The MARYLAND HEALTH SERVICES COST REVIEW COMMISSION

# MedStar Good Samaritan Hospital

FY 2018 Community Benefit Narrative Report

PART ONE: ORIGINAL NARRATIVE SUBMISSION

#### Q1. Introduction:

#### COMMUNITY BENEFIT NARRATIVE REPORTING INSTRUCTIONS

The Maryland Health Services Cost Review Commission's (HSCRC's or Commission's) Community Benefit Report, required under §19-303 of the Health General Article, Maryland Annotated Code, is the Commission's method of implementing a law that addresses the growing interest in understanding the types and scope of community benefit activities conducted by Maryland's nonprofit hospitals.

The Commission developed a two-part community benefit reporting system that includes an inventory spreadsheet that collects financial and quantitative information and a narrative report to strengthen and supplement the inventory spreadsheet. The guidelines and inventory spreadsheet were guided, in part, by the VHA, CHA, and others' community benefit reporting experience, and was then tailored to fit Maryland's unique regulatory environment. This reporting tool serves as the narrative report. The instructions and process for completing the inventory spreadsheet remain the same as in prior years. The narrative is focused on (1) the general demographics of the hospital community, (2) how hospitals determined the needs of the communities they serve, (3) hospital community benefit administration, and (4) community benefit external collaboration to develop and implement community benefit atives.

The Commission moved to an online reporting format beginning with the FY 2018 reports. In this new template, responses are now mandatory unless marked as optional. If you submit a report without responding to each question, your report may be rejected. You would then be required to fill in the missing answers before resubmitting. Questions that require a narrative response have a limit of 20,000 characters. This report need not be completed in one session and can be opened by multiple users.

For technical assistance, contact HCBHelp@hilltop.umbc.edu.

#### Q2. Section I - General Info Part 1 - Hospital Identification

Q3. Please confirm the information we have on file about your hospital for FY 2018.

	Is this information	tion correct?	
	Yes	No	If no, please provide the correct information here:
The proper name of your hospital is: MedStar Good Samaritan Hospital	O	0	
Your hospital's ID is: 210056	©	O	
Your hospital is part of the hospital system called MedStar Health.	O	O	
Your hospital was licensed for 137 beds during FY 2018.	C	0	
Your hospital's primary service area includes the following zip codes: 21206, 21214, 21234, 21239	0	o	ADD: 21212
Your hospital shares some or all of its primary service area with the following hospitals: Greater Baltimore Medical Center, MedStar Union Memorial Hospital, Mercy Medical Center, UM St. Joseph Medical Center	o	c	ADD: MedStar Franklin Square Medical Center, University of Maryland Medical Center, Johns Hopkins Hospital, Johns Hopkins Bayview, University of Maryland - Midtown, University of Maryland Rehabilitation and Orthopedic Institute, REMOVE: UM St. Joseph Medical Center

Q4. The next two questions ask about the area where your hospital directs its community benefit efforts, called the Community Benefit Service Area. You may find these community health statistics useful in preparing your responses.

Q5. (Optional) Please describe any other community health statistics that your hospital uses in its community benefit efforts.

Q6. (Optional) Please attach any files containing community health statistics that your hospital uses in its community benefit efforts.

Q7. Section I - General Info Part 2 - Community Benefit Service Area

Q8. Please select the county or counties located in your hospital's CBSA.

 Allegany County
 Charles County
 Prince George's County

 Anne Arundel County
 Dorchester County
 Queen Anne's County

 Baltimore City
 Frederick County
 Somerset County

 Baltimore County
 Garrett County
 St. Mary's County

 Calvert County
 Harford County
 Talbot County

Caroline County

Howard County

Washington County

(2), Please check all Allegary County ZIP codes located in your hospital's CBSA.

This gas show was not stightput to the responsibility

Q10. Please check all Anne Annolei County ZIP codes located in your hospita's CBSA.

This parallel was not significant to the respectivel.

Q11. Please check all Baltimore City ZIP codes located in your hospital's CBSA.

21201	21212	21222	21231
21202	21213	21223	21233
21205	21214	21224	21234
21206	21215	21225	21236
21207	21216	21226	21237
21208	21217	21227	21239
21209	21218	21229	21240
21210	21219	21230	21287
21211			

Q12, Please check all Baltimore County ZIP codes localed in your hospital's CBSA.

This evention was not iterationed to the respondent.

Q12. Please check all Calvert County ZIP codes located in your hospital's CBSA.

This question was not stightput to the respondent.

Q14. Please check all Caroline County ZIP codes located in your hospita's CBSA.

Philippentian area out stightput to the responsivel.

Q15. Please check all Carroll County ZIP codes located in your hospital's OBSA.

This paratice was not implayed to the responsivel.

Q16, Please check all Cecil County ZIP codes located in your haspita's CBSA.

This paratice was not any tay to be respondent.

Q17, Please check all Charles County ZIP codes located in your hospital's CBSA.

This parallel was not displayed to the respectivel.

Q10. Please check all Dorchester County ZIP codes located in your hospital's CBSA.

Philippe Allow areas and altigate profile. The responsibility

Q12. Please check all Prederick County ZIP codes located in your hospital's CBSA.

Philippentian area out stightput to the responsivel.

Q23. Please check all Geneti County ZIP codes located in your hospital's CBSA.

This partition area not any signaport to the responsivel.

(321, Please check all Hartord County ZIP codes located in your hospita's CBSA.

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Q22. Please check all Howard County ZIP codes located in your hospital's CBSA.

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(322. Please check all Kent County ZIP codes located in your hospital's CBSA.

Pine question and anglayed in the respondent.

Q24. Please check all Montgomery County ZIP codes located in your hospita's CBSA.

This que stion avec not single part to the respondent.

(225) Please check all Prince George's County ZIP codes located in your hospita's CBSA.

This guardies was not stightput to be respondent.

(325) Please check all Queen Anne's County ZIP codes located in your hospital's CBSA.

This question was not stightput to the responsibilit

Q27. Please check all Somerset County ZIP codes located in your hospital's CBSA.

This paratice was not digitapent to the respondent:

Q26. Please check all St. Mary's County ZIP codes located in your hospital's CBSA.

This quantities was not stightput to the responsibilit

(22). Please check all Talbot County ZIP codes located in your hospita's CBSA.

This paratice was not stightput to the responsivel.

(22). Please check all Washington County ZIP codes located in your hospital's CBSA.

This guestion was not displayed to the respondent.

(221) Please check all Wearrice County ZIP codes located in your hospital's CBSA.

This question was not anytayed to the respondent.

Q22. Please check all Worcester County 21P codes located in your hospita's CBSA.

This parafice was not signaport to the respondent.

#### Q33. How did your hospital identify its CBSA?

#### Based on ZIP codes in your Financial Assistance Policy. Please describe.



Based on ZIP codes in your global budget revenue agreement. Please describe.



Based on patterns of utilization. Please describe.

#### Other. Please describe.

This geographic area was selected because of its close proximity to the hospital, coupled with a high density of lowincome residents.

Q34. (Optional) Is there any other information about your hospital's Community Benefit Service Area that you would like to provide?

#### Q35. Section I - General Info Part 3 - Other Hospital Info

Q36. Provide a link to your hospital's mission statement.

https://www.medstargoodsam.org/our-hospital/mission-vision-and-values/

Q37. Is your hospital an academic medical center?

C Yes 💽 No

Q38. (Optional) Is there any other information about your hospital that you would like to provide?

Q39. (Optional) Please upload any supplemental information that you would like to provide.

Q40. Section II - CHNA Part 1 - Timing & Format

Q41. Within the past three fiscal years, has your hospital conducted a CHNA that conforms to IRS requirements?

Yes 🖸 No

Q-Q2. Please explain why your hospital has not conducted a GHWA that conforms to IPS requirements, as well as your hospital's plan and timetrame for completing a GHWA.

Philippentian area out stightput to the respondent.

Q43. When was your hospital's first-ever CHNA completed? (MM/DD/YYYY)

06/30/2012

Q44. When was your hospital's most recent CHNA completed? (MM/DD/YYYY)

06/30/2015

Q45. Please provide a link to your hospital's most recently completed CHNA.

https://ct1.medstarhealth.org/content/uploads/sites/16/2014/08/MedStar\_CHNA\_2015\_FINAL.pdf?\_ga=2.251938442.26813037.1536606901-1796353672.1533307759

Q46. Did you make your CHNA available in other formats, languages, or media?

Yes 🔿 No

Q47. Please describe the other formats in which you made your CHNA available.

The CHNA is available online and in print format.

#### Q48. Section II - CHNA Part 2 - Participants

					CHNA Ad	tivities					
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	Advised on CHNA best practices	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/Population Health Director (facility level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/ Population Health Director (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (facility level)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (system level)											
	N/A - Person or Organization was not Involved	Position or	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (facility level)											
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	development	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (system level)											
	N/A - Person or Organization was not Involved			Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (facility level)											
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (facility level)											

	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (system level)								Participated			
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (facility level)											
	N/A - Person or Organization was not Involved			Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (system level)											
	N/A - Person or Organization was not Involved		Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Physician(s)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Nurse(s)											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Workers											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee		on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit Task Force											
	N/A - Person or Organization was not Involved	Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Hospital Advisory Board											
	N/A - Person or Organization was not Involved	Position or Department	Member of CHNA Committee	Participated in development of CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other (specify)											

	N/A - Person or Organization was not Involved			development of CHNA	on	Participated in primary data collection	Participated in identifying priority health needs		Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:	
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#### Q50. Section II - CHNA Part 2 - Participants (continued)

Q51. Please use the table below to tell us about the external participants involved in your most recent CHNA.

				CH	INA Activities	5				Click to write Column 2
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other Hospitals Please list the hospitals here:										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	identifying	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Department Please list the Local Health Departments here:										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	identifying	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Improvement Coalition Please list the LHICs here: Harbel Community Organization, Healthy Communities Initiative										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	identifying	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Health										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Human Resources										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Natural Resources										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	identifying	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of the Environment										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

Maryland Department of Transportation										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Education										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Area Agency on Aging Please list the agencies here:										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Govt. Organizations Please list the organizations here:										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Faith-Based Organizations										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - K-12 Please list the schools here:										
	N/A - Person or Organization was not involved		Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Colleges and/or Universities Please list the schools here: Morgan State University										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School of Public Health Please list the schools here:										
	N/A - Person or Organization was not involved	Member of CHNA		on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Medical School Please list the schools here:										
	N/A - Person or Organization was not involved	Member of CHNA	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data		Other - If you selected "Other (explain)," please type your explanation below:
School - Nursing School Please list the schools here:										

	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Dental School Please list the schools here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Pharmacy School Please list the schools here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Behavioral Health Organizations Please list the organizations here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Service Organizations Please list the organizations here: Gedco									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Post-Acute Care Facilities please list the facilities here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary health data	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community/Neighborhood Organizations Please list the organizations here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs	Provided secondary	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Consumer/Public Advocacy Organizations – Please list the organizations here:									
Other If any other people or	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
organizations were involved, please list them here:									
	N/A - Person or Organization was not involved	Participated int he development of the CHNA process	on CHNA	Participated in primary data collection	Participated in identifying priority health needs	Participated in identifying community resources to meet health needs		Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

Q52. Section II - CHNA Part 3 - Follow-up

Q53. Has your hospital adopted an implementation strategy following its most recent CHNA, as required by the IRS?

Q54. Please enter the date on which the implementation strategy was approved by your hospital's governing body.

#### 03/3/2015

Q55. Please provide a link to your hospital's CHNA implementation strategy.

#### https://ct1.medstarhealth.org/content/uploads/sites/16/2014/08/MedStar\_CHNA\_2015\_FINAL.pdf?\_ga=2.251938442.26813037.1536606901-1796353672.1533307759

(25). Please explain why your hospital has not adapted an implementation strategy. Please include whether the hospital has a plan and/or a limetrame for an implementation strategy.

This parallel are not signifyed in the respondent.

Q57. Please select the health needs identified in your most recent CHNA. Select all that apply even if a need was not addressed by a reported initiative.

Access to Health Services: Health Insurance	Family Planning	Older Adults
Access to Health Services: Practicing PCPs	Food Safety	Oral Health
Access to Health Services: Regular PCP Visits	Genomics	Physical Activity
Access to Health Services: ED Wait Times	Global Health	Preparedness
Adolescent Health	Health Communication and Health Information Technology	Respiratory Diseases
Arthritis, Osteoporosis, and Chronic Back Conditions	Health-Related Quality of Life & Well-Being	Sexually Transmitted Diseases
Blood Disorders and Blood Safety	Hearing and Other Sensory or Communication Disorders	Sleep Health
Cancer	Heart Disease and Stroke	Social Determinants of Health
Chronic Kidney Disease	<b>□</b> HIV	Substance Abuse
Chronic Kidney Disease	HIV	Substance Abuse
Community Unity	Immunization and Infectious Diseases	Telehealth
Community Unity Dementias, Including Alzheimer's Disease	Immunization and Infectious Diseases	Telehealth
Community Unity Dementias, Including Alzheimer's Disease	Immunization and Infectious Diseases Injury Prevention Lesbian, Gay, Bisexual, and Transgender Health	Telehealth ✓Tobacco Use ✓Violence Prevention
Community Unity Dementias, Including Alzheimer's Disease Disability and Health	Immunization and Infectious Diseases Injury Prevention Lesbian, Gay, Bisexual, and Transgender Health Matemal & Infant Health	Telehealth  ✓Tobacco Use  Violence Prevention  Vision

Q58. Please describe how the needs and priorities identified in your most recent CHNA compare with those identified in your previous CHNA.

The priorities identified in the 2012 and 2015 CHNA's were very similar in that chronic disease (cardiovascular disease, diabetes, cancer, obesity) scored high among the findings from extensive data analyses and community input.

Q59. (Optional) Please use the box below to provide any other information about your CHNA that you wish to share.

This report includes programs and initiatives that were part of the 2015 MedStar Health CHNA, published on 6/30/2015. MedStar Health's most recent CHNA was published on 6/30/2018 along with corresponding implementation strategies. The 2018 MedStar Health CHNA will guide the direction of programs and initiatives over the FY 19 - FY 21 reporting cycle. As such, information from the 2018 CHNA is not included in this report. // The 2018 CHNA is available online: https://ct1.medstarhealth.org/content/uploads/sites/13/2014/08/MedStar\_CHNA\_Report\_2018-FINAL.pdf?\_ga=2.59330989.1231457320.1536246796-1973459496.1536246796.

Q60. (Optional) Please attach any files containing information regarding your CHNA that you wish to share.

#### Q61. Section III - CB Administration Part 1 - Participants

Q62. Please use the table below to tell us about how internal staff members were involved in your hospital's community benefit activities during the fiscal year.

				Activitie	s				
N/A - Persor or Organization was not Involved	N/A - Position or Department does not exist	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

CB/ Community Health/Population Health Director (facility level)											
	N/A - Person or Organization was not Involved	Position or	be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
CB/ Community Health/ Population Health Director (system level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (facility level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Senior Executives (CEO, CFO, VP, etc.) (system level)											
	N/A - Person or Organization was not Involved	Position or	that will be	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (facility level)											
	N/A - Person or Organization was not Involved	Position or	that will be	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Board of Directors or Board Committee (system level)											
	N/A - Person or Organization was not Involved	Position or	that will be	the initiatives that will be	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiativves		Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (facility level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Clinical Leadership (system level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (facility level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Population Health Staff (system level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit staff (facility level)											
	N/A - Person or Organization was not Involved	Position or	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

Community Benefit staff (system level)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Physician(s)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Nurse(s)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Workers											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community Benefit Task Force											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Hospital Advisory Board											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	Allocating budgets for individual initiativves	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other (specify)											
	N/A - Person or Organization was not Involved	N/A - Position or Department does not exist	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	funding for CB	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:

Q63. Section III - CB Administration Part 1 - Participants (continued)

Q64. Please use the table below to tell us about the external participants involved in your hospital's community benefit activities during the fiscal year.

				A	ctivities	Click to write Column 2				
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other Hospitals Please list the hospitals here: MedStar Union Memorial Hospital		V			V					
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Department Please list the Local Health Departments here: Baltimore City Health Department										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Health Improvement Coalition Please list the LHICs here:										

	N/A - Person	Selecting		Determining		Allocating		Evaluating		
	or Organization was not involved	health needs that will be targeted	the initiatives that will be supported	how to evaluate the impact of initiatives	Providing funding for CB activities		Delivering CB initiatives	the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Health										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Human Resources										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Natural Resources										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of the Environment										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Transportation										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Maryland Department of Education										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Area Agency on Aging Please list the agencies here:										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Local Govt. Organizations Please list the organizations here:										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Conter - If you selected "Other (explain)," please type your explanation below:
Faith-Based Organizations										Host programs and initiatives
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - K-12 Please list the schools here:										Host programs and initiatives
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Colleges and/or Universities Please list the schools here:										

	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School of Public Health Please list the schools here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Medical School Please list the schools here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Nursing School Please list the schools here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Dental School Please list the schools here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
School - Pharmacy School Please list the schools here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Behavioral Health Organizations Please list the organizations here:										
	N/A - Person or Organization was not involved	health needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	Allocating budgets for individual initiatives	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Social Service Organizations Please list the organizations here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Post-Acute Care Facilities please list the facilities here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Community/Neighborhood Organizations Please list the organizations here:										Host programs and initiatives
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Consumer/Public Advocacy Organizations Please list the organizations here:										
	N/A - Person or Organization was not involved	Selecting health needs that will be targeted	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	Delivering CB initiatives	Evaluating the outcome of CB initiatives	Other (explain)	Other - If you selected "Other (explain)," please type your explanation below:
Other If any other people or organizations were involved, please list them here:										

		N/A - Person or Organization was not involved	needs that will be	Selecting the initiatives that will be supported	Determining how to evaluate the impact of initiatives	Providing funding for CB activities	for	CB	Evaluating the outcome of CB initiatives	Other (explain)		Other - If you selected "Other (explain)," please type your explanation below:
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#### Q65. Section III - CB Administration Part 2 - Process & Governance

Q66. Does your hospital conduct an internal audit of the annual community benefit financial spreadsheet? Select all that apply.

Yes, by the hospital's staff
Yes, by the hospital system's staff
Yes, by a third-party auditor
No

Q67. Does your hospital conduct an internal audit of the community benefit narrative?

Yes

Q68. Please describe the community benefit narrative review process.

The internal review of the Community Benefit Report is performed by the Administrative Director, Population Health, the Financial Services Manager, and the CFO. The CFO provides oversight of the CBISA reporting function, auditing process and approval of Community Benefit funding. The CEO's signature is obtained through an attestation letter supporting their approval of the Community Benefit Report. The MedStar Health Corporate Office also conducts a review/audit of the hospital's Community Benefit Report annually.

Q69. Does the hospital's board review and approve the annual community benefit financial spreadsheet?

Yes

Q20. Please explain:

Philippenflow was not implayed to the respondent.

Q71. Does the hospital's board review and approve the annual community benefit narrative report?

Yes

Q72. Please explain:

This paratics are not stylepart to the respondent.

Q73. Does your hospital include community benefit planning and investments in its internal strategic plan?

Yes

Q74. Please describe how community benefit planning and investments are included in your hospital's internal strategic plan.

MedStar Health's vision is to be the trusted leader in caring for people and advancing health. As part of MedStar Health's fiscal 2018-2020 system strategic plan (which acts as the umbrella plan for all MedStar hospitals), community health and community benefit initiatives and tactics are organized under the Evolving Care Delivery Model domain, with recognition of health disparities and an aim to integrate community health initiatives into the interdisciplinary model of care.

Q75. (Optional) If available, please provide a link to your hospital's strategic plan.

Q76. (Optional) Is there any other information about your hospital's community benefit administration and external collaboration that you would like to provide?

Q78. Based on the implementation strategy developed through the CHNA process, please describe three ongoing, multi-year programs and initiatives undertaken by your hospital to address community health needs during the fiscal year.

Q79. Section IV - CB Initiatives Part 1 - Initiative 1

Q80. Name of initiative.

Living Well Chronic Disease Self-Management Program (CDSMP) and Diabetes Self-Management Program (DSMP)

Q81. Does this initiative address a need identified in your CHNA?

Yes

Q82. Select the CHNA need(s) that apply.

Access to Health Services: Health Insurance Heart Disease and Stroke Access to Health Services: Practicing PCPs THIV Access to Health Services: Regular PCP Visits Immunization and Infectious Diseases Access to Health Services: ED Wait Times Injury Prevention Adolescent Health Lesbian, Gay, Bisexual, and Transgender Health Arthritis, Osteoporosis, and Chronic Back Conditions Maternal and Infant Health Blood Disorders and Blood Safety Mental Health and Mental Disorders Nutrition and Weight Status Cancer Chronic Kidney Disease Older Adults Oral Health Community Unity Dementias, Including Alzheimer's Disease Physical Activity Diabetes Preparedness Disability and Health Respiratory Diseases Educational and Community-Based Programs Sexually Transmitted Diseases Emergency Preparedness Sleep Health Environmental Health Social Determinants of Health Family Planning Substance Abuse Food Safety Telehealth Genomics Tobacco Use Global Health Violence Prevention Health Communication and Health Information Technology Vision Health-Related Quality of Life and Well-Being Wound Care Other. Please specify. Hearing and Other Sensory or Communication Disorders

Q83. When did this initiative begin?

2007

Q84. Does this initiative have an anticipated end date?

⑦ The initiative will end on a specific end date. Please specify the date.

C The initiative will end when a community or population health measure reaches a target value. Please describe.

The initiative will end when a clinical measure in the hospital reaches a target value. Please describe.

		]
0	The initiative will end when external grant money to support t	he initiative runs out. Please explain



The initiative will end when a contract or agreement with a partner expires. Please explain.
 Partnering with The Living Well Center of Excellence at

Q85. Enter the number of people in the population that this initiative targets.

The number one cause of death in Baltimore City in 2017 was heart disease, which has an age-adjusted mortality rate of 24.4% (Deaths per 10,000). Additionally, age-adjusted mortality rate per 10,000 in Baltimore City for diabetes is 3%.

Q86. Describe the characteristics of the target population.

Participants for this initiative are those living with chronic disease, including stroke, diabetes, heart disease and COPD. Targets of this intervention of are those over the age of 45.

Q87. How many people did this initiative reach during the fiscal year?

11

Q88. What category(ies) of intervention best fits this initiative? Select all that apply.

Chronic condition-based intervention: treatment intervention

Chronic condition-based intervention: prevention intervention

Acute condition-based intervention: treatment intervention

Acute condition-based intervention: prevention intervention

- Condition-agnostic treatment intervention
- Social determinants of health intervention
- Community engagement intervention

Other. Please specify.

Chronic condition-based intervention: self-management intervention

Q89. Did you work with other individuals, groups, or organizations to deliver this initiative?

Yes. Please describe who was involved in this initiative.

This program is a seven week workshop delivered in
settings such as senior centers, libraries, and churches. In
FY18, MGSH partnered with Keswick Multi-Care Center and
Friendship Baptist Church to host this
program.

C No.

Q90. Please describe the primary objective of the initiative.

Seven week evidenced based workshop with the goal of helping participants become better managers of their chronic disease. Topics include nutrition, exercise, medications, managing emotions better communication, pain management, decision making and goal setting for better health.

This program is a seven week workshop delivered in settings such as senior centers, libraries and churches. One 2 ½ hour session is presented each week and is led by two trained facilitators. Sessions are highly participatory, which fosters an environment of mutual support. Topics include nutrition, exercise, medications, managing emotions, better communication, pain management, decision making and goal setting for better health. The DSMP is modeled after the CDSMP, but addresses diabetes more specifically.

Q92. Based on what kind of evidence is the success or effectiveness of this initiative evaluated? Explain all that apply.

Count of participants/encounters Enrolled and							
completed							
Other process/impleme	ntation measures (e.g. number of items distributed)						
Surveys of participants	Confidence to manage disease, understanding of disease, motivation to care for health condition						
Biophysical health indic	Biophysical health indicators Weight loss, blood pressure						
Assessment of environr	nental change						
Impact on policy change							
Effects on healthcare utilization or cost							
Assessment of workforce development							
Other							

Q93. Please describe the outcome(s) of the initiative.

One CDSMP was conducted in partnership with Keswick Multi-Care Center in FY18; 6 participated and 4 completed at least 4 sessions; 3 participants reported weight lost; 1 reported high blood pressure. 4 participants reported more confidence to manage their disease; 4 reported better understanding of their disease; 4 reported more motivation to manage their health condition. One DSMP was conducted in partnership with Friendship Baptist Church; 5 total participants with 100% completion; 2 participants reported weight loss; 3 participants reported lower blood pressure; all 5 reported better understanding of disease, more motivation to manage health condition.

Q94. Please describe how the outcome(s) of the initiative addresses community health needs.

Data analyses and community surveys from the 2015 CHNA revealed the need for chronic disease management programs related to cardiovascular disease, diabetes, cancer and obesity. The Living Well Programs are evidenced-based and focus on empowering and motivating people with chronic disease to become better self managers. The participants that completed these programs reported they were more confident and motivated to manage their disease and also had a better understanding of their condition.

Q95. What was the total cost to the hospital of this initiative in FY 2018? Please list hospital funds and grant funds separately.

CDSMP Cost: \$201 (Books and facilitators fee was paid by Keswick) / DSMP Cost: \$901 (Facilitator Stipend and books)

Q96. (Optional) Supplemental information for this initiative.

Q97. Section IV - CB Initiatives Part 2 - Initiative 2

Q98. Name of initiative.

Life Balance and Weight Management Program (National Diabetes Prevention Program)

Q99. Does this initiative address a need identified in your CHNA?

Yes
 No

Q100. Select the CHNA need(s) that apply.

Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	HIV
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: ED Wait Times	Injury Prevention
Adolescent Health	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Vutrition and Weight Status
Chronic Kidney Disease	Older Adults
Community Unity	Oral Health

Dementias, Including Alzheimer's Disease	Physical Activity
<b>✓</b> Diabetes	Preparedness
Disability and Health	Respiratory Diseases
Educational and Community-Based Programs	Sexually Transmitted Diseases
Emergency Preparedness	Sleep Health
Environmental Health	Social Determinants of Health
Family Planning	Substance Abuse
Food Safety	Telehealth
Genomics	Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
Hearing and Other Sensory or Communication Disorders	Other. Please specify.

Q101. When did this initiative begin?

2015

Q102. Does this initiative have an anticipated end date?

The initiative will end on a specific end date. Please specify the date.

C The initiative will end when a community or population health measure reaches a target value. Please describe.



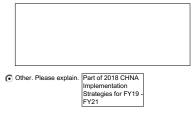
C The initiative will end when a clinical measure in the hospital reaches a target value. Please describe.



C The initiative will end when external grant money to support the initiative runs out. Please explain.



C The initiative will end when a contract or agreement with a partner expires. Please explain.



Q103. Enter the number of people in the population that this initiative targets.

Obesity is a key risk factor for diabetes. As of 2016, the adult obesity rate in Maryland is 29.7% while in the rate in Baltimore City is 33.34%.

Q104. Describe the characteristics of the target population.

The characteristics of the target population are those that are at-risk for diabetes. These individuals are on the cusp of making lifestyle changes and continuing them over time to prevent type-2 diabetes. This initiative targets adults, typically over the age 45. Race and ethnicity also affect the risk of diabetes. African Americans, Hispanic/Latino Americans, American Indians, Pacific Islanders, and some Asian Americans are at particularly high risk for type-2 diabetes. These populations combined account for over 65% of Baltimore City residents.

Q105. How many people did this initiative reach during the fiscal year?

#### 48

Q106. What category(ies) of intervention best fits this initiative? Select all that apply.

Chronic condition-based intervention: treatment intervention
Chronic condition-based intervention: prevention intervention

Acute condition-based intervention: treatment intervention

Acute condition-based intervention: prevention intervention

Condition-agnostic treatment intervention Г

Social determinants of health intervention

- Г
- Community engagement intervention

Other. Please specify.

Q107. Did you work with other individuals, groups, or organizations to deliver this initiative?

Yes. Please describe who was involved in this initiative. Maryland DHMH Prevention and Health Promotion Administration serves as a key partner to administer the program, as well as marketing it to participants.

C No.

Q108. Please describe the primary objective of the initiative.

This CDC recognized, lifestyle change program is designed for people who have pre-diabetes or are at risk for type-2 diabetes. A trained lifestyle coach leads the program to help individuals change certain aspects of their lifestyle, like eating healthier, reducing stress, and getting more physical activity. The program also includes group support from others who share the same goals and struggles. This is a year long program focused on long-term changes and lasting results. The ultimate goals of the program are to lose 5-7% of body weight and complete a minimum of 150 minutes of exercise per week

Q109. Please describe how the initiative is delivered

This is a year-long program that meets weekly or bi-weekly during months 1-6. During months 7-12 the classes meet every 3-4 weeks. Classes are one hour in length and cover topics related to healthy eating, exercise, stress management, staying motivated, setting goals, overcoming barriers and staying on track on track with the program. Weekly handouts with specific topics are provided to participants. Group support and participant discussion is encouraged by a trained life style coach who facilitates the classes. Classes are held in hospitals and various community locations

Q110. Based on what kind of evidence is the success or effectiveness of this initiative evaluated? Explain all that apply

Count of participants/encounters Enrolled and completed Other process/implementation measures (e.g. number of items distributed) Surveys of participants Biophysical health indicators Weight loss, exercise per week Assessment of environmental change Impact on policy change Г Effects on healthcare utilization or cost Г Assessment of workforce development Other

Q111. Please describe the outcome(s) of the initiative.

Two cohorts were held at MedStar Good Samaritan Hospital in FY18. Total of 48 enrolled with 26 completing the program. 12 participants had more than 7% total body weight loss while 23 reported at least 150 minutes of exercise per week. 5 reported reversing above normal A1c levels back to normal levels

Q112. Please describe how the outcome(s) of the initiative addresses community health needs.

From 2008, the average prevalence of diagnosed diabetes among white Marylanders was 7.5% and 12.3% among black Marylanders. Black females (12.5%) had almost double the diabetic rates of white females (6.8%). Although diabetes is widely associated with older age, the older working age population (50-64) represents the fastest growing diabetic group in Maryland. Additionally, 15.4% of diabetic Marylanders have less than a high school education and 17.1% of diabetic Marylanders eam less than \$15,000 annually (Healthy Maryland – Project 2020). The original Diabetes Prevention Program was a research study funded by the National Institutes of Health and supported by the Centers for Diasese Control and Prevention. The results showed that making certain lifestyle changes and continuing them over time can prevent type-2 diabetes in people who are at risk - 46% of participants that completed the programs had more than 7% weight loss; 88% of participants that complete reported at least 150 minutes of exercise per week; 19% of participants that completed reported reversing above normal A1c levels to normal levels.

Q113. What was the total cost to the hospital of this initiative in FY 2018? Please list hospital funds and grant funds separately

\$7.663

Q114. (Optional) Supplemental information for this initiative.

#### Q115. Section IV - CB Initiatives Part 3 - Initiative 3

Q116. Name of initiative.

Blood Pressure Screening

Q117. Does this initiative address a need identified in your CHNA?

Yes
 No

Q118. Select the CHNA need(s) that apply.

Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	HIV
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: ED Wait Times	Injury Prevention
Adolescent Health	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Nutrition and Weight Status
Chronic Kidney Disease	Older Adults
Community Unity	Oral Health
Dementias, Including Alzheimer's Disease	Physical Activity
Diabetes	Preparedness
Disability and Health	Respiratory Diseases
Educational and Community-Based Programs	Sexually Transmitted Diseases
Emergency Preparedness	Sleep Health
Environmental Health	Social Determinants of Health
Family Planning	Substance Abuse
Food Safety	Telehealth
Genomics	Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
Hearing and Other Sensory or Communication Disorders	Other. Please specify.

Q119. When did this initiative begin?

2001

Q120. Does this initiative have an anticipated end date?

The initiative will end on a specific end date. Please specify the date.

C The initiative will end when a community or population health measure reaches a target value. Please describe.

C The initiative will end when a clinical measure in the hospital reaches a target value. Please describe.

C The initiative will end when external grant money to support the initiative runs out. Please explain.



C The initiative will end when a contract or agreement with a partner expires. Please explain.

Other. Please explain.	Part of ongoing parish nursing program.	]	

Q121. Enter the number of people in the population that this initiative targets.

Baltimore City's emergency department visit rate due to hypertension is 615/100,000 persons compared to Maryland's rates of 265/100,000. Additionally, the number one cause of death in Baltimore City is heart disease with an age-adjusted mortality at 24.4% (per 10,000).

Q122. Describe the characteristics of the target population.

Targets those at-risk for chronic health conditions, typically in community settings ages 45+.

Q123. How many people did this initiative reach during the fiscal year?

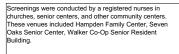
250

Q124. What category(ies) of intervention best fits this initiative? Select all that apply.

Chronic condition-based intervention: treatment intervention
Chronic condition-based intervention: prevention intervention
Acute condition-based intervention: treatment intervention
Condition-agnostic treatment intervention
Social determinants of health intervention
Community engagement intervention
Other. Please specify.

Q125. Did you work with other individuals, groups, or organizations to deliver this initiative?

#### Yes. Please describe who was involved in this initiative.



O No.

 $\ensuremath{\mathsf{Q126}}$  . Please describe the primary objective of the initiative.

To identify hypertension within the community and give appropriate educational information and referrals to healthcare providers, if needed. To refer people with diagnosed hypertension to their physician for follow up if screening is elevated.

Q127. Please describe how the initiative is delivered.

Screenings were conducted by a registered nurses in churches, senior centers and other community centers. These venues included Hampden Family Center, Seven Oaks Senior Center, Walker Co-Op Senior Resident Building.

Q128. Based on what kind of evidence is the success or effectiveness of this initiative evaluated? Explain all that apply.

Count of participants/encounters Number of screening conducte	IS
Other process/implementation measures (e	g. number of items distributed)
Surveys of participants	]
Biophysical health indicators	
Assessment of environmental change	
Impact on policy change	
Effects on healthcare utilization or cost	
Assessment of workforce development	
Other Primary Care Provider referrals	

Q129. Please describe the outcome(s) of the initiative.

In FY18, a total of 250 blood pressure screenings were conducted within the community. Of those	4% were referred to a primary care physician for possible newly developed hypertension.

Q130. Please describe how the outcome(s) of the initiative addresses community health needs.

The Baltimore City Neighborhood Profile compared data in 2011 versus 2017 on the percentage of deaths from heart disease and stroke of those who lived in Baltimore City. In 2011, 25.7% of deaths in Govans were from heart disease and in 2017, that percentage was reduced to 23.7%. In 2011, 5% of deaths in Govans were from stroke and in 2017, that percentage was slightly increased to 6.8%.

Q131. What was the total cost to the hospital of this initiative in FY 2018? Please list hospital funds and grant funds separately.

\$1250

Q132. (Optional) Supplemental information for this initiative.

Q133. Section IV - CB Initiatives Part 4 - Other Initiative Info

Q134. Additional information about initiatives.

Q135. (Optional) If you wish, you may upload a document describing your community benefit initiatives in more detail, or provide descriptions of additional initiatives your hospital undertook during the fiscal year. These need not be multi-year, ongoing initiatives.

Q136. Were all the needs identified in your CHNA addressed by an initiative of your hospital?

O	Yes
0	No

Q137. Please check all of the needs that were NOT addressed by your community benefit initiatives.

Access to Health Services: Health Insurance	Heart Disease and Stroke
Access to Health Services: Practicing PCPs	HIV
Access to Health Services: Regular PCP Visits	Immunization and Infectious Diseases
Access to Health Services: ED Wait Times	Injury Prevention
Adolescent Health	Lesbian, Gay, Bisexual, and Transgender Health
Arthritis, Osteoporosis, and Chronic Back Conditions	Maternal and Infant Health
Blood Disorders and Blood Safety	Mental Health and Mental Disorders
Cancer	Nutrition and Weight Status
Chronic Kidney Disease	Older Adults
Chronic Kidney Disease	Oral Health
Community Unity	Oral Health
Community Unity Dementias, Including Alzheimer's Disease	Cral Health

Emergency Preparedness	Sleep Health
Environmental Health	Social Determinants of Health
Family Planning	Substance Abuse
Food Safety	Telehealth
Genomics	Tobacco Use
Global Health	Violence Prevention
Health Communication and Health Information Technology	Vision
Health-Related Quality of Life and Well-Being	Wound Care
Hearing and Other Sensory or Communication Disorders	Other. Please specify. Housing; Density of Liquor Stores, Tobacco Retail, Fast Food, Carryout and Corner Stores

Q138. How do the hospital's community benefit operations/activities align with the State Health Improvement Process (SHIP)? The State Health Improvement Process (SHIP) seeks to provide a framework for accountability, local action, and public engagement to advance the health of Maryland residents. The SHIP measures represent what it means for Maryland to be healthy. Website: http://ship.md.networkofcare.org/ph/index.aspx. To the extent applicable, please explain how the hospital's community benefit activities align with the goal in each selected measure.

Enter details in the text box next to any SHIP goals that apply.

Reduce infant mortality	
Reduce rate of sudden unexpected infant deaths (SUIDs)	
Reduce the teen birth rate (ages 15-19)	
Increase the % of pregnancies starting care in the 1st trimester	
Increase the proportion of children who receive blood lead screenings	
Increase the % of students entering kindergarten ready to learn	
Increase the %of students who graduate high school	
Increase the % of adults who are physically active	MGSH offers diabetes prevention programming to prevent diabetes. A key goal of this program is to increase exercise among adults, as well as adopt healthy eating habits to lose weight.
Increase the % of adults who are at a healthy weight	MGSH offers diabetes prevention programming to prevent diabetes. A key goal of this program is to increase exercise among adults, as well as adopt healthy eating habits to lose weight.
Reduce the % of children who are considered obese (high school only)	
Reduce the % of adults who are current smokers	MGSH provides smoking cessation courses to aid members of the community to quit smoking.
Reduce the % of youths using any kind of tobacco product (high school only)	MGSH provides smoking cessation courses to aid members of the community to quit smoking.
Reduce HIV infection rate (per 100,000 population)	
Reduce Chlamydia infection rate	
Increase life expectancy	MGSH's work to address chronic disease management through a variety of programs, including, but not limited to smoking cessation courses, colorectal and breast cancer screenings, blood pressure screenings, and chronic disease management courses, share in the quest to increase life expectancy for members of the community.
Reduce child maltreatment (per 1,000 population)	
Reduce suicide rate (per 100,000)	
Reduce domestic violence (per 100,000)	
Reduce the % of young children with high blood lead levels	
Decrease fall-related mortality (per 100,000)	
Reduce pedestrian injuries on public roads (per 100,000 population)	
Increase the % of affordable housing options	
Increase the % of adolescents receiving an annual wellness checkup	
Increase the % of adults with a usual primary care provider	MGSH provided blood pressure screenings in community settings including, senior centers, and faith institutions, and local health fairs. Participants are referred to a PCP if their levels are elevated. Further, MGSH's community health advocates work with patients at high risk for readmission. Their chief goal is to connect patients to a primary care provider to better manage their health on an ongoing basis.
Increase the % of children receiving dental care	
Reduce % uninsured ED visits	
Reduce heart disease mortality (per 100,000)	MGSH provided blood pressure screenings in community settings including, senior centers, and faith institutions, and local health fairs.
Reduce cancer mortality (per 100,000)	MGSH's breast and colorectal cancer screening program provides opportunities to detect cancer earlier to reduce overall cancer mortality.
Reduce diabetes-related emergency department visit rate (per 100,000)	MGSH offers diabetes prevention programming to prevent diabetes. A key goal of this program is to increase exercise among adults, as well as adopt healthy eating habits to lose weight.
Reduce hypertension-related emergency department visit rate (per 100,000)	MGSH offers those living with hypertension/health education courses on how to better manage their health in order to reduce acute care/ED utilization.
Reduce drug induced mortality (per 100,000)	MGSH's screening, brief intervention and referral to treatment program connects patients to peer coaches and connects them to outpatient addiction treatment providers and support groups.
Reduce mental health-related emergency department visit rate (per 100,000)	
Reduce addictions-related emergency department visit rate (per 100,000)	MGSH's screening, brief intervention and referral to treatment program connects patients to peer coaches and connects them to outpatient addiction treatment providers and support groups.
Reduce Alzheimer's disease and other dementias- related hospitalizations (per 100,000)	
Reduce dental-related emergency department visit rate (per 100,000)	
Increase the % of children with recommended vaccinations	

Increase the % vaccinated annually for seasonal influenza	
Reduce asthma-related emergency department visit rate (per 10,000)	

Q139. (Optional) Did your hospital's initiatives in FY 2018 address other, non-SHIP, state health goals? If so, tell us about them below.

## Q140. Section V - Physician Gaps & Subsidies

Q141. As required under HG §19-303, please select all of the gaps in physician availability in your hospital's CBSA. Select all that apply.

No gaps
Primary care
Mental health
Substance abuse/detoxification
Internal medicine
Dermatology
Dental
Neurosurgery/neurology
General surgery
Orthopedic specialties
Obstetrics
Otolaryngology
Other. Please specify.

Q142. If you list Physician Subsidies in your data in category C of the CB Inventory Sheet, please indicate the category of subsidy, and explain why the services would not otherwise be available to meet patient demand.

Hospital-Based Physicians	MedStar Good Samaritan Hospital is a safety net hospital with a considerable uninsured and underinsured population with no primary care physicians. Subsidy is required to maintain sufficient coverage.
Non-Resident House Staff and Hospitalists	
Coverage of Emergency Department Call	
Physician Provision of Financial Assistance	
Physician Recruitment to Meet Community Need	
Other (provide detail of any subsidy not listed above)	Renal Dialysis Services - The demand for dialysis services in the immediate area surrounding MedStar Good Samaritan is high and is expected to increase. The outpatient dialysis center at the hospital is consistently full and maintains a waitlist for services. Renal specialists are in high demand in this market. Subsidy is required to maintain sufficient coverage.
Other (provide detail of any subsidy not listed above)	
Other (provide detail of any subsidy not listed above)	

Q143. (Optional) Is there any other information about physician gaps that you would like to provide?

Q144. (Optional) Please attach any files containing further information regarding physician gaps at your hospital.

Q145. Section VI - Financial Assistance Policy (FAP)

Q146. Upload a copy of your hospital's financial assistance policy.

MedStar Corporate Financial Assistance Policy 07 2016.pdf 339.3KB application/pdf

Q147. Upload a copy of the Patient Information Sheet provided to patients in accordance with Health-General §19-214.1(e).



Q148. What is your hospital's household income threshold for medically necessary free care? Please respond with ranges as a percentage of the federal poverty level (FPL).

Free Care will be available to uninsured patients in households between 0% and 200% of the FPL.

Q149. What is your hospital's household income threshold for medically necessary reduced cost care? Please respond with ranges as a percentage of the FPL.

Reduced Cost-Care will be available to uninsured patients in households between 200% and 400% of the FPL. Reduced Cost-Care will be available based on a sliding-scale as outlined below.

Q150. What are your hospital's criteria for reduced cost medically necessary care for cases of financial hardship? Please respond with ranges as a percentage of the FPL and household income. For example, household income between 301-500% of the FPL and a medical debt incurred over a 12-month period that exceeds 25 percent of household income.

MedStar Health will evaluate patients for Medical Hardship Financial Assistance if they exceed the 400% of the FPL and are deemed ineligible for Free Care or Reduced-Cost Care. Medical Hardship is defined as medical debt, incurred by a household over a 12-month period, at the same hospital that exceeds 25% of the family household income. MedStar Health will provide Reduced-Cost Care to patients with income below 500% of the FPL that, over a 12 month period, has incurred medical debt at the same hospital in exceeds of 25% of the patient's household income. Reduced-Cost-Care to patients with income below 500% of the FPL that, over a 12 month period, has incurred medical debt at the same hospital in excees of 25% of the patient's household income. Reduced-Cost-Care will be available based on a sliding-scale as outlined below. A patient receiving reduced-cost care for medical hardship and the patient's immediate family members shall receiver/emain eligible for Reduced-Cost medically necessary care when seeking subsequent care for 12 months beginning on the date which the reduced-care was received. It is the responsibility of the patient to inform the MedStar hospital of their existing eligibility under a medical hardship during the 12 month period.

Q151. Provide a brief description of how your hospital's FAP has changed since the ACA Expansion became effective on January 1, 2014.

Since the Affordable Health Care Act took effect, MedStar Health has made the following changes to its Financial Assistance Policy: includes state and federal insurance exchange navigators as resources for patients; defines underinsured patients who may receive assistance; began placing annual financial assistance notices in newspapers serving the hospitals' target populations.

Q152. (Optional) Is there any other information about your hospital's FAP that you would like to provide?

Q153. (Optional) Please attach any files containing further information about your hospital's FAP.

Q154. Summary & Report Submission

Q155.

#### Attention Hospital Staff! IMPORTANT!

You have reached the end of the questions, but you are not quite finished. Once you proceed to the next screen using the right arrow button below, you cannot go backward. For that reason, we strongly recommend that you use the Table of Contents to return to the beginning and double-check your answers.

When you click the right arrow button below, you will see a page with all of your answers together. You will see a link to download a pdf document of your answers, near the top of the page. You can download your answers to share with your leadership, board, or others as required by your internal processes.

Location Data	
Location: ( <u>39.336502075195</u> , -76.54109954834)	
Source: GeoIP Estimation	

**PART TWO: ATTACHMENTS** 



## **Corporate Policies**

Title:	<b>Corporate Financial Assistance Policy</b>	Section:	
Purpose:	To ensure uniform management of the MedStar Health Corporate Financial Assistance Program within all MedStar Health Hospitals.	Number:	
Forms:		Effective Date:	07/01/2016

## Policy

- 1. As one of the region's leading not-for-profit healthcare systems, MedStar Health is committed to ensuring that uninsured patients and underinsured patients meeting medical hardship criteria within the communities we serve who lack financial resources have access to emergency and medically necessary hospital services. MedStar Health and its healthcare facilities will:
  - 1.1 Treat all patients equitably, with dignity, respect, and compassion.
  - 1.2 Serve the emergency health care needs of everyone who presents to our facilities regardless of a patient's ability to pay for care.
  - 1.3 Assist those patients who are admitted through our admission process for non-urgent, medically necessary care who cannot pay for the care they receive.
  - 1.4 Balance needed financial assistance for some patients with broader fiscal responsibilities in order to keep its hospitals' doors open for all who may need care in the community.

## Scope

- 1. In meeting its commitments, MedStar Health's facilities will work with their uninsured patients seeking emergency and medically necessary care to gain an understanding of each patient's financial resources. Based on this information and eligibility determination, MedStar Health facilities will provide financial assistance to uninsured patients who reside within the communities we serve in one or more of the following ways:
  - 1.1 Assist with enrollment in publicly-funded entitlement programs (e.g., Medicaid).
  - 1.2 Refer patients to State or Federal Insurance Exchange Navigator resources.
  - 1.3 Assist with consideration of funding that may be available from other charitable organizations.
  - 1.4 Provide financial assistance according to applicable policy guidelines.
  - 1.5 Provide financial assistance for payment of facility charges using a sliding-scale based on the patient's household income and financial resources.
  - 1.6 Offer periodic payment plans to assist patients with financing their healthcare services.

## Definitions

## 1. Free Care

100% Financial Assistance for medically necessary care provided to uninsured patients with household income between 0% and 200% of the FPL.

## 2. Reduced Cost-Care

Partial Financial Assistance for medically necessary care provided to uninsured patients with household income between 200% and 400% of the FPL.

## 3. Underinsured Patient

An "Underinsured Patient" is defined as an individual who elects third party insurance coverage with high out of pocket insurance benefits resulting in large patient account balances.

## 4. Medical Hardship

Medical debt, incurred by a household over a 12-month period, at the same hospital that exceeds 25% of the family household income. This means test is applied to uninsured and underinsured patients with income up to 500% of the Federal Poverty Guidelines.

### 5. MedStar Uniform Financial Assistance Application

A uniform financial assistance data collection document. The Maryland State Uniform Financial Assistance Application will be used by all MedStar hospitals regardless of the hospital geographical location.

### 6. MedStar Patient Information Sheet

A plain language summary that provides information about MedStar's Financial Assistance Policy, and a patient's rights and obligations related to seeking and qualifying for free or reduced cost medically necessary care. The Maryland State Patient Information Sheet format, developed through the joint efforts of Maryland Hospitals and the Maryland Hospital Association, will be used by all MedStar hospitals regardless of the hospital geographical location.

### 7. AGB – Amount Generally Billed

Amounts billed to patients who qualify for Reduced-Cost Sliding Scale Financial Assistance.

## Responsibilities

- 1. Each facility will widely publicize the MedStar Financial Assistance Policy by:
  - 1.1 Providing access to the MedStar Financial Assistance Policy, Financial Assistance Applications, and MedStar Patient Information Sheet on all hospital websites and patient portals.
  - 1.2 Providing hard copies of the MedStar Financial Assistance Policy, MedStar Uniform Financial Assistance Application, and MedStar Patient Information Sheet to patients upon request.
  - 1.3 Providing hard copies of the MedStar Financial Assistance Policy, MedStar Uniform Financial Assistance Application, and MedStar Patient Information Sheet to patients upon request by mail and without charge.
  - 1.4 Providing notification and information about the MedStar Financial Assistance Policy by:
    - 1.4.1 Offering copies as part of all registration or discharges processes, and answering questions on how to apply for assistance.
    - 1.4.2 Providing written notices on billing statements.
    - 1.4.3 Displaying MedStar Financial Assistance Policy information at all hospital registration points.
    - 1.4.4 Translating the MedStar Financial Assistance Policy, MedStar Uniform Financial Assistance Application, and the Medstar Patient Information Sheet into primary languages of all significant populations with Limited English Proficiency.
  - 1.5 MedStar Health will provide public notices yearly in local newspapers serving the hospital's target population.
  - 1.6 Providing samples documents and other related material as attachments to this Policy
    - 1.6.1 Appendix #1 MedStar Uniform Financial Assistance Application
    - 1.6.2 Appendix #2 MedStar Patient Information Sheet
    - 1.6.3 Appendix #3 Translated language listing for all significant populations with Limited English Proficiency (documents will be available upon request and on hospital websites and patient portals
    - 1.6.4 Appendix #4 Hospital Community Served Zip Code listing
    - 1.6.5 Appendix # 5 MedStar Financial Assistance Data Requirement Checklist
    - 1.6.6 Appendix #6 MedStar Financial Assistance Contact List and Instructions for Obtaining Free Copies and Applying for Assistance
    - 1.6.7 Appendix #7 MedStar Health FAP Eligible Providers
- 2. MedStar will provide a financial assistance probable and likely eligibility determination to the patient within two business days from receipt of the initial financial assistance application.
  - 2.1 Probable and likely eligibility determinations will be based on:
    - 2.1.1 Receipt of an initial submission of the MedStar Uniform Financial Assistance application.
  - 2.2 The final eligibility determination will be made and communicated to the patient based on receipt and review of a completed application.
    - 2.2.1 Completed application is defined as follows:
      - 2.2.1.a All supporting documents are provided by the patient to complete the application review and decision process.
        - See Appendix #5 MedStar Financial Assistance Data Requirement Checklist
      - 2.2.1.b Application has been approved by MedStar Leadership consistent with the MedStar Adjustment Policy as related to signature and dollar limits protocols.
      - 2.2.1.c Pending a final decision for the Medicaid application process.

- 3. MedStar Health believes that its patients have personal responsibilities related to the financial aspects of their healthcare needs. Financial assistance and periodic payment plans available under this policy will not be available to those patients who fail to fulfill their responsibilities. For purposes of this policy, patient responsibilities include:
  - 3.1 Comply with providing the necessary financial disclosure forms to evaluate their eligibility for publicly-funded healthcare programs, charity care programs, and other forms of financial assistance. These disclosure forms must be completed accurately, truthfully, and timely to allow MedStar Health's facilities to properly counsel patients concerning the availability of financial assistance.
  - 3.2 Working with the facility's Patient Advocates and Patient Financial Services staff to ensure there is a complete understanding of the patient's financial situation and constraints.
  - 3.3 Making applicable payments for services in a timely fashion, including any payments made pursuant to deferred and periodic payment schedules.
  - 3.4 Providing updated financial information to the facility's Patient Advocates or Customer Service Representatives on a timely basis as the patient's financial circumstances may change.
  - 3.5 It is the responsibility of the patient to inform the MedStar hospital of their existing eligibility under a medical hardship during the 12 month period.
  - 3.6 In the event a patient fails to meet these responsibilities, MedStar reserves the right to pursue additional billing and collection efforts. In the event of non-payment billing, and collection efforts are defined in the MedStar Billing and Collection Policy. A free copy is available on all hospital websites and patient portals via the following URL: <a href="http://www.medstarhealth.org/FinancialAssistance">www.medstarhealth.org/FinancialAssistance</a>, or by call customer service at 1-800-280-9006.
- 4. Uninsured patients of MedStar Health's facilities may be eligible for full financial assistance or partial sliding-scale financial assistance under this policy. The Patient Advocate and Patient Financial Services staff will determine eligibility for full financial assistance and partial sliding-scale financial assistance based on review of income for the patient and their family (household), other financial resources available to the patient's family, family size, and the extent of the medical costs to be incurred by the patient.

### 5. ELIGIBILITY CRITERIA FOR FINANCIAL ASSISTANCE

- 5.1 Federal Poverty Guidelines. Based on household income and family size, the percentage of the then-current Federal Poverty Level (FPL) for the patient will be calculated.
  - 5.1.1 Free Care: Free Care (100% Financial Assistance) will be available to uninsured patients with household incomes between 0% and 200% of the FPL. FPL's will be updated annually.
  - 5.1.2 Reduced Cost-Care: Reduced Cost-Care will be available to uninsured patients with household incomces between 200% and 400% of the FPL. Reduced Cost-Care will be available based on a sliding-scale as outlined below. Discounts will be applied to amounts generally billed (ABG). FPL's will be updated annually.
  - 5.1.3 Ineligibility. If this percentage exceeds 400% of the FPL, the patient will not be eligible for Free Care or Reduced Cost-Care assistance (unless determined eligible based on Medical Hardship criteria, as defined below). FPL's will be updated annually.

5.2 Basis for Calculating Amounts Charged to Patients: Free Care or Reduced-Cost Care Sliding Scale Levels:

	Financial Assistance Level Free / Reduced-Cost Care		
Adjusted Percentage of	HSCRC-Regulated	Washington Facilities and non-	
Poverty Level	Services	HSCRC Regulated Services	
0% to 200%	100%	100%	
201% to 250%	40%	80%	
251% to 300%	30%	60%	
301% to 350%	20%	40%	
351% to 400%	10%	20%	
more than 400%	no financial assistance	no financial assistance	

5.3 **MedStar Health Hospitals** will comply with IRS 501(r) requirements on limiting the amounts charged to uninsured patients seeking emergency and medically necessary care.

5.3.1 The MedStar Health calculation for AGB will be the amount Medicare would allow for care, including amounts paid or reimbursed and amounts paid by individuals as co-payments, co-insurance, or deductibles.

5.3.2 Amounts billed to patients who qualify for Reduced-Cost Sliding Scale Financial Assistance will not exceed the amounts generally billed (AGB).

Example:

GROSS CHARGES	MEDICARE	**PATIENT ELIGIBLE	FINANCIAL ASSISTANCE	PATIENT	
	ALLOWABLE AGB	FOR SLIDING SCALE	AMOUNT APPROVED AS A	RESPONSIBILITY	
	AMOUNT	ASSISTANCE	% OF THE MEDICARE		
			ALLOWABLE AGB AMOUNT		
\$1,000.00	\$800.00	40%	\$320.00	\$480.00	
** Sliding Scale % will vary per Section 5.2 - Basis for Calculating Amounts Charge Patients in this Policy					

## 6. FINANCIAL ASSISTANCE: ADDITIONAL FACTORS USED TO DETERMINE ELIGIBILITY FOR MEDICAL ASSISTANCE: MEDICAL HARDSHIP.

- 6.1 MedStar Health will provide Reduced-Cost Care to patients with household incomes between 200% and 500% of the FPL that, over a 12 month period, have incurred medical debt at the same hospital in excess of 25% of the patient's household income. Reduced Cost-Care will be available based on a sliding-scale as outlined below.
- 6.2 A patient receiving reduced-cost care for medical hardship and the patient's immediate family members shall receive/remain eligible for Reduced Cost medically necessary care when seeking subsequent care for 12 months beginning on the date which the reduced-care was received. It is the responsibility of the patient to inform the MedStar hospital of their existing eligibility under a medical hardship during the 12 month period.
- 6.3 If a patient is eligible for Free Care / Reduced-Cost Care, and Medical Hardship, the hospital will employ the more generous policy to the patient.

6.4 Medical Hardship Reduced-Care Sliding Scale Levels:

	Financial Assistance Level – Medical Hardship		
Adjusted Percentage of Poverty Level	HSCRC-Regulated Services	Washington Facilities and non- HSCRC Regulated Services	
Less than 500% Not to Exceed 25% of Household Income		Not to Exceed 25% of Household Income	

# 7. METHOD FOR APPLYING FOR FINANCIAL ASSISTANCE: INCOME AND ASSET DETERMINATION.

- 7.1 Patients may obtain a Financial Assistance Application and other informational documents:
  - 7.1.1 On Hospital Websites and Patient Portals via the following URL: www.medstarhealth.org/FinancialAssistance
    - 7.1.2 From Hospital Patient Advocates and/or Admission / Registration Associates
    - 7.1.3 By contacting Patient Financial Services Customer Service
      - See Appendix #6 Financial Assistance Contact List and Instruction for Obtaining Free Copies and How to Apply for Assistance
- 7.2 MedStar Health will evaluate the patient's financial resources **EXCLUDING**:
  - 7.2.1 The first \$250,000 in equity in the patient's principle residence

7.2.2 Funds invested in qualified pension and retirement plans where the IRS has granted preferential treatment 7.2.3 The first \$10,000 in monetary assets e.g., bank account, stocks, CD, etc

- 7.3 MedStar Health will use the MedStar Uniform Financial Assistance Application as the standard application for all MedStar Health Hospitals. MedStar Health will require the patient to supply all documents necessary to validate information to make eligibility determinations.
- 7.4 Financial assistance applications and support documentation will be applicable for determining program eligibility one (1) year from the application date. Additionally, MedStar Health will consider for eligibility all accounts (including bad debts) 6 months prior to the application date.

## 8. PRESUMPTIVE ELIGIBILTY

- 8.1 Patients already enrolled in certain means-tested programs are deemed eligible for free care on a presumptive basis. Examples of programs eligible under the MedStar Health Financial Assistance Program would include but are not limited to:
  - 8.1.1 Maryland Supplemental Nutritional Assistance Program (SNAP)
  - 8.1.2 Maryland Temporary Cash Assistance (TCA)
  - 8.1.3 All Dual eligible Medicare / Medicaid Program SLMB QMB
  - 8.1.4 All documented Medicaid Spend Down amounts as documented by Department of Social Services
  - 8.1.5 Other Non-Par Payer Programs

MedStar Health will continually evaluate any publicly-funded programs for eligibility under the Presumptive Eligibility provision of this policy.

8.2 Additional presumptively eligible categories will include with minimal documentation:

- 8.2.1 Homeless patients as documented during the registration/clinical intake interview processes.
- 8.2.2 Deceased patients with no known estate based on medical record documentation, death certificate, and confirmation with Registrar of Wills.
- 8.2.3 All patients resulting from other automated means test scoring campaigns and databases.

### 9. MEDSTAR HEALTH FINANCIAL ASSISTANCE APPEALS

- 9.1 In the event a patient is denied financial assistance, the patient will be provided the opportunity to appeal the MedStar Health denial determination.
- 9.2 Patients are required to submit a written appeal letter to the Director of Patient Financial Services with additional supportive documentation.
- 9.3 Appeal letters must be received within 30 days of the financial assistance denial determination.
- 9.4 Financial assistance appeals will be reviewed by a MedStar Health Appeals Team. Team members will include the Director of Patient Financial Services, Assistance Vice President of Patient Financial Services, and the hospital's Chief Financial Officer.
- 9.5 Denial reconsideration decisions will be communicated, in writing, within 30 business days from receipt of the appeal letter.
- 9.6 If the MedStar Health Appeals Panel upholds the original denial determination, the patient will be offered a payment plan.

### 10. PAYMENT PLANS

- 10.1 MedStar Health will make available payment plans, per the MedStar Corporate Payment Plan Policy, to uninsured or underinsured patients with household income above 200% of the Federal Poverty Guidelines who do not meet eligibility criteria for the MedStar Financial Assistance or Financial Assistance Programs.
- 10.2 Patients to whom discounts, payment plans, or financial assistance are extended have continuing responsibilities to provide accurate and complete financial information. In the event a patient fails to meet these continuing responsibilities, MedStar Health will pursue collections of open patient balances per the MedStar Corporate Billing and Collection Policy. MedStar reserves the right to reverse financial assistance account adjustments and pursue the patient for original balances owed.

### 11. BAD DEBT RECONSIDERATIONS AND REFUNDS

- 11.1 In the event a patient who, within a two (2) year period after the date of service was found to be eligible for free care on that date of service, MedStar Health will initiate a review of the account(s) to determine the appropriateness for a patient refund for amounts collected exceeding \$25.
- 11.2 It is the patient's responsibility to request an account review and provide the necessary supportive documentation to determine free care financial assistance eligibility.
- 11.3 If the patient fails to comply with requests for documentation, MedStar Health will document the patient's noncompliance. The patient will forfeit any claims to a patient refund or free care assistance.
- 11.4 If MedStar Health obtains a judgment or reports adverse information to a credit reporting agency for a patient that was later to be found eligible for free care, MedStar Health will seek to vacate the judgment or strike the adverse information.

## **Exceptions**

## 1 PROGRAM EXCLUSION

MedStar Health's financial assistance program excludes the following:

1.1 Insured patients who may be "underinsured" (e.g. patient with high deductibles/coinsurance) who do not meet Medical Hardship eligibility as defined in Section 6 of this Policy.

1.2 Patients seeking non-medically necessary services, including cosmetic procedures.

- 1.3 Non-US Citizens,
  - 1.3.1 Excluding individuals with permanent resident /resident alien status as defined by the Bureau of Citizenship and Immigration Services have been issued a green card. MedStar will consider non-US citizens who can provide proof of residency within the defined service area.
  - 1.3.2 Excluding individuals with approved political asylum status as per documentation from the Bureau of Citizenship and Immigration Services.

1.4 Patients residing outside a hospital's defined zip code service area.

1.4.1 Excluding patient referrals between the MedStar Health Network System.

1.4.2 Excluding patients arriving for emergency treatment via land or air ambulance transport.

1.4.3 Specialty services specific to each MedStar Health Hospital and approved as a program exclusion

- 1.4.3. a Union Memorial Hospital Cardiac Service, Hand Center, and Renal Patients
- 1.4.3. b Georgetown University Hospital Transplant, and Cyber Knife Patients
- 1.4.3. c Washington Hospital Center Cardiac Service Patients
- 1.4.3. d Good Samaritan Hospital Renal Patients
- 1.4.3. e Franklin Square Hospital Cyber Knife Patients, BMS patient for OB services excluding Non-US Citizens as defined above in section 1.3 of this policy.
- 1.4.3. f MedStar National Rehabilitation Hospital
- 1.5 Patients that are non-compliant with enrollment processes for publicly –funded healthcare programs, charity care programs, and other forms of financial assistance.

As stated above, patients to whom discounts, payment plans, or financial assistance are extended have continuing responsibilities to provide accurate and complete financial information. In the event a patient fails to meet these continuing responsibilities, the patient will become financially responsible for the original amount owed, less any payments made to date.



## MEDSTAR PATIENT INFORMATION SHEET

## MedStar Health Financial Assistance Policy (FAP)

MedStar Health is committed to ensuring that uninsured patients within its service area who lack financial resources have access to emergency and medically necessary hospital services. If you are unable to pay for medical care, have no other insurance options or sources of payment including Medical Assistance, litigation or third-party liability, you may qualify for Free or Reduced Cost Medically Necessary Care.

MedStar Health meets or exceeds the legal requirements by providing financial assistance to those individuals in households below 200% of the federal poverty level and reduced cost-care up to 400% of the federal poverty level and will not exceed the amounts generally billed (AGB).

## Patient's Rights

MedStar Health will work with their uninsured patients to gain an understanding of each patient's financial resources.

- They will provide assistance with enrollment in publicly-funded entitlement program (e.g. Medicaid) or other considerations of funding that may be available from other charitable organizations.
- If you do not qualify for Medical assistance, or financial assistance, your may be eligible for an extended payment plan for hospital medical bills.
- If you believe you have been wrongfully referred to a collection agency, you have the right to contact the hospital to request assistance. (See contact information below).

## Patients' Obligation

MedStar Health believes that its patients have personal responsibilities related to the financial aspects of their healthcare needs. Our patients are expected to:

- Cooperate at all times by providing complete and accurate insurance and financial information.
- Provide requested data to complete Medicaid applications in a timely manner.
- Maintain compliance with established payment plan terms.
- Notify us timely at the number listed below of any change in circumstances.

## Contacts:

Call 1-800-280-9006 with questions concerning:

- Your hospital bill.
- Your rights and obligations with regards to your hospital bill.
- How to apply for Maryland Medicaid.
- How to obtain copies of the MedStar Financial Assistance Policy and Application by mail.
- How to apply for MedStar Health's Financial Assistance Program for free or reduced cost-care.
- Language translations for all FAP related documents and information can be found on hospital website and patient portals.

To obtain free copies of our Financial Assistance Policy and Application, and instructions on applying please visit our website at: <u>www.medstarhealth.org/FinancialAssistance</u>, or visit the Admitting Department at any MedStar Hospital.

For information about Maryland Medical AssistanceForContact your local Department of Social ServicesC1-800-332-6347TTY: 1-800-925-4434COr visit: www.dhr.state.md.usO

For information about DC Medical Assistance Contact your local Department of Human Services (202) 671-4200 TTY: 711 Or visit: dhs@dc.gov

Physician charges are not included in hospital bills and are billed separately.