center at Chestertown (UMSMCC)
- University of Maryland Shore Medical Center at Dorchester (UMSMCD)
- University of Maryland Shore Medical Center at Easton (UMSME)
- University of Maryland Charles Regional Medical Center (UMCRMC)
- University of Maryland Upper Chesapeake Health (UCHS)
- University of Maryland Capital Region Health (UM Capital)

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It is the policy of the UMMS hospitals to provide Financial Assistance based on indigence or high medical expenses for patients who meet specified financial criteria and request such assistance. The purpose of the following policy statement is to describe how applications for Financial Assistance should be made, the criteria for eligibility, and the steps for processing applications.

UMMS will post notices of financial assistance availability in each UMMS hospital's emergency room (if any) and admissions areas, as well as the Billing Office. Notice of availability will also be sent to the patient with patient bills. Signage in key patient access areas will be made available. A Patient Billing and Financial Assistance Information Sheet will be provided before discharge, and it (along with this policy and the Financial Assistance Application) will be available to all patients upon request and without charge, both by mail and in the emergency room (if any) and admissions areas. This policy, the Patient Billing and Financial Assistance Information Sheet, and the Financial Assistance Application will also be conspicuously posted on the UMMS website (www.umms.org).

Financial Assistance may be extended when a review of a patient's individual financial circumstances has been conducted and documented. This should include a review of the patient's existing medical expenses and obligations (including any accounts having gone to bad debt except those accounts that have gone to lawsuit and a judgment has been obtained) and any projected medical expenses. Financial Assistance Applications may be offered to patients whose accounts are with a collection agency.

UMMS retains the right in its sole discretion to determine a patient's ability to pay. All patients presenting for emergency services will be treated regardless of their ability to pay. For emergent/urgent services, applications to the Financial Clearance Program will be completed, received, and evaluated retrospectively and will not delay patients from receiving care.

This policy was adopted for University of Maryland St. Joseph Medical Center (UMSJMC) effective June 1, 2013.

This policy was adopted for University of Maryland Medical Center Midtown Campus (MTC) effective September 22, 2014.

This policy was adopted for University of Maryland Baltimore Washington Medical Center (UMBWMC) effective July 1, 2016.

This policy was adopted for University of Maryland Shore Medical Center at Chestertown (UMSMCC) effective September 1, 2017.

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This policy was adopted for University of Maryland Shore Medical Center at Dorchester (UMSMCD) effective September 1, 2017.

This policy was adopted for University of Maryland Shore Medical Center at Easton (UMSMCE) effective September 1, 2017.

This policy was adopted for University of Maryland Charles Regional Medical Center (UMCRMC) effective December 2, 2018.

This policy was adopted for University of Maryland Upper Chesapeake Health (UCHS) effective July 1, 2019

This policy was adopted for University of Maryland Capital Region Health (UM Capital) effective September 18, 2019

#### **PROCEDURE:**

- 1. There are designated persons who will be responsible for taking Financial Assistance applications. These staff can be Financial Counselors, Patient Financial Receivable Coordinators, Customer Service Representatives, etc.
- 2. When possible effort will be made to provide financial clearance prior to date of service. Where possible, designated staff will consult via phone or meet with patients who request Financial Assistance to determine if they meet preliminary criteria for assistance.
  - a. Staff will complete an eligibility check with the Medicaid program for Self Pay patients to verify whether the patient has current coverage.
  - b. Preliminary data will be entered into a third party data exchange system to determine probably eligibility. To facilitate this process each applicant must provide information about family size and income. To help applicants complete the process, we will provide an application that will let them know what paperwork is required for a final determination of eligibility.
  - c. Applications initiated by the patient will be tracked, worked and eligibility determined within the third party data and workflow tool. A letter of final determination will be submitted to each patient that has formally requested financial

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assistance. Determination of Probable Eligibility will be provided within two business days following a patient's request for charity care services, application for medical assistance, or both.

- d. If a patient submits a Financial Assistance Application without the information or documentation required for a final determination of eligibility, a written request for the missing information or documentation will be sent to the patient. This written request will also contain the contact information (including telephone number and physical location) of the office or department that can provide information about the Financial Assistance Program and assistance with the application process.
- e. The patient will have thirty (30) days from the date this written request is provided to submit the required information or documentation to be considered for eligibility. If no data is received within the 30 days, a letter will be sent notifying the patient that the case is now closed for lack of the required documentation. The patient may re-apply to the program and initiate a new case by submitting the missing information or documentation 30 days after the date of the written request for missing information.
- f. For any episode of care, the Financial Assistance Application process will be open up to at least 240 days after the first postdischarge patient bill for the care is sent.
- g. Individual notice regarding the hospital's Financial Assistance Policy shall be provided at the time of preadmission or admission to each person who seeks services in the hospital.
- 3. There will be one application process for UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital. The patient is required to provide a completed Financial Assistance Application orally or in writing. In addition, the following may be required:
  - a. A copy of their most recent Federal Income Tax Return (if married and filing separately, then also a copy spouse's tax return); proof of disability income (if applicable), proof of social security income (if applicable). If unemployed, reasonable proof of unemployment such as statement from the Office of Unemployment Insurance, a statement from current source of financial support, etc ...
  - b. A copy of their most recent pay stubs (if employed) or other evidence of income.
  - c. A Medical Assistance Notice of Determination (if applicable).

d. Copy of their Mortgage or Rent bill (if applicable), or written documentation of their current living/housing situation. If a patient submits both a copy of their most recent Federal Income Tax Return and a copy of their most recent pay stubs (or other evidence of income), and only one of the two documents indicates eligibility for financial assistance, the most recent document will dictate eligibility. Oral submission of needed information will be accepted, where appropriate.

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- 4. In addition to qualifying for Financial Assistance based on income, a patient can qualify for Financial Assistance either through lack of sufficient insurance or excessive medical expenses based on the Financial Hardship criteria discussed below. Once a patient has submitted all the required information, the Financial Counselor will review and analyze the application and forward it to the Patient Financial Services Department for final determination of eligibility based on UMMS guidelines.
  - a. If the patient's application for Financial Assistance is determined to be complete and appropriate, the Financial Coordinator will recommend the patient's level of eligibility and forward for a second and final approval.
    - i. If the patient does qualify for Financial Assistance, the Financial Coordinator will notify clinical staff who may then schedule the patient for the appropriate hospital-based service.
    - ii. If the patient does not qualify for Financial Assistance, the Financial Coordinator will notify the clinical staff of the determination and the non-emergent/urgent hospital-based services will not be scheduled.
      - 1. A decision that the patient may not be scheduled for hospital-based, non-emergent/urgent services may be reconsidered by the Financial Clearance Executive Committee, upon the request of a Clinical Chair.
- 5. Once a patient is approved for Financial Assistance, Financial Assistance coverage is effective for the month of determination and a year prior to the determination. However, an UMMS hospital may decide to extend the Financial Assistance eligibility period further into the past or the future on a case-by-case basis. If additional healthcare services are provided beyond the eligibility period, patients must reapply to the program for clearance. In addition, changes to the patient's income, assets, expenses or family status are expected to be communicated to the Financial Assistance Program Department. All Extraordinary Collections Action activities, as defined below, will be terminated once the patient is approved for financial assistance and all the patient responsible balances are paid.
- 6. Account balances that have not been paid may be transferred to Bad Debt (deemed uncompensated care) and referred to an outside collection agency or to the UMMS hospital's attorney for legal and/or collection activity. Collection activities taken on behalf of the hospital by a collection agency or the hospital's attorney may include the following Extraordinary Collection Actions (ECAs):
  - a. Reporting adverse information about the individual to consumer credit reporting agencies or credit bureaus.
  - b. Commencing a civil action against the individual.

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- c. Placing a lien on an individual's property. A lien will be placed by the Court on primary residences within Baltimore City. The hospital will not pursue foreclosure of a primary residence but my maintain its position as a secured creditor if a property is otherwise foreclosed upon.
- d. Attaching or seizing an individual's bank account or any other personal property.
- e. Garnishing an individual's wage.
- 7. ECAs may be taken on accounts that have not been disputed or are not on a payment arrangement. ECAs will occur no earlier than 120 days from submission of first post-discharge bill to the patient and will be preceded by a written notice 30 days prior to commencement of the ECA. This written notice will indicate that financial assistance is available for eligible individuals, identify the ECAs that the hospital (or its collection agency, attorney, or other authorized party) intends to obtain payment for the care, and state a deadline after which such ECAs may be initiated. It will also include a Patient Billing and Financial Assistance Information Sheet. In addition, the hospital will make reasonable efforts to orally communicate the availability of financial assistance to the patient and tell the patient how he or she may obtain assistance with the application process. A presumptive eligibility review will occur prior to any ECA being taken. Finally, no ECA will be initiated until approval has been obtained from the CBO Revenue Cycle. UMMS will not engage in the following ECAs:
  - a. Selling debt to another party.
  - b. Charge interest on bills incurred by patients before a court judgement is obtained
- 8. If prior to receiving a service, a patient is determined to be ineligible for financial assistance for that service, all efforts to collect co-pays, deductibles or a percentage of the expected balance for the service will be made prior to the date of service or may be scheduled for collection on the date of service.
- 9. A letter of final determination will be submitted to each patient who has formally submitted an application. The letter will notify the patient in writing of the eligibility determination (including, if applicable, the assistance for which the individual is eligible) and the basis for the determination. If the patient is determined to be eligible for assistance other than free care, the patient will also be provided with a billing statement that indicates the amount the patient owes for the care after financial assistance is applied.

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- 10. Refund decisions are based on when the patient was determined unable to pay compared to when the patient payments were made. Refunds will be issued back to the patient for credit balances, due to patient payments, resulting from approved financial assistance on considered balance(s). Payments received for care rendered during the financial assistance eligibility window will be refunded, if the amount exceeds the patient's determined responsibility by \$5.00 or more.
- 11. If a patient is determined to be eligible for financial assistance, the hospital (and/or its collection agency or attorney) will take all reasonably available measures to reverse any ECAs taken against the patient to obtain payment for care rendered during the financial assistance eligibility window. Such reasonably available measures will include measures to vacate any judgment against the patient, lift levies or liens on the patient's property, and remove from the patient's credit report any adverse information that was reported to a consumer reporting agency or credit bureau.
- 12. Patients who have access to other medical coverage (e.g., primary and secondary insurance coverage or a required service provider, also known as a carve-out), must utilize and exhaust their network benefits before applying for the Financial Assistance Program.
- 13. The Financial Assistance Program will accept the Faculty Physicians, Inc.'s (FPI) completed financial assistance applications in determining eligibility for the UMMS Financial Assistance program. This includes accepting FPI's application requirements.
- 14. The Financial Assistance Program will accept all other UMMS hospital's completed financial assistance applications in determining eligibility for the program. This includes accepting each facility's application format.
- 15. The Financial Assistance Program does not cover Supervised Living Accommodations and meals while a patient is in the Day Program.
- 16. Where there is a compelling educational and/or humanitarian benefit, Clinical staff may request that the Financial Clearance Executive Committee consider exceptions to the Financial Assistance Program guidelines, on a case-by-case basis, for Financial Assistance approval.

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- a. Faculty requesting Financial Clearance/Assistance on an exception basis must submit appropriate justification to the Financial Clearance Executive Committee in advance of the patient receiving services.
- b. The Chief Medical Officer will notify the attending physician and the Financial Assistance staff of the Financial Clearance Executive Committee determination.

#### <u>Financial Hardship</u>

The amount of uninsured medical costs incurred at either, UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital will be considered in determining a patient's eligibility for the Financial Assistance Program. The following guidelines are outlined as a separate, supplemental determination of Financial Assistance, known as Financial Hardship. Financial Hardship will be offered to all patients who apply for Financial Assistance and are determined to be eligible.

Medical Financial Hardship Assistance is available for patients who otherwise do not qualify for Financial Assistance under the primary guidelines of this policy, but for whom:

1. Their medical debt incurred at UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital exceeds 25% of the Family Annual Household Income, which is creating Medical Financial Hardship.

For the patients who are eligible for both, the Reduced Cost Care under the primary Financial Assistance criteria and also under the Financial Hardship Assistance criteria, UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital will grant the reduction in charges, which is balance owed that is greater than 25% of the total annual household income.

Financial Hardship is defined as facility charges incurred at UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and UM Capital for medically necessary treatment by a family household over a twelve (12) month period that exceeds 25% of that family's annual income.

Medical Debt is defined as out of pocket expenses for the facility charges incurred at UMMC, MTC, UMROI, UMSJMC, UMBWMC, UMSMCC, UMSMCD, UMSMCE, UMCRMC, UCHS, and/or UM Capital for medically necessary treatment.

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Once a patient is approved for Financial Hardship Assistance, coverage will be effective for the month of the first qualifying date of service and a year prior to the determination. However, an UMMS hospital may decide to extend the Financial Hardship eligibility period further into the past or the future on a case-by-case basis according to their spell of illness/episode of care. It will cover the patient and the eligible family members living in the household for the approved reduced cost and eligibility period for medically necessary care.

All other eligibility, ineligibility, and procedures for the primary Financial Assistance program criteria apply for the Financial Hardship Assistance criteria, unless otherwise stated above.

#### Appeals

- Patients whose financial assistance applications are denied have the option to appeal the decision.
- Appeals can be initiated verbally or written.
- Patients are encouraged to submit additional supporting documentation justifying why the denial should be overturned.
- Appeals are documented within the third party data and workflow tool. They are then reviewed by the next level of management above the representative who denied the original application.
- If the first level of appeal does not result in the denial being overturned, patients have the option of escalating to the next level of management for additional reconsideration.
- The escalation can progress up to the Chief Financial Officer who will render a final decision.
- A letter of final determination will be submitted to each patient who has formally submitted an appeal.

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#### **ATTACHMENTS:**

### ATTACHMENT A

#### Sliding Scale – Reduced Cost of Care

(FPL) a	2021 Federal Poverty Limits (FPL) and Maryland Dept of Health & Mental Hygiene (DHMH) Annual Income Eligibility Limit Guidelines		UMMS 100% Charity	UMMS 90% Charity	UMMS 80% Charity	UMMS 70% Charity	UMMS 60% Charity	UMMS 50% Charity	UMMS 40% Charity	UMMS 30% Charity	UMMS 20% Charity	UMMS 10% Charity
(DHM			Equals Up to 200% of MD DHMH Annual Income limits	Equals Up to 210% of MD DHMH Annual Income limits	Equals Up to 220% of MD DHMH Annual Income limits	Equals Up to 230% of MD DHMH Annual Income limits	Equals Up to 240% of MD DHMH Annual Income limits	Equals Up to 250% of MD DHMH Annual Income limits	Equals Up to 260% of MD DHMH Annual Income limits	Equals Up to 270% of MD DHMH Annual Income limits	Equals Up to 280% of MD DHMH Annual Income limits	Equals Up to 290% of MD DHMH Annual Income limits
House- hold (HH) Size	2021 FPL Annual Income Elig Limits	2021 MD DHMH Annual Income Elig Limits	If your total annual HH income level is at or below:	lf your total annual HH income level is at or below:	lf your total annual HH income level is at or below:		lf your total annual HH income level is at or below:		'	If your total annual HH income level is at or below:	If your total annual HH income level is at or below:	lf your total annual HH income level is at or below:
Size	Up to	Up to	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max	Up to Max
1	12,760	\$17,785	\$35,570	\$37,349	\$39,127	\$40,906	\$42,684	\$44,463	\$46,241	\$48,020	\$49,798	\$53,354
2	17,240	\$24,045	\$48,090	\$50,495	\$52,899	\$55,304	\$57,708	\$60,113	\$62,517	\$64,922	\$67,326	\$72,134
3	21,720	\$30,305	\$60,610	\$63,641	\$66,671	\$69,702	\$72,732	\$75,763	\$78,793	\$81,824	\$84,854	\$90,914
4	26,200	\$36,581	\$73,162	\$76,820	\$80,478	\$84,136	\$87,794	\$91,453	\$95,111	\$98,769	\$102,427	\$109,742
5	31,800	\$42,841	\$85,682	\$89,966	\$94,250	\$98,534	\$102,818	\$107,103	\$111,387	\$115,671	\$119,955	\$128,522
6	37,400	\$49,100	\$98,200	\$103,110	\$108,020	\$112,930	\$117,840	\$122,750	\$127,660	\$132,570	\$137,480	\$147,299

\*All discounts stated above shall be applied to the amount the patient is personally responsible for paying after insurance reimbursements.

\*Amounts billed to patients who qualify for Reduced-Cost of Care on a sliding scale (or for Financial Hardship Assistance) will be less than the amounts generally billed to those with insurance (AGB), which in Maryland is the charge established by the Health Services Cost Review Commission (HSCRC). UMMS determines AGB by using the amount Medicare would allow for the care (including the amount the beneficiary would be personally responsible for paying, which is the HSCRC amount; this is known as the "prospective Medicare method".

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#### **POLICY OWNER:**

UMMS CBO

#### **APPROVED:**

Executive Compliance Committee Approved Initial Policy: 09/18/19 Executive Compliance Committee Approved Revisions: 10/19/2020