

### **Frederick Memorial Hospital**

FY 2018 Community Benefit Narrative Report

### PART ONE: ORIGINAL NARRATIVE SUBMISSION

01

#### Introduction:

COMMUNITY BENEFIT NARRATIVE REPORTING INSTRUCTIONS

The Maryland Health Services Cost Review Commission's (HSCRC's or Commission's) Community Benefit Report, required under §19-303 of the Health General Article, Maryland Annotated Code, is the Commission's method of implementing a law that addresses the growing interest in understanding the types and scope of community benefit activities conducted by Maryland's nonprofit hospitals.

The Commission developed a two-part community benefit reporting system that includes an inventory spreadsheet that collects financial and quantitative information and a narrative report to strengthen and supplement the inventory spreadsheet. The guidelines and inventory spreadsheet were guided, in part, by the VHA, CHA, and others' community benefit reporting experience, and was then tailored to fit Maryland's unique regulatory environment. This reporting tool serves as the narrative report. The instructions and process for completing the inventory spreadsheet remain the same as in prior years. The narrative is focused on (1) the general demographics of the hospital community, (2) how hospitals determined the needs of the communities they serve, (3) hospital community benefit administration, and (4) community benefit external collaboration to develop and implement community benefit initiatives.

The Commission moved to an online reporting format beginning with the FY 2018 reports. In this new template, responses are now mandatory unless marked as optional. If you submit a report without responding to each question, your report may be rejected. You would then be required to fill in the missing answers before resubmitting. Questions that require a narrative response have a limit of 20,000 characters. This report need not be completed in one session and can be opened by multiple users.

For technical assistance, contact HCBHelp@hilltop.umbc.edu.

#### Q2 Section I - General Info Part 1 - Hospital Identification

Q3. Please confirm the information we have on file about your hospital for FY 2018.

The proper name of your hospital is: Frederick Memorial Hospital.  Your hospital's ID is: 210005	Yes	No C	If no, please provide the correct information here:						
		0							
Your hospital's ID is: 210005	0	Г							
our hospital is part of the hospital system called N/A.	©	0							
our hospital was licensed for 257 beds during FY 2018.	О	6	Current licensed bed count for FY 18= 266						
four hospital's primary service area includes the following zip codes: 21701, 11702, 21703, 21704, 21716, 21755, 21769, 21771, 21774, 21788, 21793	0	0							
our hospital shares some or all of its primary service area with the following ospitals: none.	0	0							
14. The next two questions ask about the area where your hospital directs its community benefit efforts, called the Community Benefit Service Area. You may find these ommunity health statistics useful in preparing your responses.									
5. (Optional) Please describe any other community health statistics that your hospital uses in its community benefit efforts.									

### $_{\mbox{\scriptsize Q7}}$ . Section I - General Info Part 2 - Community Benefit Service Area

Q8. Please select the county or counties located in your hospital's CBSA.

Allegany County	Charles County	Prince George's Count
Anne Arundel County	Dorchester County	Queen Anne's County
Baltimore City	Frederick County	Somerset County
Baltimore County	Garrett County	St. Mary's County
Calvert County	Harford County	Talbot County
Caroline County	Howard County	Washington County

Carroll County	Kent County	Wicomico County
Cecil County	Montgomery County	Worcester County
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<b>2</b> 1703	<b>✓</b> 21755	<b>✓</b> 21778
21740	<b>2</b> 1758	21780
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<b> √</b> 21714	<b>2</b> 1769	<b> ✓</b> 21788
<b>✓</b> 21716	21770	<b>2</b> 1790
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Other. Please describe.	☐ Based on patterns of utilization, Please describe.
Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?	Other. Please describe.
Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?	
Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?	
Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?	
Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?	
	Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?

o35. Section I - General Info Part 3 - Other Hospital Info
Q36. Provide a link to your hospital's mission statement.
https://www.fmh.org/About/About-FRHS/Vision-Mission-Values.aspx
Q37. Is your hospital an academic medical center?
<ul><li>Yes</li><li>No</li></ul>
Q38. (Optional) Is there any other information about your hospital that you would like to provide?
Q39. (Optional) Please upload any supplemental information that you would like to provide.
Q40. Section II - CHNA Part 1 - Timing & Format
Q41. Within the past three fiscal years, has your hospital conducted a CHNA that conforms to IRS requirements?
⊙ Yes       ⊙ No
Q42. Please explain why your hospital has not conducted a CHNA that conforms to IRS requirements, as well as your hospital's plan and timeframe for completing a CHNA.
This question was not displayed to the vergorodest.
Q43. When was your hospital's first-ever CHNA completed? (MM/DD/YYYY)
06/25/2013
Q44. When was your hospital's most recent CHNA completed? (MM/DD/YYYY)
06/28/2016
Q45. Please provide a link to your hospital's most recently completed CHNA.
https://www.fmh.org/documents/PDFs/56183-Community-Health_Rev-829.pdf
Q46. Did you make your CHNA available in other formats, languages, or media?
Q47. Please describe the other formats in which you made your CHNA available.
The CHNA is available as a downloadable PDF file.

Q48. Section II - CHNA Part 2 - Participants

					CHNA Ad	ctivities				П	
	N/A - Person or Organization was not Involved	Position or		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/Population Health Director (facility level)		V									
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/ Population Health Director (system level)		V									
	N/A - Person or Organization was not Involved	Position or	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (facility level)				V			V				
	N/A - Person or Organization was not Involved	Position or	CHNA	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (system level)		V									
	N/A - Person or Organization was not Involved	Position or	CHNA	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (facility level)										V	The Board of directors approved the CHNA implementation strategy on 9/27/2016
	N/A - Person or Organization was not Involved	Position or		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (system level)		V									
	N/A - Person or Organization was not Involved	Position or Department		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (facility level)				<b>7</b>	✓		V	<b>7</b>			
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (system level)		V									
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (facility level)				<b>7</b>	V		V				

	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (system level)		V								
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Participated in development of CHNA process	OII	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (facility level)		V								
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (system level)		V								
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Physician(s)			V							
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Nurse(s)			V							
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Workers										
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs		Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit Task Force		V								
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs		Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Hospital Advisory Board		V								
	N/A - Person or Organization was not Involved		Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs		Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other (specify)										

Participated Participated Participated Advised Participated in identifying N/A - Person Provided Position or Member of Member of in on CHNA development CHNA in primary data identifying community secondary Other Other - If you selected "Other (explain)," please type your explanation Organization Department CHNA was not does not Committee health (explain) best practices of CHNA health

#### gss. Section II - CHNA Part 2 - Participants (continued) This is a state of the state of the consecution. Q51. Please use the table below to tell us about the esternal participants involved in your most recent CHNA. 052. Section II - CHNA Part 3 - Follow-up Q53. Has your hospital adopted an implementation strategy following its most recent CHNA, as required by the IRS? Yes O No Q54. Please enter the date on which the implementation strategy was approved by your hospital's governing body. 09/27/2016 Q55. Please provide a link to your hospital's CHNA implementation strategy. https://www.fmh.org/documents/FMH-Community-Needs-Assessment-Implementation-Strategy-2016.pdfQSS. Please explain why your hospital has not adopted an implementation strategy. Please include whether the hospital has a plan and/or a timeframe for an implementation strategy. This issues from your not improve it to the respondent Q57. Please select the health needs identified in your most recent CHNA. Select all that apply even if a need was not addressed by a reported initiative Access to Health Services: Health Insurance Family Planning Older Adults Access to Health Services: Practicing PCPs Oral Health Food Safety Access to Health Services: Regular PCP Visits Genomics Physical Activity Access to Health Services: ED Wait Times Preparedness Global Health Adolescent Health Health Communication and Health Information Technology Respiratory Diseases Arthritis, Osteoporosis, and Chronic Back Conditions Health-Related Quality of Life & Well-Being Sexually Transmitted Diseases Blood Disorders and Blood Safety Hearing and Other Sensory or Communication Disorders Sleep Health Cancer Heart Disease and Stroke Social Determinants of Health Chronic Kidney Disease **HIV** Substance Abuse Community Unity mmunization and Infectious Diseases Telehealth Dementias, Including Alzheimer's Disease Injury Prevention **▼**Tobacco Use Diabetes Lesbian, Gay, Bisexual, and Transgender Health Violence Prevention Maternal & Infant Health Vision Disability and Health Educational and Community-Based Programs Mental Health and Mental Disorders Wound Care

Q58. Please describe how the needs and priorities identified in your most recent CHNA compare with those identified in your previous CHNA.

▼Nutrition and Weight Status

During the 2014-2016 CHNA, the priorities were Behavioral Health, Affordable Dental Care, Health Disparities, Health Education and Frail Seniors. The 2016-2018 CHNA had three priorities-Adverse Childhood Experiences (ACEs), Behavioral Health and Senior Support; one of which was a carryover from the prior cycle. Overdose deaths, suicide prevention and behavioral health integration were the goals for the 2014-2016 Behavioral Health workgroup. The goals changed for the 2016-2018 cycle to access to behavioral health care, community awareness and stigma reduction, and establishing an alcohol detox facility to improve recovery.

Other (specify)

Adverse Childhood

Events

Emergency Preparedness

Environmental Health

Implementation planning for community health priorities is delineated in the Local Health Improvement Plan, coordinated by the Frederick County Health Department. The most recent LHIP plan
and the goals and progress of the priority workgroups may be found at: http://health.frederickcountymd.gov/315/Local-Health-Improvement Process.

Q60. (Optional) Please attach any files containing information regarding your CHNA that you wish to share.

LHIP.HANDOUT with Vision and GOALS 6.18 201807111342391497.pdf 33.6KB application/pdf

### Q61. Section III - CB Administration Part 1 - Participants

Q62. Please use the table below to tell us about how internal staff members were involved in your hospital's community benefit activities during the fiscal year.

					Activitie	s					1
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/Population Health Director (facility level)											
	N/A - Person or Organization was not Involved	Position or	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/ Population Health Director (system level)		V									
	N/A - Person or Organization was not Involved	Position or	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected *Other (explain),* please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (facility level)			V	V	V	V	V		V		
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (system level)		V									
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (facility level)				V						V	The quality committee of the hospital board is briefed on the implementation and evaluation of community initiatives during its monthly meetings.
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (system level)		V									
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (facility level)			<b>7</b>	V	V			<b>7</b>	✓		
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (system level)		V									

	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (facility level)			V	V		V	V		V		
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (system level)		V									
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (facility level)		V									
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (system level)		V									
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Physician(s)								V			
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Nurse(s)								V			
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	evaluate the impact	Providing funding for CB activities	Allocating budgets for individual initiativves	СВ	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Workers								V			
	N/A - Person or Organization was not Involved	Position or	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit Task Force		V									
	N/A - Person or Organization was not Involved	Position or	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Hospital Advisory Board											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	tnat will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other (specify) Community Benefit Committee				V	V	V		<b>7</b>	V		
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

### Q65. Section III - CB Administration Part 2 - Process & Governance

✓ Yes, by the hospital system's staff  ✓ Yes, by the hospital system's staff  ✓ Yes, by a third-party auditor  No  Q67. Does your hospital conduct an internal audit of the community benefit narrative?  ✓ Yes  ✓ No  Q68. Please describe the community benefit narrative review process.
Yes, by the hospital system's staff  ✓ Yes, by a third-party auditor  No  O67. Does your hospital conduct an internal audit of the community benefit narrative?  ✓ Yes  No
© Yes  No  No
Q67. Does your hospital conduct an internal audit of the community benefit narrative?  © Yes  No
€ Yes     C No
€ Yes     C No
C No
Q68. Please describe the community benefit narrative review process.
Q68. Please describe the community benefit narrative review process.
The narrative is reviewed by Manuel Casiano, MD Chief Medical Officer and Senior Vice President Population Health and Ambulatory Services in collaboration with the Community Benefits Committee.
Continuee.
Q69. Does the hospital's board review and approve the annual community benefit financial spreadsheet?
C Yes
No     No
Q70. Please explain:
The data included on the financial spreadsheet is used in the development of the IRS 990 form which is completed and filed annually The audit is completed by Ernst & Young, a third party
accounting firm, in collaboration with FMH staff.
Q71. Does the hospital's board review and approve the annual community benefit narrative report?
C Yes
No     No
Q72. Please explain:
The entire narrative report is not presented to the hospital board, but is made available to members upon request. Initiatives and data included in the narrative are presented at regular intervals to the Quality Committee of the board. This committee reports quarterly to the hospital board; included in this report are presentations presented at the committee level and copies of all committee
minutes.
Q73. Does your hospital include community benefit planning and investments in its internal strategic plan?
C No
Q74. Please describe how community benefit planning and investments are included in your hospital's internal strategic plan.
FRHS' strategic plan includes goals pertaining to Population Health, which are derived from the community benefit, population health and local health improvement plan priorities. The strategic
planning process is a significant input into the annual budget and capital allocation. The entire FMH leadership team engages in the strategic planning process annually through recurring Strategy Council meetings, and the final plan is presented to the hospital board at an annual spring retreat.

277. (Optional) Please attach any files containing information regarding your hospital's community benefit administration and external collaboration.								
Q78. Based on the implementation strategy developed through the CHNA process, please describe community health needs during the fiscal year.	three ongoing, multi-year programs and initiatives undertaken by your hospital to address							
Q79. Section IV - CB Initiatives Part 1 - Initiative 1								
Q80. Name of initiative.								
Availability of Behavioral Health & Substance Abuse Treatment Services								
Q81. Does this initiative address a need identified in your CHNA?  © Yes  No								
Q82. Select the CHNA need(s) that apply.								
Access to Health Services: Health Insurance  Access to Health Services: Practicing PCPs  Access to Health Services: Regular PCP Visits  Access to Health Services: ED Wait Times  Adolescent Health  Arthritis, Osteoporosis, and Chronic Back Conditions  Blood Disorders and Blood Safety  Cancer  Chronic Kidney Disease  Community Unity  Dementias, Including Alzheimer's Disease  Disability and Health  Educational and Community-Based Programs  Emergency Preparedness  Environmental Health  Family Planning  Food Safety  Genomics  Global Health  Health Communication and Health Information Technology  Health-Related Quality of Life and Well-Being	Heart Disease and Stroke  HIV  mmunization and Infectious Diseases  injury Prevention  Lesbian, Gay, Bisexual, and Transgender Health  Maternal and Infant Health  Mental Health and Mental Disorders  Nutrition and Weight Status  Older Adults  Oral Health  Physical Activity  Preparedness  Respiratory Diseases  Sexually Transmitted Diseases  Sexually Transmitted Diseases  Social Determinants of Health  Social Determinants of Health  Tobacco Use  Violence Prevention  Vision  Wound Care							
Hearing and Other Sensory or Communication Disorders	Other. Please specify.							
Q83. When did this initiative begin?  The need for this iniative was first identified in the 2013 CHNA and has been carried forward in the 2016 CHNA.								
Q84. Does this initiative have an anticipated end date?								
The initiative will end on a specific end date. Please specify the date.  The initiative will end when a community or population health measure reaches a target value.	a. Blaces describe							

Q76. (Optional) Is there any other information about your hospital's community benefit administration and external collaboration that you would like to provide?

0	The initiative will end when a clinical measure in the hospital reaches a target value. Please describe.
0	The initiative will end when external grant money to support the initiative runs out. Please explain.
_	
О	The initiative will end when a contract or agreement with a partner expires. Please explain.
0	Other. Please explain. This initiative will
	end at the conclusion of the
	2016-2019 Local Health Improvement
	Plan cycle unless it is detremined to be
	a priority for the next improvement cycle.
	improvement dysic.
Q85. E	Enter the number of people in the population that this initiative targets.
Dat	ta included in the 2016 CHNA revealed that 4618 (4%) of all patient visits, which includes Emergency Department, Observation and Inpatient visits to FMH in FY 2015 were related to a primary
me	ntal health diagnosis. 70% of these individuals also had a substance abuse diagnosis. During the same period, there were 6456 visits (5% of total visits to FMH) for a primary diagnosis related substance abuse.
10 8	substance abuse.
Q86. [	Describe the characteristics of the target population.
In I	FY 18, 2971 individuals received mental health or substance use care at FMH through visits to the Emergency Department, Observation or Inpatient stays. People between the ages of 18-40
acc	counted for 60% of the total population; those 41-64 years of age represented 31% of the population and 9% were over the age of 65. White/Caucasian was the identified race of 78% of the pulation, followed by 14% Black or African American. The payment source for 50% of the individuals in this population was Medicaid, 30% had commercial insurance coverage, 13% Medicare
	phalatini, tolowed by 14% black of African Africans. The payment source for 30% of the individuals in this population was medicald, 30% had commercial insurance coverage, 13% medicale d 6% were self-pay.
Q87. H	How many people did this initiative reach during the fiscal year?
Q07.1	to the last people and the initial of court county in a moon your.
101	15
O88 \	What category/ies) of intervention best fits this initiative? Select all that apply
Q88. \	What category(ies) of intervention best fits this initiative? Select all that apply.
	What category(ies) of intervention best fits this initiative? Select all that apply.  Chronic condition-based intervention: treatment intervention
	Chronic condition-based intervention: treatment intervention
	Chronic condition-based intervention: treatment intervention  Chronic condition-based intervention: prevention intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention
Q89. E	Chronic condition-based intervention: prevention intervention  Acute condition-based intervention: treatment intervention  Acute condition-based intervention: prevention intervention  Acute condition-based intervention: prevention intervention  Condition-agnostic treatment intervention  Social determinants of health intervention  Community engagement intervention  Other. Please specify.  Did you work with other individuals, groups, or organizations to deliver this initiative?
Q89. E	Chronic condition-based intervention: treatment intervention Chronic condition-based intervention: prevention intervention Acute condition-based intervention: treatment intervention Acute condition-based intervention: prevention intervention Condition-agnostic treatment intervention Social determinants of health intervention Community engagement intervention Other. Please specify.  Did you work with other individuals, groups, or organizations to deliver this initiative?  Yes, Please describe who was involved in this initiative.
Q89. E	Chronic condition-based intervention: prevention intervention  Acute condition-based intervention: treatment intervention  Acute condition-based intervention: prevention intervention  Acute condition-based intervention: prevention intervention  Condition-agnostic treatment intervention  Social determinants of health intervention  Community engagement intervention  Other. Please specify.  Did you work with other individuals, groups, or organizations to deliver this initiative?

 $\overline{\phantom{a}}$ 

Q90. Please describe the primary objective of the initiative.

As part of the Local Health Improvement Plan, the vision of this initiative is for Frederick County residents across the lifespan and regardless of socio-economic status to demonstrate improved behavioral health and a reduction in substance abuse. Specifically, FMH is focused on improving identification and treatment of mental health as well as substance use disorders through enhanced access to care and care navigation.

Q91. Please describe how the initiative is delivered

Working closely with our community partners, five strategies have been employed at FMH to meet the objectives of the initiative. 1.Internal activities focusing on data collection around Emergency Department utilization demonstrated a need for immediate support when an individual with substance use disorder is treated in the Emergency Department. In collaboration with the Frederick County Health Department, peer recovery specialists work in the hospital environment to provide this immediate support and to assist in establishing community connections and support following discharge. 2.A depression screening tool has been implemented into primary care practices where Behavioral Health Specialists have been integrated into the practice to improve access and screening for mild to moderate mental illness in a primary care setting. 3. Through a partnership with Potomac Case Management, individuals with a mental health or substance use disorder diagnosis are assisted through advocacy, education, connection with community resources and compliance with health care to optimize their quality of daily living. 4.Team COPE, an employee leg initiative provides community outreach and education with an emphasis on educating health care professionals on substance abuse identification and treatment. 5. Community Health Education is provided by lay health educators who are have completed the Bridges Lay Health Educator program at FMH. Topics included in a module on substance abuse disorder include: How it Starts, Substance Use Disorders and Withdrawal, How to use NARCAN, Treatment for Addiction, Neonatal Abstinence Syndrome, Effects on the Family Additionally, staff from FMH are members of the Behavioral Health work group that is part of the Frederick County Local Health Improvement Plan. Strategies implemented at FMH are part of the collective effort to increase access to care, improve behavioral health education and establish a 24 hour Detox Facility in the County as outlined in the Local Health Improvement Plan. One activity tha

workgroup is a graphic resource listing that is used throughout the county on printed literature and websites, including www.fmh.org to expand awareness about Mental Health and Substance Abuse resources that are available in the county Q92. Based on what kind of evidence is the success or effectiveness of this initiative evaluated? Explain all that apply. Count of participants/encounters Encounters with Specialists and Behavioral Health Specialists, Number of Employees Educated through the COPE committee programming, Number of Lay Health Educators Other process/implementation measures (e.g. number of items distributed) Number of Depression Screens completed Surveys of participants Biophysical health indicators Assessment of environmental change Impact on policy change Effects on healthcare utilization or cost Assessment of workforce development Other Q93. Please describe the outcome(s) of the initiative. 1.Peer recovery specialists met with 582 individuals in FY 18; of those, 139 were referred for additional services. A sample of 342 individuals who engaged with a peer recovery specialist saw a 65% reduction in hospital utilization overall for the first 30 days post peer recovery intervention and 30% reduction in hospital charges, largely in the areas of medications, ED and med/surg charges. 2. Behavioral Health Specialists encountered 454 unique patients with a total of 161 interventions including telephone calls, face to face visits and home visits. 3. 72.16% of assigned Medicare beneficiaries in the Frederick Integrated Healthcare Network ACO received a clinical depression screening(PHQ2) and, where appropriate, a follow-up plan. This rate exceeded the mean performance rate for MSSP ACOs for CY 2017 of 61.98%. 4. Members of the COPE committee have provided education to approximately 200 healthcare providers at FMH and in the community on topics including, but not limited to Myths of Addiction, Stigma Words, Secret Stash Spots, Good Samarian Laws and National Overdose Awareness Day. 5. Sixteen (16) Lay Health Educators completed the Bridges Program in FY 18. The majority of those completing the program are members of faith based communities who are able to use this information as they provide ongoing education and support to other members of their community Q94. Please describe how the outcome(s) of the initiative addresses community health needs The need for improved access to mental health care was identified in both the 2013 and 2016 CHNA. The programs that have been implemented as part of both CHNA implementation strategies are meeting the needs of those seeking care for the treatment of behavioral health or substance use disorders Q95. What was the total cost to the hospital of this initiative in FY 2018? Please list hospital funds and grant funds separately. \$530,000.00 Q96. (Optional) Supplemental information for this initiative

Q99. Does this initiative address a need identified in your CHNA?	
• Yes	
€ No	
Q100. Select the CHNA need(s) that apply.	
Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	HIV
Access to Health Services: Regular PCP Visits	mmunization and Infectious Diseases
Access to Health Services: ED Wait Times	injury Prevention
Adolescent Health	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Nutrition and Weight Status
Chronic Kidney Disease	Older Adults
Community Unity	Oral Health
Dementias, Including Alzheimer's Disease	Physical Activity
Diabetes	Preparedness
Disability and Health	Respiratory Diseases
Educational and Community-Based Programs	Sexually Transmitted Diseases
Emergency Preparedness	Sleep Health
Environmental Health	Social Determinants of Health
Family Planning	Substance Abuse
Food Safety	Telehealth
Genomics	Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
Hearing and Other Sensory or Communication Disorders	Other. Please specify.
Q101. When did this initiative begin?	
Q101. When did this initiative begin?	
09/27/2016	
Q102. Does this initiative have an anticipated end date?	
•	
The initiative will end on a specific end date. Please specify the date.  The initiative will end when a community or population health measure reaches a target value.	Nuo Please describe
The initiative will end when a community of population reality measure reacties a target ve	alue. Please describe.
The initiative will end when a clinical measure in the hospital reaches a target value. Pleas	se describe.
The initiative will end when external grant money to support the initiative runs out. Please	explain.
_	
The initiative will end when a contract or agreement with a partner expires. Please explain	ı.

Other. Please explain.

Chronic disease management of several high risk, high utilization conditions including diabetes is an ongoing initiative at Frederick Memorial Hospital aimed at improving access to care, care navigation and community outreach.

Q103. Enter the number of people in the population that this initiative targets.

12524 or 8.1% of Frederick County non-institutionalized residents who are 18+. Data source: 2016 MD BRFSS. FMH has seen an increased number of patients admitted and/or readmitted with a primary diagnosis of uncontrolled diabetes with a 21% from FY 17 to FY 18; a sign that this initiative needed in the community that we serve.

Q104. Describe the characteristics of the target population.

Q105. How many people did this initiative reach during the fiscal year?

During FY 2018, 57.1% of individuals with diabetes who received services at FMH were between the ages of 18-59. 40.1% were over the age of 60. The majority were white, 73.6%; black was the identified race of 19.2% of this population. Non-Hispanics made up 90.6% of this targeted population. Of those who received care, 73.3% where discharged home to self- care.

944

Q106. What category(ies) of intervention best fits this initiative? Select all that apply.

Chronic condition-based intervention: treatment intervention

Chronic condition-based intervention: prevention intervention

Chronic condition-based intervention: prevention intervention		
Acute condition-based intervention: treatment intervention		
Acute condition-based intervention: prevention intervention		
Condition-agnostic treatment intervention		
Social determinants of health intervention		
Community engagement intervention		
Other. Please specify.		

Q107. Did you work with other individuals, groups, or organizations to deliver this initiative?

Yes. Please describe who was involved in this initiative.

Frederick County Health Department
Asian American Center of Frederick
Live Well Frederick
Managing Active Citizens (MAC)

O No.

Q108. Please describe the primary objective of the initiative.

The primary objective of this initiative is to improve the health of individuals who are living with diabetes or who at risk for developing this chronic condition. Initiatives are focused in areas where health disparities are known to exist based on gender, age, race/ethnicity, geographic area and socioeconomic status. To address these disparities, activities focus on: 1. Areas where there is known prevalence of risk factors 2. Access to treatment barriers 3. Improvement in appropriate and timely treatment.

Q109. Please describe how the initiative is delivered

Two ongoing, community based activities are the Diabetes Support Group and the Living Well with Diabetes Education Series. The diabetes support group is held monthly and is led by registered dietitians, registered nurses, certified diabetic educators, behaviorists, and providers. Sessions include topics such as: grocery store tours, recipe makeovers, the latest in diabetes news/standards of care, diabetes and exercise, stress and diabetes, goal setting, dealing with emotions and diabetes, surviving the holidays, planning for a healthy summer. Living Well with Diabetes helps individuals with diabetes or pre-diabetes learn how to manage and improve their health. This program, which is provided in partnership with Live Well Frederick and a licensing agreement with MAC is presented as 6 two and one half hour sessions, in which participants learn: - Nutrition/healthy eating and preventing low blood sugar - Glucose monitoring - Appropriate exercise and maintaining a balance of blood sugar - Communicating effectively with farnily, friends, and healthcare providers - Techniques to deal with pain, fatigue, frustration, and isolation - Making informed treatment decisions and disease related problem solving - Medication usage - Skin and foot care - Goal Setting/Action Planning Living Well with Diabetes is offered in the northern Frederick County area, an area that has been identified as having a medically underserved population. An annual health fair held in partnership with the Asian American Center of Frederick targets the underserved and uninsured population. Individuals are screened for diabetes and those with abnormal blood glucose levels are offered a referral to the FMH Care Clinic. The FMH Care Clinic is not a substitute for a primary care doctor or specialist, but is designed to be a resource that assists the individual in navigating their health care needs through education and improving their access to care; an important first step in the care of a person who has been newly screened as possibly having diabetes.

Q110. Based on what kind of evidence is the success or effectiveness of this initiative e	valuated? Explain all that apply.
✓ Count of participants/encounters   Support Group -	
Living Well with Diabetes- Health	
Fair Screening- Care Clinic Visits	
Other process/implementation measures (e.g. number of items distributed)	
Surveys of participants	
■ Biophysical health indicators     Hemoglobin A1-C,     % of dishetis.	
% of diabetic patients having eye	
exams.  Assessment of environmental change	
Impact on policy change	
Emergency Department Visit	
Rate due to Diabetes	
Assessment of workforce development	
Other	
Q111. Please describe the outcome(s) of the initiative.	
.,	
in Frederick City and in Thurmont, which is in the northern end of the county; therefo sessions during FY 2018. Additionally, there were 88 altendees at the Diabetes Supvenues with services provided by lay health educators. Positive blood glucose scree 18 67 of 271 individuals screened had abnormal results abd were referred to the CA encounters. Services provided at the CARE clinic assist not only the newly diagnose transition to follow-up care. Although not all patients seen in the CARE clinic subseq assigned Medicare beneficiaries in this population demonstrated a significant improv	betes are able to access resources close to their homes. The Living Well with Diabetes program is offered both roe, increasing access to care for a greater number of participants. In total, 74 individuals participated in these port Groups. Other community education events reached 473 individuals at health fairs and other educational rns at community health fairs provide a gateway to service for uninsured and/or underinsured individuals; in FY KRE clinic for follow-up. 162 unique patients received services provided at the CARE clinic for a total of 458 ad diabetics in making care connections, but help those who have recently been discharged from the hospital juently receive follow-up care from a provider who is part of the Frederick Integrated Healthcare Network ACO, wement in two quality measures during CY 17. The percentage of diabetic patients with poor A1-C control (ACO reve exams (ACO-41) increased from 35.48% to 48.79%. The Emergency Department visit rate due to 2016 reporting period.
2112. Please describe how the outcome(s) of the initiative addresses community health	n needs.
	ealth needs strongly agreed that diabetes was a county health priority. A focus group of Spanish speaking
increasing outreach, education and navigation to vulnerable communities.	ases like diabetes and high blood pressure. Implementation strategies adopted by FMH have focused on
O442 What was the total cost to the heavital of this initiative in EV 20492 Places list he	social funds and great funds consertably
Q113. What was the total cost to the hospital of this initiative in FY 2018? Please list ho	spiral futius and grant futius separatery.
\$458,000.00	
Q114. (Optional) Supplemental information for this initiative.	
Q115. Section IV - CB Initiatives Part 3 - Initiative 3	
Q116. Name of initiative.	
error name of initiative.	
Prenatal Clinc	
Q117. Does this initiative address a need identified in your CHNA?	
• Yes	
○ No	
Q118. Select the CHNA need(s) that apply.	
Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	₩HIV
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: Regular PCP visits  Access to Health Services: ED Wait Times	
	Injury Prevention
Adolescent Health  Adhritis Octoopersis and Chronic Rock Conditions	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Nutrition and Weight Status
Chronic Kidney Disease	Older Adults

Community Unity	Oral Health
Dementias, Including Alzheimer's Disease	Physical Activity
<b>✓</b> Diabetes	Preparedness
Disability and Health	Respiratory Diseases
Educational and Community-Based Programs	Sexually Transmitted Diseases
Emergency Preparedness	Sleep Health
Environmental Health	Social Determinants of Health
Family Planning	Substance Abuse
Food Safety	Telehealth
Genomics	Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
Hearing and Other Sensory or Communication Disorders	Other. Please specify.
2119. When did this initiative begin?  The Prenatal Care Clinic opened on 12/01/07	
2120. Does this initiative have an anticipated end date?	
The initiative will end on a specific end date. Please specify the date.  The initiative will end when a community or population health measure reaches a target value.	e. Please describe.
The initiative will end when a clinical measure in the hospital reaches a target value. Please	describe.
The initiative will end when external grant money to support the initiative runs out. Please ex	plain.
The initiative will end when a contract or agreement with a partner expires. Please explain.	
Other. Please explain. A fully operational prenatal clinic is currently in place; there are no plans to discontinue this initiative.	
2/121. Enter the number of people in the population that this initiative targets.	
	rom private practice providers in the Frederick County area. According to the U.S. Census Bureau, idents were living below the poverty level. Of this number, the exact number needing prenatal care

 $\ensuremath{\textit{Q122}}.$  Describe the characteristics of the target population.

Women seeking prenatal care at the FMH clinic are either uninsured or are receiving Medical Assistance benefits. The primary consumers of this service are Spanish speaking. According to the Maryland Vital Statistics Annual report 2017, 15.7% of the 2714 live births in Frederick County were to Hispanic women. Comprehensive data related to patient ethnicity is not available at this time; however 482 patients or 59% of the total patients receiving care at the clinical during FY 18 required the services of a Spanish interpreter. Patients are self-referred or referred by the Frederick County Health Department, Frederick County Mission of Mercy, private physicians or other community groups.

Q123. How many people did this initiative reach during the fiscal year?

Q12	Q124. What category(ies) of intervention best fits this initiative? Select all that apply.	
Г	Chronic condition-based intervention: treatment intervention	
Ē	Chronic condition-based intervention: prevention intervention	
Į.	Acute condition-based intervention: treatment intervention	
	Acute condition-based intervention: prevention intervention	
Ē	Condition-agnostic treatment intervention	
Ī	Social determinants of health intervention	
Ī	Community engagement intervention	
Γ	Other. Please specify.	
Q12	Q125. Did you work with other individuals, groups, or organizations to deliver this initiative?	
(	Yes. Please describe who was involved in this initiative.	
	FMH Auxiliary- financial support	
	Frederick County Health Department- patient referrals.  Mission of Mercy- Patient referrals.	
(	C No.	
Q12	Q126. Please describe the primary objective of the initiative.	
	The implementation of early prenatal care at the clinic allows patients who live in Frederick County to receive early interventions and clinic to avert complications and ensure the healthiest possible outcomes for the mother and baby. Many of the women in the Prenatal Center a	
fc	for which they may be unaware, that pose significant risk for full term healthy fetal development. With early intervention, i.e. prenatal care complications can be avoided. All newly enrolled patients in the prenatal center are screened for the presence of diabetes, HIV and Sexu	that starts in the first trimester, many of these
	appropriate during the course of care.	
Q12	Q127. Please describe how the initiative is delivered.	
A	All services are provided in an ambulatory setting. The clinic is centrally located in the city of Frederick and is accessible via public transp	ortation.
0.40		
Q12	Q128. Based on what kind of evidence is the success or effectiveness of this initiative evaluated? Explain all that apply.	
Ę	Count of participants/encounters Number of unique	
	patients served and number of patient	
	encounters is tracked annually	
Г	Other process/implementation measures (e.g. number of items distributed)	
Ī	Surveys of participants Patient satisfaction	
	Biophysical health indicators Percentage of	
	pregnant women who receive prenatal	
	care beginning in the first trimester ,The	
	number and percentage of	
	women receiving at	
	least 8 prenatal care visits who deliver	
	babies of healthy birth weight (2500	
	grams or above), Infant mortality rate,	
	Percentage of preterm births	
Г	Assessment of environmental change	
	Assessment of environmental change	
	Impact on policy change	
L		
	Impact on policy change	

Q129. Please describe the outcome(s) of the initiative.

Overall, for all races Frederick County has met the Healthy People 2020 Goal and MD SHIP Goal. 77.9% of Frederick County Women received prenatal care during the first trimester in 2016, 10% above the Maryland Goal. The infant mortality rate has decreased to 3.2 per 1000 live births in 2016, significantly lower than the overall Maryland rate of 6.5 per 1000 live births. Enrollment in the clinic increased by 29% from 276 newly enrolled maternity patients in FY 17 to 355 in FY 18. 3268 patient visits occurred in FY 18, a 30% increase over FY17. Patient satisfaction with services received remained high with an average of 97% of patients served indicating that they were satisfied with the prenatal services that they had received. 199 pregnant women receiving at least 8 prenatal visits delivered healthy babies with a birth weight of 2500 grams or more, which accounted for 96% of this population.

The need for prenatal care was identified in the 2013 CHNA and again in 2016. Data from the Maryland Division of Vital Statistics that was included in the 2016 CHNA revealed that there was racial disparity, particularly in the Hispanic and Black populations, in the areas of infant mortality, birth weight and early prenatal care. The establishment of the prenatal clinic has improved outcomes in these areas and continues to meet ongoing community health needs.

2131. What was the total cost to the hospital of this initiative in FY 2018? Please list	hospital funds and grant funds separately.
\$228,000.00	
2132. (Optional) Supplemental information for this initiative.	
2133. Section IV - CB Initiatives Part 4 - Other Initiativ	ve Info
2134. Additional information about initiatives.	
Q135. (Optional) If you wish, you may upload a document describing your community iscal year. These need not be multi-year, ongoing initiatives.	benefit initiatives in more detail, or provide descriptions of additional initiatives your hospital undertook during the
2136. Were all the needs identified in your CHNA addressed by an initiative of your	nospital?
C Yes	
⊙ No	
2137. Please check all of the needs that were NOT addressed by your community by	anafit initiativa
2737. Please dieux all of the fleeds that were NOT addressed by your community by	onent unidatives.
Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	₩HIV
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: ED Wait Times	Injury Prevention
Adolescent Health	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Nutrition and Weight Status
Chronic Kidney Disease	✓Older Adults
Community Unity	Oral Health
Dementias, Including Alzheimer's Disease	Physical Activity
Diabetes	Preparedness
Disability and Health	Respiratory Diseases
Educational and Community-Based Programs	Sexually Transmitted Diseases
Emergency Preparedness	Sleep Health
Environmental Health Family Planning	Social Determinants of Health  Substance Abuse
	<u>-</u>
Food Safety Genomics	Telehealth Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
_	Other. Please specify.
Hearing and Other Sensory or Communication Disorders	The state of the s

Q138. How do the hospital's community benefit operations/activities align with the State Health Improvement Process (SHIP)? The State Health Improvement Process (SHIP) seeks to provide a framework for accountability, local action, and public engagement to advance the health of Maryland residents. The SHIP measures represent what it means for Maryland to be healthy. Website: http://ship.md.networkofcare.org/ph/index.aspx. To the extent applicable, please explain how the hospital's community benefit activities align with the goal in each selected measure.

Enter details in the text box next to any SHIP goals that apply.

Reduce that of an addern unexpected inflant costs.  Stability Reduce that of an addern unexpected inflant costs.  Stability Reduce that of an addern unexpected inflant costs.  Stability Reduce that of an addern unexpected inflant costs.  Stability Reduce that of an addern unexpected inflant costs.  Stability Reduce that is not organized starting care in the stable that the 20th they work and in the stable that		The FMH Auxiliary Prenatal Center provides prenatal care for women with no insurance or medical assistance who are unable to ob
The Factor and the set bild most (ages 15-10)  The Factor and the set bild most (ages 15-10)  The Factor and the set bild most (ages 15-10)  The Factor and the proportion of children with occurred bodd most of the set by the set of	Reduce infant mortality	care from private practice providers. Many of the women are high-risk patients and present with medical conditions that pose a significant risk to full term healthy deliveries. The infant mortality rate in Frederick County has decreased from 4.8 per 1000 live birth 2013 to 3.2 in 2016. This rate is below the 2016 Maryland rate of 6.5 per 1000 live births.
The FAM Author Prematic Foreir allows uninsword and indentioner position in Frederica County in review early interested indicated one to the or appropriation of children who receive black the modern and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of pregnand women in Frederica County received premated done in the first trimester, almost and study in 2016, 77,21% of a study in 2016, 77,21% of		
consequence of the first of pregnancies stading care in the first interest interest in the Mayate average of 11 (4).  In consequence of the first of the pregnancy of the pregna	Reduce the teen birth rate (ages 15-19)	
recesse the % of alludes enterny hardegeaten ready plants or consequences of the first distudies who are physically active to present the first distudies who are physically active to present the first of adults who are physically active to present the first of adults who are physically active to present the first of adults who are physically active to present the first of adults who are a in healthy weight.  The significant the first of adults who are a considered observe the first of adults who are as a healthy weight.  The significant the first of adults who are considered observe the first of adults who are considered the first of adults who are considered observe the first of adults who are considered the first of adults who are considered the first of adults who are considered first observe the first of adults who are considered first observe the first of adults who are considered first observe the first of adults who are considered first observe the first of adults who are considered first o		The FMH Auxiliary Prenatal Center allows uninsured and underinsured patients in Frederick County to receive early intervention and clinical care for the pregnancy and any secondary diagnosises to avert complications and ensure the healthlest possible outcomes f the mother and baby. In 2016, 77.9% of pregnant women in Frederick County received prenatal care in the first trimester, almost 10 greater than the Maryland average of 67.6%
The contractive file of distincts who graduate high school processe the file of students who graduate high school processes the file of students who are physically school processes the file of students who are physically school processes the file of students who are physically school processes the file of students who are physically school processes the file of students who are at a healthy wight to see that the students of students who are at a healthy wight to see that the students of students who are at a healthy wight to see that the students of students who are at a healthy wight to see that the students of students who are at a healthy wight to see that the students of students who are considered closes the file of children who are considered closes the file of		
The list is partner in the Levilled Frederick initiation. Through its 52-10 grogom, recidents are excuraged to engage in our engage in corrected the % of adults who are physically active.    Fill is a partner in the Levilled Frederick County for adults who are physically active in the best produced to a special produce of a possible produced to a special produced of agreed polysical actively the selected as a result proteing of the engage in our engage in our engage in the produced of agreed programment with the selected of a shadow who are our existence of a polysical active in the selected of a shadow who are our existence of a polysical active in the selected of a shadow who are our existence of a polysical active in the selected of a shadow who are our existence of a polysical active in the selected of agreed produced of a polysical active in the selected of agreed produced of a polysical active in the selected of agreed produced of a polysical active in the selected of agreed produced of a polysical active in the selected of agreed produced of agreed produ		
This is a patient in the Lawled Freedock Intalliation. Through its 5.2-1 program, resistent are unconcepted to program in concesses the "si of adults who are physically active program and program an		
horizona activity per day, increasing physical activity per day. Increasing physical activity per day in the healthy Proceed 202 and of 473, with 47 a species recogning a legistral policy or such in 2015.  The S. 4.3 or initiative emocrasping community interferior increases the % of actuals who are at a healthy weight of the per day o	ncrease the %of students who graduate high school	
Earling well and pairing well from the basis of this instalte. Weight loss may be achieved by any dengaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in physical activity for one (1) by lefting recent them to be (2) from any day and engaging in the physical activity for one (1) by lefting recent them to be (2) from any and the physical activity for one) (2) and the Manyand goal of the Many	ncrease the % of adults who are physically active	FMH is a partner in the LiveWell Frederick Initiative. Through its 5-2-1-0 program, residents are encouraged to engage in one hour ophysical activity per day. Increasing physical activity has been identified as a health priority by county residents. Frederick County we slightly below the Healthy People 2020 goal of 47.9, with 47.8 people reporting at least 150 minutes of moderate physical activity or least 75 minutes of vigorous physical activity per week in 2015.
here obeses in 2016; below both the Healthy People 2020 and the Maryland goal for this time period.  Reduce the % of adultis who are current smokers  Reduce the % of adultis with a recurrent smokers  Reduce the % of young historic only)  Reduce shifty infection rate (per 100,000) population)  Reduce shifty infection rate (per 100,000)  Reduce domestic violence (per 100,000)  Reduce solider rate (per 100,000)  Reduce pedestrian injuries on public roads (per 100,000)  Reduce admontality (per 100,000)  Reduce admontality (per 100,000)  Reduce disbetter-dislated emergency department valid roads (per 100,000)  Reduce disbetter-dislated emergency department valid (per 100,000)  Reduce disbetter-dislated emergency department valid (per 100,000)  Reduce disbetter-dislated emergency department valid road (per 100,000)	Increase the % of adults who are at a healthy weight	The 5-2-1-0 initiative encourages community members to incorporate changes into their lives to enhance their health and wellness. Eating well and playing well form the basis of this initiative. Weight loss may be achieved by eating five (5) fruits and vegetables per day; increasing physical activity by limiting screen time to two (2) hours per day and engaging in physical activity for one (1) hour pe day and zero (0) sugary beverages. By following a 5-2-1-0 regimen, a healthy weight can be obtained and maintained. In 2016, 39.2 of Frederick County residents were not overweight, which is above both the Healthy People 2020 and the Maryland goal.
Reduce the % of young harden region of the control		High School students are encouraged to follow the same 5-2-1-0 program as adults. 9.6% of Frederick County high school students were obese in 2016; below both the Healthy People 2020 and the Maryland goal for this time period.
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Reduce dental-related emergency department visit rate (per 100,000)  Increase the % of children with recommended vaccinations  Influenza vaccines are offered at the annual Frederick County Health Fair. The fair is held in partnership with the Asian Americ Center of Frederick with emphasis on the underserved and underinsured populations who may no have access to care. A total individuals received seasonal influenza vaccine at the October 2017 fair. The percentage of Frederick county residents who are vaccinated for seasonal influenza has risen from 41.3% in 2014 to 42.9% in 2016.  Reduce asthma-related emergency department visit rate		
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	Increase the % vaccinated annually for seasonal	Influenza vaccines are offered at the annual Frederick County Health Fair. The fair is held in partnership with the Asian American Center of Frederick with emphasis on the underserved and underinsured populations who may no have access to care. A total of 35 individuals received seasonal influenza vaccine at the October 2017 fair. The percentage of Frederick county residents who are vaccinated for seasonal influenza has risen from 41.3% in 2014 to 42.9% in 2016.
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### Q140. Section V - Physician Gaps & Subsidies

41. As required under HG	19-303, please select all of the	he gaps in physician availability in your hospital's CBSA. Select all that apply.
No gaps		
✓ Primary care		
Mental health		
Substance abuse/deto:	xification	
Internal medicine		
Dermatology		
Dental		
Neurosurgery/neurolog	.y	
General surgery		
Orthopedic specialties		
Obstetrics		
Otolaryngology		
Other. Please specify.	Psychiatry, Physiatry, Vascular Surgery	
If you list Physician Subspace patient demand.	osidies in your data in categor	ry C of the CB Inventory Sheet, please indicate the category of subsidy, and explain why the services would not otherwise be available to
Hospital-Based Physicians	i	Contractually subsidized hospital based physicians include:Intensivists, Laborists, Neonatology, Neurology, Inpatient Pediatrics, Pediatric Opthalmology, Anesthesia, Emergency Medicine, Interventional Cardiology and Observation Services. The demand for all of these services could not be met by providers in the Frederick community as there are no community based providers currently providing the specialty services that are listed here.
Non-Resident House Staff	and Hospitalists	FMH subsidizes Hospitalists to meet the needs of our patients. There are not sufficient primary care providers in Frederick County to accommodate all inpatient needs. The majority of primary care physicians in the community do not maintain hospital privileges and therefore, are not credentialed to provide care for their patients while in the hospital.
Coverage of Emergency D	epartment Call	FMH contracts with the following specialties to provide coverage on a 24/7 basis- Anesthesiology, Bariatric Surgery, Cardiology, ENT Gastroenterology, General Dentistry, General Surgery, Hematology/Oncology, Interventional Cardiology, Nephrology, Neurology, Ophthalmology, Oral/Maxillo/Facial, Orthopedics, Pediatrics, Plastic Surgery, Pulmonary Medicine, Urology, Vascular Surgery and Neurosurgery. Without subsidies from the organization to compensate providers for this coverage, medical practices would not be ab to recruit a sufficient number of personal to provide around the clock coverage to the Emergency Department.
hysician Provision of Fina	ancial Assistance	
nysician Recruitment to I	Meet Community Need	
	•	
	y subsidy not listed above)	
Other (provide detail of an	y subsidy not listed above)	
	y subsidy not listed above)	
3. (Optional) Is there any	other information about physi	cian gaps that you would like to provide?
4. (Optional) Please attac	h any files containing further i	information regarding physician gaps at your hospital.
5. Section VI - F	inancial Assistanc	ce Policy (FAP)
i. Upload a copy of your i	nospital's financial assistance	policy.
ancial Assistance Policy.pdf		
86.8KB application/pdf		
7. Upload a copy of the Pa	atient Information Sheet provi	ided to patients in accordance with Health-General §19-214.1(e).
ancial Assistance Brochure rev	/ <u>20180614 .pdf</u>	

cation Data	
ocation: (39.446105957031, -77.334999084473)	
ource: GeoIP Estimation	

### **PART TWO: ATTACHMENTS**

# Frederick County Local Health Improvement Plan (LHIP) Update

### Senior Support Workgroup June 20, 2018

Vision Statement: Frederick County has access to services for Senior Citizens to meet their evolving needs for lifelong health and wellbeing.

Goal One	Goal Two	Goal Three
Senior Citizens of Frederick	All seniors of Frederick	An <u>effective</u>
County have access to	County having the option	communications system
affordable transportation for	to age in place will be	is in place to provide
necessities (health provider	able to do so.	Frederick County
visits, grocery shopping,		Seniors with relevant,
personal care, etc.) and		inclusive and current
socialization (visiting family,		information to meet their
church, bingo, theater,		evolving needs for
museum, college classes, etc.).		lifelong health and well-
		being.

### **Goal One**

Senior Citizens of Frederick County have access to <u>affordable transportation</u> for necessities (health provider visits, grocery shopping, personal care, etc.) and socialization (visiting family, church, bingo, theater, museum, college classes, etc.).

•	3140000, 0to:):	
OBJECTIVE	STATUS	DATE OF SUCCESSFUL COMPLETION
Identify Senior demographic data by county geographic area.	Successfully completed	October 2017
2. Identify current public, private and nonprofit transportation available to Seniors by geographic area.	Successfully completed. A list of available transportation providers has been created.	June 2018
3. Examine alternative public transportation service models for seniors (including public/private partnerships).	In Progress.  A committee of nonprofit organizations - Transportation and Mobile Care Task Force (TMCTF) is currently engaged in identifying transportation services which will supplement and streamline existing transportation options for Seniors and other groups facing transportation challenges.	June 2018

### **Goal Two**

All seniors of Frederick County having the option to <u>age in place</u> will be able to do so.

OBJECTIVE	STATUS	DATE OF SUCCESSFUL COMPLETION
Define services needed to age in place.	Successfully completed. Seven areas of services were identified by the Commission on Aging (COA).	October 2017
2. Ongoing collaboration with other senior work groups to ensure effectives points of entry for Seniors to connect to services and resources.	In Progress Dept. of Aging (DOA) with Maryland Access Point (MAP); Mental Health Association with 211 and Health Dept. with Adult Evaluation and Review Services (AERS).	June 2018
3. Collaborate with existing organizations and interested parties to educate "rising Seniors" on options for aging in place and track efforts.	In Progress. Education ongoing through various organizations and interested parties.	June 2018
4. Have available for all Frederick County Seniors a variety of information on services and sources to help age in place.	In Progress.  DOA's with Blue Book of Resources, MAP, and COA; Advocates for Aging in Frederick County; and The Mental Health Association.	June 2018

### **Goal Three**

An effective communications system is in place to provide Frederick County Seniors with relevant, inclusive and current information to meet their evolving needs for lifelong health and well-being.

needs for incloring health and well-being.			
OBJECTIVE	STATUS	DATE OF SUCCESSFUL COMPLETION	
1.Identify target audiences – independent seniors, those needing moderate support, those who are vulnerable or in urgent need.	Successful Completion	January 2018	
2.Determine best communication channels for each audience. Are existing channels being used effectively? Are seniors finding what they need? Identify shortcomings and solutions	In Progress Dept. of Aging, Social Services, Mental Health Association – 211, Health Dept. – AERS – raised awareness and ideas for coordination.	June 2018	

TITLE: Financial Assistance

Chapter: Finance/Revenue Cycle Effective Date: 7/01/07

Responsible Person: Carlos Mendoza

Reviewed Date: 1/01/11, 1/1/13, 5/16/2018

Revised Date: 1/01/11, 1/20/13, 05/17/2018

This policy is intended as a guideline to assist in the delivery of patient care or management of hospital services. It is not intended to replace professional judgment in patient care or administrative matters.

#### **PURPOSE:**

FRHS is committed to providing quality health care for all patients regardless of their ability to pay and without discrimination on the grounds of race, color, national origin or creed. The purpose of this document is to present a formal set of policies and procedures designed to assist hospital Patient Financial Services personnel in their day to day application of this commitment. The procedures describe how applications for Financial Assistance should be made, the criteria for eligibility, and the steps for processing applications. This policy is intended to comply with Section 501(r) of the Internal Revenue Code and has been adopted by FRHS' Board of Directors.

#### **POLICY:**

This policy applies to all patients seeking emergency or other medically necessary care at Frederick Regional Health System. This policy also applies to patients seeking treatment at any Frederick Regional Health System owned physician practice. These entities are hereinafter collectively referred to as "FRHS."

The Financial Assistance procedures are designed to assist individuals who qualify for less than full coverage under available Federal, State and Local Medical Assistance Programs, but whose outstanding "self-pay" balances exceed their own ability to pay. The underlying theory is that a person, over a reasonable period of time can be expected to pay only a maximum percentage of their disposable income towards charges incurred while in the hospital. Any "self-pay" amount in excess of this percentage would place an undue financial hardship on the patient or their family and may be adjusted off as Financial Assistance.

#### PROCEDURE:

#### A. OVERVIEW

- 1. Financial assistance can be offered before, during, or after services are rendered. After applying, the hospital will send an acknowledgment letter to the patient within two (2) business days and an eligibility determination will be made within thirty (30) days.
  - a. For purposes of this policy, "financial assistance" refers to healthcare services provided without charge or at a reduced charge to qualifying patients.
    - b. A list of our health care service providers is available at.

      <a href="https://www.fmh.org/Find-a-Doctor.aspx">https://www.fmh.org/Find-a-Doctor.aspx</a>. Only providers employed by FRHS are covered under this policy and are indicated on the provider list.

Policy #:

TITLE: Financial Assistance

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Responsible Person: Carlos Mendoza

Reviewed Date: 1/01/11, 1/1/13, 5/16/2018

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c. If a provider is not covered under this policy, patients should contact the provider's office to determine if financial assistance is available.

d. Should a patient need assistance applying for Financial Assistance; help is available at our physical location 400 West Seventh St. Frederick, MD 21701. Patients can also call 240-566-4214 with any inquiries regarding the Financial Assistance application process.

### 2. Notice of the Availability of Financial Assistance:

- a. FRHS' will make available brochures informing the public of its Financial Assistance Policy. Such brochures will be available throughout the community and within FRHS' locations.
- b. Notices of the availability of financial assistance will be posted at appropriate admission areas, the Patient Financial Services department, and other key patient access areas.
- c. A statement on the availability of financial assistance will be included on patient billing statements.
- d. A Plain Language Summary of FRHS' Financial Assistance Policy will be provided to patients receiving inpatient services with their Summary Bill and will be made available to all patients upon request.
  - e.FRHS' Financial Assistance Policy, a Plain Language Summary of the policy, and the Financial Assistance Application are available to patients upon request at FRHS, through mail (postal service), and on FRHS' website at <a href="https://www.fmh.org/billing">https://www.fmh.org/billing</a>.
- f. FRHS' Financial Assistance Policy, Plain Language Summary, and Financial Assistance Application are available in Spanish.
  - i. On an annual basis, FRHS shall assess the needs of our limited English proficiency community and determine whether additional translations are needed.
- 3. <u>Availability of Financial Assistance</u>: FRHS' retains the right, in its sole discretion, to determine a patient's ability to pay, in accordance with Maryland and Federal law.
  - a. Financial assistance may be extended when a review of a patient's individual financial circumstances has been conducted and documented. This may include the patient's existing medical expenses, including any accounts having gone to bad debt, as well as projected medical expenses.

Policy #:

TITLE: Financial Assistance

Chapter: Finance/Revenue Cycle Effective Date: 7/01/07

Responsible Person: Carlos Mendoza

Reviewed Date: 1/01/11, 1/1/13, 5/16/2018

Revised Date: 1/01/11, 1/20/13, 05/17/2018

b. All patients presenting for emergency services will be treated regardless of their ability to pay.

- For emergent services, applications for financial assistance will be completed, received, and evaluated retrospectively and will not delay patients from receiving care.
- 4. <u>Limitation of Charges</u>: Individuals eligible for reduced-cost care under this policy will not be charged more than the hospital's standard charges, as set by Maryland's Health Services Cost Review Commission (HSCRC).
  - a. FRHS' rate structure is governed by the HSCRC rate setting authority. As an "all-payer system", all patient care is charged according to the resources consumed in treating them regardless of the patient's ability to pay.
  - b. Charges are developed based on a relative predetermined value set by the HSCRC at the approved unit rate developed by the HSCRC.

### **B. PROGRAM ELIGIBILITY**

- 1. FRHS strives to ensure that the financial capacity of people who need health care services does not prevent them from seeking or receiving care. FRHS reserves the right to grant Financial Assistance without formal application being made by patients. These patients may include the homeless or returned mailed with no forwarding address.
- 2. Patients who are uninsured, underinsured, ineligible for a government program, or otherwise unable to pay for medically necessary care may be eligible for FRHS' Financial Assistance Program.
- 3. <u>Services Eligible under this Policy</u>. Health care services that are eligible for financial assistance include:
  - a. Emergency medical services provided in an emergency room setting;
  - b. Services for a condition which, if not promptly treated, would lead to an adverse change in the health status of the individual;
  - c. Non-elective services provided in response to life-threatening circumstances in a non-emergency room setting; and
  - d. Medically necessary services.
    - i. A medically necessary service is one which is reasonably calculated to prevent, diagnose, correct, cure, alleviate, or prevent the worsening of conditions in a patient which: (i) endanger life; (ii) cause suffering or pain; (iii) result in illness or infirmity; (iv) threaten to cause or aggravate a handicap; or (v) cause physical deformity or malfunction.

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ii. A service or item is not medically necessary if there is another service or item that is equally safe and effective and substantially less costly, including, when appropriate, no treatment at all.

- iii. Experimental services or services which are generally regarded by the medical profession as unacceptable treatment are not medically necessary.
- 4. <u>Exclusions from Financial Assistance</u>: Specific exclusions to coverage under the Financial Assistance program include the following:
  - a. Patients whose insurance program or policy denies coverage for the services received (e.g., HMO, PPO, Workers Compensation, or Medicaid);
    - i. Exceptions to this exclusion may be made, in FRHS' sole discretion, considering medical and programmatic implications.
  - b. Unpaid balances resulting from cosmetic or other non-medically necessary services;
  - c. Patient convenience items.
- 5. <u>Ineligibility</u>: Patients may become ineligible for financial assistance, for a specific date of service, for the following reasons:
  - a. After being notified by FRHS, refusal to provide requested documentation or information required to complete a Financial Assistance Application within the 240 days after the patient receives the first post-discharge billing statement (approximately 8 months).
  - b. Unless seeking emergency medical services, having insurance coverage through an HMO, PPO, Workers Compensation, Medicaid, or other insurance programs that deny access to FRHS due to insurance plan restrictions/limits.
  - a. Failure to pay co-payments as required by the Financial Assistance Program.
  - b. Failure to keep current on existing payment arrangements with FRHS.
  - c. Failure to make appropriate arrangements on past payment obligations owed to FRHS (including those patients who were referred to an outside collection agency for a previous debt).
  - d. Refusal to be screened or apply for other assistance programs prior to submitting an application to the Financial Assistance Program, unless FRHS can readily determine that the patient would fail to meet the eligibility requirements.
- 6. Patients who become ineligible for the program will be required to pay any open balances and may be submitted to a bad debt service if the balance remains unpaid in the agreed upon time periods.

Policy #:

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Responsible Person: Carlos Mendoza

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7. Patients who indicate they are unemployed and have no insurance coverage shall be required to submit a Financial Assistance Application unless they meet Presumptive Financial Assistance eligibility criteria (See Section C.2 below).

- a. If patient qualifies for COBRA coverage, patient's financial ability to pay COBRA insurance premiums shall be reviewed by appropriate personnel and recommendations shall be made to Senior Leadership for approval.
- b. Individuals with the financial capacity to purchase health insurance shall be encouraged to do so as a means of assuring access to health care services.
- 8. Coverage amounts will be calculated using a sliding fee scale based on federal poverty guidelines. An example of the sliding scale is included in *Appendix 1*.

### C. PATIENT ASSISTANCE GUIDELINES

- 1. Services eligible under this Policy will be made available to the patient on a sliding fee scale as described in this section; additionally, payment plans based on patient's ability to pay are available on an individual basis.
- 2. US Federal Poverty guidelines are updated annually by the Department of Health and Human Services. Below is an example of the sliding scale Frederick shall use to determine patient eligibility for financial assistance. Please visit our website at: <a href="https://www.fmh.org/billing">https://www.fmh.org/billing</a>
  - a. Patients whose family income is at or below 200% of the Federal Poverty Level (FPL) are eligible to receive free care.
  - b. Patients whose family income is above 200% but not more than 250% of the FPL are eligible to receive a discount of 80% of their account balance.
  - c. Patients whose family income is above 250% but not more than 300% of the FPL are eligible to receive a discount of 60% of their account balance.
  - d. Patients whose family income is above 300% but not more than 350% of the FPL are eligible to receive a discount of 40% of their account balance.
  - e. Patients whose family income is above 350% but not more than 400% of the FPL are eligible to receive a discount of 20% of their account balance

### D. PRESUMPTIVE FINANCIAL ASSISTANCE

1. Patients may be eligible for financial assistance on a presumptive basis. There are instances when a patient may appear eligible for financial assistance, but there is no Financial Assistance form and/or supporting documentation on file. Often there is adequate information provided by the patient or other sources that is sufficient for determining financial assistance eligibility.

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Responsible Person: Carlos Mendoza

Reviewed Date: 1/01/11, 1/1/13, 5/16/2018

Revised Date: 1/01/11, 1/20/13, 05/17/2018

a. In the event there is no evidence to support a patient's eligibility for financial assistance, FRHS reserves the right to use outside agencies, or propensity to pay modeling in determining financial assistance eligibility.

- b. Patients who are determined to satisfy presumptive eligibility will receive free care on that date of service. Presumptive Financial Assistance Eligibility shall only cover the patient's specific date of service.
- 2. Presumptive eligibility may be determined on the basis of individual life circumstances that may include:
  - a. Active Medical Assistance pharmacy coverage;
  - b. Qualified Medicare Beneficiary ("QMB") coverage (covers Medicare deductibles) and Special Low Income Medicare Beneficiary ("SLMB") coverage (covers Medicare Part B premiums);
  - c. Homelessness;
  - d. Maryland Public Health System Emergency Petition patients;
  - e. Participation in Women, Infants and Children Programs ("WIC");
  - f. Food Stamp eligibility;
  - g. Eligibility for other state or local assistance programs;
  - h. Deceased with no known estate: and
  - i. Patients that are determined to meet eligibility criteria established under former State Only Medical Assistance Program.
- 3. Patients deemed to be presumptively eligible for financial assistance based on participation in a social service program identified above must submit proof of enrollment within 30 days of such eligibility determination. A patient, or a patient's representative, may request an additional 30 days to submit required proof.
- 4. Exclusions from consideration for presumptive eligibility include:
  - a. Purely elective procedures (e.g., cosmetic procedures).
  - b. Uninsured patients seen in the Emergency Department under Emergency Petition unless and until the Maryland Behavioral Health Administration (BHA) has been billed.

### E. MEDICAL HARDSHIP

1. Patients falling outside of conventional income or who are not presumptively eligible for financial assistance are potentially eligible for bill reduction through the Medical

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### Hardship program.

a. Patients may qualify under the following circumstances:

- i. Combined household income less than 500% of the Federal Poverty Guideline; or
- ii. Having incurred collective family hospital medical debt may be at FRHS exceeding 25% of the combined household income during a 12-month period.
  - (a) Medical debt excludes co-payments, co-insurance and deductibles.
- 2. FRHS applies the criteria above to a patient's balance after any insurance payments have been received.
- 3. Coverage amounts will be calculated using a sliding fee scale based on federal poverty guidelines. An example of this sliding scale is provided at our website; <a href="https://www.fmh.org/billing">https://www.fmh.org/billing</a>.
- 4. If determined eligible, patients and their immediate family qualify for reduced-cost, medically necessary care, for a 12 month period effective on the date the medically necessary care was initially received.
- 5. In situations where a patient is eligible for both Medical Hardship and the standard Financial Assistance programs, FRHS is to apply the greater of the two discounts.
- 6. Patient is required to notify FRHS of their potential eligibility for this component of the financial assistance program.
- F. <u>ASSISTANCE BASED ON INDIVIDUAL CIRCUMSTANCES</u>: FRHS reserves the right to consider individual patient and family financial circumstances to grant reduced-cost care in excess of State established criteria.
  - 1. The eligibility, duration, and discount shall be patient-situation specific.
  - 2. Patient balance after insurance accounts may be eligible for consideration.
  - 3. Cases falling into this category require management level review and approval.

### G. ASSET CONSIDERATION

- 1. Assets are generally not considered as part of financial assistance eligibility determination unless they are deemed substantial enough to cover all or part of the patient's responsibility without causing undue hardship. When assets are reviewed, individual patient financial circumstances, such as the ability to replenish the asset and future income potential, are taken into consideration.
- 2. The following assets are <u>exempt</u> from consideration:

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TITLE: Financial Assistance

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a. The first \$10,000 of monetary assets for individuals, and the first \$25,000 of monetary assets for families.

b. Up to \$150,000 in primary residence equity.

c. Retirement assets, regardless of balance, to which the IRS has granted preferential tax treatment as a retirement account. Generally this consists of plans that are tax exempt and/or have penalties for early withdrawal.

### H. APPEALS

- 1. Patients whose financial assistance applications are denied have the option to appeal the decision. Appeals should be made in writing and mailed to: FRHS 400 West Seventh Street Frederick, MD 21701 Attn: Financial Counseling Team.
- 2. Patients are encouraged to submit additional supporting documentation justifying why the denial should be overturned.
- 3. Appeals are documented and reviewed by the next level of management for additional reconsideration
- 4. If the first level appeal does not result in the denial being overturned, patients have the option of escalating to the next level of management for additional reconsideration.
- 5. Appeals can be escalated up to the Chief Financial Officer who will render the final decision.
- 6. Patients who have formally submitted an appeal will receive a letter of the final determination.

### I. PATIENT REFUND

- 1. If, within a two (2) year period after the date of service, a patient is found to be eligible for free or reduced-cost care under FRHS' Financial Assistance Program, for that date of service, the patient shall be refunded payments in excess of their financial obligation where such refund is greater than \$5.
  - a. The two (2) year period may be reduced to 240 days (approximately 8 months) after receipt of the first post-discharge billing statement where FRHS' documentation demonstrates a lack of cooperation by the patient, or guarantor, in providing documentation or information necessary for determining patient's eligibility.
- 2. If a patient is found to be eligible for financial assistance after FRHS has initiated extraordinary collection actions (ECA), such as reporting to a credit agency, liens, or lawsuits, FRHS will not take any further ECA and will take all reasonable steps available to reverse any ECA already taken.

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### J. OPERATIONS

1. FRHS will designate a trained person or persons who will be responsible for taking Financial Assistance Applications. These staff can be Financial Counselors, Self-Pay Collection Specialists, or other designated trained staff.

- 2. Every effort will be made to determine eligibility prior to date of service. Where possible, designated staff will consult via phone or meet with patients who request financial assistance to determine if they meet preliminary criteria for assistance.
  - a. Staff will complete an eligibility check with the applicable state Medicaid program to determine whether patients have current coverage or may be eligible for coverage.
    - i. To facilitate this process each applicant must provide information about family size and income (as defined by Medicaid regulations).
  - b. FRHS will provide patients with the Maryland State Uniform Financial Assistance Application and a checklist of what paperwork is required for a final determination of eligibility.
    - i. In addition to a completed Maryland State Uniform Financial Assistance Application, patients may be required to submit:
      - (a) A copy of their most recent Federal Income Tax Return (if married and filing separately, then also a copy of spouse's tax return and a copy of any other person's tax return whose income is considered part of the family income);
      - (b) Proof of disability income (if applicable);
      - (c) A copy of their most recent pay stubs (if employed), other evidence of income of any other person whose income is considered part of the family income or documentation of how they are paying for living expenses;
      - (d) Proof of social security income (if applicable);
      - (e) A Medical Assistance Notice of Determination (if applicable);
      - (f) Reasonable proof of other declared expenses; and
      - (g) If unemployed, reasonable proof of unemployment such as statement from the Office of Unemployment Insurance, a statement from current source of financial support, etc.
- 3. If a patient has not submitted a completed Financial Assistance application or any required supporting documentation within 30 days after a formal request, a letter will be sent reminding the patient that financial assistance is available and informing the patient of the collection actions that will be taken if no documentation is received.

Policy #:

# Frederick Regional Health System POLICIES AND PROCEDURES

TITLE: Financial Assistance

Chapter: Finance/Revenue Cycle Effective Date: 7/01/07

Responsible Person: Carlos Mendoza

Reviewed Date: 1/01/11, 1/1/13, 5/16/2018

Revised Date: 1/01/11, 1/20/13, 05/17/2018

a. A deadline for submission, prior to initiation of collection actions, will be included in the letter. Such deadline will be no earlier than 30 days after the date the reminder letter is provided.

- b. No extraordinary collection actions, such as reporting to a credit agency, liens, or lawsuits, will be taken prior to 120 days after the first post-discharge billing statement (approximately 4 months).
- c. If documentation is received after collection actions have been initiated, but within the 240 day after patient receipt of the first post discharge billing statement, FRHS shall cease all collection actions and determine whether the patient is eligible for financial assistance.
- 4. A Plain Language Summary of this policy shall be included with the letter and FRHS staff must make a reasonable effort to orally notify the individual of FMH's financial assistance program.
- 5. Once a patient has submitted all the required information, appropriate personnel will review and analyze the application and forward it to the Patient Financial Services Department for final determination of eligibility based on FRHS guidelines.
  - a. If the patient's application for Financial Assistance is determined to be complete and appropriate, appropriate personnel will recommend the patient's level of eligibility.
  - b. For complete applications, the patient will receive a letter notifying them of approval/denial within 30 days of submitting the completed applications.
  - c. If an application is determined to be incomplete, the patient will be contacted regarding any additional required documentation or information
    - i. If a patient is determined to be ineligible prior to receiving services, all efforts to collect co-pays, deductibles or a percentage of the expected balance for the service will be made prior to the date of service or may be scheduled for collection on the date of service.
    - ii. If a patient is determined to be ineligible after receiving services, a payment arrangement will be obtained, subject to FRHS' approval, on any balance due by the patient.
- 6. Except as noted below, once a patient is approved for financial assistance, such financial assistance shall be effective as of the date treatment is received and the following six (6) calendar months.
  - a. For those who qualify for reduced-cost care due to financial hardship, such qualification will apply for a twelve (12) month period.
  - b. Presumptive Financial Assistance cases which will apply to the date of service only

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# Frederick Regional Health System POLICIES AND PROCEDURES

TITLE: Financial Assistance

Chapter: Finance/Revenue Cycle Effective Date: 7/01/07

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c. If additional healthcare services are provided beyond the approval period, patients must reapply to continue to receive financial assistance.

- 7. The following may result in the reconsideration of Financial Assistance approval:
  - a. Post approval discovery of an ability to pay; and
  - b. Changes to the patient's income, assets, expenses or family status which are expected to be communicated to FRHS.
- 8. FRHS will track patients' qualification for financial assistance or financial hardship. However, it is ultimately the responsibility of the patient to inform FRHS of their eligibility status at the time of registration or upon receiving a statement.

#### 8. CREDIT & COLLECTIONS POLICY

- a. FRHS maintains a separate Credit & Collections Policy that outlines what actions FRHS may take in the event a patient fails to meet their financial responsibility.
- b. A copy of the Credit & Collections policy may be obtained by requesting a copy from FRHS staff or by visiting FRHS website.
- c. FRHS maintains a list of all non-FRHS providers who may care for patients while at FRHS. Non-FRHS providers bill separately for their services and not all participate in FRHS' Financial Assistance Program.
- d. A copy of this list may be obtained by requesting a copy from FRHS staff or by visiting FRHS' website at <a href="https://www.fmh.org/Find-a-Doctor.aspx">https://www.fmh.org/Find-a-Doctor.aspx</a>.

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# How to Apply

#### You can:

- Call 240-566-4602 and ask one of our Financial Counselors to mail the application to you.
- Pick up a copy of the application at Frederick Memorial Hospital's main campus, any Frederick Regional Health System offsite campus, or any Monocacy Health Partners Practice.
- If you have a computer and the internet, you can go to fmh.org/About/Billing/Financial-Assistance and download the application.

#### Non-Discrimination Notice

FRHS offers its services, benefits, facilities and care to all individuals and does not deny, exclude or discriminate against any person because of their race, ethnicity, religion, color, national origin, ancestry, alienage, language, age, gender, sexual orientation, gender identity or expression, familial status, disability, or other protected characteristic under the law.

**Attention:** The Financial Assistance Policy, Application and Plain Language Summary are available in English and Spanish at **fmh.org/billing.** If you have limited English ability or need Sign Language, language assistance services are available to you free of charge. Call 1-240-566-4370 (TTY: 1-240-566-3592).

**Atención:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 240-566-4370.

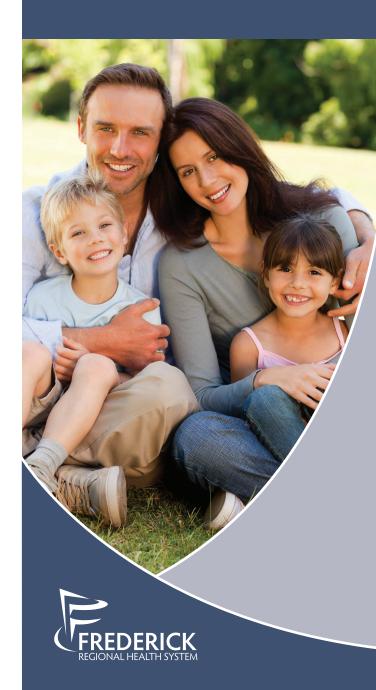
**Attention**: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 240-566-4370.



400 West Seventh Street Frederick, Maryland 21701

fmh.org

# Financial Assistance Policy Plain Language Summary



Frederick Regional Health System wants to make sure every patient has access to medically necessary care, even if they are not able to pay. If you are unable to pay, you may qualify for free or reduced cost of medically necessary care, even if you do have some insurance coverage. To learn more or find out if you qualify, you can ask to meet with a Financial Counselor prior to or after you receive your care. If you have questions, you can call one of our Financial Counselors at 240-566-4602.

# Who Can Apply?

Individuals eligible for reduced-cost care under this policy will not be charged more than the hospital's standard charges or amount generally billed (AGB), as set by Maryland's Health Services Cost Review Commission (HSCRC). Only providers employed by Frederick Regional Health System are covered under this policy. A list of our employed health care service providers is available at fmh.org/Find-a-Doctor.

If you are a patient or the person paying the medical bill, you may be able to get help with your bill if you:

- Do not have health insurance.
- Do not qualify for Medicare, Medicaid, or another state or county funded health care program.
- Have a family income less than 400% of the current Federal Poverty Level (*See FPL table below*).

If you **do** have health insurance, including Medicare, you may still be able to get help paying your bill if you:

- Are unable to pay the part of your bill that your insurance won't cover.
- Have a family income less than 400% of the current Federal Poverty Level (*See FPL table below*).

You may be presumptively eligible for free care if you:

- Have active Medical Assistance pharmacy coverage
- Have qualified Medicare Beneficiary coverage
- Are homeless
- Are a Maryland Public Health System Emergency Petition patient
- Participate in the Women, Infants and Children or "WIC" program
- Use food stamps
- Use other state or local assistance programs
- Were able to get help as part of the older State Only Medical Assistance Program

## Medical Hardship

If you don't qualify for traditional financial assistance, you may be able to use our Medical Hardship Program. Please call one of our Financial Counselors at 240-566-4602.

You can view our complete Financial Assistance Policy, as well as our Self-Pay Collection Policy online at fmh.org/About/Billing/Financial-Assistance.

Family Size	2018 FPL	200% FPL	250% FPL	300% FPL	350% FPL	400% FPL
1	\$ 12,060	\$ 24.280	\$ 30,350	\$ 36,420	\$ 42,490	\$ 48,560
2	\$ 16,460	\$ 32,920	\$ 41,150	\$ 49,380	\$ 57,610	\$ 65,840
3	\$ 20,780	\$ 41,560	\$ 51,950	\$ 62,340	\$ 72,730	\$ 83,120
4	\$ 25,100	\$ 50,200	\$ 62,750	\$ 75,300	\$ 87,850	\$ 100,400
5	\$ 29,420	\$ 58,840	\$ 73,550	\$ 88,260	\$ 102,970	\$ 117,680
% of Fina Available	ncial Assistance to You	100%	80%	60%	40%	20%

# **PART THREE: AMENDMENTS**

# Q48. Section II - CHNA Part 2 - Participants

Q51. Please use the table below to tell us about the external participants involved in your most recent CHNA.

357. Please use the table below to tell us about the		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,							
				CI	HNA Activities					Click to write Column 2
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other Hospitals Please list the hospitals here:	•									
	N/A - Person or Organization was not involved	Member of CHNA Committee	Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Department Please list the Local Health Departments here: Frederick County Health Department		•	•		•		•	•		
	N/A - Person or Organization was not involved	Member of CHNA Committee	Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Improvement Coalition Please list the LHICs here: Frederick County Healthcare Coalition			•		<b>✓</b>	•	•			
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Health	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Human Resources	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Natural Resources	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of the Environment	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

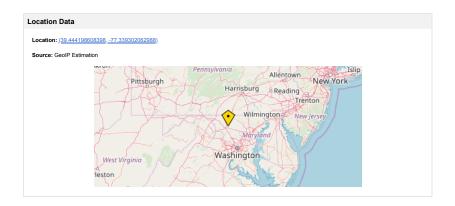
Maryland Department of Transportation	•									
	N/A - Person or Organization was not involved	Member of CHNA Committee	Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Education	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Area Agency on Aging Please list the agencies here: Frederick County Area on Aging						•				
	N/A - Person or Organization was not involved	Member of CHNA Committee	Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Govt. Organizations Please list the organizations here: Frederick County Community Action Agency						•				
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Faith-Based Organizations						•				
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - K-12 Please list the schools here:	•									
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Colleges and/or Universities Please list the schools here: George Washington University					•					
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School of Public Health Please list the schools here:	•									
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Medical School Please list the schools here:	•									
	N/A - Person or Organization was not involved	Member of	int he development	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Nursing School Please list the schools here: Hood College						•				

	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Dental School Please list the schools here: University of Maryland							•			
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Pharmacy School Please list the schools here:	•									
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Behavioral Health Organizations Please list the organizations here: Way Station, Mental Health Association, Behavioral Health Partners						•				
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Service Organizations Please list the organizations here: United Way, Federated Charities						•				
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Post-Acute Care Facilities please list the facilities here:	•									
	N/A - Person or Organization was not involved	Member of CHNA Committee	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community/Neighborhood Organizations Please list the organizations here: Asian-American Center, East Frederick Rising						•	•			
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Consumer/Public Advocacy Organizations Please list the organizations here: The Coordinating Center, Frederick Chamber of Commerce						•				
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other If any other people or organizations were involved, please list them here: The Community Foundation, Amada Senior Care, National Cancer Institute/Leidos						•				
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

	Activities								Click to write Column 2		
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Other Hospitals Please list the hospitals here:	•										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Local Health Department Please list the Local Health Departments here: Frederick County Health Department							•	•			
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Local Health Improvement Coalition Please list the LHICs here: Frederick County Healthcare Coalition		•						•			
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of Health	•										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of Human Resources	•										
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of Natural Resources	•										
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of the Environment	•										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of Transportation	•										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Maryland Department of Education	•										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
Area Agency on Aging Please list the agencies here:   Frederick County											
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	

Local Govt. Organizations Please list the organizations here: City of Frederick Community Action Agency							•			
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Faith-Based Organizations										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - K-12 Please list the schools here: Frederick County Public Schools							•			
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Colleges and/or Universities Please list the schools here: Frederick Community College, Hood College							•			
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School of Public Health Please list the schools here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Medical School Please list the schools here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Nursing School Please list the schools here: Hood College							•			
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Dental School Please list the schools here: University of Maryland										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Pharmacy School Please list the schools here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Behavioral Health Organizations Please list the organizations here: Way Station, Mental Health Association, Behavioral Health Partners							•			
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Service Organizations Please list the organizations here:	•									
	N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

Post-Acute Care Facilities please list the facilities here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community/Neighborhood Organizations Please list the organizations here: Asian American Center, Centro Hispana							•	•		
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Consumer/Public Advocacy Organizations Please list the organizations here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other If any other people or organizations were involved. please list them here:	•									
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:



#### Question

Regarding Initiative 1, for the question "Enter the number of people in the population that this initiative targets," please provide a number for the size of the target population, if possible.

#### Answer

The total population targeted for this initiative is taken from the 2106 Maryland BRFSS. At that time 21,246 adults reported 8-30 days their mental health wasn't good in the last 30 days, or 11.% of adults.

## Question

Also in Initiative 1, please clarify what characteristics qualify a person as a target of this initiative. Did you intend to target those who seek mental health or substance use care at your hospital?

#### **Answer**

The characteristics of the target population are based on those that sought mental health or substance abuse at Frederick Memorial Hospital. No other community data was available to define the characteristics of this population.

#### Question

Based on your answer as to the outcome of Initiative 1, did you intend to select "Effects of healthcare utilization or cost" in the evidence of success question?

#### Answer

Yes- was not selected in error

#### Question

In Initiative 3, and in the section describing which CHNA needs were not addressed by any initiative of your hospital, you selected one need that was not selected in the CHNA description section. Did you intend to select "HIV" as having been identified in your most recent CHNA?

#### **Answer**

Yes- This was another selection error.